

MEDFORD MAIL TRIBUNE

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Parlous Times for J. B.

JOHN BULL is certainly a glutton for punishment. Yesterday the British government stepped into the Far Eastern situation, and suggested that Japan reconsider its determination to take over another sizeable piece of what was once the Chinese Empire.

A very reasonable suggestion, considering what Japan has been doing the past few months in that part of the world. But to Tokio probably about as welcome as a spoonful of arsenic in the afternoon cup of tea.

With Italy on its hands in Europe and Africa; Japan in the Orient; and Germany the biggest threat of all, to England's future peace and security, when that second "der tag" comes around, it doesn't look like very clear sailing for the British Empire for many years to come.

JAPAN is determined to grab what she wants in China—and grab it now while the grabbing is good.—Italy is determined to grab what she wants in Africa; and Germany under Hitler is determined to regain her place in the sun just as soon as the condition of her army, navy, and air force, justify aggressive action.

All three nations want more land, more wealth, more power and security and will fight to the death for these things, before they will relinquish them.

And in all three instances England stands as the chief obstacle, to the attainment of these ambitions.

Small wonder that at the last election the people of England voted overwhelmingly for increasing their army, navy and air forces. They are certainly going to need them.

Endorsing a Blank Check

A MEMBER of the local Townsend club informs us that an organization is delighted with the recent visit of Congressman Mott, during which Mr. Mott heartily endorsed the Townsend old age pension plan.

As Congressman Mott, we are sure, was delighted with the cordial reception he received at the hands of this growing and enthusiastic organization, that makes it unanimous.

Far be it from us to throw any cold water upon such a mutual admiration society, but thus far we have failed to discover, where or when Congressman Mott DID endorse the Townsend plan.

He endorsed the McGroarty bill. He endorsed a transaction tax of 2% which he called a multiple sales tax, to provide funds for old age pensions.

But he expressly stated he did not know how much such a tax would provide. (According to federal experts such a tax would yield a maximum of \$75 per month, probably nearer \$50.)

WHETHER or not that estimate is correct we don't know. But we do know this:

UNTIL the exact amount of any old age pension is known, it can not be represented as the Townsend plan, and any endorsement under such circumstances is simply side stepping the question.

PRACTICALLY everyone today is in favor of SOME form of old age pension. What distinguishes the Townsend plan from all others is the high amount to be paid—\$200 per month to every individual over 60, and \$400 per month for every couple—the entire amounts to be spent within 30 days.

Unless the proposed pension approximates that amount, and makes 100% expenditure compulsory, it can't be called the Townsend plan.

To endorse a **BLANKET** pension plan, and call it endorsement of the Townsend plan, may be good politics, but we are rather surprised it should be received with such unquestioning enthusiasm, by those who sincerely believe in the Long Beach doctor's proposal. It strikes us as about as satisfactory as endorsing a blank check and giving someone else authority to fill it in.

Communications

Farmer Bill Has Headache

To the Editor:
From reports I had read in the Mail Tribune while the budget committee was preparing the county budget for 1936 I thought it would show a reduction from 1935. What a headache that hope turned out to be. A comparison of the figures for 1936 with the budget for 1935 shows an increase in the general levy outside the elementary school and state tax, of more than sixty thousand dollars. I am now wondering if that was what the budget committee was thanked for at the public hearing.

Portland Skaters Trim Seattle 4-1

PORTLAND, Ore., Nov. 22.—(AP)—The Portland Buckaroos, continuing the stalling early season drive which has carried them to the top of the northwestern hockey league, defeated the Seattle Seahawks last night 4 to 1.

Holiday Specials

Have your Rooms Cleaned Up for the Holidays at Prices you really can afford. From now until January 1st, we offer to go anywhere in Jackson County and furnish Labor and Kalsomine to refinish a room, 10x12, for \$7.95

To refinish same room with Washable Water Paint for \$3.49

To furnish Labor and Wall Paper for room, 10x10, for \$3.95

To Clean and Varnish Linoleum Floors, 10x10, for \$1.19

To Clean and Wax any floor up to 12x20 in size for .98c

WE ARE CLOSING OUT OUR 1935 STOCK OF WALL PAPER AT 20% DISCOUNT!

We Call and Reset Your Broken Glass at Reduced Prices. We Repair or Re-Roof Your Buildings at Special Prices.

WEBB and CARLON
223 West 6th—across from Holly Theater
PHONE 226 FOR FREE ESTIMATES

Personal Health Service

By William Brady, M. D.

Sized letters pertaining to personal health and hygiene not to disease diagnosis or treatment will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 263 El Camino, Beverly Hills, Cal.

DON'T NURSE THAT PAINFUL SHOULDER



Various names are given to lame shoulder. Subdeltoid bursitis, subacromial bursitis. Calcification of the supraspinatus tendon, periarthritis, a sprain, strain and eke rheumatism. If pain is felt down the arm weakness are likely to assume it is neuritis.

In perhaps one-third of the cases the origin of the trouble is a definite injury to the shoulder. In another third the symptoms develop gradually, without apparent cause. In the remaining third patients report that the lameness began with some over use of the arm, or some unaccustomed effort, such as "washing windows," "throwing a snowball," "painting the ceiling," "spading the garden," "polishing the car."

The pain in or about the shoulder is at first sharp and stabbing with certain limited movements, and even when the patient tries to rest at night it may be so painful that a dose of morphine or something is pretty darn welcome relief. I'm telling the world. Pain continues more or less constantly for days. With the pain there is increasing stiffness or limitation of motion in the shoulder, because movement induces pain.

If not properly treated at this acute stage the trouble is likely to drift into a chronic disability of the shoulder, which cripples the victim more or less.

Röntgenograms reveal calcium deposits in the bursa in the supraspinatus tendon in about one-third to all cases after two or three weeks. The presence of such calcification seems to have no particular relation to the symptoms or to the treatment. The calcified area may show in the x-ray picture long after the patient has recovered; or it may disappear long before the shoulder disability has been cured.

Best treatment appears to be complete rest of the shoulder, not merely in splint or sling, but in apparatus to hold the arm abducted and externally rotated and with a moderate pull maintained on the arm. This must be continued for several days. In this stage cold applications or ice packs on the shoulder give more relief than heat.

After perhaps four or five days of this, the arm must be passively moved by the doctor, and now is the time when diathermy treatment is of great value. Daily the diathermy should be applied, for perhaps half an hour.

followed by moderate manipulation of the arm by the doctor. This manipulation is bound to hurt a bit, but better a little discomfort now than a stiff and useless shoulder for life. Day by day the extent of movement (abduction and rotation) is increased, until in a month or more the shoulder is nearly as mobile as the well shoulder. Meanwhile the patient carries on regular exercises daily, as instructed.

In neglected cases it may be necessary to put the patient under anesthesia and carefully free adhesions before the physical therapy is instituted.

QUESTIONS AND ANSWERS

Fasting.
Is it scientifically established that intelligent fasting occasionally is conducive toward good health and longevity? What is considered "overeating"? Eating as much as one wants?

Answer—One should fast only for specific purpose under medical advice. Overweight is the most common evidence of overeating. One should eat as much as one needs. What one wants and what the body requires are often quite different matters. For example, the common craving for excessive sweet, carbohydrate, which are easy to eat even when one doesn't need such food and is only handicapped by it.

The Color Impresses.
I gave a cheer when I found your fine article on the antiseptic value of soap. . . relatives who are horrified when I insist on washing my child's cut scratches and abrasions with soap and water in preference to a brilliant laced chemical which they press upon me. They simply can't grasp "Oh Doc Brady"—who I happen to know is not as old as he pretends to be.—(Mrs. R. D.)

Answer—Thank you, Ma'am. I still prefer immediate application of tincture of iodine for my own cuts, abrasions, etc. Soapy water is an excellent antiseptic solution for mouth-wash, gargle, douche, or wet dressing on an infected wound.

Ed. Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D., 263 El Camino, Beverly Hills, Cal.

City Prep Crown On Block Tonight

PORTLAND, Ore., Nov. 22.—(AP)—The Portland football championship goes on a turbulent block tonight when Lincoln hurls its speedy, deceptive attack at the Washington high steam roller.

Flight 'o Time

Medford and Jackson County history from the files of the Mail Tribune 10 and 20 Years Ago.

TEN YEARS AGO TODAY
November 22, 1925.
(It was Saturday.)
Harvard holds Yale to zero tie. Local sons of Old Eli lost some wagers to Harvard grads.

Arid holiday season looms for New York, as result of prohibition drive. President Coolidge holds efforts "should be made to capture the source of supply, rather than petty offenders."

Auto registration in state in October show steady gain.

Local football interest centers today in Stanford-California game.

University of Oregon forbids dancing of the "Charleston" on the campus.

TWENTY YEARS AGO TODAY
November 22, 1915.
(It was Monday.)
Just busted a barrel of pickled pigs (fat) at Medford Fish Market.—(Adv.)

Young couple holding hands in street, at Main and Riverside, are struck by auto belonging to Wig Ashpole, but driven by ashcher. The driver did not see the couple in time to stop. The boy sustained a sprained wrist, and the girl was thrown violently to the pavement.

Butte creek rises a foot following a heavy rain in the Prospect district.

Fred Wahl has returned from a business trip to Klamath Falls.

Eight-hour day brings breach in labor union ranks.

Unless farmers and landowners sign up for 500 more acres, the sugar beet factory will be lost to Medford.

ABERDEEN, S. L.—Larry Udel, 188 Aberdeen, outpointed Ernie Hetherington, 158, Winnepeg (10).

ROOSEVELT TROUNCES COMMERCE, 31 TO 13
PORTLAND, Ore., Nov. 22.—(AP)—The Roosevelt high football team, getting off to a two-touchdown lead at half time, pounded out a 31 to 13 victory over Commerce high in the Portland grid league game yesterday. The win moved Roosevelt to fifth place in the final standings.

HEATH'S WEEK-END SPECIALS

The Store That Fills Prescriptions

ALARM CLOCKS, guaranteed 98c
Luminous Face, guaranteed \$1.19

Dr. West's Tooth Brush and Paste,
both for .47c

Imperator Toilet Tissue 4 for 19c

A Delicious New Mint Confection
WHITMAN'S AIR BONS 10c

Adex Tablets 79c
Johnston's Instant Fudge 29c
Epsom Salts 5 lbs. for 23c

Dr. Blazos Crystal
MINERAL OIL, gal. \$1.29

Watches, guaranteed 85c
Super D Cod Liver Oil—natural
vitamins A and D, 8 oz. 89c, 16 oz. 1.29

Ladies **Heath's** Phone 884
Rest Room **DRUG STORE** Medford Bldg.

AVAILABLE IN OREGON

Here's **GOOD NEWS**

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18 YEARS aged in wood 15%
8 YEARS aged in wood 5%
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AVERAGE AGE 4 YEARS

It's ALL Whiskey!

NOW \$2.30 QUART Code No. 760A formerly \$2.45 qt.

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Winter **76** Gasoline

Winter 76... available in every 76 pump, contains an extra supply of the volatile, quicker firing petroleum fractions. Even on the coldest mornings these "cold-proof" elements assure you quick, easy starting.

Your motor warms up faster, gets you out of the garage, or away from the curb quicker. There's less cold-engine wear, less drain on the battery, less gasoline wasted through choking.

Fill with Winter 76 today... enjoy quick starting at all temperatures... plus the anti-knock and mileage qualities for which 76 has always been noted.

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