

# Crowds Attend Opening Day of Hester Heath's Cookery Sessions

## MODERN MAIDENS OFTEN EXCEL IN CULINARY CRAFT

The younger generation is often maligned by its grandfathers and grandmothers and other elders, but in the opinion of Miss Hester Heath, Mail Tribune cooking school head, our younger daughters these days are sometimes far ahead of their mothers in the knowledge of cookery.

Beginning in the seventh grade and continuing through high school and college, many girls are taught the scientific planning of meals—preparation of meals that are perfectly balanced and attractive to the eye. This is done with the thought that such training is essential to girls who expect to make a success of their home management.

It is Miss Heath's belief that "this business of being a woman" should in truth be treated as a business. She believes that training in home management is one of the most valuable things for any woman, young or old.

The "Kitchen Chautauqua" is a golden opportunity for mother to keep up with daughter, offered by this newspaper in its FREE cooking school.

"The biggest single factor in health and happiness is food," says Miss Heath.

The school of cookery brought here for your enjoyment will give a concise presentation of college home economics ideas to women attending, and will give them an opportunity of receiving first-hand information from a recognized expert.

Economies will be stressed in these lectures by Miss Heath, for she feels that the woman who can excel in the art of cookery and at the same time save something for the family budget, is, after all, the true artist.

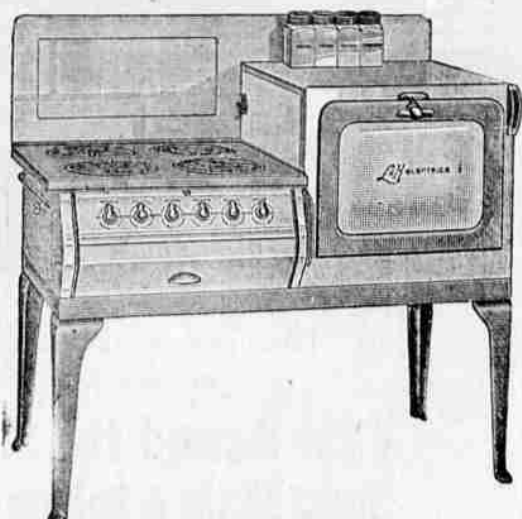
## STUDENT TRADED FOR PAIR GOATS

CINCINNATI, Ohio, (AP)—Barkey F. Saghatelyan, 23 student at the university of Cincinnati, knows what it is to be traded from one master to another for a goat and a kid.

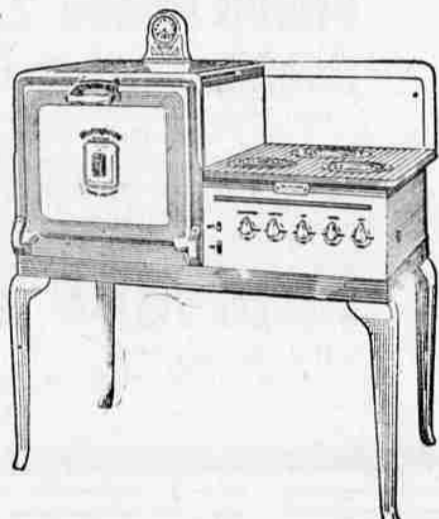
The exchange took place when Turks began their slaughter of Armenians in 1924. Saghatelyan's father was among the first killed. Driven across the Arabian desert, he saw his mother and sisters die. He lived for five years as a slave, and then was brought to this country as a result of the work of the Near East relief.

His experience as a child has not prevented his forming a friendship with Eumer Refik, Turkish student. Together they often give concerts, Saghatelyan playing the violin and Refik the piano.

## Ranges Featured at School



The L. and H. range, supplied through the courtesy of The California Oregon Power Company, is one of the special features of the Mail Tribune's free cooking school, now being conducted at the Holly theatre. This well known line of electric ranges is offered to the public by Palmer Electric Store.



The Westinghouse electric range, popular with hundreds of Southern Oregon housewives, will be used by Hester Heath during part of her cookery sessions at the Holly this week. The Westinghouse line is handled in the Rogue River Valley by the People's Electric Store of this city. An L. and H. range, furnished by Palmer Electric Store, a Standard range, furnished by Leonard Electric, and a Monarch range, supplied by the John Cupp Furniture Store, will also be used by Miss Heath during the three-day cooking school.

## REFRIGERATION IN SPRING IMPORTANT IN FAMILY HEALTH

season make it almost certain that foods will not be kept at the un-repeated minimum of 50 degrees Fahrenheit.

Permanent refrigeration is the only solution. And as the final freedom from worry and for the very height of convenience, nothing equals the way that is tuned to the times; nothing compares with electric refrigeration.

The finer things of life are not always the costliest. So it is that a rollator refrigerator may be bought on deferred payments. This, in effect, permits the device to pay for itself, as you use it. For the savings you effect with such a food preserver more than offset its initial cost and operating expense.

Not only is such an up-to-the-minute refrigerator a thing of beauty to have in the kitchen or pantry, but it is a safeguard to the entire family's health. Constant, definitely regulated temperature that never varies from the food-preservation zone; that is what rollator refrigeration means. More, you may buy larger quantities of perishable foods and keep them fresh until used.

In the words of the Domestic Service department expert of Norge Corporation, Detroit, "perfect refrigeration depends upon the perfected rollator compressor and upon the automatic controls which act to furnish the correct degree of cold within the cabinet, regardless of outside temperatures."

A simple thermostat does the job. But, in addition, on the Norge are a series of 9 points of cold-control... giving absolute mastery of the temperature within the cabinet and the rate of speed at which the ice cubes may be frozen. This feature is worth a great deal when you have a sudden call for more ice bars or additional cooling capacity, when a water-vault full of chilled drinks is required, or an icy dessert must be made in time for a sudden large dinner or a party.

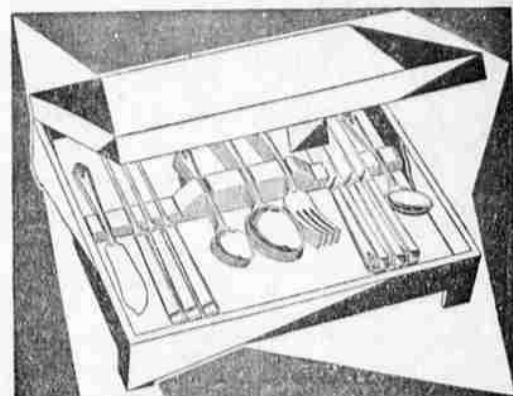
In rollator refrigeration is the advantage of not one, but many degrees of cold, all in the one cabinet. First is the food preservation chamber, where a constant temperature of 50 degrees F. is maintained. Then there is the below freezing compartment, where ice is made and desired. Springtime zephyrs one day, wintry blasts the next, snow and sleet that disappear overnight and reveal the first hint of promised Spring to surprised early risers—these are treacherous times for the family which does not employ an approved medium of food preparation. Such makeshifts as the old fashioned window-box will not do, for weather changes at this

sorts are frozen; where sharp frozen foods are indefinitely stored until ready for thawing and use. And in the same cabinet is the fastest fast-freezing compartment you can imagine; a place where you may place cooled foods and quickly have them frozen stiff. Every desired degree of cold is quickly available at the touch of your finger tip.

Springtime may offer fickle weather, but if you are prepared this fanciful demsel cannot be bothersome, as is her wont. With rollator refrigeration your every food preservation requirement will be taken care of. And, in addition, the many conveniences this type of refrigeration offers will more than offset any little sacrifice you may make to install it now.

## FUTURE FARMER HEAD LEAVES FOR CONCLAVE

SALEM, March 30.—(AP)—Kenneth Pettibone, 19, Corvallis, recently elected national president of the Future Farmers of America, left this afternoon for Washington, D. C., to attend the executive committee meeting. It was announced here today. The organization consists of 65,000 boys enrolled in vocational agricultural courses in 2500 high schools in 48 states and the Hawaiian Islands.



## Cooking School SPECIAL SILVERWARE

Exquisite Paris Pattern Service For Six Special \$10.50

This silver is made by International Silver Co. and is guaranteed for 25 years. New hollow handle blades knives and forks.

**Brophy's**  
JEWELERS  
MEDFORD, ORE.

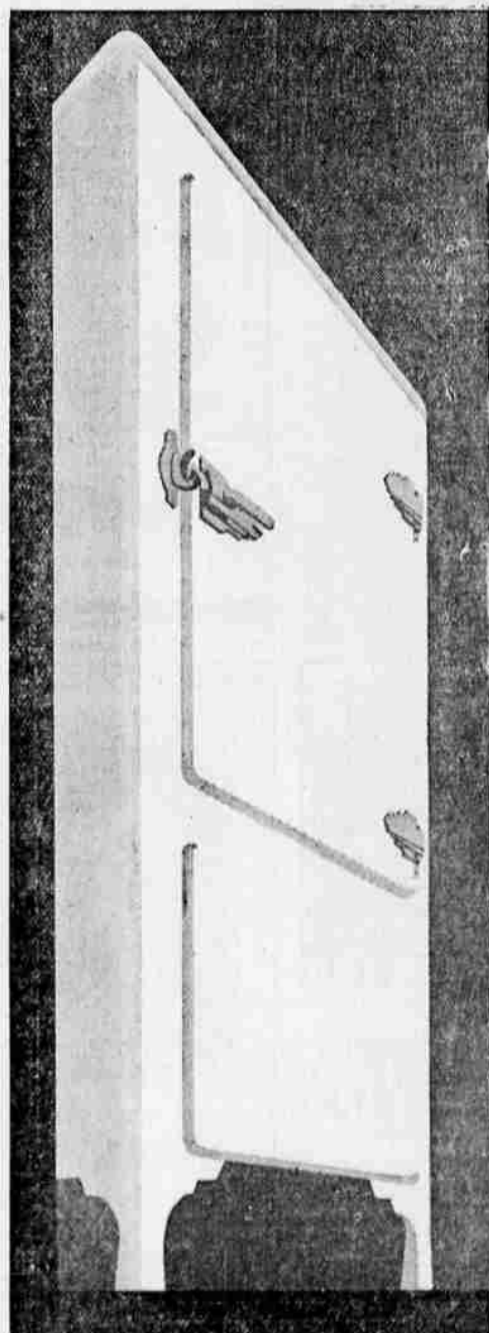
## for the HAPPY KITCHEN! HOTPOINT and SAMSON Appliances

Be sure to see the specials we are offering for Cooking School guests



From the Cheapest that's GOOD to the BEST that's made

# Learn about Rollator refrigeration



## See the new Norge

Original conveniences in an improved refrigerator... that's the story of the 1932 Norge.

Everywhere you look at this New 1932 Norge you see improvements... you see refinements. Re-designed hardware of modern beauty... improved flat bar shelves... more perfectly sealed doors, both on the cabinet and on the ice compartment... the Icevoir tray, newly designed for faster freezing and instant removal of ice, one bar at a time, untouched by hands or tap water... these and many other such refinements make the 1932 Norge a truly sensational refrigerator.

And of course Rollator Refrigeration with its extra cooling power... its simple, sturdy, almost everlasting mechanism... its economical, free-from-trouble performance... is unquestionably the advanced method of household refrigeration.

See the New Norge. Ask about the Preservoir, for extra cold storage of foods and ice cubes and the Watervoir, to keep a gallon of chilled water on tap. You'll find many features on this New Norge that are found on no other refrigerator. Come in and see for yourself.

Norge is manufactured by Norge Corporation, Division of Borg-Warner Corporation, one of the world's largest makers of precision parts, including automotive free wheeling.

THE ROLLATOR • A roller rolls and there's ice—the Norge mechanism is as simple as that. It has but three moving parts slowly revolving in a permanent bath of oil—is almost everlasting.

## NORGE Rollator Refrigeration

Used Exclusively in Mail Tribune Cooking School Demonstration

## Pruitt's Melody Shop

Medford Center Building—"Where Music Lovers Feel at Home"—Phone 1247

ASK ABOUT OUR EASY TERMS

Priced very low, from March 31st to April 9th



## "Wear-Ever" Tower Cake Pan Set

The sides heat as rapidly as the bottom, resulting in more even, thorough baking. Also, these Tower Cake Pans can be called on to make salads for buffet suppers.

Standard "Wear-Ever" quality—thick, hard sheet aluminum

## It's Oval! "Wear-Ever" Early American Drip Coffee Pot

Simply put finely ground coffee into the coffee basket, pour boiling water over it and let the water drip through into the bottom section. Makes excellent coffee! It holds 6 to 8 cups.

Introductory price \$2.25 Regular price \$3.30

This French Fryer makes the crispest French fried foods you ever ate. Capacity, 2 quarts.

Special price 98¢ Dealer price \$1.50

M. F. & H. Co. "From the cheapest that's GOOD to the BEST that's made"



## The Best for Growing Children

In their play and in their school work, children need ENERGY—that's just what they get in every slice of nutritious FLUHRER'S HOLSUM bread—Give them as many slices as they want!

## HOLSUM IT'S BLENDED



Miss Hester Heath Conducting The Mail Tribune Free Cooking School

RECOMMENDS Holsum Bread