

### COLD CURES AND DIET FACTS TOLD HEALTH WORKERS

Health workers of Jackson county, numbering 75, met at the court house auditorium Friday afternoon for the monthly meeting of the Jackson County Public Health association and were told what to eat and what to do to protect themselves and families from colds.

Mrs. Mabel C. Mack, home demonstration agent, first speaker of the afternoon, outlined the proper diets to enable the human body to fight winter epidemics. To fight common colds the person must eat a large amount of vitamin "A". Cream, cod liver oil and egg yolks are therefore endorsed as foods for children. Milk, fruit and vegetables, in large quantities, are also necessary in the winter diet. Mrs. Mack stated and advised all present to patronize home products by drinking tomato juice in the place of orange juice. Oregon prunes are "just as good as raisins" from the health standpoint, she also declared.

Miss Sibyl Walker, county health nurse, spoke on the diet from the standpoint of growth and development of the child. Fifteen to 30 per cent of the school children in this country are undernourished, she pointed out, adding that the percentage runs much higher in some parts of Jackson county. Malnutrition, she then explained, is not always the result of a lack of food, but many times is caused by improper foods, infections and environment.

Miss Blanche Runels, the other health nurse, spoke on factors, other than foods, necessary to the growth of children.

The speakers were introduced by Miss Mildred Carlton, president of the Health association, who read an interesting article from Good Housekeeping, endorsing the sale of tuberculosis Christmas seals, and telling of the fine work the little seals have made possible during the past 25 years. With elimination of tuberculosis their ultimate goal, the seals, it was urged should find their way into all homes and onto all packages at Christmas time.

Mrs. Alex Sparrow spoke on plans for the local seal sale drive. Plans for a china shower at the next meeting of the association were announced and tea served by the members of the Jacksonville unit, acting as hostesses.

### MONEY MUDDLE NETS WHEAT DROP

CHICAGO, Nov. 25.—(AP)—Shaken by persistent doubts regarding the monetary situation, wheat collapsed almost three cents a bushel late today, and dragged all other grains down.

Stop-loss selling in wheat and profit-taking sales in corn took place on a considerable scale, and wheat ended at a new low level for the week and since early this month. Contributing to instability of every kind of cereals was word that declines in European Exchange rates had checked for at least the time being any large new export dealings in corn.

NEW YORK, Nov. 25.—(AP)—Markets were sluggish and narrow today. The recent rise in dollar exchange was halted, but U. S. government bonds somewhat more than held their own in quiet dealings.

H. L. Nutting, 67, was released from the city jail Saturday night when he furnished \$100 bail following his arrest earlier in the evening. Nutting was driving the car which collided with the automobile of Herbert Meusel was driving according to officers. Nutting will be required to appear December 1, to face charges of reckless driving.

**SELL AT AUCTION**  
and receive more money for your furniture and household goods.  
**SAM GOLDSTINE**  
Jack. Co. Bank Bld. Call 1144-J

**COAL**  
HI-HEAT—LONG-BURNING  
UTAH'S FANCY LUMP  
MEDFORD FUEL CO.  
1122 N. Central. Tel. 631

**Hotel San Pablo**

Now you may enjoy Comfort Without Extravagance in Oakland's most centrally located downtown Hotel.

Singles Starting at \$1.25  
Doubles Starting at \$1.75  
**FREE GARAGE**  
Management  
Harry B. Strang

When visiting the Bay Region make the San Pablo your home.  
San Pablo Ave. at 20th St. OAKLAND, CALIF.

### BULLITT ORDERED TO MOSCOW POST

WARM SPRINGS, Ga., Nov. 25.—(AP)—President Roosevelt tonight ordered Ambassador William C. Bullitt to proceed at once to Russia to establish new relations with the Soviet government.

NEW YORK, Nov. 25.—(AP)—With a message of peace for America, Maxim M. Litvinoff embarked today for Moscow—taking with him that long desire of the Soviets, recognition of America.

### OCTOBER EXPORTS SHOW HIGH GAIN

WASHINGTON, Nov. 25.—(AP)—Exports from the United States in October were reported today by the commerce department to have reached the highest level since the fall of 1931.

The total was given as \$124,000,000, a gain of \$34,000,000 over September. The department said this created a favorable trade balance of \$43,000,000 for the month, \$30,000,000 higher than September.

### MILLION WORKERS OFF CHARITY LIST

WASHINGTON, Nov. 25.—(AP)—Figures from state officials today indicated that the newly created civil works administration had transferred more than 1,000,000 persons from relief rolls to pay rolls.

Eventually, the administration headed by Harry L. Hopkins, who is also federal relief administrator, hopes to put 4,000,000 men and women on a self-supporting basis. Civil works officials said today they had no estimate of the number

### DOCTORS STRIVE TO SAVE MAN'S ARM

actually put back to work and the figures would not be available until next week.

Gerald Lehner, about 35, of Trail, is a patient at the Community hospital where his attending physician was fighting last night to save his left arm, severely injured in an accident at the Trail sawmill late Friday. Lehner's arm, caught in the mill, was practically severed in the accident.

### LIQUOR RESENTS FEDERAL CONTROL

WASHINGTON, Nov. 25.—(AP)—Resentment over the administration's policy for strict federal control of liquor after repeal today caused distillers and brewers to discuss starting a nation-wide campaign to return the question of regulation to the states.

The talk revolved around the creation of an organization similar to the Association Against the Prohibition Amendment which was a leading unit in the fight for repeal.

### BIRTHS

Born to Mr. and Mrs. Jack Ward a son, Thursday, November 23.

Mr. and Mrs. C. E. Stockwell are the parents of a seven-pound daughter born yesterday, November 25, at the Purucker Maternity home.

**HI-HO CAFE**  
Reopened Under New Management  
**DINE - - - DANCE**  
1122 S. Riverside, MEDFORD, ORE.

Modern Fuel Oil delivery. No spilling. Eda Transfer. Phone 315.  
**DR. H. P. COLEMAN**  
Chiropractic and Physiotherapy  
Oregon License 264  
California License 3029  
12 Years in Medford, Ore.

Call **76** For **FUEL OIL**  
Any Kind—Any Amount  
Quick, Dependable Service  
**VALLEY FUEL CO.**

# TOMORROW ONLY! SAVE DOLLAR day SAVE

**Cotton Batts**  
Large, fluffy, pure white Cotton Batts, 72 by 90 inches unfolded. Weight 2 pounds. **\$1**  
2 for

**Cretonnes**  
New patterns to brighten the dull days ahead. Sunfast and tubfast. 36 in. wide. **\$1**  
4 yds.

**Sheeting**  
Good quality sheeting, 50 inches wide, unbleached. A remarkably low price. **\$1**  
6 yds.

**Blankets**  
Part wool single Blanket, heavy weight, size 70 by 80 inches. Only a few left. **\$1**

**Purses**  
New Purses for Women, in latest fall shades. Buy now for Christmas. Only 48 at this low price. **\$1**

**Towels**  
Genuine Cannon Towels, large and fluffy, size 70 by 80 inches wide, assortment of colors. Excellent gifts. **\$1**  
3 for

**Flour Sacks**  
Washed and bleached Flour Sacks, carefully mended, large size for 98 pound bags. **\$1**  
12 for

**Women's Hose**  
Our very finest quality Women's Hose, both service weight and light, all sizes. Buy now for Christmas. **\$1**

**Girdles**  
New shipment, just received. Several very popular styles. Buy now at this low price and save the difference. **\$1**

**Women's U Suits**  
Women's Union Suits, bodice top, knee length, 10 percent wool, balance combed cotton; all sizes. **\$1**  
2 for

**Rayon Undies**  
Women's Rayon Undies, daintily trimmed in applique and lace. Ideal Christmas presents. **\$1**  
3 for

**Child's Sweaters**  
Coat Sweaters for small children, all wool, pink, blue, white embroidered designs. Size 1, 2 and 3. **\$1**

**Bootee Set**  
Three-piece Boot Sets, Cap, Sweater and Booties. All wool with silk trim. Buy for Christmas. **\$1**

**Children's Slips**  
Children's fine Nainsook Slips, trimmed with lace or hem-stitching. Sizes 4 to 12 years. **\$1**  
3 for

**Infants' Wrappers**  
Double breasted Wrappers for infants, 50 percent wool. Just the thing for winter. Sizes 1 to 4 years. **\$1**  
2 for

**Men's U'Suits**  
Men's Union Suits, 10 percent wool, long sleeves, ankle length—an outstanding value. **\$1**

**Dress Socks**  
Part wool Fancy Dress Socks for men, very good looking and serviceable, too! **\$1**  
3 for

**Fancy Socks**  
Here is a real Christmas item. Men's fancy Rayon Socks at a very low price. **\$1**  
7 pair

**Shirt and Tie**  
An ideal Christmas present, good quality Dress Shirt and Tie of your own selection. **\$1**

**Boys' Pajamas**  
Good quality Pajamas for boys, made of heavy outing flannel, well sewed. Tomorrow. **\$1**

**Work Sirts**  
Men's Chambray Work Shirts, triple stitched, full cut, blue only, all sizes. **\$1**  
2 for

**Flannel Shirts**  
Men's heavy Cotton Flannel Work Shirts, service colors, well made and full cut. **\$1**

**Work Gloves**  
Men's fine quality cowhide Gloves, steam proof and water proof, re-enforced thumb. **\$1**

**Wool Gloves**  
Men's oxford gray wool yarn Gloves, for everyday wear, fine to wear with leather work gloves. **\$1**  
2 for

**Men's Sweaters**  
Men's fine cotton knit Coat Sweaters, sizes 36 and 38 only. Also some terry cloth slippers, sizes 42 and 44. **\$1**  
2 for

**Boys' Sweaters**  
Boys' Wool Slipover Style Sweaters, rib knit and brushed wool, big assortment. **\$1**

**Men's Sweaters**  
Men's All Wool Sweaters, coat style, brown leather, mixtures, fine knit, sizes 36 to 44. An ideal garment for work or dress. Monday only at this low price. **\$1**

**Children's Dresses**  
Tub-fast Print Dresses for children, dainty patterns, new styles. Some embroidered and smocked, others with puff sleeves and gimps. Sizes 2 to 6. **\$1**

**Women's Slips**  
Slips of fine quality Rayon, French crepe, California top, adjustable shoulder strap, full length, all sizes; colors flesh and white. **\$1**

**House Dresses**  
Made of fast color Prints, new fall and winter styles, mostly cap sleeves, attractively trimmed. This is probably the last time we will be able to offer a good fast color dress at this price. **\$1**  
2 for

**WARDOLEUM**  
SUPER SERVICE  
**WARDOLEUM**  
6 FEET WIDE

Why Super Service? Because it's the floor covering 3,000,000 footsteps couldn't wear out. The enamel surface is heavier! The felt base is thicker! And water, grease, and stains won't harm it. A damp mop keeps it sparkling. All new patterns. **\$1**  
3 Running Feet

**Sweat Shirts**  
Men's fine knit Sweat Shirts, an excellent garment for all around wear, all sizes. **\$1**

**Hotwater Bottle**  
Hotwater Bottle and Combination Spritzer, good heavy rubber. This sale only. **\$1**  
2 for

**Modess**  
Regular large size, new style, comfort fitting Modess. On sale tomorrow only. **\$1**  
8 for

**Electric Mixer**  
Electric Mixer complete with bowl, handy size for cream, mayonnaise, fruit juices, etc. **\$1**

**Electric Iron**  
Electric Flat Iron, full 6 pounds, nickel finish, long life element. **\$1**

**Corn Popper**  
Electric Popcorn Popper, pops corn in a jiffy, white and fluffy. Black metal. **\$1**

**Writing Paper**  
Genuine cedar chest filled with stationery, an attractive Christmas gift. Only 48 of these. **\$1**

**Electric Lantern**  
Focusing type electric Hand Lantern, uses two dry cells, large 4-inch reflector. **\$1**

**Flashlights**  
5-cell, 1200-foot beam, focusing nickel-plated Flashlights, Cells extra. **\$1**

**Football**  
Boys' valve type Footballs, regulation size, genuine split cowhide, pigskin finish. **\$1**

**Tennis Balls**  
Wilson Tennis Balls, first quality, 1933 stock, sealed 3 in a can. Choice of red or white. **\$1**  
3 balls

**Punching Bag**  
Regular stem type soft finish horsehide cover, complete with bladder. Quantity limited. **\$1**

**Stillson Type Wrench**  
Ward's standard Lakeside Stillson pattern Wrench, sp. clally hardened jaws, handles up to 2 inch pipe. **\$1**

**Dutch Oven**  
Oblong Iron Dutch Oven with self basting cover. Will hold six pound chicken. **\$1**

**Paint-Varnish**  
Several gallon cans of assorted Paint and Varnish, values up to \$2.50. **\$1**

**Step Ladders**  
Four-foot Stepladders, constructed of seasoned spruce—re-enforced steps—pall shelf. **\$1**

**Mirrors**  
Bathroom Mirrors, sizes 10 by 12 and 12 by 14 inches, white enamel frames are shopworn. Good glass. **\$1**

**Cake Pan Set**  
New spring type, removal bottom deep cake pan—pie pan included, good heavy aluminum. **\$1**

**O'Cedar Polish**  
Full one gallon size, regularly sells at \$2.25. Limited quantity for one day only. Gallon. **\$1**

**Tea Kettle**  
Aluminum Tea Kettle, 5 1/2 quart size, with double boiler inset, lid fits boiler or teakettle. **\$1**

**Kalsomine**  
Standard 4-pound packages Kalsomine, mix with hot or cold water; wide selection of colors. **\$1**  
3 for

**Pruning Saws**  
Pole handle Pruning Saws, folding type curved blade, taper socket for any length handle. **\$1**

**Lock Sets**  
Wide variety of inside mortice Door Locks, assorted finish and types, values to \$3.00. Each. **\$1**  
3 for

**Shotgun Case**  
Leather Shotgun Case, flannel lined, two compartment, brass trimmed. Very limited stock. **\$1**

**Ovens**  
Oilstove Ovens, assorted styles, one and two-burner sizes, some with glass fronts. **\$1**

**Oil Mops**  
Oil and Polish Mops, high quality colored cotton yarns. Complete with substantial painted handles. **\$1**  
3 for

# 117 SOUTH CENTRAL MONTGOMERY WARD PHONE 286