

CULINARY CRAFT....

By Estelle Dorgan, Director, Home Service, the California Oregon Power Company

Berries—Cooked and Canned. Strawberries, raspberries, blackberries, gooseberries, youngberries, such is the list of berries giving us a choice to meet all tastes. And what an opportunity for combinations fresh and cooked! Jams, jellies, marmalades and every sort of short-cake are not ours for the asking, or the making, as case may be. Canning of "plain" strawberries is now uppermost in teh minds of homemakers who are looking

ahead to winter provisions. There are several simple ways, any of which is successful. The easiest seems to be placing the fresh, clean berries in the jars, adding sugar to taste and then cooking in the oven at 250 degrees for 1 1/2 hours in pints and 1 1/2 hours for quarts. This time is including the heating from cold to taking out of the oven completed. The second oven full may be started immediately and the same process followed. If a hot syrup is added to the berries in the jars, 45 minutes will be enough for quarts and 30 minutes for pints placed in the pre-heated oven. If you wish to "plump" the berries before processing, pour the syrup over the berries and let stand overnight so that they may absorb the juice and so hold their shape through cooking. Then, place in a cold oven, set the heat at 250 degrees and cook for 1 hour. "Bake"

or lower oven heat, is always used during the entire process of canning.

Strawberry-Pineapple Jam.
3 cups crushed berries
1 cup pineapple pieces
7 cups sugar
1/2 cup pectin.

Bring fruits and sugar to a rolling boil for one minute, add certo of pectin and stir well then pour into jars and cover with paraffin or seal.

Strawberry-Cherry-Pineapple Jam.
Bring fruits and sugar to boiling and simmer for 10 minutes, then boil hard one minute. Add pectin, stir and skim for about 5 minutes. Pour into sterilized glasses and cover with paraffin.

Sunshine Berries.
5 lbs. berries
5 lbs. sugar

Clean berries carefully then place in layers alternating with the sugar. Let stand until the juice begins to

flow a little then start cooking. Boil for 15 minutes then turn all into platters or shallow dishes and set in the sun. Cover with glass during this sunning process. Allow to stay in the sun 3 or 4 days (until quite thickened) and stir two or three times each day. Pour into sterilized glasses and seal.

Strawberry-Gooseberry Jam.
2 qts. strawberries, stemmed
2 qts. gooseberries, hulled
4 qts. sugar.

Wash fruit carefully, add sugar and heat slowly to boiling. Cook slowly until thick, stirring frequently to avoid scorching. Pour into sterilized cans and seal.

Work has been started on a dam on the San Juan river near McAllen, Tex., which is calculated to bring 500,000 acres of Mexican land into cultivation.

FEWER PAROLES SINCE WEYERHAEUSER KIDNAP

OLYMPIA, Wash., June 21.—(UP)—Possibly as a reaction following the Weyerhaeuser kidnaping, the quarterly list of paroles approved by Governor Martin and the state parole board fell today from 55 to 10.

Only two inmates of Monroe reformatory were paroled, while eight were freed from Walla Walla state penitentiary.

New naval "courses" for young German farmers include two years' apprenticeship on a farm, one year in the labor service, military service and two years as agricultural economist.

ITALY WILL BROOK NO LEAGUE INTERFERENCE

ROME, June 21. (AP)—An authoritative source stated tonight that Italy will resign from the League of Nations if the league council interferes in the Italo-Ethiopian controversy on the basis of the protest sent Geneva today by Ethiopia.

CATCHER DICKEY HURT BY SULLIVAN'S PITCH

DETROIT, Mich. June 21.—(AP)—Bill Dickey, New York Yankee catcher, was injured today and had to be carried from the field when he was hit by a pitched ball by Joe Sullivan in the first inning of the game with the Detroit Tigers.

Crash Kills Woman.
WALLA WALLA, June 20.—(AP)—Mrs. Cleveland Mullins of Longview was killed 12 miles west of here today when the auto she was driving turned over three times on the state highway. She was placed through the right breast and died on the way to the hospital.

Two years of Nazi encouragement led to the establishment of 10,000 new farm families, of whom 12.5 per cent came from cities.

Just Dropped In
SEATTLE (UP)—A Mary and Peter McChesney studied in their parents' apartment there was a sudden crash through the ceiling. A janitor found Ray Tatman in the attic, legs fast. "I was looking for a friend," he explained. "Oh, yeah?" said police.

Valuable Fish
SAN FRANCISCO (UP)—The commercial catch of fishery products in the Pacific coast states in 1933 amounted to 860,161,000 pounds, valued at \$12,988,000, according to an announcement of the Federal Bureau of Fisheries. Approximately 31,000 persons are working in the industry.

More than \$1,500,000 was collected at the Laredo, Tex., customs house during the first nine months of the fiscal year 1934-1935, a record for the port.

IT'S SALAD TIME AGAIN

IGA PEAS 19c
No. 2 cans

IGA Fancy Golden Bantam CORN 35c
2 No. 2 cans

IGA Crushed PINEAPPLE 9c
Flat Tins

IGA PEARS 41c
Fancy Bartlett 2 No. 2 1/2 cans

This famous "Home Style Dressing" is always of the same high quality, packed under the most sanitary conditions—ALWAYS FRESH and comes to you in the handy and re-usable glass container. This home style dressing will put the finishing touch to your favorite salads.

Pints 25c
Quarts 42c



SATURDAY and MONDAY
JUNE 22-24

IGA Fancy Large SHRIMP 29c
2 5 oz. tins

IGA GELATIN DESSERT 14c
All flavors. 3 pkgs.

IGA TUNA FISH 33c
Fancy Light Meat 2 No. 1/2 Cans

ROYAL CLUB Tomato Juice 25c
3 No. 1 cans

Peak Tea 23c
With the New Mint Flavor for Iced Tea. With Ice Tea Spoon Free. 1/4 lb. pkg.

Fruits and Vegetables

The Fresh Foods Make a Perfect Combination with IGA "Home Style Dressing." Here's a Delightful Variety for the Daily Salad Course.

SATURDAY ONLY

WATERMELONS pound	23 3/4c
CANTALOUPE 2 for	15c
TOMATOES, Fancy Field Grown 2 pounds	19c
ORANGES, Large Fancy 150s dozen	27c
SUMMER SQUASH, Sequena-Crook Neck-Saucer 2 pounds	13c
NEW POTATOES, Fancy White 10 pounds	23c
LETTUCE, Fancy Iceberg 2 heads	9c
BUNCH VEGETABLES, Beets, Turnips, Carrots, Green Onions — 3 bunches	10c

Strawberries, Loganberries, Red Raspberries, Black Caps and all fruits in season

SUGAR

SEA ISLAND PURE CANE

10 lbs.	65c
25 lbs.	\$1.59
100 lbs.	\$5.69

Stores in Ashland and Grants Pass Meet Competition

FRUITS FOR SALAD Royal Club, No. 1 can . . . 15c

ASPARAGUS, Royal Club large green, No. 2 can . . . 25c

WESSON OIL . quart 45c

SWANSDOWN, makes better cakes, pkg. 29c

GRAPENUTS, a delicious cereal pkg. 16c

PET MILK, 3 tall cans 21c

CANDY FIGS, lb. 15c

IGA WHITE LAUNDRY SOAP, 10 bars 29c

LESLIE'S SHAKER SALT, 2 lb. pkg. 2 for 15c

IVORY SOAP, 3 medium bars 17c

FLOUR Specials

Lily White 49 lb. sack \$1.79

Drifted Snow 49 lb. sack \$1.98

IGA FAMILY PATENT The Peer of All Flours 49 lb. sack \$1.89

\$3500.00 IN PRIZES

OF CASH AND SILVERWARE

For the 1,007 Best 25-Word Letters on "WHY I LIKE THE NEW PEAK MINT FLAVOR TEA BETTER THAN ANY OTHER ICED TEA BLEND."

1st PRIZE - \$250.00 in Cash
2nd PRIZE - \$100.00 in Cash
3rd PRIZE - \$50.00 in Cash
FOUR PRIZES OF \$25.00 CASH and 1,000 SETS OF GENUINE ROGERS SOVEREIGN PATTERNS GUARANTEED SILVERWARE

(Each Set is a five-piece service for one person. Retail value \$5.00.)

RULES OF CONTEST

1. Submit a 25 word letter on "Why I Like the New Peak Mint Flavor Tea Better Than Any Other Iced Tea Blend."
2. Attach to your letter the green card from the Peak Tea Package which reads "Must Flavor Tea Blend" and a recent 4x6 inch photograph (front view).
3. Mail your entries together with your name and address to: CONTEST JUDGES, INDEPENDENT JUDGES ASSOCIATION, 305 W. JACKSON BLVD., CHICAGO, ILLINOIS.
4. All entries must be postmarked before midnight, July 5th, 1935.
5. In case of tie, duplicate entries will be awarded. The decision of the judges shall be final. No entries will be returned.
6. You may submit as many letters as you like, but each must comply with the above rules.

SELECTED MEATS

SWIFT'S CIRCLE S PICNICS	Lb.	26 1/2c
SWIFT'S CLUB FRANKS	Lb.	22c
SWIFT'S JEWEL SHORTENING	Lb.	17c
SWIFT'S PREMIUM SLICED BACON	Pkg.	22c

GOLD HILL HAM'S GROCERY

GRANTS PASS STAR SEED and GROCERY

ROGUE RIVER HEATH and HOLLISTER

CENTRAL POINT FABER'S CASH MARKETS

BUTTE FALLS FABER'S CASH MARKETS

IGA STORES

MEDFORD STORES

LUMAN BROTHERS

INDA HUMPHREY

ALEXANDER'S GROCERY, INC.

BUNGALOW GROCERY

JACKSONVILLE GODWARD MERCANTILE

ASHLAND DOREMUS CASH GROCERY

TALENT TRYON MERCANTILE

ASHLAND DOUGHERTY GROCERY

CAVE CITY SCHUMACHER'S GROCERY

HURRY KIDS!

Now Every Boy or Girl Can Get A Pair of Roller Skates FREE!—Bring To Your IGA Store 300 Labels From IGA Brand Food Products—Your IGA Grocer Will Give You One Pair of Skates FREE!