

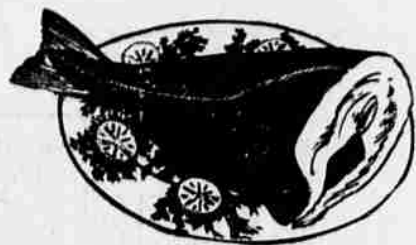
# GROCETERIA SUPER FOOD MARKETS

BREAD AND CAKES LIKE MOTHER MADE

## FRUITS and VEGETABLES

New Asparagus, 2 lbs.	35c
Green Peas, 3 lbs.	25c
New Potatoes, 2 lbs.	19c
Fancy Hard Lettuce, head	5c
Extra Fancy Strawberry Rhubarb, 2 lbs.	19c
Rutabagas, 2 lbs.	5c
Sweet Potatoes, 3 lbs.	10c
Fancy Artichokes, each	5c
Green Peppers, 2 lbs.	35c
Large Cocoanuts, each	10c
Selected Golden Dates, 2 lb. box	20c
Sunkist Fancy Oranges, 126s, doz.	29c
Sunkist Arizona Grapefruit, 64s, 6 for	25c
Sunkist Oxnard Lemons, 360s, 2 doz.	25c
Florida Grapefruit, 64s, 3 for	23c

## For the LENTEN SEASON



With the addition of Fresh Fish to our Meat Markets our supply of Lenten Foods is most complete. As with other foods we shall endeavor to so vary the supply as to insure a wide variety for the family menu.



## SAVINGS IN THE SUPER FOOD MARKET

A Dependable Source of Supply

Sunshine Graham Crackers, 2 lb. box	29c	Del Monte Sardines, large oval can	8c	Del Monte New Pack Florida Grapefruit, No. 2 can	12c
Krispy Crackers, fresh and crisp, 2 lb. box	29c	Celilo Columbia River Salmon, No. 1 flat can, 2 for	25c	Del Monte New Pack Florida Grapefruit, 8 oz. can, 4 for	25c
Smacks, the new butter wafer, pkg.	15c	Pink Salmon, No. 1 tall can	10c	Del Monte Grapefruit Juice, 11 oz. can	7c
Nobility English Biscuits, (58 biscuits) pkg.	29c	Del Monte Red Alaska Sockeye Salmon, No. 1 tall can, 2 for	35c	Mission Brand Florida Grapefruit, No. 2 can	11c
Ocean Spray Oysters, 5 oz. can	11c	Del Rogue Tomato Juice, No. 10 can	35c	Dromedary Ginger Bread Mix, pkg. <small>Add water and bake</small>	20c
Golden Shell Oysters for frying, No. 1 tall can	19c	S & W Coffee, 1 lb. can	27c	Postum Cereal, 8 oz. can	39c
Dunbar Shrimp, 5 oz. can, 2 for	23c	S & W Coffee, 2 lb. can	52c	Bakers Premium Chocolate, 1/2 lb. bar	20c
Wet Pack Shrimp, S & W, can	15c	Z-Mor-U Coffee, freshly ground, 1 lb.	25c	Jello—with the new distinctive flavors, 3 pkgs.	17c
Fillet of Pilchards, can	10c	Z-Mor-U Coffee, freshly ground, 3 lbs.	73c	P & G White Laundry Soap, 8 bars	25c
		Omar Coffee, 1 lb.	19c	Crisco, the finer shortening, 3 lb. pail	54c
		Omar Coffee, 3 lbs.	55c	Sperry's Pancake and Waffle Flour, No. 10 sack	52c
		Hills Red or M.J.B. Coffee, lb.	31c	Sperry's Wheat Hearts, 5 lb. sack	29c
		Hills Red or M.J.B. Coffee, 2 lbs.	60c	Quick Quaker Oats large pkg.	22c
		Schillings or Maxwell House Coffee, lb.	30c	Mothers Oats, Quick Cooker with premium. Pkg.	31c
		Golden West Coffee, 1 lb. can	30c	Day Pack Extra Standard Tomatoes, No. 2 1/2 can, 3 for	29c
		Golden West Coffee, 3 lb. can	83c	Del Rogue Tomato Hot Sauce, 8 oz. can, 6 for	25c
		Genuine Arabian Mocha & Java Coffee, 1 lb. can	45c	Bay Brand Tuna Flakes No. 1/2 can	10c
		Brookfield Package Cheese, choice of varieties, 1/2 lb. pkg.	15c	Amaizo Corn or Gloss Starch, 1 lb. pkg.	7c
		Brookfield Cream Spreading Cheese, 3 oz. pkg., 3 for	25c	Ivory Soap medium bar	5c
		Elbow Macaroni, 3 lb. pkg.	22c	White King Granulated Soap, 2 1/2 lb. pkg.	28c
		Fancy California Navy Beans, 4 lbs.	19c	Twenty Mule Borax Soap Chips, pkg.	20c
		Fancy Long Grain Rice, 7 lbs.	35c	Kirk's Hardwater Castile Soap, 3 bars	13c

## SUPER Meat Market

To be happy, we are told to "not take things too seriously."

Now that's all right but there must be exceptions—and one of them is ground meats—we're mighty serious about them—in fact we're fanatics.

Our ground meats are chosen just as carefully as any other meats. They are fresh meats—handled with extreme care—Meats you can trust.

Your meat loaves, sausages and other meat dishes are sure to be wholesome and delicious—and that with economy is just what you want, isn't it?

### GROUND MEATS

Clean — Fresh — Wholesome

Ground Ham and Veal for Veal Loaf, lb.	15c
Ground Beef, 2 lbs.	25c
English Beef Sausage, 2 lbs.	25c
Country Style Pork Sausage, lb.	20c
Country Style Small Link Sausage, lb.	25c
Smoked Country Style Sausage, lb.	25c
Lamb Patties, lb.	20c

Steer Beef Roast, lb.	12c - 15c
Sugar Cured Pork Shoulders, lb.	16c
Sugar Cured Bacon, lb.	29c
Smoked Beef Tongues, lb.	15c
Jellied Beef Broth, lb.	10c
<small>(For Soups, Noodles, etc.)</small>	
Shortening, 4 lbs.	49c

### FISH

Imported Norwegian Salt Mackerel, 1/2 lb. average, each	10c
Rainbow Trout, 1/2 lb. average, each	19c
Crabs, large, each	20c
Fresh Shrimp, 1/2 pt.	18c
Fresh Clams, pint	20c
Smelt, 4 lbs.	15c
Chinook Salmon, Steelhead Salmon, Filet of Sole, Ling Cod and Oysters	

## HOME PURITY BAKERY

For Lovers of Chocolate Cakes

### MALTED MILK DEVILS FOOD

A rich Chocolate Cake with Borden's Malted Milk added.

Two Sizes - 25c - 49c

### BETTY CROCKER DATE NUT LOAF

A Whole Wheat Loaf heavily filled with chopped dates, walnuts and almonds.

1 Pound Loaf 18c

### HOME PURITY BREAD

Real Home Quality and Flavor. It's what we leave out that makes it so good. WRAPPED OR OVEN FRESH

1 lb. loaf	8c
1 1/2 lb. loaf	12c
Real French Bread, 1 lb. loaf	10c
French Crust Nuggets, 3 for	10c

### HOT CROSS BUNS

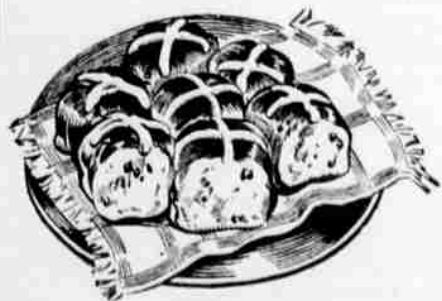
Rich with Fruits

Dozen - - 18c

Cherry Nougats

A Danish pastry rich with cherries.

Dozen - - 25c



6th at Central  
6th at Grape  
Saving Without Self-Denial

# GATES & LYDIARD

Delivery of \$1.00 Orders  
Phone:  
East Side 752  
West Side 428