

Hester Heath, Famous Home Economist, Presides at Tribune School

NEW, INTERESTING RECIPES WILL BE PRESENTED DAILY

'Happy Kitchen' Exponent to Give Women of Medford Region Short Course in Cookery—Starts 2 P. M.

Tomorrow is the big day for Medford women—bringing The Mail Tribune's long-awaited cooking school—the most different kind of a cooking school imaginable.

Miss Hester Heath, who is a home economist of note and a practical cook, will be in charge of every session. She will cook dozens of attractive, well-planned recipes and menus in her "happy kitchen."

There will be splendid cookery programs, new and interesting recipes, short cuts in baking, modern ideas on home management—a regular "kitchen laboratory" where you can discover and learn to prepare delicious and healthy dishes.

Uses Modern Aides.

Miss Heath uses the latest and most modern appliances in her programs—a modern automatic refrigerator, a range with the automatic oven regulator control, and a large assortment of small handy utensils she carries with her in her own equipment.

She declares, however, that simplicity in both materials and methods will be the keynote of her "happy kitchen" programs, as she believes that most housewives are more interested in the homey every-day practical problems.

Miss Heath says that one of the greatest tests of an efficient housewife, as with a business man, lies in her capacity to meet an emergency. "Of course," says the ingenious cook, "it is a great help to have an emergency shelf, but even if there is no emergency shelf to fall back on, there are innumerable ways of stretching salads 'made for two,' to accommodate four; and 'doing things' to two chops so that everyone will have plenty."

New Recipes Planned.

New recipes, ways to make the old dishes look different, little tricks to brighten and lighten the home maker's task—all will be given at The Mail Tribune's cooking school.

Each day's program will be entirely different and no housewife should miss a minute of the entertaining demonstrations. There will be many distinct and separate dishes made by Miss Heath right on the platform before the audience and you won't want to miss a one.

There is no obligation or charge whatever. The Mail Tribune invites each housewife to be its guest. The first session starts tomorrow at 2 p. m. promptly. Plan to be there early! Ample seating facilities are ready in the Craterian, and everything is set. Let's go!

Will Conduct Cookery Lessons



HESTER HEATH

Known throughout the west as a home economist of outstanding ability, Hester Heath has been secured to conduct The Mail Tribune's free cooking school this week. Her cooking schools have appealed to all housewives, regardless of their home cooking facilities. . . . Medford and Rogue River valley women will like Miss Heath . . . her pleasing personality and her ability as a demonstrator will win the enthusiastic approval of everyone here! "Hester Heath" is her professional name, and women here will remember her as Clara Miller Sexton, who conducted a Tribune school here in 1928, as well as the conductor of the very successful school at the Holly last March.

WOODEN BOXES WILL BE URGED FOR SHIPMENTS

Medford has joined in a campaign to promote the consumption of lumber through an increased use of wooden boxes, it was announced today by the chamber of commerce. The program of the National Wooden Box association has been endorsed by the board of directors here.

The purpose of the organization is to effect a united and coordinated effort on the part of managers of the lumber and woodworking plants and their employes, chambers of commerce or other civic organizations, as well as wholesale and retail merchants in each community in southern Oregon and northern California. The campaign will be carried on in communities, wholly or partially dependent upon the lumber and woodworking factory payrolls for the financial welfare of their cities. They will be asked to use every legitimate means to induce packers, manufacturers and distributors of all kinds of merchandise to ship into their communities in wooden containers.

The organization is entitled "Woodworker's Trade Promotion League."

A complete program is outlined by the national association, providing for the selection of officers and committees. Lists of merchandise which can be obtained in wooden boxes or containers, will be prepared and lists of merchandise which cannot be secured packed in wood. The latter list will be used in soliciting support for the move. The companies will be asked to cooperate in the campaign, which will be thoroughly explained in letters, sent out from the district headquarters.

Endorsement of the program was made here in view of the importance of the lumber industry to this section.

Shoe production in the United States in January was 6 per cent above that of January, 1932.

Real estate or insurance—Leave it to Jones, Phone 896.

Broken windows glazed by Trowbridge Cabinet Works.

Completion of the International automobile highway which would connect Latin America with the Arctic circle would cost an estimated \$14,000,000.

JOHNSON TO HANDLE PUBLIC WORKS JOBS

WASHINGTON, May 30.—(AP)—Hugh S. Johnson, already slated to administer the extraordinary industrial control legislation, was named authoritatively today as also in line to direct its companion measure—the \$3,800,000,000 public works employment program.

Until today, Johnson has had a small office in the state department near that of one of the president's closest advisors, Assistant Secretary Raymond Moley.

Mrs. Frederick Lands Salmon

To Mrs. D. O. Frederick go all honors this week from the fishing ranks. She landed a 20-pound salmon at Tahoma park, one mile below Savage Rapids dam, and didn't have to call

MUST FILE SOON FOR POWER COMMISSION

SALEM, Ore., May 30.—(AP)—Candidates for election to the new state power commission, created by the Grange power bill passed by the legislature, have until Wednesday night, May 31, to file, it was announced today by the secretary of state.

To date no candidates have filed for positions, due to the move to refer the bill to the people. Should completed petitions for the referendum be received prior to June 9, the measure will be held up and no commissioners voted upon, until after the measure has been approved June 9.

Three members are to be elected by the state at large under the act.

for help. Mrs. Frederick reports the fishing there very good in explanation of her first class luck.

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The management of this strictly modern, sanitary Meat Market takes pride in offering Southern Oregon housewives the highest grade meats available. The Economy sells prime steer beef at all times . . . and quality considered, the prices are lower.

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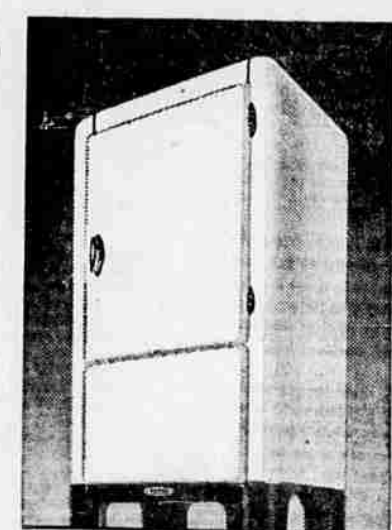


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Sell you a less modern refrigerator than this NEW NORGE?

NOT after you have seen the New Norge—with its new conception of beauty that makes all other cabinets obsolete—its new door latch that opens at a touch—its Rollator mechanism that gives you more cold than you'll ever need, even in highest temperatures—the Norge that has never used more current than one ordinary light bulb.

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MONARCH Equipment will be used during the Medford Electric Range School May 31, June 1-2

—at—



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"increase cooking speed and reduce cooking costs," with MONARCH'S "Hi-Efficiency Units"—Heavily insulated "Speed Oven" and dependable Oven Temperature Control.



- Speed
- Safety
- Economy
- Accuracy
- Coolness
- Cleanliness
- Convenience
- Dependability

These Vital Factors Determine the Advantages of Modern Electric Cookery