

**MEDFORD MAIL TRIBUNE**  
 "Everyone in Southern Oregon reads the Mail Tribune"  
 Daily Except Saturdays  
 Published by  
**MEDFORD PRINTING CO.**  
 25-27-29 N. 3rd St.  
 Phone 75  
 ROBERT W. BURL, Editor  
 E. L. SHAW, Manager  
 An Independent Newspaper  
 Entered as second class matter at Medford, Oregon, under Act of March 3, 1879.  
 SUBSCRIPTION RATES  
 By Mail—In Advance  
 Daily, year, \$5.00  
 Daily, month, \$1.00  
 By Carrier, in advance—Medford, Ashland, Jacksonville, Central Point, Phoenix, Talent, Gold Hill and Co. Hills.  
 Daily, month, \$1.00  
 Daily, one year, \$10.00  
 All terms, cash in advance.  
 Official paper of the City of Medford.  
 Official paper of Jackson County.  
 MEMBER OF THE ASSOCIATED PRESS  
 Receiving Full Landed Wire Service  
 The Associated Press is exclusively entitled to the use for publication of all news dispatches credited to it or otherwise credited in this paper and also to the local news published herein. All rights of publication of special dispatches herein are also reserved.  
 MEMBER OF UNITED PRESS  
 MEMBER OF AUDIT BUREAU OF CIRCULATION  
 Advertising Representatives  
**M. C. MOGENSEN & COMPANY**  
 Offices in New York, Chicago, Detroit, San Francisco, Los Angeles, Seattle, Portland.

### The Community Chest

THE collapse of the Community Chest this year, is symptomatic of the times. For several seasons the Community Chest members worked in harmony, and the people of this community were relieved of countless drives, and the annoyances attending them. Duplications of effort were avoided, and funds collected were distributed where most needed.

But this year there was friction and dissension from the start. The spirit of give-and-take evaporated; cooperation dwindled; differences of opinion became so extreme and unyielding, that an impasse was reached, and it was decided to abandon the Community chest entirely.

THIS outcome we regard as extremely unfortunate. But the harm has been done, it is too late now to undo it. There is no escape from a series of drives for the various relief and character building organizations.

The only consolation is that after this year's experience, WITHOUT the Community Chest, public opinion may be so aroused, and the value of unified and cooperative effort so plainly demonstrated, that the Community Chest will be revived, next year, with such strong popular support, that its retention will be permanent, and its success CERTAIN.

### It Must Be Done!

SO-CALLED character-building organizations are important, and we agree with those who would regard abandoning them ENTIRELY, as extremely unfortunate.

On the other hand, the approaching winter in this community and every other, promises to be an extremely critical period, from the standpoint of the unemployed and their families.

Providing food for those without it; providing warmth and shelter for families unable to provide it for themselves; is an INESCAPABLE SOCIAL OBLIGATION.

This paper feels very strongly that relief work should be the first consideration,—and people in a position to give, should concentrate upon providing it. For people without food and shelter, not only provide the major humanitarian problem, they represent a genuine civic danger.

If this duty can be fully performed, and sufficient resources remain to keep the character building organizations functioning, WELL AND GOOD. But if this CAN'T be done, then we feel, the latter, RATHER than the former should be sacrificed.

AS we understand it, there is a plan afoot, to place relief work on the city and county tax rolls next year, thus dispensing with voluntary contributions. There is much to be said in favor of such a program, but obviously it can't be effective this year,—or next year—UNTIL tax money is available.

The local relief problem, in other words, is an IMMEDIATE one. To carry our suffering and unemployed through the coming winter, is a duty that must be performed, and must be financed NOW.

This relief work centers around the Red Cross, and this is a plea for the people of this community to prepare now, to give this organization, that generous financial support which it DESERVES,—and local conditions DEMAND,—when its solicitation for funds, starts about two weeks hence.

### Ill-Will Never Pays

THIS spirit of dissension and dissatisfaction, which wrecked the Community Chest, is undoubtedly a product of the depression. People are disgruntled, their nerves are on edge. The destructive results are noticeable in all walks of life, in all departments of human activity,—private and public, domestic and political. This is no time to launch endeavors, which depend for their success upon harmony and good will.

The presidential campaign is nearly over. Putting all political partisanship aside, it is our considered conviction, that no President in this nation's history, ever more clearly DESERVED re-election—a vote of gratitude and confidence from the American people,—than does President Hoover. We don't believe we are yielding to an unreasoning partisanship when we maintain, that in the light of facts as they EXIST, conditions as they ARE,—the Republicans never had a stronger candidate or a stronger case; the Democrats never had a weaker candidate or a weaker case.

Were economic conditions, or our national psychology, normal, there would, in our judgment be no question, about the result. But conditions are not normal, the national psychology is warped and twisted.

As a result the outcome from a Republican standpoint, at best, is in doubt. Not because so many American people want to vote for Roosevelt,—there is no enthusiasm for him even among his most ardent supporters,—but because so many want to vote against conditions as they are, and give vent to a blind but deep-seated, resentment.

THIS we regard as extremely unfortunate, not so much from the standpoint of President Hoover and the Republican party, as from the standpoint of the country and the people in it.

OUR idea, was more clearly expressed by a cartoon on this page a few days ago, than anything we have said, or can say, about it. That cartoon represented Mr. Average Voter, swinging a hammer marked "Protest vote", that knocked down the pin, in front of him, and simultaneously released a mechanical boot, that gave him a swift kick, in the rear. There you have it! The lesson is plain. In fact we doubt if ill temper and blind resentment ever injures the victim, as much as the individual who yields to it. But, it is so much easier to see that truth (like other Christian truths) AFTER the event, rather than BEFORE!

**King Insulted By Red In Parliament**  
 SOFIA, Bulgaria, Oct. 28.—(AP)—A communist cry of "Down with the fascist government!" interrupted a speech by King Boris today at the opening of parliament. Ushers surrounded the monarch who had shouted and ejected him while the rest of the deputies cheered. The other communist members walked out in protest and the king finished his speech.  
 PORTLAND, Oct. 28.—(AP)—Herman Enke, 70, for many years active in business here, and president of the Enke City Dye works, died at his home last night. He had been ill two years.  
 Select Utah Coal \$13.50 per ton off car—due Oct. 28. Med. Fuel Co. Tel. 831.

### Personal Health Service

By William Brady, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady in care of The Mail Tribune.

#### REST VERSUS EXERCISE FOR GALL - BLADDER

More important than any question of medicine, diet, massage, manipulation or surgical technic in a great many cases is the problem of prescribing and enforcing the right degree or kind of exercise or rest.

When a physician does not rest he doesn't mean what the layman thinks he means. To the physician rest may mean a special posture, a plaster splint, a drug to relax accommodation, selection of food which is completely digested in the stomach or little or not at all digested there, breast or belly breathing, mutter, fasting or an oil. These remedies, so lightly taken by laymen, cause contraction of the gall-bladder and ejection of bile or an attempt at ejection, and the contraction increases the colic or pain, without accomplishing any benefit greater than an ordinary meal would produce.

The colic or pain associated with gall-bladder inflammation, whether there are gallstones or not, is chiefly due to contractions of the gall-bladder and bile passages. Besides saline laxatives and castor or olive oil, we know that the ejection of chyme (digesting food mass mixed with acid gastric juice) into the duodenum produces such contraction, especially food containing considerable fat, such as yolk of egg, cream, butter, animal fats, olive oil. And we know that anger produces such contractions.

There is still another reason why persons with gall-bladder trouble should avoid the foods mentioned and certain other items to be mentioned presently. These foods contain considerable cholesterol, a fat-like substance which enters into the composition of most gallstones. Besides the fats named, liver, brains, peas, beans and wheat are rich in cholesterol. If you are subject to chronic low-grade cholecystitis it will do you no harm to get your carbohydrates (starches or sugars) from other items than those named, and to play the role of Jack Spratt, that is, take the lean and give your other half the fat or the cream.

Nothing said here about rest for the sick gallbladder is to be construed as an injunction against belly breathing. Belly breathing is beneficial in every conceivable liver or gall-bladder trouble except only cases that put the patient in bed with the doctor. Patients as ill as that should ask the attending physician about belly breathing. If he smiles about it, you tell him, with my compliments, that it is at least as helpful as any other bit of hocus-pocus we physicians can offer.

#### QUESTIONS AND ANSWERS

**Diathermy Method Not For Crooners.**  
 Speaking of the diathermy method of extrating tonals a physician says: "How different some of the throats one sees after diathermy—no torn pillars or disfigured throats, such as we see after the old surgical method. I have treated several patients who have been able to sing in church, in radio programs or concert the same day. One patient plays the flute in an orchestra and the diathermy treatments never interrupted his work. I have also had patients play on the saxophone— heaven forgive them—while they were under treatment."

**Answer—There's one great drawback about the diathermy method which the old-timers who still hack 'em out by the old Spanish method ought to use to frighten patients who would like the modern way—diathermy doesn't compel the crooners to miss any performances.**

**Belly Breathing**  
 Your Belly Breathing proved the very thing I needed. For one thing it has cured the constipation with which I had suffered for years . . . (S. D.)

**Answer—I am glad to know it, but I do not suggest belly breathing for that purpose. It may improve intestinal indigestion by the massage effect it has on the liver and the biliary apparatus.**

**Communicable Disease in School.**  
 Now is a good time to warn parents of the dangers of catching communicable disease at school. Especially children.

**Answer—Can't make much headway. Too many old fogey health officers still teaching that bad weather or exposure to cold or wet feet has something to do with such ailments. Too many ignorant teachers and principals of schools urging that "more cold" is no reason for absence. Too many selfish parents who send children to school when they obviously have symptoms which should exclude them.**  
 (Copyright, John P. Dille Co.)

### Flight 'o Time

(Medford and Jackson County History from the Files of The Mail Tribune of 20 and 10 Year Ago.)

**TEN YEARS AGO TODAY**  
 October 28, 1922.  
 (It Was Saturday)  
 City and country full of political orators as bitterest campaign in history of state comes to close.

Water is the issue in city campaign.  
 Snow storm rages over Middle west. Warm sun shines over the valley.  
 Many Medford people to journey to Crater Lake Sunday, to see the scenic wonder in her winter dress.

Alexander Powell, famous lecturer to visit city soon.  
 Bernard Hughes, a grade school boy, sustains a badly skinned nose in a football game. (Now U. of C. center, and former Medford high star.)

Medford high school football team defeated OAC rivals in the last minute of play 20 to 14, at Corvallis. Coach Eddie Durno and his men to get a royal welcome home.

Police warn boys they must not be destructive on Halloween.  
 L. M. Sweet of Beagle, writes a letter to the editor deploring "political rough stuff, by both sides of the argument."

A candidate for the legislature protests his war record is assailed.  
 Report that dozens of Jackson county Republicans will desert their party to vote for Walter M. Pierce.

### Laying Hens Race to Duck the Sunshine

But L. C. Beall, Jr., Knows What to Do

Western poultrymen are well acquainted with the pedigree S. C. White Leghorn stock bred by Mr. L. C. Beall, Jr., of Tachon, Washington, or one a laying hen containing N.P.C.C. XX concentrated Vitamin D in it—a vital essential for layers' health and top production in summer.  
 Mr. Beall, Jr., says: "In very warm weather a bird won't stay out in the sunshine unless she is forced to and she is uncomfortable. They enjoy the sunshine but it is a question as to the amount of ultra violet rays received by them, particularly during the late summer months when the atmosphere is quite full of smoke, thus prohibiting the ultra violet rays passing through. We consider the N.P.C.C. XX cheap insurance in keeping up the summer production."  
 Mr. Fader, Western Manager of N.P.C.C., assures readers of this paper real information if they care to write for a special literature folder telling "What is True" of Poultry Husbandry Say About Feeding Vitamin D. "If you're not a poultryman—show this ad to your neighbor who is. It's a real winner. No charge—no charge—no charge. Address letter to N.P.C.C., 454 California Street, San Francisco.

### WHAT? DON'T YOU WANT TO GET RICH QUICK?



Since that time I have done a lot of thinking. In my opinion these accidents would be prevented in almost every case if the hunters were using dogs in hunting deer. I believe that had there been a dog in each hunting party where a man was killed, that both men would be alive now, for the man who did the shooting would have reasoned like this: "If this is a deer or bear it is strange I don't hear the dog. I had better not shoot yet." In all probability the man who did the shooting would have seen the dog before the man in the brush came into view. A dog will also warn other hunters in the same neighborhood that others are near. California has proven that using a dog is in no way a menace to deer hunting, but instead tends to increase the deer, because the hunters do not kill nearly as many female deer when hunting with a dog. When a dog jumps a deer, it runs with its head up to listen, trying to locate the dog. The hunter can see at once whether or not it has horns. But when a man jumps a deer, it runs with its head down in front of its body, and in the brush, and the hunter shoots, hoping it has horns, but often finds that he has killed a doe or maybe a man.

I have studied this subject from all angles and will say that I don't believe there is one sound reason that is based on facts, why hunting deer with a dog is wrong and should not be allowed. But there are many reasons why deer should never be hunted without a dog.  
 C. R. BENNETT,  
 Cental Point, Oct. 25.

Speaking at each place begins 8 p. m.  
 Jas. W. Mott, candidate for congress, speaks at the Gold Hill and Ashland meetings. Two or three good speakers will be at all the other meetings.  
 The Ashland Scotch Kilty band will play at each meeting at 7:30 p. m.  
 The republican candidates will attend each meeting and be introduced.

### Schedule of G.O.P. Meets in County

Eagle Point, Grange hall, Friday, Oct. 28.  
 Gold Hill, Odd Fellows hall, Monday, Oct. 31.  
 Ashland, city hall, Tuesday, Nov. 1.  
 Applegate, Grange hall, Wednesday, Nov. 2.  
 Wimer, school house, Thursday, Nov. 3.  
 Butte Falls, Woodmen hall, Friday, Nov. 4.

**Severin Battery Service**  
 Medford Made Batteries  
 6-volt, 12-plate, 1 year guarantee, \$3.50  
 Re-charge 50c. Our Make 25c  
 Re-wound armatures \$1 up  
 1522 N. Riverside Phone 1338



### .. and get the FINEST, too!

Buy tea for flavor and be thrifty. Buy tea for price and be extravagant! Unless cheap tea delivers the flavor you prefer, you are depriving yourself of real tea enjoyment without any real saving . . . Lipton's



**LIPTON'S**  
 YELLOW LABEL  
 TEA  
 for your money's worth

### HOTEL ALLEN

Attractive Winter Rates To Permanent Guests

Rooms Without Bath  
 1 person, per week \$4  
 2 persons, per week \$6  
 Rooms with private bath  
 1 person, per week \$6  
 2 persons, per week \$8

Hot water day and night. Steam Heat  
 East Main Tel. 800

Prince Auto Electric Shop  
 1740 N. Riverside Phone 835-30  
 6-volt, 12-plate Battery \$3.50  
 1-yr. guarantee .50  
 Prince made Battery, recharge .35  
 All others .50  
 Generators and starters \$1 and up