MEDFORD MAIL TRIBUNE

"Everyone in Southern Oregon Reads the Mail Tribune"

Daily Except Saturday.

Published by MEDFORD PRINTING CO. 26-27-29 N. Fir St. Phone 76.

ROBERT W. RUHL, Editor.

An Independent Newspaper.

Entered as second-class matter at Medford, Oregon, under Act of March 8, 1879.

SUBSCRIPTION RATES

By Mail—In Advance:
Daily, one year.....$4.00
Daily, six months.....2.25
Daily, one month.....60
By Carrier, in Advance—Medford, Ashland, Jacksonville, Central Point, Phoenix, Talent, Gold Hill and on highways.
Daily, one year.....$5.00
Daily, six months.....2.75
Daily, one month.....60
All terms, cash in advance.

Official Paper of the City of Medford.
Official Paper of Jackson County.

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MEMBER OREGON STATE EDITORIAL ASSOCIATION 1935

Ye Smudge Pot

By Arthur Perry.

High-powered skeptics hold to the theory, if the Italo-Ethopia war spreads America will be unable to keep out of it.' In which event, patriotism will flame high, and call Sphagetti, Liberty Springs.

• • •

The sympathy of this county should be extended to Klamath county, in the hour of its political tantrum, accompanied by the usual battling for alleged "good government" and mighty thumping of tables. This county knows all about what now ails Klamath county, and advises liberal use of commonsense, particularly when it comes to taking seriously ravings against high officials, who have nothing to do with their home-grown rumpus.

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HOME TEAM RELAXES.
(Holt County (Mo.) Democrat)
Our young son leaves the first of next week for his second year in college. He has had a big summer. About all the work he did was three times a day at home. Our grocery bill should be considerably lower when he left.

• • •

The upper strata of society staged a boiled shirt affair the 1st of the wk., and was rendered aghast when a male guest showed up in an unboiled shirt.

• • •

Max Baer, the late heavyweight champion pugilist of the world, opines football is "rougher than fighting." It is the way Mr. Baer acted on his last appearance.

• • •

A number of valley farmers are up to Portland attending the livestock show, and admiring fancy bulls they think they could beat to the corral fence.

• • •

There is still a lack of what windshield wipers eradicate, if they work.

• • •

The Chinese Pheasant shooting season is nigh. Hunters are beseeched not to miss the barn, and kill a hog at 12c per pd.

• • •

An East Main street speed king, while condescending to doing some walking Thurs., jay-strolled at the DeVoe corner, but escaped the triple threat of three autos all coming at him at once, by jumping around like Fred Alstaire, the movie dancer.

• • •

One of the boys skillfully beat a "skill machine" yesterday, and got home without meeting a gypsy fortune-teller.

• • •

Il Duce Mussolini plans to follow Italian soldiers in Ethiopia with radio talks. This should inspire the brave Italian soldiers to push on until out of range.

• • •

The esteemed Oregon City Enterprise prints comment setting forth that in England "motorists never pass another motorist, just to be passing them, and when they did . . . tooted their horns gently and apologetically . . " In this country an auto horn that fails to sneer contemptuously 15 times to the block has bronchial trouble.

• • •

Wrestling is on a higher plane in the metropolis. To determine whether a hold employed by a grappler was the outlawed "strangle-hold," two judges were appointed. Before the judges could hand down their opinion that the hold was illegal, deponent was out of wind, and unable to do further battle.

• • •

Press dispatches recently told how a Democratic senator, speaking at a county fair, complimented all present "on the cheerful manner with which they bore the burdens of the depression." There is no denying that the darker the depression grew, the more people were unable to keep from giggling at it.

• • •

Th wearing of shorts first came into vogue here when Mildred Tilton Holmsen, socially prominent New Yorker, wore nothing else during her divorce residence.—(Nampa (Ida.) Leader)—My dear! you should have seen her!

• • •

Coal, oil, and oiled sawdust in cylinder form are favorite fuels here. It's hard to get wood in a prairie country like this.

• • •

A dark-horse candidate for Congress or something was here last week, badly in need of re-painting.

Be correctly corseted in an Artist Model by Ethelwyn B. Hoffmann.

The Smart Mr. X.

WITH the close of the Community Chest drive, Mr. X, with head bloodless and unbowed, maintains his life long record, unimpaired.

Mr. X is a man of property, and always has been. But he has never given a dime to the Community Chest and doesn't intend to.

It has been Mr. X's undeviating policy to get, not to give.

To the pleas of helping those less fortunate than himself, he turns a deaf ear. Why should he help those less thrifty and competent than he? This is a world of the SURVIVAL OF THE FITTEST!

Mr. X has survived. If Mr. Y and Mrs. Y and all the little Y's haven't, well,—that's just too bad for the Y family. Mr. X has always looked out for himself. Why shouldn't all the other members of the human alphabet, be able to do the same?

• • • • •

WHY indeed? From Mr. X's standpoint it is a hard question to answer. And he emerges from this Community Chest drive, as he has from all the others, patting himself on the back as a very smart man.

But IS he?

Smart yes, from his own standpoint,—from the standpoint of getting things and keeping them, and giving nothing away. But is he smart in a larger and more realistic sense?

Of course he isn't from the standpoint of what really makes life worth while. He misses the happiness that lies in helping others, and he also misses the respect, affection, the high regard of his neighbors and his fellow men. He thinks he can beat the game by paying his bills promptly and minding his own business. But he can't. Sooner or later he is pegged in his community where he belongs. So he misses something that is worth more than the property he has accumulated, and something that no amount of money can buy. But he can't see it. Therefore it is not that phase of the matter, we intend to discuss. Moreover all that sort of thing Mr. X would dismiss, as a lot of hocus pocus, and sentimental nonsense anyway. He is not only hard hearted but hard headed, and if you would make any progress with him you will have to talk SENSE!

So far the sake of argument, let's brush all of Mr. X's imponderables, out of the picture, and meet the issue with Mr. X on his own ground.

Let's talk the language of the cash register, of profit and loss, of dollars and cents,—the only language Mr. X can understand.

Whereupon, to-wit and et cetera:

• • • • •

MR. X as noted above is a man of property. His material well being depends upon the value, the earning power of that property. Well let's adopt his theory of the survival of the fittest and carry it on to its logical conclusion.

• • • • •

THE Community Chest is abandoned. All charity, private and public, is abandoned. From now on it's dog eat dog, each for himself and the devil take the hindmost. We have the world Mr. X delights in.

OK. Now what happens?

Obviously in certain quarters, there will be people without food or shelter; without care and proper medical attention; there will not be one but many families faced with death and starvation.

What will those families do? What will the head of a family who can't get work, do when he sees his wife and children, getting weaker and weaker, through no fault of their's and no fault of his; plead as he will there is no helping hand to aid them?

• • • • •

THAT answer is easy. If that father can't get food by working for it,—he will get food in some other way. And it is not necessary to go into details as to what that other way would be.

"Do you mean he would become an outlaw—a criminal—he would FIGHT for his food?" Mr. X might interject at this point.

That's what we mean, Mr. X.

"But that would be wrong—criminal, lawlessness, revolution?"

• • • • •

WRONG? No it wouldn't be wrong from your standpoint, Mr. X. It would merely be the first law of your cherished doctrine, "the survival of the fittest." It would merely be answering the strongest instinct of the human animal, the instinct of self preservation. Fighting for existence is what that doctrine MEANS.

And in such a condition what would Mr. X's property be worth, how would it affect his monthly revenue—the dollars and cents he delights to jingle?

Before it came to that of course, there would be slums and hovels in his fair city, disease and squalor, petty thieving and thieving not so petty, physical degeneracy always followed by moral degeneracy, and many other undesirable items too numerous to mention.

• • • • •

HOW would THESE THINGS affect Mr. X's property and the income therefrom? No, think it over, Mr. X, and you will find you are not as smart as you think you are. In fact you are not smart at all.

In the long view, Mr. X, from no other standpoint, but YOUR OWN—dollars and cents and your own self interest,—you are plain DUMB!

Communications

Free Food—Help Yourself

To the Editor:

A drouth sufferer from South Dakota is amazed to find so few people preserving for future use the pears and apples going to waste in Jackson county orchards and warehouses. He obtained good Newtown apples free at a Medford warehouse and Jonathans for 10 cents a box. Delicious and Spitzenburg apples, Bosc and D'Anjou pears—the best varieties grown—also can he had for the asking, or for a fraction of a cent per pound.

True, there is some waste to cull fruit, but most of it is just as good as the stock sold in stores. Why should poor folks—which includes most of us—and those supported at public expense have the best grade of merchandise?

As for the expense of canning fruit—glass jars will last a life time. Rubbers, sweetening and fuel are the only things to buy when preserving food by this method. A penny's worth of sugar will sweeten a pound of fruit and the cooking often can be done while other food is being prepared for the table.

"We constantly urge customers to eat more fruits and vegetables," states F. A. Dutton, Grants Pass restaurateur. "Many people complain, however, that they don't feel satisfied after a meal if they haven't eaten meat."

What we eat is largely a matter of habit. Quit eating meat for awhile and you won't miss it. A patient at a vegetarian sanitarium who had been accustomed to a heavy meat diet considered it a great hardship to be deprived of flesh food. After being at the sanitarium a few months he embraced the first outside opportunity to order a big meat dinner. When the meal was served, however, he was surprised to find he didn't care for it, having lost his appetite for animal food.

Dietitians agree that fruit is the most healthful and wholesome of foods. Some sweet kinds such as Petite prunes, are more nourishing than fresh meat, the latter being mostly water. Prunes are most delicious when canned fresh and Petites require no sweetening, though selling in southern Oregon for only one to three cents a pound.

OWEN H. BARNHILL.
Ashland, Oct. 10.

Personal Health Service

By William Brady, M. D.

Signed letters pertaining to personal health and hygiene not to disease diagnosis or treatment will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Hills, Cal.

SWEETS TO THE SWEET

In England the old controversy between advocates of sugar in the diet and opponents of sweets has been revived recently. A Doctor A. C. Jordan, radiologist, who has written much on 'intestinal stasis' maintains that sweets are not sufficiently masticated by children, and are therefore not digested by the enzymes in the saliva, and so they reach the intestine incompletely digested and there undergo putrefaction. Putrefaction gives rise to various poisonous products which, this radiologist insists, are absorbed into the blood and impair the natural resistance of the entire system, or words to that effect.

Radiologist Jordan's view is opposed by Biochemist Sydney W. Cole of University of Cambridge, who points out that cane sugar is not digestible by salivary enzymes, and hence nothing would be gained by prolonged mastication of this food. X-ray studies have shown, too, that sugar passes through the stomach quickly. Physiologists know that cane sugar is rapidly converted into dextrose or glucose in which form it is utilized in the body. The amount of sugar (glucose) in the blood rises measurably within 10 minutes after one has swallowed an ounce of cane sugar, and all of the sugar is absorbed within 2 hours, even if four ounces be taken, whereas if one takes a pint of raw milk it is not completely thru the stomach in six hours.

These precisely measured facts rather make the morbid fancy of putrefaction and the hypothetical poisoning of the system by the by-products (autointoxication or, as some American charlatans now call it, autotoxicosis) seem funny. Not funny to you gullible birds who swallow all these pathological suggestions, I suppose, but I'm hard-boiled and it does seem funny to me.

The biochemistry professor himself says it is ridiculous to regard sugar in the intestine as a "perfect food for pathogenic microbes." Sugar or other soluble carbohydrate which reaches the intestine is converted into lactic and other acids which naturally inhibit or oppose the growth and multiplication of harmful germs, the only germs which can produce toxins.

Various investigators have shown that cane sugar, contrary to the older fancies, is not a foctor of dental caries. But somehow these dear old superstitions persist long after the progress of learning has proved them untenable.

Biochemist Cole, by the way, tells his students at Cambridge that cane sugar by mouth is at least equal and probably superior to the comparatively expensive dextrose. I think a lot of gullible doctors in this country could profit—or their trusting patients could—by a visit to Cambridge. Especially our hoity-toity child specialists who prescribe anything and everything only so it is not plebean sugar.

All young people who play, exercise or work strenuously as young people should, may well use an ample amount of sugar in their daily diet. It is well digested and absorbed and it wards off exhaustion of the general muscles and the heart muscle.

But mature adults who do not play or work hard—sugar for them is not so good.

QUESTIONS AND ANSWERS
Education versus Quarantine

Why quarantine measles and not tuberculosis? Is the government doing all it can to prevent tuberculosis when it fails to quarantine those who have it. . . . ? (H. T.)

Answer—The necessity for isolation of persons ill of communicable disease varies inversely with the intelligence of the community. The state assumes, properly, that the intelligence level of the community now makes isolation (quarantine, as you call it) of the tuberculosis patient unnecessary. It would be a fine thing for the community if persons with your notions about tuberculosis were compelled to live for a month or two in a tuberculosis sanatorium. Besides benefitting your health it would educate you, and through you many of your friends and neighbors.

Chocolate

Food value of chocolate? Should a craving for it be satisfied or curbed, in an adult? Would you consider a 5-cent bar of milk chocolate a day excessive for an adult with an otherwise normal appetite? (G. E. M.)

Answer—The chocolate itself is of insignificant food value, but rather a mild stimulant (it contains theobromin, akin to caffein of coffee, but milder in effect and acting more on the kidneys and less on the heart and nerves or brain than caffein). The food value of sweet chocolate is in the sugar added, and in the milk added to make milk chocolate. I do not think your indulgence is harmful, provided you do not put on superfluous weight. Children under 12 years of age should not have cocoa or chocolate beverages. As a flavor, chocolate is all right.

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Ed. Note: Persons wishing to communicate with Dr. Brady should send letter direct to Dr. William Brady, M. D., 265 El Camino, Beverly Hills, Cal.

Flight 'o Time

Medford and Jackson County history from the files of the Mail Tribune 10 and 20 Years Ago).

TEN YEARS AGO TODAY
October 11, 1925
(It Was Monday)

Pittsburgh defeats Washington 3 to 2, and the world series is tied with three games apiece.

The mercury drops to 29.5 degrees bringing the coldest night of the year to the city and valley.

John W. Weeks of Massachusetts, secretary or war resigns.

Jud Edsall, Butte Falls mail carrier, kills a 325 pound deer on trip to eastern Oregon.

Merchants favor Community Chest, and Commission form of government at forum.

D. M. Lowe of Talent, while attempting to drive his auto out of a parking space, rams it into his own truck, and damages both machines.

Pheasants scarce, and quail plentiful in the valley.

TWENTY YEARS AGO TODAY
October 11, 1915
(It Was Monday)

The Boston Red Sox defeated the Philadelphia Nationals 2 to 1, to take the fourth game of the world series. "The Great" Alexander will pitch tomorrow for the Phillies in the deciding game.

Bulgars invade Serbia, and are repulsed by a smaller force. Main interest in the World war shifts to the sea, with safety of American ships from submarine attacks the vital issue.

Robes stolen from autos left standing in front of the Page theater.

Circulators claim enough names signed to petitions for the recall of Councilmen T. W. Miles and Hargreaves.

Stockmen of the valley ship another trainload of cows and hogs. The cows bring 5 cents per pound, and the hogs half a cent less.

Editorial Comment

The Tou Velle Appointment

Frank L. Tou Velle of Jacksonville, who has been appointed a member of the highway commission, is a pioneer in the good roads movement. As county judge of Jackson county from 1913 to 1919, he inaugurated the first permanent improvement to the Pacific highway, the grading of the Siskiyou section over the mountains from Ashland to the California boundary and its paving, the first in Oregon from Ashland to Central Point, the work being done under supervision of Oregon's initial highway commission. He inaugurated the grading and improvement of the Crater Lake highway as well as the excellent system of county roads Jackson county possesses.

Under Judge Tou Velle, Jackson county voted the first highway bonds in Oregon, $300,000 for the improvement of the Pacific highway, in which he had the active assistance of the late Sam Hill and Governor West in a whirlwind campaign for good roads, then a novelty in Oregon.

When Judge Tou Velle took office, there was only an old wagon trail over the Siskiyous with grades as steep as 35 percent. Moreover it was a toll road and a dollar exacted for every vehicle. It was impassable even for teams in winter, and few autos could negotiate it in summer. The Crater Lake trail was even worse and it required three days by team to reach the lake from Medford.

So the new highway commissioner, a graduate of the University of Cincinnati law school, a successful farmer, orchardist and business man and by experience in road building has a better background for the office than the average appointee.—Salem Capital Journal.

Comment on the Day's News

BY FRANK JENKINS

A WASHINGTON dispatch says:

"The United States sought today to protect its citizens in war-threatened Addis Ababa, but enunciated again its belief that 'international disputes can and must be settled by pacific means'."

SURELY. And private disputes can be settled without lawsuits, also. But often they're not.

Private individuals settle their disputes by going to law. Nations settle their disputes by going to war.

In both cases, the dispute originally arises because somebody wants something somebody else doesn't want to give up.

IF individuals can ever be brought to point where they won't want what things they shouldn't have, there will be no more lawsuits. If nations can be brought to the point where they won't want things they shouldn't have, there will be no more wars.

ANOTHER Washington dispatch:

"Administration officials today counted 1,126,234 persons at work on relief projects, including the civilian conservation corps."

What a pity they can't be at work on useful private projects that somebody wants badly enough to spend money for!

They could be, too, if men of vision and courage could just be assured that they will be permitted to earn and keep honest profits.

THIS thought is worth considering during national fire prevention week, which is this week:

If all fires resulting from CARELESSNESS were prevented, the cost of insurance would be tremendously reduced. If the cost of insurance were tremendously reduced, the cost of nearly everything we buy would be reduced.

That is another way of saying that we ALL bear our share of the cost of needless fires—which is absolutely true.

IT is equally, although the demagogues do their best to keep us from realizing it, that we ALL bear our share of the cost of needless taxes.

If the nation's tax bill could be reduced to where it should be, the dollars in our pockets would buy a lot more than they do.

WE'VE been taught by the politicians to think of taxes and insurance as costs to be borne only by those who have a lot of property.

That isn't true. These costs, which are a part of the cost of doing business and so enter into everything we buy, are borne by all of us, and we can't get out of bearing them.

Varicose Veins Are Quickly Reduced

No sensible person should continue to suffer from disfiguring and often painful swollen veins or bunches when the new powerful, yet harmless inhibitory antiseptic, called Emerald Oil can be procured at little cost.

Ask Jarmin drug store or any good druggist for a two-ounce original bottle of Emerald Oil (full strength) and refuse substitutes. Use as directed and in a few days note improvement. Then continue until the swollen veins are further reduced. It is guaranteed to give satisfaction, or money refunded.

Toggery Bill Says—

"There Are Plenty of Reasons Why Men and Women Prefer to Shop at The Toggery"

TOGGERY patrons naturally prefer to shop here because of the cordial, friendly atmosphere and the generous value ALWAYS given for every dollar spent here. Another very important reason for The Toggery's popularity with men and women alike is our THREE-POINT SALES POLICY . . . 1. We show the newest styles FIRST! 2. Our assortment of garments and accessories are LARGEST! 3. Every suit is carefully fitted in our own tailor shop. In other words—we sell merchandise that SATISFIES plus the finest possible SERVICE. If you are not already a Toggery "fan," come in and see for yourself why Toggery patrons are so enthusiastic over this store! "TOGGERY BILL" ISAACS.

The TOGGERY

A Name that is a Hallmark of Quality

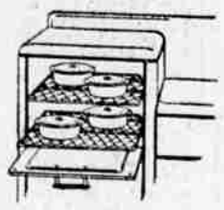
EVANGELISTIC SERVICES

Every evening beginning at 7:30 at the Church of Christ building on Court street.

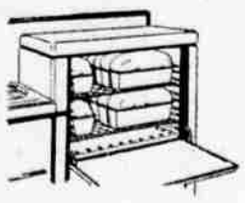
If you are interested in the pure gospel of Christ without additions or subtractions, come and hear Evangelist Bonneau.

All Bible Questions Answered

AMAZING STOVE DEMONSTRATION



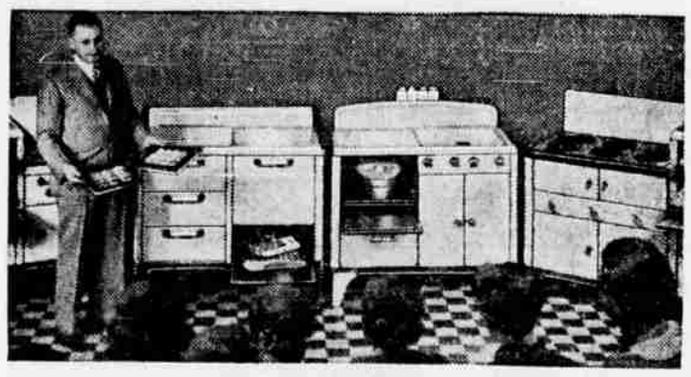
SEE—4 Angel Food cakes baked in the corners of a Ward Double Quick gas range oven with only 12 minutes of gas used! No pre-heating!



SEE—10 one-pound loaves of bread baked at one time in a kerosene range without a loaf moved or turned! No pre-heating! Evenly browned!

See these and other startling demonstrations of cooking, baking and broiling!

At Wards Tue., Wed., Oct. 15, 16 at 2:30 P.M.



"The most astounding demonstration I've ever seen" said one housewife. "I had no idea that such amazing new developments had been made in gas, gasoline and kerosene ranges! And such beautiful ranges! I don't see how Wards can afford to build such quality stoves and sell them for so little!"

We're sure you'll share this sentiment! And we know you'll learn a great many useful things about cooking, baking and broiling. Even though you are not interested in immediate purchase we want you to come to this extraordinary demonstration!

MONTGOMERY WARD

117 S. Central Telephone 286