

# Many Surprises in Store for Guests at Cooking School Tomorrow

## HURRY-UP DINNER A TEST FOR WIFE SAYS MISS HEATH

"The real test of a housewife's cooking ability is in the way she manages an emergency meal," declares Miss Hester Heath.

Miss Heath comes to Medford March 30, 31 and April 1 in a series of fascinating culinary programs sponsored by this newspaper. That well known "honey," the hurry-up meal, "when nothing is in the house," will be covered.

Housewives will receive a barrage of information aimed exactly at removing any fears of future culinary emergencies.

"The test of a housewife, as with a business man, lies in her capacity to meet an emergency," states Miss Heath in one of her famous cooking lectures.

"It is easy enough to be pleasant when life flows along like a song," the old couplet goes, and Miss Heath remarks, "and it applies particularly to the housewife with her multitude of interests."

The real test of a housewife is when her husband calls from the office thirty minutes before mealtime to inform her he is bringing guests home to dinner—guests whom he wishes to impress with his wife's cooking.

Business manifestations work in peculiar ways and your husband may be inspired by the very best of motives when he feels that in the intimacy of his own home he may be able to conclude business arrangements that otherwise would be impossible.

It is the duty of Mrs. Housewife, as her husband's helpmeet, both in the home and in business, to do just as much as she can to meet such emergencies as rush meals. The only thing that is required to get rid of the "honey" is simply for the housewife to prepare herself with a repertoire of quick recipes and products that will permit her to not only serve a meal that will reflect to her advantage, but will permit her to greet her husband's guest with a smile of welcome and appreciation.

"Pity the poor husband who is greeted by a tirade of abuse and imagined martyrdom from his wife when he presents an unexpected guest!"

The intimate knowledge of housewife problems brought to the cooking school platform by Miss Heath will make this newspaper "Kitchen Chautauqua" program of vital interest to every woman reader of this paper. If you are not a subscriber, do not hesitate to come. The "Kitchen Chautauqua" is sponsored by us entirely for you. It is your cooking school—we invite you to make it so by attending every one of the lectures.

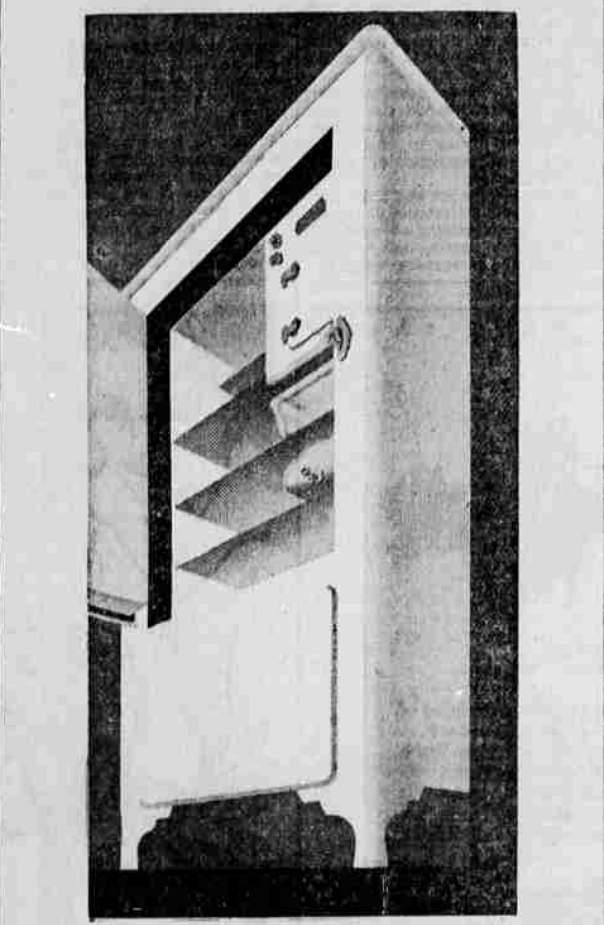
Local merchants are co-operating with the Mail Tribune in making the "Kitchen Chautauqua" one of the greatest home exposition events ever presented here. You will see delightful recipes made before your very eyes, wonderfully simple short cuts and cooking hints, and see many of the most modern home aids and appliances in use.

The time is 2 to 4 p. m. on Wednesday, Thursday and Friday, March 30, 31 and April 1, at the Holly Theater.

## FARMER LAD KILLED BY RUNAWAY HORSES

POCATELLO, Idaho, March 9. — (AP)—Jake Hess, 6, was fatally injured and his sister, Ethel Hess, 8, was seriously hurt Sunday when a team of horses driven by their father, Elmer Hess, a farmer of Fort Hall, 20 miles north of here, ran away.

## Beautiful New Norge



The beautiful new Norge Refrigerator from Pruitt's Melody Shop will be featured at The Mail Tribune's free cooking school at the Holly theater Wednesday, Thursday, Friday, March 30, 31, April 1.

## SUCCESSFUL YEAR FOR NORGE REFRIGERATOR SALES IS PREDICTION

Norge Corporation of Detroit (division of Borg-Warner Corporation), manufacturers of the Rollator refrigerator, predict another successful year of sales during 1932, according to a statement made public by Howard E. Blood, president.

"If the activities of our distributors and dealers during the first month of 1932 are any criterion, the sales of Norge Rollator refrigerators will continue on the increase," said Mr. Blood. "Our shipments during January were more than twice those of the corresponding month a year ago, notwithstanding the fact that 1931 was the best year in the history of Norge Corporation."

"Our 1932 merchandising and advertising plans have been completed, and are now being announced to all Norge distributors and dealers throughout the United States in a series of meetings held in the principal cities."

The improved 1932 line of Rollator refrigeration as well as the details of the enlarged promotional campaign are being received with enthusiasm by the entire organization. All in all it looks like another big year for Norge."

## Change Meeting Place E. P. Club

EAGLE POINT, March 29.—(Sp.)—On account of the recent illness of R. L. Seaman the meeting of the Home Economics club of the Grange March 30, will not be held at the Seaman residence, but at the home of Mrs. W. K. Young. Mrs. Floyd V. Barrett, chairman of the program committee, has prepared an interesting talk on the subject of home decoration, and the meeting promises to be a profitable one. All members and their friends are urged to attend.

Auto glass installed while you wait. Prices right. Brill Sheet Metal Works

## Hollywood Stars Tell Their Kitchen Secrets

Lilyan Tashman, Paramount Star in "The Wiser Sex"

This is one of a series of favorite recipes of movie stars who find delight in cooking.

**HONEY NUT MUFFINS**

1 cup whole wheat flour  
1 tsp. soda  
1 tsp. baking powder  
1 tsp. melted Formax  
2 eggs, slightly beaten  
2 cups bran  
1/4 tsp. salt  
1/2 cup strained honey  
1 1/2 cups buttermilk (or sour milk)  
1/2 cup chopped nuts

**METHOD:** Mix whole wheat flour, bran, soda, salt and baking powder. Make a well in center of dry ingredients. Pour in honey, melted shortening, buttermilk, eggs, slightly beaten and chopped nuts. Mix and bake in muffin tins in a hot oven, 400 degrees F.

Clatskanie—Effort being made to secure widening of Lower Columbia River highway.

Wise Medford Housewives Patronize The ...

# HOME GROCERY

"Serves You Right"

Phone 743 606-60 East Main

This little store across Bear Creek bridge is one of Medford's most popular groceries. . . High quality merchandise and intelligent service are the reasons why women think of the Home Grocery first.

FRESH FROZEN FRUITS  
FRESH VEGETABLES  
SEASONABLE FRUITS  
MEAT DEPARTMENT

CANNED GOODS  
FANCY CRACKERS  
BAKERY GOODS  
CANDIES

Try Our Fountain Service  
Open evenings and Sundays. J. R. Monroe, Prop.

Take Hester Heath's Word for it!

Budget your household expenditures and save a portion of your income each week.

OPEN A Savings Account

We Invite Housewives to Bank With Safety at

## The First National Bank

"A Departmentized Bank"

Priced very low, from March 31st to April 9th

Special Price 98¢  
REGULAR PRICE \$1.65

## "Wear-Ever"

Tower Cake Pan Set

The sides heat as rapidly as the bottom, resulting in more even, thorough baking. Also, these Tower Cake Pans can be called on to make salads for buffet suppers.

Standard "Wear-Ever" quality—thick, hard sheet aluminum

It's Oval! "Wear-Ever" Early American Drip Coffee Pot

Simply put finely ground coffee into the coffee basket, pour boiling water over it and let the water drip through into the bottom section. Makes excellent coffee! It holds 6 to 8 cups.

Introductory price \$2.25  
Regular price \$3.50

This French Fryer makes the crispest French fried foods you ever ate. Capacity, 3 quarts.

Special price 98¢  
Regular price \$1.50

## M. F. & H. Co.

"From the cheapest that's GOOD to the BEST that's made"

# The Modern Woman

uses business-like efficiency in running her household

# Electricity

is her greatest aid

The modern woman knows that electric cooking is economical; the cheapest service she can buy. She knows that it is safe; with no flame to release poisonous fumes or consume the health-giving oxygen from the air. She knows that it is clean, no smoke, no soot, no blackened pots and pans or grimy walls. She also knows that electric cooking is convenient; the perfect servant that releases her from the kitchen for the many outside activities that engage the alert, intelligent woman of today. You will find her this week, sitting row upon row, at the Mail Tribune Free Electric Cooking School at the Holly Theater.

## The California Oregon Power Company