

CULINARY CRAFT....

By Estella Dorgan, Director of Home Service, California Oregon Power Co.

A MEAT LOAF IS CONVENIENT

Cool, refreshing meals are in order these first warm days. True, we should be careful to have at least one good, warm meal a day but there are times when a salad, a slice of well flavored meat loaf and bread and butter, followed by a glass of cold milk seems to be just perfect. So, let's consider meat loaf as possibilities today. Have you ever noticed that meat loaf seems to mean only one combination in many homes? The same flavor every time! In fact, it is a habit rather than an accomplishment. Here are some surprises that will delight everyone.



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Veal Loaf
3 lbs. veal.
1/2 lb. salt pork.
1 cup bread crumbs.
1 egg.
1/2 cup milk.
2 Tablespoons melted butter.
1 teaspoon salt.
1/2 teaspoon poultry seasoning.
1 tablespoon onion.

Put the veal and salt pork through the meat chopper then add the other ingredients, mixing well. Bake in greased pan 2 hours at 350 degrees.

Veal Loaf No. 2
2 lbs. veal.
1 small onion.
1 teaspoon celery salt.
1 cup cooked salad dressing.
1 tablespoon minced parsley.
1 tablespoon prepared mustard.
10 stuffed olives, chopped.

Put first four ingredients into kettle with just enough water to cover and cook until the meat will fall from bones. Cool and bone the meat, saving the hulled water. Put meat through chopper and add remaining ingredients, mixing well. Mold and place in pan to set. Place in refrigerator until ready to slice.

Ham Loaf
1/2 lb. smoked, ground ham.
1 1/2 lb. ground pork.
1 lb. ground beef.
3 eggs.
1 cup rolled oats.
1 teaspoon salt.
1/2 teaspoon pepper.
1 cup milk.

Combine all well and bake 2 1/2 hours at 350 degrees.

Meat Loaf
1 lb. beef.
1/2 lb. veal.
Small piece of suet.
1/2 lb. bread.
1/2 cup walnuts.
6 slices bacon.
1 teaspoon salt.
2 eggs.
1 tablespoon minced onion.
1/2 teaspoon celery salt.
4 tablespoons catsup.

Put meat and fat through chopper. Beat eggs well, add meat, nuts,

seasonings, catsup and bread, soaked in water and squeezed dry. Mix thoroughly, form into a loaf in greased pan. Cover with slices of bacon and bake at 350 degrees for 1 hour and 15 minutes.

Meat Loaf
1 1/2 lbs. beef, ground.
1 lb. veal, ground.
1/2 lb. pork, ground.
1 cup bread crumbs.
3/4 cup condensed milk.
2 tablespoons onions, chopped.
2 tablespoons green pepper, minced.

2 tablespoons celery, chopped, salt and pepper to taste.
3 strips bacon.

Combine all ingredients well and shape into a loaf. Bake in greased pan with strips of bacon across top of loaf, 350 degrees, 1 1/2 hours.

President's Meat Loaf
1 lb. pork.
1 lb. veal.
6 eggs.
1 can pimientos.
Salt, pepper.
Onion juice.
2 tablespoons gelatin.

Cook meat until tender, seasoned with salt, pepper and onion juice. Put through meat grinder when cooked until ready to fall from bones. Hard boil the eggs, separate and put whites through grinder first, then the yolks. Grind pimientos and keep separate. Soak gelatin in 4 tablespoons of cold water and, when dissolved, add to hot meat juice. Combine with meat. Arrange in layers in pan, meat first, next pimientos, then yolks, then whites. Chill before serving in slices.

Mrs. Estes Gives Marmalade Recipe For Gooseberries

A recipe for gooseberry marmalade, which she has developed and feels many housewives will find an easy and very tasty one, was given the Mail Tribune today by Mrs. C. F. Estes of the Tiny Tavern, Talent, for publication.

It contains the following materials and instructions:
4 lbs. gooseberries
4 lbs. sugar
1 pint walnut meats

Put gooseberries through food chopper. Pour sugar over berries and let stand several hours or over night. Bring to a boil and cook for five minutes. Then strain out all the pulp by putting through a colander. Put juice on stove and boil down until it will jell when dropped from a spoon. Pour over the pulp and add the broken nut meats. Put in jelly glasses and cover with parowax.

Oregon Weather
Fair in east and cloudy in west portion tonight and Saturday; moderate temperature; moderate north-west winds offshore.

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All hair cuts 25c; shaving 15c. Grand Hotel Shop.

Crystalglow-Kodak glass supreme The Peasley's, Opp. Holly Theater.

Real Estate or Insurance—Leave it to Jones. Phone 798.

You can get a first-class haircut at Hotel Medford Barber Shop for 25c.

CREDIT SYSTEM FOR NEEDY HAS NEW FEATURES

PORTLAND, Ore., June 3.—(AP)

Government appropriation to launch a letter of credit system that would enable needy citizens to obtain food is seen in a business-like relief plan by L. B. Sandblat, Portland attorney.

Sandblat, member of the Oregon delegation to the Republican national convention, advocates legislative action to permit the government to issue letters of credit in return for promissory notes signed by needy citizens. These letters would be exchangeable for food at stores and the food dealers would use them to pay the wholesalers. They, in turn, would receive 25-year government bonds in exchange for the letters. The bonds, which would bear 2 per cent interest, would serve as a medium of exchange just as money.

Sandblat said his plan could be administered in the field by the postoffice department without extra cost to the government.

Communications

Anonymous Letters.

To the Editor:
I am sorry to have to ask you to publish the enclosed item, but it seems to be the only way to reach the guilty party. My daughter has received four of these letters and several other highly respected parties of Medford have received letters from the same source.

Please do not publish my name. The letters are written by a party in Medford.

To the writer of anonymous letters: If you will come out in the open and state your pet grievance you will confer a favor on the parties receiving your letters. Any one that is too much of a coward to sign their name to a letter is neither honest nor intelligent.

(Name on File)

Thanks Supporters.

To the Editor:
Please allow me space to extend to all loyal friends my sincere thanks for their support in the recent primary. Upon all others, I bestow my richest blessings for all courtesies shown me.

L. M. SWEET.

Thanks the Voters

To the Editor:
Please express to the many friends

BUY cane sugar refined in U.S.A.
Help home industry

my appreciation for their support during the recent primary election. RALPH BILLINGS.

Something Must Be Done!

To the Editor:
In view of such arguments as are advanced by a certain correspondent in yesterday's Mail Tribune paralleling a recent editorial in your column the crux of which was stick to your job and smile the present writer thinks it is time some one else "takes exceptions." Take the cut and smile may be sound logic for workers who even though their pay be cut to the mere existence level or lower, though I doubt it; it may apply to those business men who still have some business, though I swear they will deny it; it may sound logical to those landlords who are still able to collect enough rent to keep them eating three times a day, though I am not prepared to concede that either, and I think some of them would deny that, too.

I speak now for the class to whom the depression is not a theory, nor a psychological condition to be smiled away or to be combated by soothing soporatives, but a real and pressing need.

Let us look the stark facts in the face. There are in this fair land alone, as anyone can ascertain by a little investigation, millions now unemployed and most of them in dire need with no prospects for the future. Latest reports from the American Federation of Labor who, by the way, get most of their figures from the government department of labor, place the number of unemployed at EIGHT MILLION normal wage earners. Let no one tell you that Medford has not its normal pro rata. As a solicitor on the Muncie drive in this city and through other contacts made this spring, I have had ample opportunity to find out. Even more distressing is the fact that this army seems to be growing even now that it is summer, and the season of normal increasing activity. It is a vicious cycle. Cut wages, lay off more men, decrease buying power, paralyze more business, and then cut wages again and lay off more men. Where and when is it to stop? Relief funds are exhausted. Congress fiddles. Meantime the summer is being wasted and another winter, grimmer and

more devastating will soon be here. What are the relief committees, if any, going to do then? What can they do? Kid the public, kid the unemployed? Give them a stone when they cry for bread in the form of useful employment, or WHAT?

How to end it all? Don't ask me? The subject is too deep for me to try to solve within the limit allowed by your paper even could I attempt that which our best minds and erstwhile army of efficiency experts dare not answer.

Repeal of the 18th amendment might help. It ought to if there is anything in the psychology idea and considering how many people one meets that are convinced that it will help. Exemption of taxes on homes would undoubtedly help a lot in the humble opinion of the writer and LOTS of others. You would be surprised. Reduction of the hours of labor, both the hours per day and the days per week as constantly and vehemently urged by the American Federation of Labor would help enormously. Let us DO something. I am for anything constructive.

FRANK L. APPLIGATE.
Medford, June 3.

"It's India Tea... there's more to it!"

Your grocer will tell you... any one who has tried India Tea will tell you "there's more to it!" It's richer! More satisfying in flavor! It has "heft!" Strength! It's not weak and watery like the common garden varieties of tea. It's a real drink! India grows the finest tea in the world. To get genuine India Tea, look for the Map-of-India trademark (below) on every package of tea you buy!



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★ FREE: New tea recipes! Novel Tea punches for parties. Delicious tea desserts. India Tea Bureau, Dept. O-6, 82 Beaver St., N. Y. C.

IT'S YOUR BIRTHDAY

IT'S YOUR PARTY

a host of thrilling bargains awaits you

We won't take your time, folks, to tell you how proud we are to be five years old, we think about the best way we can show our appreciation for your patronage and goodwill in the past, is to say "Read this advertisement!" Giving advice is a thankless job, but right now we wish we could talk to you man to man and personally urge you to take advantage of these sale bargains. No one knows better than we what a lot of money it takes, even with careful watching to buy food and clothing for a family... to pay the rent, send the children to school and fix up the house from time to time. That's why this sale should be a blessing to everyone... you can save so much by buying at these reduced prices. Come to this bargain birthday party, folks, and you'll spend your money with a smile because you'll SAVE ON EVERYTHING YOU BUY.

UNUSUAL MONEY SAVING OPPORTUNITY
EXTRA PANTS
For dress or sport wear or to match your old coat. We are offering some exceptionally good pants. Regular \$7.50 and \$8.50 values.

5TH ANNIVERSARY PRICE
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Extra Pants for Less

A good assortment of sizes and patterns in values up to \$4.50.

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We Are Selling These At The Lowest Price Possible
Shirts and Shorts

Rayon Shirts, Non-run, various colors and all sizes.
Each 39c

Fancy Shorts
In rayon or broadcloth, a good assortment.
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One lot of plain white athletic shirts and shorts. A real bargain at
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Rayon Union Suits
Park Mill and Chalmers Brands, that sold previously at \$1.75.
Now 95c

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One lot of Dollar values
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One lot of \$1.50 values, including some no-button suits.
95c

STRAW HATS
JUST WHAT YOU WANT
New shapes and shades, all sizes from 8 1/4 to 7 1/4. Values up to \$2.00.
95c

GENUINE PANAMAS
FASHIONABLY IMPORTANT
Real quality hats from such reliable makers as KNOX. Up to \$6.00 values
\$3.95

VALUES OUT OF THE ORDINARY
Toyo Panamas, Milans, Straws
Styles that are the latest. Values to \$3.
\$1.69

MEN'S SUITS
REGARDLESS OF COST OR FORMER PRICE

Including suits by Capps and Hart Schaffner & Marx. Suits that will wear and look well as long as they last. Just a few of these, but good sizes from 34 to 44, and suits that sold up to \$35.00.

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\$19.50

THESE ARE BIG VALUES
Two-Piece Summer Suits

Light and dark colors, well made and wear like iron. Sold regularly as high as \$25.00.

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DRESS OXFORDS

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LOOK GOOD—ARE GOOD
DRESS OXFORDS

An assorted lot of odds and ends. Values up to \$7.00. Not many of these so come early.

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GREATER VALUE AT A SENSIBLE PRICE
Copeland & Ryder Quality Oxfords

Plain black for dress wear. Regularly sold at \$8.00 and \$9.50.

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Swimming Suits
For boys and men. A variety of colors, blue, maroon, black and gray. Sold as high as \$1.50.
35c

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Phillips Jones, Greenhood and Sunset
Shirts
All sizes from 14 to 17, good quality percales and broadcloth.
95c each

SEE THESE AND SAVE
Work Pants
Heavy khaki, Levi Strauss quality, also some moleskin cloths and cottonades. Sold regularly from \$1.65 to \$2.50.
\$1.39

HERE IS A REAL BUY
Canvas Gloves
Some medium weight and some light weight. Sizes to fit men or women.
5c pair

DON'T PASS THIS UP
Leather Work Gloves
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Vermont Maid Syrup 23c Banquet tea 1/2 lb 39c
12-oz. bottle, 2-lb. pkg. sugar FREE

Pink Salmon 19c Butter 1 lb . 10c
2 Full Cans with each lb. of Monarch Cocoa

6 Cakes White Wonder Soap 17c Potato Chips, 3 pkgs. 17c
Carton Matches 17c Full lb. pkg. Marshmallows 23c
3 Large Cans Tomatoes 29c Large pkg. Par Soap 33c

Model Bakery Joe Doblmeier

SATURDAY SPECIALS
Butterfly Buns Chocolate Angel Foods
A fine poppy seed roll for breakfast Doz. 15c Each 20c
Danish Coffee Rings Home Made Bread
Each 15c "It tastes like bread" 3 for 20c
Shortcake Layers 10c

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SWIFT'S BEST STEER BEEF and PORK
Aged meats contain 1-3 more food value than fresh-killed meats.

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