

Enthusiastic Crowd Delighted by Mail Tribune Cooking Classes

Cooking School Recipes Published Each Day for Convenience of Guests

The recipes covered each day by Hester Heath at the Mail Tribune cooking school will be published the following day for the convenience of southern Oregon housewives. If you have misplaced your program, clip this list of recipes.

Baked Ham En Casserole.
1 thick slice of ham
1/2 teaspoon dry mustard or prepared mustard
About 3 apples
1/2 cup brown sugar
3 or 4 potatoes
1 to 1 1/2 cups milk.
Method: Place a thick slice of ham in a baking pan. Sprinkle the ham generously with mustard, cover ham with thin slices of apple and cover the apples with brown sugar. Fill the space in the pan around the ham with thin slices of raw potato, and cover with milk. Bake at 300 degrees until the ham and potatoes are tender. It will take 45 to 60 minutes.

Caramel Carrots.
2 tablespoons brown sugar
2 tablespoons butter
2 lbs. carrots
1 teaspoon salt
Dash white pepper.
Method: Cover carrots with ice water and let stand an hour to make them very crisp. Scrape and shred or cut in long strips or slices. Place

in oiled baking dish, sprinkle with salt, pepper, brown sugar and butter. Cover tightly and bake about 45 to 60 minutes at 350 deg. This is ideal with an oven dinner that requires 45 minutes to one and one-half hours. For longer time, use larger pieces.

Chocolate Tea Cakes.
1 egg
1 cup sugar
4 tbsps. melted shortening
1 1/2 cups flour
1/2 tsp. salt
1/2 tsp. soda
1/2 tsp. baking powder
1/2 cup sour milk or buttermilk
1/2 cup boiling water
1 tsp. vanilla.
Method: Beat egg well. Mix sugar and chocolate together and add to egg. Add melted shortening. Sift flour, salt, soda and baking powder together, and add to the chocolate mixture alternately with the milk and boiling water. Beat batter smooth with rotary egg beater. Pour into well-greased and lightly floured pan or muffin pans. (Fill muffin pans only half full.) Bake at 375 deg. about 18 or 20 minutes.

Cream Cheese Chocolate Icing.
Method: Blend 1/2 package cream cheese and 1 1/2 cups confectioner's sugar as for pastry. Add 2 squares melted unsweetened chocolate, cooled to blood heat, about 2 tablespoons hot water and 1/2 teaspoon vanilla. Mix and spread. Double recipe for 2-layer cake.

A Dinner in a Dish.
1 1/2 lbs. hamburger (or ground left-over meats)
2 onions
6 thinly sliced green pepper rings
1 No. 2 can of corn or 2 cups cooked corn
1 can tomato soup
2 tablespoons butter
Salt, pepper, seasoning to taste
1 cup mashed potatoes riced.
Method: Sauté onions and green pepper in a little shortening until tender. Remove from frying pan. Season hamburger and brown in small balls. Fry until nicely browned. Add butter, salt and pepper to corn. Place in oiled casserole. Alternate layers of meat balls, corn, onion and green pepper and tomato soup. Over all sprinkle buttered crumbs and strips of bacon. Serve with baked potatoes, or just before serving, cover with mashed potatoes put through ricer and dot with butter (omitting buttered crumbs) and put back in oven until potatoes are browned.

Apple Roll.
2 cups flour
2 tps. baking powder
1 tsp. salt
4 tbsps. shortening
1/2 cup milk
3 or 4 apples
1/2 tsp. cinnamon
4 to 8 tbsps. sugar
2 tbsps. butter.
Method: Sift dry ingredients together. Cut in shortening. Add liquid. Roll on floured board to thin, narrow long sheet. Spread over with sliced apples, sugar and cinnamon. Dot with

Butter. Slice about 1 inch thick. Set on end and bake in dripping pans or muffin pans which have been well oiled. Bake at 425 deg., 15 to 20 minutes. Serve with fruit sauce.
Fruit Sauce.
1/4 cup sugar or 1/4 cup white sugar and 1-3 cup brown sugar
1 1/4 tbsps. cornstarch
1/4 to 1/2 tsp. cinnamon
4 tbsps. butter
2 cups water
Bit of grated lemon rind.
Method: Mix sugar, cornstarch, cinnamon and lemon rind. Stir into boiling water. Cook until cornstarch is thoroughly cooked. Add butter.

A Platter Luncheon.
3 cups cooked macaroni (chilled)
1 cup diced crisp celery
1/2 cup diced sweet pickle
1 pimento, chopped finely
1 tbsps. minced onion
1-3 cup shredded cheese
Slice boiled egg, diced green pepper and radishes may also be added if desired.
Method: Mix lightly together with about one cup of mayonnaise or cooked salad dressing and place upon a large cold plate or platter. Garnish with slices of corn beef or cold roast meat around the edge of the platter. Also fresh tomatoes and tender cooked whole carrots or other cooked vegetables in season, sprigs of parsley and crisp lettuce leaves. This makes a most attractive meal.

Corn Muffins.
1 cup flour
2 1/2 teaspoons baking powder
1 cup corn meal
1/2 cup sugar
1 teaspoon salt
1 egg, beaten
1 cup milk
2 tablespoons melted shortening.
Method: Sift together flour, salt, sugar and baking powder. Add corn meal. Add beaten egg to milk and melted shortening. Combine with dry ingredients. (Do not over-mix muffins.) Place in oiled muffin pans or in corn pans (if using corn pans, heat in oven before oiling and putting muffins in pans to form kernels and a nice brown crisp crust). Bake at 400-425 deg., 15 to 20 minutes, depending on size of muffin pans.

Coffee Making.
Instructions to be given in class.
Liquor Stores Close FOR HOLIDAY FRIDAY
SALEM, Oct. 10.—(AP)—Friday, Columbus day, will be observed as a legal holiday in Oregon, with state offices closed. The state liquor control commission announced all state liquor stores likewise will remain closed on October 12.

Schools will be in operation, however, Superintendent of Public Instruction C. A. Howard announced, although special programs will be presented in recognition of the date.

PARENTS SCHOOL PLANS MADE AT EXTENSION MEET

Executive committee of the Jackson county home extension service met for their October meeting at the home of Mrs. Mabel Thornton at Fish Lake dam, October 9.

Plans were developed for the school for parents to be held October 19, at which Miss Flora Thurston of New York will be principal speaker. The extension service will serve coffee for the noon luncheon, at which every one will be requested to bring her individual box luncheon.

The executive committee also made plans to sponsor a tea at the close of the school for parents in the courthouse auditorium, honoring Miss Thurston.

Miss Alice Mallin, acting home demonstration agent, reported for the month of September 20 all-day meetings attended, including four local leader training meetings, one officers' training conference, and a two-day extension conference in Corvallis. Eighty-four guide patterns were made in eight communities in the fall clothing project, and approximately 62,000 cans of fruits, vegetables and meats sealed in the Medford canning kitchen and the movable kitchen working in Ashland, Rogue River and Eagle Point.

The committee selected subjects for radio talks on food and clothing to be given over KXED each Wednesday this month at 1:30. Radio study clubs on child development were scheduled to begin October 31 and continue every second Wednesday through the winter. Members of the committee present at the meeting were: Mrs. Mabel C. Mack, acting state leader of home economics extension, Mrs. Effie Birdseye, Mrs. Suste Maust, Mrs. Mabel Thornton, Mrs. Bertha Young, Mrs. Rita Myers, Miss Alice Mallin, acting home demonstration agent. Members of the committee unable to be present were Mrs. Bertha Glasgow, chairman and Miss Alice Hanley, honorary chairman.

Defends Insull



Leading the battery of defense attorneys for Samuel Insull and a number of his associates on trial in Chicago in a federal mail fraud case growing out of the collapse of the Insull utilities, is Floyd E. Thompson (above). (Associated Press Photo)

GARTERLESS FAD BRITISH PROBLEM

LONDON.—(UP)—Britain's menfolk are discarding their garters. Instead, they are trusting to "self-supporters" elastic bands, safety pins, stocking plaster, or just defying gravity to solve the problem of keeping up their socks.

What is more, they have called forth a great wall from haberdashers. Their new organ, Men's Wear, has some strong things to say on this subject. "Some wholesalers and retailers are encouraging men to go garterless. The next logical step would be for shoe manufacturers to produce men's shoes with a type of lining that would make the wearing of socks unnecessary. That would tend to destroy the hosiery business."

"Next, some enterprising manufacturer might produce a sandal that could replace the modern shoe." The whole reason for all this bitterness seems to be that some hosiery are selling socks which don't need any keeping up. In fact, socks that keep themselves up.

LEGION MARCHING UPON MIAMI FOR CONCLAVE OCT. 21

MIAMI, Fla.—(UP)—Seventy-five thousand World War veterans will inaugurate Miami's "Winter Season" three weeks early this year with the American Legion national convention. Miami, resembling a great ghost city in the summer and early fall, will become a winter playground with the opening of the convention Oct. 22-25.

Annual "winter cleaning" in preparation for the tourist season, will begin early in October. Apartments and dwellings, their windows boarded up since spring, will be opened a

SKULL REVEALS WINTER TRAGEDY

LA GRANDE, Ore., Oct. 10.—(AP)—The finding of a skull in the mountains east of Union Sunday by Hester Halsey, Union youth, while hunting, today had definitely cleared up the mystery of the disappearance of Mansford Alexander, 40, of Cove in December, 1931.

County Coroner George Walker and a party of men were led to the scene of the first yesterday by young Halsey and besides the skull, other skeletal remains and some of Alexander's personal possessions, identified as such by a brother, were discovered. Alexander had been on his way into the mountains to take supplies to two brothers who were trapping, when a blizzard came up. Apparently he became lost in the storm, sat down to rest and froze to death, officers theorize.

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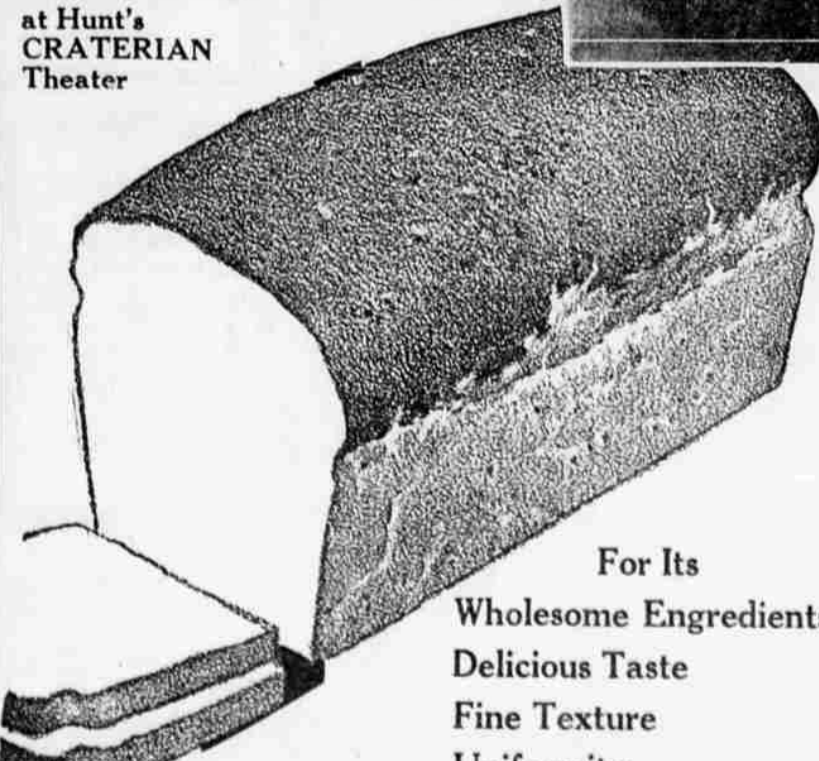
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