

GROCETERIA SUPER FOOD MARKETS

BREAD AND CAKES LIKE MOTHER MADE

"Harvest Days" Are Here — So Saturday We Begin Our Annual

HARVEST FESTIVAL



Fruits & Vegetables

The harvests of the world come to you through our fruit and vegetable departments.

With the finest of local produce an every-day feature the best from all the world comes to us twice a week from our buyer at San Francisco.

Every day in the year—the best of health-giving fruits and vegetables at prices you can afford to pay.

Pumpkins	Lb. 2c
Tokay Grapes	4 lbs. 23c
Tomatoes	2 lbs. 5c
Cantaloupes—36 size	3 for 14c
Watermelons	Lb. 1 1/2c
Honeydew Melons	Lb. 2c
Casaba Melons	Each 10c
Spear Melons	Lb. 3c
Persian Melons	Lb. 3c
Banana Squash	Lb. 2c
Danish Squash	Each 5c
Summer Squash—Yellow, green or white	3 lbs. 10c
Extra Fancy Newtown Apples	6 lbs. 23c
Extra Fancy Gift Boxes of Pears	Each \$1.75
Fresh Local Spinach	3 lbs. 23c
Large Artichokes	2 for 15c
Red Peppers	4 lbs. 25c
Brussels Sprouts	3 lbs. 23c
Fresh Green Parsley	Bunch 5c
Large Fancy Rose City Celery	2 for 13c
Cauliflower—large white	Each 15c
Large Cucumbers	2 for 5c
Egg Plant	Each 5c
Sweet Potatoes	5 lbs. 13c
Green Peppers	3 lbs. 10c
Fancy Bunch Carrots	2 for 5c
New Cabbage	Lb. 2c
Dry Onions	5 lbs. 8c
Strawberries	3 boxes 25c
Groundcherries	2 lbs. 25c
Cocoanuts	2 for 19c
Green Peas	Lb. 12c
Pomegranites	Each 5c
Persimmons	2 for 5c
Fresh Pineapples	Each 25c
Bananas	Lb. 5c
Calavo—large size	Each 20c
Cranberries	2 lbs. 29c
Rhubarb	4 lbs. 15c
Chestnuts	Lb. 15c
Quinces	3 lbs. 10c



Harvest time—when Nature releases her bounties that man may survive the unproductive season is here—Throughout the nation countless factories and canneries are caring for these bounties that we may enjoy our full measure while Nature rests.

To collect the best of these—to bring them to you at the lowest possible cost is the function your Super Food Markets perform in this—the annual cycle of events.

HOME PURITY BAKERY

What is Harvest without old-fashioned Pumpkin Pie? TOMORROW—

Deep — 9-inch Pumpkin Pie 25c

HOME PURITY BREAD—

For flavor — for purity — your own baking its only rival.

Wrapped or Unwrapped

1 lb. Loaf 8c
1 1/2 lb. Loaf 12c

Wrapped and Sliced

1 lb. Loaf 9c
1 1/2 lb. Loaf 13c

Harvest Special

Bouillon Corn Meal Mush

A fine corn meal mush rich in bouillon—sliced ready for frying.

Lb. 8c



A HARVEST OF SAVINGS IN THE SUPER FOOD MARKET

A Dependable Source of Supply

Golden West Coffee—	1 lb. can 29c	Kraft's Chocolate Malted Milk—	1 lb. 29c
	3 lb. can 80c		2 lb. 49c
Golden West Coffee—	1 lb. jar 30c	Scott Tissue Toilet Paper--	1000 sheets—
	3 lb. jar 87c		3 rolls 20c
Sperry's Hot Cake Flour—	28oz.pkg. 16c	Waldorf Tissue (750 sheets)—	4 rolls 15c
	4 lb. sack 25c	Edgemont Ginger Snaps--	1 lb. pkg. 17c
	No. 10 sack 49c	Sunshine Krispy Crackers—	2 lb. box 29c
Amaizo Golden Syrup—	2 1/2 lb. can 16c	Jell-o—choice of flavor—	2 pkgs. 11c
	5 lb. can 29c	Bakers Premium Chocolate—	1/2 lb. 18c
	10 lb. can 57c	Calumet Baking Powder—	1 lb. can 25c
Amaizo Butter	2 1/2 lb. can 22c	Miracle Whip Salad Dressing—	pint 19c
Scotch Syrup--	5 lb. can 42c	Mazola Salad Oil—	qt. can 29c
	10 lb. can 83c		1/2 gal. can 53c
Del Monte Pumpkin—	No. 2 can 10c		gal. can 92c
	No. 2 1/2 can 12c	Lipton's Tea—Yellow Label	1/2 lb. 37c
Schillings Baking Powder—	12 oz. can 27c		1 lb. 68c
	2 1/2 lb. can 75c	Lipton's Tea—Green Japan—	1/2 lb. 29c
Sperry's Wheat Hearts	5 lb. sack 32c		1 lb. 52c
	10 lb. sack 59c	P & G White Laundry Soap, 8 oz.—	7 bars 18c
Sperry's Farina—	20oz.pkg. 12c	Bob White Laundry Soap	7 bars 13c
	5 lb. sack 28c	Del Rogue Tomato Juice No. 1 can	2 for 15c
	10 lb. sack 52c	Z-MOR-U Coffee—	1 lb. 27c
Sperry Wheat Flakes—	10 lb. sack 48c		3 lb. 79c
Sperry Wheat and Oat Cereal Flakes	9 lb. sack 43c		3 lb. 79c
Albers Prepared Buckwheat Flour—	No. 10 sack 70c		
New Buckwheat Flour (pure)—	No. 10 sack 59c		

SUPER MEAT MARKET

Here you will find a harvest that means most to you and yours — a harvest that provides not just economy but health and food appreciation from the whole family.

With the finest of meats surrounded by every safeguard of sanitation — yet priced within reach of all—a harvest of satisfaction—health and practical economy, is yours every day in the year.

Hens—3 1/2 lb. average—	Each	40c
Fryers—Barred Rocks or Rhode Island		24c
Reds—Lb.		
Tender Steer Swiss Steak—Lb.		15c
Steer Beef Roast—Lb.		10c
Rolled Prime Rib of Steer Beef—Lb.		17 1/2c
Steer Boiling Beef—Lb.		7c
Specially Selected Steer Short Ribs for baking—Lb.		10c
Steer Corned Beef—cooks quicker—Lb.		12 1/2c
Fresh Side Pork—		15c
Frankforts—1 lb.	} both	25c
Sauer Kraut—1 qt.		
Mince Meat—fine quality—		25c
2 lbs.		

HARVEST SPECIAL

A Real Treat!

A pound of our real Country Style Sausage and sufficient Hotcake Flour for four people. Both — 20c

6th at Central
6th at Grape
Saving Without Self-Denial

Gates & Lydiard

Delivery of \$1.00 Orders
Phone:
East Side 752
West Side 429