MEXICAN STREET IN MINIATURE IS

Laidley.

In Keeping with the atory, the street runs from "a pink ohurch on a hill to a pink sunset on a mointain." The tall sprays of purple-blue salvia and pink pentstemon, bright clumps of red bovardia, and great yellow weeds—all are there. And so is the little gray burro, ridden by Indians on the road. Pigures with their serapes covering shoulders, and broad-brimmed hats shading their eyes, have been copied by the children from the been copied by the children from the imagery inspired by Miss Morrow's

pen.
A tiled fountain is in the center
of the scene. Pots of geraniums and
orange trees appear in tiny replicas.
And the patio, with arched entrance. lined with oleanders and palms, has been reconstructed in true propor-tions.

In the distance, the blue foothills, Miss Morrow designates as guards of the street, the sixth graders have visualized and molded to create a sense

The project is just one of a group exhibited by Miss Louise Hollenback supervisor of art in the Medford schools. All are sixth grade projects and each school in the system is rep-

An Alaskan village, which acquaints the public with the people of the north, their habits, and the plant life which surround them, is includ-ed in the display as the project of Washington school class, taught

by Alice Cromar.

The ministure village, inhabited by Indians and Eskimos, was constructed as a geography project, following extensive research work by the pupils. Houses, totem poles, clothing and trees are in keeping with information gleaned from books on Alaska,

A puppet show, interpreting the beloved fairy tale, "Jack and the Beanstalk," made and operated for the entertainment of a recent audience by the Boosevelt sixth graders, under the instruction of Eleanor Cur-

under the instruction of Eleanor Curry, is shown in another window of the Chamber of Commerce building. All characters are represented and "they work," the many strings ex-tending from their bodies, are shown

POSTLAND, April 8—(P)—A special Washington, D. C. dispatch to the whole wheat, fish and tometo whole shadow whole wheat, scale posterial washington, D. C. dispatch to the whole wheat, fish and tometo whole shadow whole wheat the same to provide the posterial washington, D. C. dispatch to the

has taken an option on the Mankin placer mine. Mr. Brown is now at San Diego and will return here shout May I with machinery to prospect the land which extends along Poorman's creek for about two miles. This will be done by Tom Hull of Med-ford and if prospecting proves valu-able Mr. Brown will mine the prop-erty on a royalty basis.

> Don't Compare Beck's Butternut with ordinary bread

Bread and Cereals Base Cheapest Balanced Diet

WORK OF PUPILS

Hy the Bureau of Home Economics, every meal. Home made biscuits, wheat takes, and muffins will consume a considerable portion of the doctor cakes, corn pone, corn dodgers, ing about peas portidge, but the fragment and colorful Mexican scene displayed at the Chamber of Commerce this week as art project of the Jackson school sixth grade, directed by Jeanne Laidley.

The keeping with the atory, the street runs from "a pink church on a hill to a pink sunset on a monitain." The tall sprays of purple-blue salvis and pink pentstemon, bright clumps of red bovardia, and great yellow weeds—all are there. And so is the

smaller quantity if you start with plenty of the grain foods and milk. The low-cost diet begins with bread and cereals because these are cheap forms of energy-giving or fuel foods (which are necessary to keep the body warm and give it power to work) and because they also con-tain body-building substances. These values come chiefly from the starch and protein contained in the grains and grain products. Whole wheat, brown rice and whole-ground corn meal contain some minerals and vitamins besides, because they contain parts of the grain usually lost it milling, and it is these parts, chiefly which contain the minerals and vita-

In all but the most exceptional cir-In all but the most exceptional cir-cumstances, and almost everywhere, the grain crops furnish the cheapest energy-giving food, and bread or breadstuffs are the largest single item in the low-cost food supply. For all their importance, however, neither the "staff of life" nor any other grain product will by itself susother grain product will by itself sus-tain you. And although milk— which is also cheap because it fur-nishes several other kinds of food in one—is the best single supplement to the grain foods, even this combi-nation must not be considered com-plete, for it lacks certain vitamins and minerals which only vessfalles one—is the best single supplement to the grain foods, even this combination must not be considered complete, for it lacks certain vitamins and minerals which only vegetables and fruits can be depended upon to

and truits can be depended upon to supply.

People who live one a diet too largely composed of grain foods have the so-called "deficiency" diseases— like pellagra in this country, in sections where they eat little else except cornbread, fat meat, and mo-lasses; and like beriberi in oriental the entertainment of a recent audimore by the Roosevelt sixth graders,
inder the instruction of Eleanor Curty, is shown in another window of
the Chamber of Commerce building,
all characters are represented and
they work," the many strings extending from their bodies, are shown
as proof.

Posters, advertising Medford and
emphasizing the need for kindness to
animals, are shown. Soap carvings
from the Lincoln and other schools
with sponge animals and drawings
soy the primary grades, are also linmedical planting, of course, when
the primary grades, are also linmedical planting, of course, when
the primary grades, are also
medical properties of a family of five serve 30 pounds
of a family of five serve 30 pounds

PORTLAND, April 8—(P)—A special Washington, D. C. dispatch to the whole wheat, fish and tomato; whole fat; add the onion, brown Journal said Acting Secretary of War served with tomatoes, or with cheese, Payne has advised Senator Hiram Johnson, chairman of the senate commerce committee, that the department is opposed to Senator McNarys wheat; green peppers stuffed with price; macaroni or apaghetti with a golden brown; then add the sait, tomato, chill sauce and water. Cover matter is opposed to Senator McNarys wheat; green peppers stuffed with rice; macaroni or apaghetti with a golden brown; then add the sait, tomato, chill sauce and water. Cover matter is opposed to Senator McNarys wheat; green peppers stuffed with rice; macaroni or apaghetti with cooked ham, with cheese, or with together with the subject of the south Umpqua river jetty, which has been approved by army engineers."

"The project is meritorious," says whole wheat, rice, noodles, macaroni or spaghetti are all good "meat extenders"—that is, they help out if you haven't enough meat for a whole wheat, fish and tomato, whole it in the fat, and remove. Wash the rice and drain it thoroughly. Place it in the fat, and remove. Wash the rice and drain it thoroughly. Place it in the fat, and remove. Wash the rice and drain it thoroughly. Place it in the fat, and remove. Wash the rice and drain it thoroughly. Place it in the fat, and remove. Wash the rice and drain it thoroughly. Place it in the fat, and remove. Wash the rice and drain it thoroughly. Place it in the fat, and remove. Wash the rice and drain it in the fat, and remove. Wash the rice and drain it thoroughly. Place it in the fat, and remove. Wash the rice and drain it in the fat, and remove. Wash the rice and drain it in the fat, and remove. Wash the rice and drain it in the fat, and remove. Wash the rice and drain it in the fat, and remove. Wash the rice and drain it in the rice has depleted to the rice and drain it in the rice has depleted to the rice and drain it in the fat, and remove. Wash

meal, and they are useful with left-MANKIN PLACER MINE

MANKIN PLACER MINE

MANKIN PLACER MINE

MANKIN PLACER MINE

MANKIN PLACER MINE

And for dessert at either meal there are such possibilities as such possibilities as such possibilities as such possibilities. As such possibilities are such possibilities are such possibilities are such possibilities. As such possibilities are such possibilities are such possibilities. As such possibilities are such possibilities are such possibilities. As such pudding (eggs are cheap now), apple dumpling or other fruit dumpling when fruit is cheap—as pharies. H. Brown of San Diego. Call.

Then, of course, there are the breakfast cereals, and the breaks for fair prices.

MATTER OF EMPHASIS 1932

We know, for we know that women are re-discovering that good clothes are sound economy. that they look better, and at this spring's prices are far better value than clothes of lesser dumpling when fruit is cheap—as been built on the policy of quality at breakfast cereals, and the breaks for

will furnish, on request, a number of whole wheat recipes, and other low-cost recipes for using the cereal foods in appetizing combinations.

MENU FOR ONE DAY Breakfast 1 tablespoon chopped paraley.
Oatmeal Toaat
ffee (adults Milk (children)

Coffee (adults Milk (chi Dinner Whole Wheat and Beef Spring Greens Butter Canned Pineapple Milk for All Supper
Split Pea Soup
Fried or Glazed Sweet Potatoes
Mixed Relish

Brend Butter Milk for Children RECIPES Whole Wheat Chowder

2 cups diced carrots, 1 pint boiling water, is cup diced sait pork, 4 tablespoons chopped onion, 1 tablespoon flour. I pint milk

until crisp, remove it from the fat, 1 tablespoon chopped barley, and cook the onlone in the fat. Stir in the flour and cook a few minutes longer. Mix all ingredients in the upper part of a double boller, stir until well blended, and cook about 10 minutes.

2 tablespoons fat, 4 tablespoons chopped onion. 1 pound beef, diced.

3 cups water 1/4 of achitt pepper

2 cups cooked whole wheat.

Melt the fat and cook the onion for a few minutes, then add the meat which has been lightly rolled in flour. When the meat has browned somewhat add the water. Partly cover and simmer until the meat is tender Stir in the chill pepper and the wheat, and add salt to taste.

Mexican Rice

1 cup salt pork or bacon, diced.
2 large onions, sliced.
1½ teaspoons salt,
2 cups tomato.

2 cups hot water.
2 cups hot water.
½ teaspoon chill powder.
Cook the salt pork or bacon in a large frying pan until crisp. Remove from the fat; add the onion, brown

MATTER OF EMPHASIS 1932

WARD WEEK FOR

nonize with the various prosperity and anti-hoarding drives throughout the country, Montgomery Ward and Company will open tomorrow its low

and magazines to encourage wisc spending, any low prices on quality merchandise in Ward's prosperity event, assure me that our many lo-cal friends will benefit during Ward week," commented the local mana-

ger.
"Twenty-five per cent of all United States currency is being hoarded, and Wards' intend to coax idle dol-lars back into circulation by putting the lowest prices on the best grades of merchandise." was the statement

acre than sow acres have planned for months to secure the latest merchandise for this annual event, explained the local manager. "Yet the recent campaigns for the return of prosperity have made us revise all our prices with a downward swoop, in order to give everybody an homest desire to spend, and spend wisely."

Authentic reports on the selling prices of various lines of merchandise show that the public's dollar is worth more than in several decades, according to information received at the local store. "Ward's price tags, for instance, show that on seventy items the retail prices at Ward's range as low as 40 per cent under the previous lowest prices recorded last fall," was commented by Mr. Andres. for months to secure the latest mer-

The Ladies' Home Journal has pro-vided copies of its "Save and Spend" campaign for distribution to the vis-itors at the local store during Ward The local manager has made preparations for additional salespeo-ple to help with the merchandise that is arriving daily for the pros-

When you think of a new dress, think of the Band Box Exclusive styles and lovely materials at a great saving to you. \$4.95 to \$14.95—our low prices. THE BAND BOX.



One secret

getting ahead

You need good health to succeed. Many a man has seen his chances go because he was too sick to keep pace with competition. Often his poor health was due to constipation. This ailment frequently causes

headaches, loss of energy, sleep-essness. It takes the "punch" out of your day's work. Try eating Kellogg's ALL-BRAN. Science shows this delicious cereal supplies "bulk" to exercise the in-testines, and Vitamin B to tone the intestinal tract. Also iron for the

The "bulk" in ALL-BRAN is much

ike that of lettuce. How much safer than using pills and drugs— so often habit-forming. Two tablespoonfuls daily will correct most types of constipation.

If your intestinal trouble is not relieved this way, see

Nellhygi ALL-BRAN

your doctor. In the red-andgreen package. At all grocers. Made by Kellogg in Battle Creek.



"With the Valley Trade Is the Valley Made"

RELIABLE CASH GROCERY

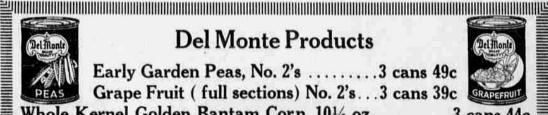
W. A. HOLLOWAY, Owner

FREE PARKING LOT

WE HAVE PASSED THE BUCK

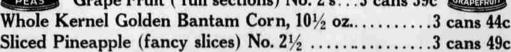
For weeks certain salesmen have been telling us that we did not give proper attention and courtesy to our customers, that the ladies especially resented being left to wander or wonder alone thru the store, that they were virtually lost in a huge stock of good things to eat,

We have come to the conclusion that there is possibly a little truth in what they have been insinuating and we have called their bluff by turning our store over to them all day Saturday. There will be Sixteen Handsome Sales Ambassadors at our store all day and they promise to show us and our customers the latest in courteous salesmanship.



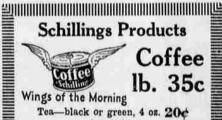
Del Monte Products

Early Garden Peas, No. 2's 3 cans 49c Grape Fruit (full sections) No. 2's ... 3 cans 39c GRAPEFRUIT



Sliced Pineapple (fancy slices) No. 2½3 cans 49c Melba Peaches, No. 21/2, 3 cans 53c; Tomato Juice, No. 1 tall, 3 cans 25c

Ladino



8 oz. 35¢ Baking Powder, 12 oz.

Cheese

Best Foods Products Mayonnaise or Spread Full Pint 25¢

Bread and Butter Pickles Regular 20c size

2 for 29c

JELLO

FREE Molds and Recipe Books 6 packages — 4 molds and 1 book 6 pkgs. 45c

Maxwell House Coffee, FREE cups hot coffee, lb.

Grapenut Flakes, 2 pkgs. 19c Swans Down Cake Flour, pkg. 25c

Loose - Wiles Biscuit Co.

69c — Sunshine Special — 69c

2-lb. pkg. Sunshine Graham Crackers 1-lb. pkg. Sunshine Krispy Crackers 1-lb. pkg. Edgemont Cheezit Crackers 1pkg. Sunshine Vanilla Wafers 1/2-lb. pkg. Marshmallow Cookies

A 90c VALUE FOR 69c And factory adds 1-lb. pkg. Sunshine Hydrox Cookies FREE 29c Cookie Deal

1-lb. pkg. Marshmallow Dixie Cookies, 35¢ value,

1/2-lb. pkg Sunshine Hydrox Cookies FREE

Swift & Co. Products

Jewel Shortening4-lb. pail 44¢; 8 lb. 84¢ Swift's Premium Sliced Bacon, pkg.15¢ Swift's Brookfield Cheese-2 for 29¢ 1/2-lb. pkg

Instant Tapioca ...10¢ ea.; 3 for 25¢ Carnation Wheat or Oat Flakes, lg. pkg...... 19¢ Pearl of Wheat..... 19¢; Flapjack flour 19¢ Carnation Milk, 3 large cans

Albers & Carnation Products

Mission Bell Toilet Soap, bar. 49 lbs. Anchor Flour \$1.13

White Eagle Scap, 10 bars

FRESH FRUIT AND PRODUCE

Local Rhubard 3 lbs. 18c Fancy Local Spinach . . 3 lbs. 10c Fancy Green Onions, . . 3 bu. 9c Fancy Carrotsbunch 5c Fancy Artichokeseach 5c Fancy Green Peas 3 lbs. 25c Local Radishes 3 for 10c

Sun Kist Lemons, 360 size dozen 19c Sunkist Brand Oranges 2 dozen 39c

Arizona Grapefruit 7 for 25c 4 FREE DELIVERIES DAILY at 8, 9:30, 1:30, 3:30. 117 N. Central

Phone 20

Phone your order early for better delivery service.