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An Answer to "Mr. Smith"

WONDER of wonders! The Mail Tribune has received an anonymous communication from a member of the Good Government congress, which isn't abusive, threatening or illogical. It is even signed "John Z. Smith", and post marked Medford, but as neither the city directory, telephone book, nor careful inquiry reveals any individual by that name, we conclude it was written by someone who insists upon anonymity.

The Mail Tribune doesn't print anonymous communications—nor any communication the author of which is not known—but we would gladly print this entire letter, if the writer would send in his—or her—name. For the communication stresses a point which we believe is important.

This point can be made clear by the following condensation:

"You continue to condemn members of the Good Government congress. Well I am a member and many of my neighbors are members. Continued attacks merely strengthen us in our purpose to stay in the organization and continue our fight for good government. We believe there is need for such an organization. We are as devoted to law and order, as opposed to violence and lawlessness as anyone. We believe a vast majority of the membership is, but they have been misled and betrayed by their leaders. We want new leaders and intend to get them—men and women who believe in the fundamental principles of the Constitution and Declaration of Independence upon which this country was founded, and are opposed to communism and the strong arm methods of communism, which the authorities here adopt. . . . You claim you want peace in the valley, but you will never get peace by continuing your abuse and persecution of the Good Government congress, but only prolong the dissension and strife, that you claim has done this community so much harm. Call off the dogs of war and you can get peace. . . . Let us all work together for better government—orderly and truly representative government in Southern Oregon."

The answer is the Mail Tribune does not now, and never has, opposed the Good Government congress, in so far as it is honestly and sincerely devoted to securing better government in this community. Conditions are not perfect anywhere, and there is always room for improvement, particularly in the direction of securing more competent and conscientious public officials, and raising the character and quality of the public service.

If our correspondent would look up the files of this paper, he will find that when the Good Government congress was first organized this paper welcomed such an organization, and remarked that if REAL good government was its purpose it would have the support of the Mail Tribune.

But from the very outset it was plain the Good Government congress, so called, was NOT devoted to good government, at all, but to the WORST sort of government, an absolute dictatorship by a small group of self interested and unscrupulous politicians, determined to rule or ruin. So we immediately opposed the organization, for we knew the ultimate outcome if not opposed could only be, what it finally proved to be,—virtually a reign of terror, culminating in crime, violence and bloodshed.

OUR correspondent is right when he declares, members of this congress, sincerely devoted to good government, were misled and betrayed by their leaders. John Z. Smith and ALL his "neighbors" should either have resigned at that time, or deposed those leaders, and not only tragedy for this community, but John's present predicament might have been avoided. But now because of what he likes to call "abuse and persecution" of Good Government members, he intends to stick it out, and sees no peace, unless "the dogs of war are called off."

THERE ARE no "dogs of war." As the situation now stands there is not even a battle between the mythical "gang" and the "congress." The issue is simply and solely between those who believe in a government of law and those who DON'T; between those who believe in bringing criminals to justice, and those who DON'T; between what every good citizen knows to be RIGHT; and what every good citizen knows—or SHOULD know,—is wrong.

THAT'S all. A murder was committed—cold blooded and wanton. Serious crimes have been committed, ballot burning and perjury. The point is no longer whether individuals guilty of these crimes, were, or were NOT members of the Good Government congress, or any other congress. The point—and the only point is—WHETHER OR NOT THEY WERE GUILTY OF THESE CRIMES AS CHARGED. And if so, for this community to see, that they are brought to justice.

Just as John Z. Smith and his neighbors, who believe in law and order, who believe in upholding the principles upon which this government was founded, should have repudiated publicly the leadership of their organization, WHEN that leadership betrayed them; so now they should condemn individuals guilty of such crimes, and should be aiding the regular law enforcement agencies in bringing them to justice instead of trying in every way to thwart them. For only by such action can they be true to the principles in which they profess to believe,—i. e. GOOD GOVERNMENT.

This duty is so plain, that it seems almost needless to call it to the attention of a person who can write as clearly and temperately as our anonymous correspondent.

SO OUR advice to John is to WAKE UP! As a sincere believer in good government—and securing better government—no one has any quarrel with him, or with his neighbors. As long as he remains true to the principles of good government he has nothing to fear. Moreover, if he wishes to form another organization, TRUE TO THOSE PRINCIPLES, that is his privilege.

But as a good citizen, or as a member of any good government organization, to directly or indirectly, condone crime; directly or indirectly oppose the attainment of justice, and punishment of crime, is NOT his privilege, and he should know it.

THE reason he doesn't know it, as we view it, is that he has fallen into the same error as the Portland papers. He still views the trouble down here as a sort of neighborhood quarrel, a rough-and-tumble fight between two political factions,—with no basic principles involved—other than which faction shall control.

It isn't that. It hasn't been that for a long time. It is simply a conflict between law and order on one side, lawlessness and violence on the other,—whether a government under the law shall be maintained; or whether such a government shall be broken down.

That's all. We have gone into this matter at some length with the hope,—faint we admit,—that we might show Mr. Smith and his neighbors, their mistake.

If they—and other sincere but misguided members of the Good Government congress—COULD be shown, then indeed our troubles here in Southern Oregon would be over.

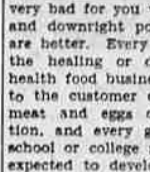
Personal Health Service

By William Brady, M.D.

Signed letters pertaining to personal health and hygiene, not to disease, diagnosis or treatment, will be answered by Dr. Brady if a stamped, self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady in care of The Mail Tribune.

EGGS, MEAT AND NUTS.

Eggs, meat and nuts are all nitrogenous foods, that is they contain considerable proportions of albuminous or protein nutrition. Yet somehow they are incompatible. Almost invariably nuts are opposed to the eating of eggs and meat as freely as one might wish. The nuts seem to interfere by intuition certainly not by physiology, that meat or eggs are very bad for you when they are good and downright poisonous when they are better. Every nut who goes into the healing or diet racket or the health food business bases his appeal to the customer on the theory that meat and eggs cause auto-intoxication and every graduate of a high school or college may be confidently expected to develop auto-intoxication when he has read two or three of the announcements of such a firm.



From auto-intoxication it is an easy flight to hardening of the arteries, or at least high blood pressure, complicated with rheumatism, neuritis and chronic opemria. Thus while regular physicians stand by and wait, the diet and health nut mulls his stuff and gets the trade.

The last remaining prop was knocked under this fancy that meat and eggs are bad for you by the actual test of the matter by the explorers Stefansson and Anderson. They subsisted for a year exclusively on meat, under constant study and observation by physiologists, chemists, nutrition experts, etc. and they finished in all-around better condition than they had been at the start. No mean task, living on nothing but meat. Try it for 34 hours sometime if you doubt it. If I had to do without one food material I'd prefer to do without meat. My notion of a hard life would be a diet containing no carbohydrates.

The Delectable Carbohydrates. In most cases of overeating the culprit gorges, not on meat, but on carbohydrates, that is, starches and

sugars. Bread, rolls, rolls mit leedle poppy seeds or other seeds, any other seeds but caraway seeds in 'em, crackers, cakes, candy, flapjacks and syrup, honey, ice cream, brown sugar, molasses, genuine French fry taters (NOT the travesty you get in most restaurants)—these are so easy to take in excess, easy to buy, easy to prepare, easy to nibble by way of pastime or as a social pleasure.

Since it is the delectable carbohydrates that are most likely to overindulge in, I would suggest that here is the place to make any restrictions in diet one may be disposed to make on his own, no matter what the trouble may be—high blood pressure, kidney trouble, rheumatism or just plethora.

Normal persons derive four-fifths of their energy from carbohydrate material when at rest. With activity the increased fuel demand is met chiefly by an increased appetite for or tolerance of carbohydrates. Even a diabetic patient can assimilate more carbohydrate if he or she has a good walk every day.

So keep your mind on the delectable carbohydrates when bent on restricting your diet, for reduction or any other purpose. Or rather, try to keep your mind off from them!

QUESTIONS AND ANSWERS. Maybe Schmidtly Will Tell Us. According to recent press publicity D. P. Schmidt of Berlin has measured the skin temperature of volunteers who have been thoroughly chilled by exposure. . . .

Stick around, old timers, this is going to be interesting, if true. . . . And he has found that those who recovered their normal skin temperature slowly after the exposure caught cold, the others did not.

Answer—Having settled that, will Schmidtly kindly tell us how he can tell when a person has a cold? That's a mystery which no physician or health authority on this side of the Atlantic even dares to attempt to solve. And while we are on the subject, it is fair to remind all concerned, no one has as yet found any evidence that lowering the temperature in the skin produces any illness.

Cider Redivivus. Cider preserved with one-tenth of 1 per cent sodium benzoate—W. L. S. Answer—One glassful might do no harm, but I should not advise drinking cider that has to be "preserved" by chemicals. (Copyright, 1933, John F. Dille Co.)

NEW YORK DAY BY DAY

By O. O. McIntyre

NEW YORK, June 1.—Some of the most acceptable poetry of the day is turned out by those who relegate verse to a side line. Margaret Flaback is an advertising copyist for a large department store. Ogden Nash couples a full-time poet with a firm of book publishers.

Samuel Hoffenstein sold himself "down the river" to Hollywood and Martha Wilchinski trumpets for a cinema cathedral. Selma Robinson conducts a publicity bureau and Edna St. Vincent Millay has become active on the radio. In sudden seizures of off hours they twang the lyre.

John Masfield and Edward Arlington Robinson are reputedly the more highly paid of poets. There is a steady market for their wares but they work by fits and starts. At times they spend many weeks in chase of a single fugitive line.

Poetry is not governed by the comfortable stocking-sole codes of prose and that's why material is usually unprofitable. The poet's chief fear is stagnation. Ever so often the flow of rhyme malevolently stops. And that's why poets grow unkempt, long haired and perhaps soulful!

Columbus Circle's bonfires of illusion burn more brightly than ever. Everywhere at night the scintillating mongers are screaming doubts over civilization. It is great fun for hecklers whose wit crackles livelier than others are talking. Suspicion at capitalism and religion flares like light from the yardarms of the bonfire torches. Everybody expects something to happen. Nothing does.

Often I try to locate in the circle the exact location of Faust's that used to glow so red for gourmands of another generation. It was somewhere on the northwestern curve and featured the supreme of puddings

In the first 18 months of operations of the only air service in Greece it carried 10,950 passengers, 257,000 pounds of merchandise and 17,500 pounds of mail.

Building activity in Czechoslovakia last year was greater than in 1932.

LOST 40 POUNDS ON DOCTOR'S ADVICE

"I'm a user of Kruschen Salts as a reducing remedy and can say they are fine. Have lost more than 40 lbs. In the past year. Am gradually reducing as my doctor advises." Miss Bertha Waldo, Haman, N. Dak. (Oct. 30, '32).

Once a day take Kruschen Salts—one half teaspoonful in a glass of hot water first thing every morning. . . . Gain in health and physical attractiveness—constipation, gas and acidity will cease to bother—you'll feel young—more active—full of ambition—clear skin—sparkling eyes.

A jar that lasts 4 weeks costs but a trifle at Jarmin & Woods, West Side Pharmacy or any drugstore in the world—but demand and get Kruschen and if one bottle doesn't joyfully please you—money back!

DANMOORE Hotel
 130
 This should be your Choice of Hotels

Because:

- The New Low rates make the DANMOORE the most economical good hotel. \$1, \$1.50, \$2, \$2.50. Special family rates.
- Nearly every room has a private bath.
- Women traveling unaccompanied receive every courtesy.
- Downtown location close to the stores, but not noisy.
- Dan J. Moore, formerly of the Moore Hotel in Seattle, owns and operates the DANMOORE personally.
- A. A. O. Office Opposite Hotel
- Opposite Terminal Sales Building
- TWELFTH AND MORRISON**
- PORTLAND**

HAVE YOU HEARD ABOUT THE NEW GOODRICH SAFETY SILVERTOWNS! 3 TIMES SAFER FROM BLOW-OUTS AT HIGH SPEEDS

YES... I'M GETTING A SET. LIFE'S TOO SWEET TO TAKE CHANCES

BLOW-OUT PROTECTION FREE!

Safest Tire Ever Built Now 3 Times Safer from Blow-outs at NO EXTRA COST!

HEAT INSIDE THE TIRE CAUSES THIS BANG!

LIFE-SAVER Golden-Colored Ply RESISTS HEAT PREVENTS BLOW-OUTS

WHEN you push the "gas" pedal down—the temperature inside your tire goes up. The heat becomes terrific—rubber and fabric begin to separate. A blister starts—grows—grows—inside the tire, where you can't see it. Then, when you least expect it—BANG! A blow-out! The tire flattens ; ; ; drags the car from the road ; ; ; and you're headed for trouble.

An Utterly New Kind of Tire!

To protect you from such accidents, Goodrich Safety Silvertowns are now made three times safer from blow-outs by the amazing new Life-Saver Golden Ply! This remarkable invention resists internal heat—keeps rubber and fabric from separating—prevents blisters—keeps you safe by eliminating the cause of blow-outs!

In grueling tests on the world's fastest track, this new Silvertown, with the Life-Saver Golden Ply, lasted three times as long as first quality tires that did not have this feature. These SILVERTOWNS never blew—because the Life-Saver Golden Ply refused to give!

Safest Anti-Skid Tread

But that isn't all. Scientific tests with leading makes of tires prove that Goodrich Safety Silvertowns have the most skid-resisting tread on the road. Even on wet, slippery pavements, the squeegee drying action of this famous tread gives you extra road-grip and reduces danger of skidding to a minimum.

Come in and let us show you this remarkable tire that is three times safer from blow-outs at high speeds. Remember—this amazing protection is FREE. For Goodrich Safety Silvertowns cost no more than other standard tires.

FREE! This handsome Safety League emblem with red crystal reflector to protect you if your tail light goes out. No obligation. Just join the Silvertown Safety League—come in today. Actual height of emblem, 5 1/4 inches!

The NEW Goodrich Safety Silvertown WITH LIFE-SAVER GOLDEN PLY

Lewis Super Service Station
 Eighth and Front — Next to Hotel Jackson — "We Never Close" — Phone 1300

Ye Smudge Pot

Kelso, Wash., is afflicted with Young Communists, who demand the right to raise hell without interference from constituted authority. . . .

STATE OF THE UNION (Higginsville, Mo. Advance) The Lions Club met Wednesday night at Lerman's Cafe and after hearing a short discussion on some way that Congress might ease the Depression, and hearing a report on the Boy Scout cabin being erected at the fair grounds, they adjourned.

An Italian aviator announces his intention to fly across the Atlantic Ocean and land in Egypt. . . .

The Older Girls, owing to the advent of summer, are wearing around the house what would be a Mother Hubbard, if it was not called something else. The garment, whatever it is, looks more like a Mother Hubbard than a man looks like a deer.

The police yesterday arrested a man who was so drunk he would not try and drive his auto.

Tourists are not very plentiful, but what do show up look like they would not have to borrow any gasoline from the county to get back home.

The hole for the new H. Flewher bakery is completed and is a much better hole than the majority of the population think they are in.

The senior class of the ha. has crossed the bay, and the open sea lies beyond, and will at once take up a position in the rear ranks in the battle for pancakes.

A freight train went thru Wed. pm. catching a lot of 4a unawares before they could endeavor to knock the locomotive off the crossing.

Picnics are the order of the day, the picnickers coming home cursing the ants for getting in the butter. Solomon advised the sluggard to do as the ant, instead of loitering around a bank corner gazing peevishly at his fellow men.

The Salem Statesman editorially congratulates itself and journalism in general on the fact that no editor received any favors from J. Pierpont Morgan, the Wall St. wretch and plutocrat. This is justifiable grounds for condolences instead of congratulations, but from all that can be read of the liberality of Pierp. it was the editors' own fault.

E. (Flea) Davis has rtd. from a sojourn in Calif., arriving here two days after the first earthquake story.

A miner was in town the first of the week, with 10 gold nuggets and a pill bottle full of gold flakes, complaining bitterly because Whiskey Creek was not another Yukon River.

Young men are arriving from the east and going into the woods, which every two years are full of candidates. This year they will have nothing to contend with but wild creatures. 2nd looks rugged terrain, and the natural disadvantages of the high spots.

HAPPY DAYS TO BE
 There will then be no long, lingering, painful illnesses, no slow decline with gradual loss of mental and physical function. Instead, whether it is 11-year-old Johnny or 73-year-old grandma who is to pass on, the event will take place with a dash and verve. One moment the candidate for dissolution will be in full career perhaps two or three miles up in the air, or in some wonderful, beautiful factory of swiftly sliding, quiet, steel wheels and levers, and the next, with a dramatic riah and bang, will be in eternity. No one will ever be quite certain of living out the day; everyone will stand a fair chance of living to be 150; a mood of adventure and gaiety will doubtless settle down upon the world. The doctors, of course, will starve to death, though the surgeons will contrive to eke out a living; and on the whole the prospect is a very pleasing one—Independent.

Electric heating has been installed in the cells of the new jail in Chester, England.