

MEDFORD MAIL TRIBUNE

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Ye Smudge Pot

The True Progressive party of Oregon, with Peter Zimmerman of Yamhill county as its gubernatorial candidate, announces its campaign will be delayed in opening until a slogan is found. This slogan will carry them up all the wealth, Elect Peter to Skin Paul, ought to fill the bill, until a better one pops up. Other suggestions are: Try Me Something for Nothing, and No More Pancakes for Plutocrats.

A father has completely recovered from the shock of slipping home at 11 p. m., and finding his 17-year old daughter not going any place.
As a result of the California primary election, Oregon can now be scolded for acting like a state closer than Kansas and North Dakota, the first chance it gets.

For the benefit of his patients Dr. A. Hardaway announces that he will be absent from his office during the next week or ten days.—(Rocky Creek, Montana, Searchlight). A muffed knock.

Col. Tou Velle of Jville has purchased a horse. He will now come to town after a veterinarian, instead of a nut for the hind-wheel of a tractor.

Maple leaves in the high hills are now the right shade of red to be stuck in fireplaces, by Older Girls.

Al Bliton has returned from the ocean. He states ever ytime he noted the mercury was "testing the 100 mark in the valley, he had to get up and put another stick of wood in the stove.

COLLEGE GRADUATE SCORNS FORTUNE.—(SF, Call-Bulletin). He better go back to school again this fall.

J. Curtis Barnes, who for years has been battling for more profits and less sweating, and a more equitable distribution of financial lastness, does not view with any spectacular alarm, the nomination of Upton Sinclair, or his plan to end poverty. He thinks there is a very slim chance of nothing but the taxes being with us, and nothing will be accomplished but a lot of yelling and arm-waving. Mr. Barnes reports he was strong for the Sinclair plan, until he read and studied same. Then he discovered a defect: it provides for more work than now, and payment in the fruits of labor, instead of capitalistic gold. In short, Mr. Barnes feels neither the job nor the pay, will be a joy to those who favor the abolishment of the profit-system, just because they are not getting the profits.

BACK HOUSING CAMPAIGN.—(Hillside Portland News-Telegram). Page Chic Sales!

PIONEER BLOOD BOILING.—(Pendleton East Oregonian). The report that the Indians were on the war path had little or no effect upon the business of this place. Very few gave any credit to the report. Our worthy village blacksmith kindly tendered his services as commander of any volunteers who would organize. He was very anxious to begin war at once, alone, but a petition signed by the principal citizens asking him not to begin his work of destruction until the redskins had begun their bloody work in earnest, held him back. But he holds himself in readiness to exterminate the whole race should it become necessary.—(50 Yrs. Ago Col.)

The Prospect ball park burned up Saturday, compelling the ball team headed by Dewey Hill, the leading hired man of the county, to go away from home the rest of the season to be defeated.

MAN WITH WIFE EXPLAINS.—(Hillside Del Norte Tri-Weekly)—He better.

F. W. Bartlett, Medford's Taxidermist and Furrer, will open shop on or about Sept. 1st, at 20 S. Central.

Personal Health Service

By William Brady, M.D.
Signed letters pertaining to personal health and hygiene not to diagnosis or treatment will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Hills, Cal.

FOR GENERATION TRY ONE BALANCED MEAL A DAY.

All of the old reducing diets, from Karell and Banting down to the latest freak system purporting to emanate from Hollywood, were based on the idea that we no longer know as a limited knowledge of nutrition. If in exceptional cases one of these unscientific methods brought about the desired result without gravely injuring health or actually sending the victim to hospital or sanitarium, it was because the lucky individual had cheated or had broken the diet often enough to indulge in some food that happened to supply minerals or vitamins the body demands.

But now that we have a fairly comprehensive understanding of the essentials of human nutrition, it appears that these old-fashioned reducing diets are neither safe nor necessary. Indeed, when scientific knowledge is applied in the prescription of a reducing regimen we find that the most satisfactory results are achieved if the patient has one well balanced meal a day. Perhaps not such rapid reduction as might be brought about by a starvation regimen, but a steady reduction, a plan to which the patient will stick long after the average human being would break away from a starvation diet.

If, as has been stated, an individual can reduce twenty pounds in a year by omitting that one extra slice of bread and butter he ordinarily takes daily, then it is reasonable, and indeed an everyday observation that one can lose two or three pounds a week by omitting one of the lesser meals he ordinarily takes daily—say going without lunch.

But aside from one's natural sense of well being and comfort, there are other good reasons why it is not advisable to try to carry on an ordinarily active life for many hours in the day without food. We cannot go into the physiological objections here, but suffice to mention one—the occurrence of hypoglycemia, or exhaustion of the blood sugar. When the glycogen or sugar in the blood is used up and no replenishment of the supply is made, the results are often unpleasant and sometimes grave.

So it is a wise plan in any case to take some food at least three times in the day. One good practice, where a reduction regimen is desirable, is to substitute for lunch or for breakfast an orange or some orange juice, or a raw apple or any other fresh raw fruit in season, or a vine ripened tomato.

QUESTIONS AND ANSWERS.
Good Wind After Bad.
Would riding a bicycle and taking hikes help bring up my mind which I lost by overexercise? If not, please tell me what would. (R. L.)

Answer—I don't understand. If you have lost your mind, son, your physician is the only one who can advise you what to do about it. Loss of mind means impairment of the heart efficiency. That is serious enough to warrant the care of your doctor.

Varicose Veins.
Want to thank you for advice concerning injection treatment for varicose veins. I received the treatment from the physician you suggested, and it has cured the trouble for me and I am now in fine shape. (Mrs. W. J. L.)

Answer—The chemical obliteration of varicose veins, by means of injections into the veins, is now the method of choice in treating this common affliction. It is highly successful, and good physicians everywhere give the treatment.

The Bowing Straightening Hump.
Please inform me whether the appliance shown in inclosed blueprint would correct bowlegs. (G. S.)

Answer—Don't be silly. Nothing but surgery will straighten bowlegs in a person over 6 years of age. (Copyright 1934, John F. Dille Co.)

Ed. Note: Persons wishing to communicate with Dr. Brady should send letters direct to Dr. William Brady, M. D., 265 El Camino, Beverly Hills, Cal.

NEW YORK DAY BY DAY

By O. O. McIntyre

NEW YORK, Aug. 31.—Thoughts while strolling: Don't suppose anyone will ever name a child Elmer any more. The name Elias was killed by the same kidding.

Walter Huston with a do-funny mustache could almost pass for Hitler. Add nifty dressers: Ed Herrick. What became of Pauli Germondie of the Follies?

One word description of any New Yorker—droopy. How many football heroes become famous men? Ford Frick is another Indiana sodbuster. Stuart Erwin has the surprised look of just waking up out of a sound nap. Jean Harlow's photography wasn't so good in her last picture.

Leaders along Sixth avenue who just stare. Stanley Gibson who buys rundown magazines and makes them click. Young Walter Chrysler is a whirlwind walker, too. The relief over Dillinger is fleeting. We'll always have one. So long as there is crooked law enforcement. Lawyers, judges, igh!

That country-boy-looking orchestra leader, Isham Jones, writes the most hit. The musical comedy elevator runners at Dunhill's. Like the page boys on the lie de France. America's most distinguished looking middle aged lady—Ruth Bryan Owen. They say bankers secretly chuckle how easily they get off.

Verne Porter has a Gibson man profile. Mrs. Ed Hutton and Mrs. Grace Coolidge might be twins. That white-haired servant who takes his cal on his leash to the news reels. Broadway's close pals—Bide Dudley and Kelsey Allen. Slim: "We custom tailor your clothes." That's verbing it up!

Somewhere I have seen a statement credited to Ed Howe that "a good scare usually does a man more good than sound advice." That's right in a way and shows a discernment that comes only with thoughtful years. It is a circuitous way of saying experience is the best teacher. Yet most of us prefer sound advice and always seek it. However, it is difficult to find among men under 60, in a severe jam give me the 70-year older. The Younger Generations Old Paper!

Many of the de-luxe hotels have special arrangements with former wealthy clients, somewhat a boon for both these troubled times. With so many suites vacant, old patrons may return for special cocktail parties at quarter rates or occupy them at half tariff for week ends in town. This gives a hotel the impression of being busy and depression victims a patina of old-time pomp.

Comment on the Day's News

By FRANK JENKINS

BIG political news: Upton Sinclair, famous socialist, wins the Democratic nomination for governor of California by an overwhelming majority.

SUPPOSE, say three or four years ago, somebody had prophesied that such a thing would happen. You would have laughed. EVERYBODY would have laughed. IT would have seemed a great joke. But it has happened.

These are days of swift changes. WHY was Sinclair nominated? The answer is as simple as simplicity itself. He promised what a majority of the voters of California want.

So he got the votes. WHAT did he promise? He promised to end poverty in California—no more, no less. His program he called the EPIC program, taking the name from the first letters of the words "end poverty in California."

He promised to do it RIGHT AWAY. HOW? Well, he offers three ways. The first he calls CAL—California authority for land. He would have the state take over all land surrendered for tax delinquency, and rent and buy other land.

The jobless would be invited to go onto this land, forming co-operative societies directed by expert agriculturists. Here they would earn their living.

HIS second device for ending poverty he calls CAP—California authority for production. The state would take over all idle and bankrupt industrial concerns, and here the remaining unemployed would be given jobs producing the necessities of life.

AND his final device he terms CAM—California authority for money. The state would print its own money; on paper, rags, wood, leather; calling it scrip, tokens, mazuma, or whatever it chose. With this scrip the co-operative farms and industries would pay their bills for material, labor, etc.

When more money was needed, more would be printed. WHAT of the private industry left after all this had been done? It would have to root, hog, or die. That is to say, if it couldn't compete with the state-owned farms and industries, it would have to fold up its tent.

PURE socialism, you see—the old, old remedy for ending poverty. Nobody doing anything for himself, and the state doing everything for everybody.

TWO more questions: 1. Do the voters of California really think he can do it? 2. Why is socialism suddenly so attractive? THE answer to the first is this: "Probably not. But they're reaching the point of confusion and bewilderment where they're willing to take a gamble on anything."

AND here is this writer's notion of the answer to the second: During the past four years people of all sorts have been so harried, so worried, so driven by the necessity to do something to keep going and so burdened by the weight of responsibility that for the moment, at least, they feel it would be a relief to shift the whole load over to the shoulders of the STATE.

So they take a whiff at voting for a socialist. government will unquestionably support the strikers.

The only way it could be avoided would be for Madame Perkins to denounce the strike. You know how much of a once there is of that.

It is important because the union treasury is supposed to contain only about a million dollars, hardly enough to support a strike for more than a few days.

The British dole relief rules for strikers takes a man off the government dole as soon as he becomes a striker, and thereafter provides only bare food for him in case he can show he is hungry.

The cotton textile operators are going to get the best kind of publicity advice, if they follow it. They have hired Bill Lawson, who did practically all of the publicity work for the NRA since it started, although he only had the title of "assistant director."

A treasury official privately pointed out to one of our army men that, if we became involved in a far-eastern war, the treasury's silver would come in right handy for supporting an army in the orient.

Egg Weighed Half a Pound BRIMFIELD, Mass. (UP)—An egg laid by one of Stephen Fisher's Rhode Island Red hens weighed exactly half a pound.

Moscow Starts Clean Up MOSCOW.—(UP)—Moscow, which never enjoyed a reputation of being a particularly clean city, is trying to stone for its past untidiness. Under the direction of the Moscow Soviet, 100 cleaning machines and 12,000 street sweepers are now being employed, while many houses are being painted.

Kitten Well on Its Toes CLEVELAND, O.—(UP)—John Har-

slav's kitten scarcely knows how to put its best foot forward, it has so many. It has seven toes on each of the front feet and six on both the rear ones. By all known biological rules pertaining to matters feline, it should have only five digits per foot.

Semipalatinsk, Siberia.—(UP)—Two directors of the Altai gold mines have been given long-term prison sentences for embezzling gold and goods valued at 20,000 roubles.

Blowout Brought Death NEWCOMERTOWN, O.—(UP)—A fire blew out, buried an automobile against a bridge railing and killed Bruce Peterson, 33, injured critically Glen Johnson, 34.

Flight 'o Time

(Medford and Jackson County History from the Files of The Mail Tribune of 50 and 10 years Ago.)

TEN YEARS AGO TODAY August 31, 1924. (It Was Tuesday)

President Coolidge in address to labor, "workers have the right to strike, but government also has the right to arbitrate first."

American warships rushed to China war zone. Ticket sale for county fair to open Wednesday. Two college boys who can approach tourists wanted.

William N. Colvig, pioneer resident, celebrating his 80th birthday. The first high school football practice is held with Raymond Singler, Bernard Senn, Gilbert Knips, Harold Dressler, and Mervyn Chastain turning out. Coach Callison says Bernard Hughes "is a likely looking prospect."

The coach also announces: "The team member who stays out after nine o'clock any night of the week, will have to quit, and that is not all that will happen to him."

Twenty Years Ago Today August 31, 1914. (It Was Monday)

Owing to "the situation abroad," the price of tires, shoes, and lemons, is going up in Medford.

Transient known as "Scotty" is arrested, following refusal to work, after promising to do so "for his breakfast."

Millions of armed men come to grips on the Western front; St. Petersburg, by order of the Russian duma, hereafter to be known as Petrograd; Democratic senator predicts "hunger will force the warring hordes of Europe to lay down their arms by Christmas."

In obedience to the straw-hat unwritten law, there was a decided scarcity of straw hats on Medford streets Tuesday, September 1st. Although the hot weather still holds out the three months open season for straw hats has expired. Other signs of fall are the ripe fruit under the trees and the coloring of the leaves.

Communications

To the Editor: On page twelve of the Sunday issue of the Mail Tribune, dated August 26, 1934, appears an article concerning the theft of the automobile belonging to A. S. Rosenbaum.

In this article, you mention that Oliver H. Goos is the same initial and name of a transient, who played a more or less minor role in the turmoil fomented by agitators L. A. Banks and E. H. Pehl. You further state, "a man by the name of Goos was the head of the unemployed council of Jackson county. There is no confirmation it is the same man."

In the matter of Goos in connection with what you term the turmoil, I refer you and the readers of the Medford Mail Tribune, to the articles appearing in the Mail Tribune during March and April of nineteen thirty-three, in which it would appear that O. H. Goos was a protégé of the Mail Tribune and the good government congress was criticized because they would have none of him and his ilk.

Mr. Goos was known to be a communist at that time and had been reported by me to officials at Salem, Oregon, together with the advice that his activities be put a stop to.

Don't you think that it is about time that you shouldered your own responsibility regarding what you term the turmoil. Otherwise I believe that it would be the part of wisdom to drop the matter and all reference to it and call it a dead issue.

In case your files are incomplete for 1933, I herewith inform you that I have in my possession a complete file of that year, which your readers and yourself are welcome to come and peruse.

I request that this letter be printed and the turmoil omitted one and for all.

HENRIETTA B. MARTIN. Aug. 29, 1934.



(Continued from Page One)

Ye Poet's Corner

A TOAST Here's to our own Golden Cup. Our valleys so verdant and fertile. Here's to our basin of wealth, Engrailed by hills that are distant. Ours to those hills so majestic, Towering high to the heavens. Eternally minding their trust To preserve our beneficent climate. Ceaselessly gathering and storing The moisture that falls to their bosoms. Generously sending it down To us in the forms of our rivers, Increasing by more than is told The sum of our natural productions. Here's to our own River Rogue. To all of the streams in its basin: Here's to our own Golden Cup. Nature favored to all of Creation. —G. W. Kellington.

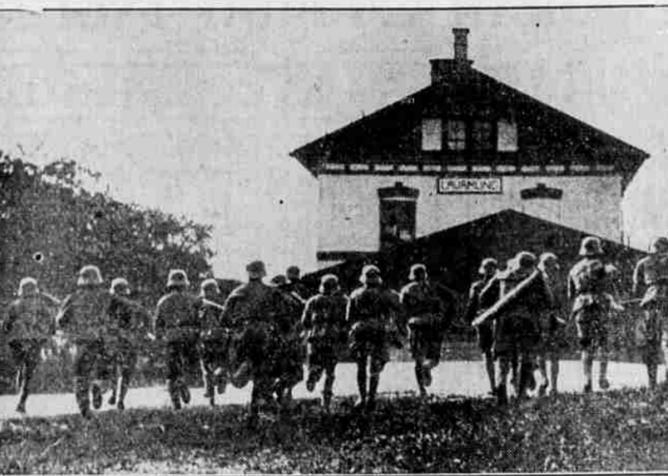
Water for New Gardens LONDON.—(UP)—New Gardens, the most famous gardens in the world, filled with many rare and precious plants, requires 2,636,000 gallons of water a week to insure the safety of its extensive collections from the perils of the drought.

Russian Miners Find Gold MOSCOW.—(UP)—Two gold nuggets of unusual size and value, one weighing 1.03 kilograms and the other 3.863 kilograms, have been discovered by miners in the Altai gold fields, according to reports reaching here.

Street Celebrated Faving CLEVELAND, O.—(UP)—Mechanics and residents along Superior avenue, a principal traffic artery here, felt so jubilant when part of the street was re-paved that they decided to hold a celebration. Ten thousand people thronged to see a float parade they arranged.

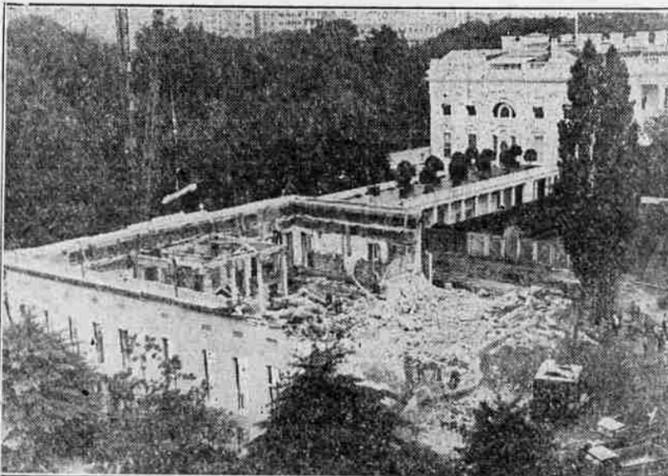
Bicycles—We pay cash for used bikes. Medford Cycle, 23 N. Fir.

AUSTRIAN TROOPS STORM NAZI STRONGHOLD



The recent Austrian Nazi revolt, touched off by the slaying of Chancellor Dollfus, was put down by the regular army and the home guard. This picture was made in the province of Carinthia, one of the hot spots of the rebellion, as government troops charged to dislodge Nazis from Layamund station. (Associated Press Photo)

WRECKERS SPEED WHITE HOUSE OFFICE REMODELING



Aided by a large hoist and drills, wreckers are speeding demolition of the executive offices used by President Roosevelt to make way for larger offices for the White House staff. The President's bedroom overlooks the scene of operations where work sometimes goes on at night as well as in the daytime. (Associated Press Photo)

YOUTH SUFFOCATES IN MT. HOOD VOLCANIC CRATER



The lifeless body of Victor F. von Normann, 22, (right) University of Washington student, was recovered from the gas-filled crater of Mt. Hood, Ore., by Paul Williams, forest service lookout who, equipped with gas mask and oxygen tank, descended 200 feet. Williams can be seen emerging from the mouth of the sulphurous hole in the picture at the left. Von Normann toppled into the depths 19 hours before his body was brought up. (Associated Press Photos)

WATER HAULED TO THIRSTY IMPERIAL CATTLE



The scarcity of water in Imperial Valley, Cal., was so acute that dairy and beef cattle were watered by tank trucks, operated by the SERRA. A truck is shown filling an emergency cement tank buried in the ground. The present drought is expected to be the last in the valley, as the completion of Boulder dam will assure ample water. (Associated Press Photo)

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