

MEDFORD MAIL TRIBUNE

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Ye Smudge Pot

A New York defendant was acquitted of forgery, and forthwith held up and robbed his lawyer. It is often not difficult to condone crime, but the incident just goes to prove the local contention, that you can't get crooks of moral character and social standing to commit a crime.

Auto traffic is picking up on the way of the transgressor, between here and Portland.

PIONEER WOMEN SUSCEPTIBLE

It is funny how women will do and how often they will show their contrariness. In a store down town a few days ago an article was marked "sold" and every woman that came in the store wanted to buy that article and no other.

Farmers are complaining that the robins are eating the cherries, they did not intend to pick.

Fashion has decreed "a one-button shirt for men's fall wear." The laundry ought to be able to get it, without even sending the shirt to the laundry.

MEDFORD SLAYERS TO GO ON TRIAL TODAY

GRANT'S PASS, Ore., July 14.—This does not seem fair, and is like announcing that the current Chinese long war imminent in Portland, is taking in The Dalles. The slaying in question occurred in Josephine county, and the slayers are detained at Grants Pass, and it happened that the victim was a Medford resident.

It sure is aggravating to get up at 5 a.m. to have a dentist pull a tooth, and then have the dentist insist on saving the tooth. The dentist was unable to understand that was why the owner of the offending tooth arose at 5 a. m.

After more than two months of daily contacts with lawyers, your corr. has finally become fully cognizant of some of their cleverest and hardest-worked tricks. They beat any of the feats of magic exposed in the Camel cigarette ads. A lawyer will ask a witness a question, first making it long-winded and involved with double meanings, and mull it around in his brain until neither the lawyer nor the witness understands the question.

HO! HUM! HO!

The people simply can't imagine why anyone should get into a sweat about anything. They have plenty to eat, their houses are clean and dry, the indigenous females are extremely amiable, and the local clergy give little attention to theology, so why worry? The government at Caracas is far distant, and General Gomez may be trusted to see that it functions properly, and without too much bother. As for money, it is always obtainable from the Yankee—not, of course, in large rolls, but certainly in quantum sufficient. Even the clock has lost its civilized urgency.

Practically nothing in their lives contains a rigid time element. The officers and stores in the towns open at various times, according to what the boss had for breakfast or what he did the night before. Trains start when they feel like it. The movies start when the proprietor thinks the audience is assembled. (Exchange.)

Recommendations

THE Mail Tribune, as usual before a state election, herewith presents recommendations to its readers, regarding the various measures to be voted on, Friday, July 21st:

300-301: AN AMENDMENT TO THE CONSTITUTION OF THE UNITED STATES—Purpose: To instruct the delegates to the constitutional convention as to whether the electors of the respective counties of the state of Oregon desire the amendment of the constitution of the United States by the adoption of the proposed article of amendment.

The main point about this measure is to UNDERSTAND what it means. Briefly a "yes" vote means you favor repeal of national prohibition; a "no" vote you oppose it. The Mail Tribune believes the 18th amendment should be repealed, so a better, more constructive, and more practical solution of the liquor problem, may be obtained. A "yes" vote so instructs the members of the forthcoming convention.

Vote 300 Yes.

302-303: SOLDIERS AND SAILORS BONUS AMENDMENT—Purpose: To provide that no cash bonuses shall be paid by the state after the adoption of this amendment, and that no bonus loans shall be made by the state after June 30th, 1933; authorizing the insurance of refunding bonds to refund bonds issued to provide funds from which to pay bonuses and make loans, the total of such original and refunding bonds outstanding at any time not to exceed the constitutional limitation now existing.

This measure if passed, will terminate cash bonuses to war veterans, BY THE STATE OF OREGON at once, and the loan privilege five years hence. It will also provide for a clearing up of the entire state war bonus situation, and placing same on a business basis. The affairs of the commission are now in a deplorable state—far worse than is generally known. Under present financial conditions the state of Oregon can not afford to continue cash and loan payments, indefinitely, which the defeat of this bill would mean. No deserving war veterans should suffer, through the enactment of this corrective measure.

Vote 302, Yes.

304-305: COUNTY MANAGER FORM OF GOVERNMENT—Purpose: To authorize adoption by the legal voters of any county of such county manager form of government as may be hereafter provided by general law.

This is merely an enabling act. It doesn't change the form of government in any county, it merely ALLOWS, the voters of each county to adopt such a system as may be hereafter provided by general law. We can see no harm in allowing such a privilege, nor do we see any good reason why counties in the state WISHING to adopt a commission form of government should be prevented from doing so. The matter of radically changing the form of county government, would be left to the people of each county concerned.

Vote 304—Yes.

306-307: PROSECUTION BY INFORMATION AND GRAND JURY MODIFICATION AMENDMENT—Purpose: To amend section 18 of original article VII of the Oregon constitution to authorize the legislature to provide that public offenses heretofore required to be prosecuted by indictment may be prosecuted by information, filed by the district attorney, substantially in the form provided by law for indictments and the same procedure thereafter to be followed; also to authorize the legislature to modify the grand jury system.

Much may be said for and against this measure. But assuming HONESTY of the district attorney, there is no doubt that it would if adopted, speed up trials, DECREASE EXPENSE OF CRIMINAL PROSECUTION; and while not abolishing the grand jury system, tend to improve its administration. Our advice is

Vote 306—Yes.

308-309: DEBT AND TAXATION LIMITATIONS FOR MUNICIPAL CORPORATIONS—Purpose: To require the approval of two-thirds of all electors voting thereon at elections in municipal corporations and civil subdivisions to authorize issuance of bonds except refunding bonds, and those heretofore not requiring a vote of the electors; and providing that legislative acts shall restrict the powers of such corporations and subdivisions as to taxation and indebtedness.

This would amend the state constitution to fit into a depression and financial crisis already passing. Once in, it would be hard to get out. Had such a provision been in effect in the past, we would never have secured our wonderful city water system, irrigation, or paved streets—for securing a two-thirds vote, with only tax payers allowed to vote,—would simply be impossible. Majority rule forms the very cornerstone of a free, orderly government. This measure would abolish majority rule, and make it impossible for this community for example to secure a needed public improvement, which a majority of those having to pay the bill would approve. Unwise and un-American.

Vote 309—No.

310-311: STATE POWER FUND BONDS—Shall the general obligation 5 per cent bonds of the state of Oregon be issued and sold in the total sum of \$103,779.45, which equals one one-hundredth of 1 per cent of the total assessed valuation of property in the state, for the purpose of providing money for the state power fund?

Whether one believes or doesn't believe, in the state entering the light and power business, we don't believe even those who DO, would favor increasing the state's bonded debt AT THIS TIME. Bond interest now forms an overwhelming percentage of the general tax burden. We hold no brief for the power companies—we regard their present rates as far too high. But we are convinced going into the power business now, and increasing the bonded debt is not the way to lower them. The way to lower them is through the state public service commissioner, who has the matter now under consideration. Voting these bonds would also give jobs to public ownership agitators.

Vote 311—No.

312-313: STATE SALES TAX.

This measure has been so frequently treated in this column in detail, that our emphatic endorsement of it as the only practical way out of the present tax mess, and the only way to reduce the tax burden on real and personal property should suffice at this time. As a final appeal we again ask the people to study the bill—FOR THEMSELVES—before they follow the political and self interested ballyhoo against it, and vote it down. The measure is a real test of the people's capacity to brush aside unadulterated whang-doodle and discern the truth,—perceive clearly what is to their own self-interest.

Vote 312—Yes.

314-315: REPEAL OF PROHIBITION AMENDMENT TO THE CONSTITUTION OF OREGON—Purpose: To repeal the prohibition amendment to the constitution of Oregon, being sections 35 and 36 of article I thereof.

In the last election the Mail Tribune opposed the repeal of the prohibition ENABLING ACT, because it felt the enabling act should not be repealed until state prohibition had been repealed. We stated at the time that if the repeal of state prohibition had been the issue, we would have been for it.

Well this time state prohibition IS the issue. We favor state repeal for the same reasons we favor federal repeal. Under the circumstance a vote for this measure merely means removing a statute which—because of the result of the last election—is a dead letter anyway.

Vote 314—Yes.

316-317: OLEOMARGARINE TAX BILL—Purpose: To levy an excise tax of 4 cents per pound on the sale of all oleomargarine sold in the state of Oregon, except for exportation, the proceeds to be apportioned to the several counties in proportion to their respective population, to be used for indigent relief only; also to require every person, firm and corporation who shall distribute, sell, or offer for sale oleomargarine in the state of Oregon, to pay an annual license fee of \$5.00 and secure a permit therefor.

The Mail Tribune opposed a similar measure when it was on the ballot at the last election, and it was overwhelmingly defeated. Here it is again. All in all it has been defeated by the people of the state three times. We are neither in favor of such abuse of the initiative, nor are we in favor of placing a food tax upon people who can't afford to buy butter and for that reason alone, buy oleomargarine. The tax obviously would fall upon poor people—those least able to pay,—and at a time when the most stringent economy is necessary for them to keep body and soul together. We regard the measure as wrong in principle and of no practical benefit in times like these to the dairy industry.

Vote 317—No.

318-319: GRANGE POWER BILL—Purpose: To provide for the state to acquire and develop water power and hydro-electric energy.

This measure has been stricken from the ballot by court order, so no recommendation is required.

Personal Health Service

By William Brady, M.D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, 265 El Camino, Beverly Hills, Cal.

JUVENILE HYPOTHYROIDISM.

The substance which the thyroid gland secretes into blood is the natural spark of life. When the gland furnishes an excess of this internal secretion or hormone the entire body is overstimulated and all functions go on at excessive speed; that is called hyperthyroidism and it occurs typically in the state known as ophthalmic goitre. When the thyroid function is insufficient all the life processes slow down; this is hypothyroidism, and when it is extreme the condition is known as cretinism if it happens in infancy or myxedema if it develops in adult life.



Moderate hypothyroidism is quite common in the early teens, particularly in girls. As a rule there is a moderate enlargement of the thyroid gland associated with the hypothyroidism but the swelling or fullness in the neck just above the breast bone may not be noticed by the ordinary observer. It is pretty well established now that this juvenile hypothyroidism and the simple goitre associated with it are both due to iodine deficiency in food, drink or medicine. It is preventable and curable by an adequate iodine ration.

Among the symptoms which suggest hypothyroidism are apathy, sleepiness, waxy pallor, anemia, coldness when normal persons are warm enough, forgetfulness, nasal voice, constipation, weakness of knees, snapping of joints, pronated or flat feet. Girls with hypothyroidism are likely to have difficult or scanty menses, or the function may be absent for months at a time. Tinnitus (hearing odd noises in the ears) is a common complaint of patients with hypothyroidism. The apathy amounts to melancholia in some cases, but as a rule the young person is just apathetic—that is, incapable of enjoying life as a young person should. The blood pressure is below normal and the body temperature is below normal. The young person is

unnaturally short of breath on slight exertion and complains of palpitation of the heart.

There is a tendency for the eyebrows to fall out, especially at their outer ends.

Any fish, crustacean or edible plant that comes from the sea is a good source of iodine for the body. Fresh sea food is best, of course, but canned salmon, shrimp, whale, lobster, and oyster all retain their iodine or a good proportion of it.

Vegetables and fruits grown in low valleys are likely to contain more iodine than the produce of mountainous sections. Likewise the drinking water in some regions has little or no iodine, while in other places it contains an appreciable amount of iodine, and it has been found that the prevalence of endemic goitre is greatest in places where the drinking water contains the least iodine.

Vegetables grown in South Carolina have been found rich in iodine. For instance South Carolina carrots contain twenty times as much as California carrots and 85 times as much as Oregon carrots.

I recommend the universal use of iodized salt for cooking and for the table, in place of plain salt, but I do not think that is enough iodine for the body's needs. I do not advise the use of any tablet or any fancy iodine compound. But I am glad to send instructions for taking a suitable Iodine Ration to any correspondent who provides a stamped addressed envelope.

QUESTIONS AND ANSWERS

Chalazion.

Please write an article on chalazions. (A. Pan.) Answer—That is the name given swellings or cysts of the oil glands of the eyelids in the upper eyelid. The treatment is simple—surgical removal of the lump either through the lid or through the lining with the lid everted.

Chapped Knuckles

I suppose my work (dry cleaning) is the cause, but I wonder if you can recommend anything for chapping and cracking of the skin over the knuckles. (T. A. W.) Answer—Boil for an hour or so till all dissolved, 80 grains of tragacanth shavings, 3 drams of boric acid and one-half ounce of glycerin with a pint of water. Add water

for evaporation. A clear thin jelly is the result. Apply some to the chapped skin several times a day. Just before beginning work anoint the skin of hands with a little castor oil and lanolin, equal parts.

Old Folks Legs. Advice what I can do to prevent cramps in legs at night. . . (H. B. H.) Answer—Press toes against foot-board, or get out of bed and stand on toes, or take a level spoonful of saleratus with a drink of water.

Ed Note: Readers wishing to communicate with Dr. Brady should send letters direct to Dr. William Brady, M. D., 265 El Camino, Beverly Hills, Calif.

Flight 'o Time

(Medford and Jackson County History from the Files of The Mail Tribune of 20 and 10 Years Ago.)

TEN YEARS AGO TODAY July 14, 1923 (It Was Saturday) Community booth at Talent well patronized.

Sama Valley was left out when big rain fell. Record heat sweeps Oregon. President Harding will make a rear platform speech here on July 28.

Ticket sale for "Iolanthe," the fair-ground pageant starts. Labor shortage still prevails in valley, and is acute in Table Rock district.

Baby monkey is born at Foley and Burke carnival. TWENTY YEARS AGO TODAY July 14, 1913 (It Was Sunday)

Herbert Alford, son of Mose Alford, sang a baritone solo at the Ashland Chautauqua.

New vote to be taken on the official Medford rose. In the Fourth of July vote the Hugh Dickson rose won, but there seems to be a divided opinion among the flower lovers.

The W. C. T. U. of Oregon opens war on the X-Ray gown. Stockmen up in arms because they have to register their brands again.

"Dry Those Tears" at the Isis; "The Brave Cowboy's Demise," a Biograph western at the Ugo, and selected vaudeville and films at the Page.

General strike of 5000 trainmen is threatened on the Epee. The mercury registers 74 here, while the middle west boils.

Communications

A Concise Editorial To the Editor: Your editorial of a day or so ago on the "Sales Tax and the Farmer" is one of the most concise, understandable items explaining the sales tax that has ever been written.

If the "sales tax" is defeated it will be because people do not understand it, and a defeat will be nothing more or less than "cutting off one's nose to spite his face."

If this item you wrote as an editorial the other day could be broadcast throughout the state, there is no question but what the "sales tax" would carry by a big majority. Some determined effort should by some means be put forth to accomplish this. How anyone can keep from boasting for the "sales tax" is hard to understand.

By all means try to get your editorial broadcast throughout the state before voting time. Yours truly, V. D. MILLER, Ashland, Ore., July 13, 1933.

Urges Dry to Fight To the Editor: If a word may be said in regard to prohibition it would be appreciated.

On July 21 the people of Oregon vote on repeal of the 18th amendment; also, on repeal of same state liquor laws. The Presbyterian church of Cloverdale, Ore., urges all other churches of Oregon to wage a hard fight for prohibition in their communities be-

Ye Poet's Corner

Silver Lining Life wove for me a scombe coat With dull care bordered down And I, who love exquisite things Once wore it with frown.

But now the mellow tread of time This subtle knowledge brings, That deep beneath the hurst of life Some hidden beauty sings.

And so to find each shining thread I turn my coat about— To share its gleaming loveliness I wear it in-side out.

Pioneer Buried. BAKER, Ore., July 14—(AP)—Funeral services for Judge John Bohner, pioneer Baker valley resident, were held in the United Methodist church Thursday afternoon with a capacity congregation in attendance. Bohner, who was justice of the peace at Wingville for 20 years, died in a hospital here Tuesday.

CAMELO CLEANERS announce Free Delivery Service now with Harry Childs driving. Phone 1260 for better cleaning. Thanks.

In Back of Your Investment

In this association stands the integrity of capable and successful southern Oregon business men who direct and manage this institution. Our recent affiliation with the—

Federal Home Loan Bank

assures exacting FEDERAL supervision as well as STATE! This doubly insures the SAFETY of money invested in this successful, growing home-owned association.

We invite you to call and investigate further an opportunity to invest in this institution!

SOUTHERN Building & Loan Association

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Yours For A "Song"

That's a sweet-sounding phrase—but beware lest it strike a "sour" note. The moral? Inferior-grade meats are expensive at ANY price. Safeguard your good health—and buy high-grade meats at the LIBERTY MARKET—where quality is right-priced.

SATURDAY SPECIAL

Good Hens 45c Each

Colored Fryers—Hens—Rabbits Lunch Meats — For Your Picnics

The Home of Good Meats—Swift's gov't inspected Meats

LIBERTY MARKET

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FRESH FROM OUR OVENS— "Old Virginia GOOBER CAKE"

Price Today 20c 40c

New and different! Southern goobers baked right in the cake. The prize of old-fashioned Southern cooks. Get your "Old Virginia GOOBER CAKE" here and enter the \$225.00 Cash Contest conducted by NBC's "Woman's Magazine of the Air." (Ask us for details).

Honey Maid and Graham are two mighty loaves of bread.

2 for 15c

Model Bakery

Liberty Food Stores "The Home of Pure Foods" W. Main Liberty Bldg. Planning meals for these hot days is no easy task, but this cool, attractive food store offers many suggestions to tempt jaded appetites. Our clerks will be glad to offer you ideas regarding healthful diets for all kinds of weather. Alexander Grocery, Inc. PHONE 164 FREE DELIVERY E. F. ALEXANDER, Gen. Mgr. Tomato Soup, 3 cans 19c 1-lb. Pkg. Crisp Soda Crackers 15c 5 lbs. Battle Creek Pysilla Seed \$1.39 Van Camps' Pork and Beans, 4 for 25c Large Bottle Ritters Catsup, 2 for 25c Bulk Sour Pickles, pint 10c 1-lb. Pkg. Good Coffee 17c 55c value Peets' Granulated Soap 23c Bulk Tea, black or green, lb. 39c 10 Cakes White Wonder Soap 29c Mannings Coffee Battle Creek Health Foods