

Menus of the Day

By Mrs. Alexander George

Breakfast
Grapefruit
Cooked Wheat Cereal and Cream
Poached Eggs
Buttered Toast
Coffee

Luncheon
Tomatoes Stuffed with Macaroni
Bread
Pickled Watermelon Rinds
Fruit Cookies
Tea

Dinner
Creamed Salmon
Mashed Potatoes
Buttered Beets
Bread
Butter
Cucumber and Lettuce Salad
Chocolate Frosted Layer Cake
Coffee

When filling is thick and creamy add rest of ingredients and pour into baked pie shell. Cover with meringue.

Meringue
3 egg whites, beaten
2 tablespoons sugar
Beat egg whites until stiff. Add sugar and beat until creamy. Roughly spread on filling. Bake 12 minutes in slow oven.

Sunday Tea Menu
(For Company)
Chicken Salad
Olive Cucumber Jelly
Fench Ice Cream
Coffee

Hot Rolls
Currant Jelly
White Cake
Coffee

MENU WITH FISH

Breakfast
Chilled Diced Oranges
Wheat Cereal and Cream
Poached Eggs on Toast
Coffee

Luncheon
Cheese and Tomato Sandwiches
Tea
Sliced Bananas

Dinner
Browned Fish
Creamed Potatoes
Bread
Cucumber Salad
Watermelon
Coffee
Cheese and Tomato Sandwiches
4 slices bread, buttered
4 slices tomatoes
4 large thin slices cheese
1/2 teaspoon salt
1 tablespoon chopped onions
2 tablespoons salad dressing



Love Pact Ends
Mrs. Dell Harbaugh of Chicago (above) was jailed after her husband was killed during a struggle in which he tried to take a gun from her. She charged he had broken their "road to happiness" love pact.

Evening Refreshments
(Where men are present)
Chicken Salad
Buttered Rolls
Olives
Chocolate Ice Cream
White Cake
Frosted Coffee
Salted Nuts

To make bottoms of irons smooth rub them over salt which has been sprinkled on a paper.

A Company Dinner
Chilled Diced Fruit
Roast Lamb
Browned Potatoes
Buttered Lima Beans
Hot Rolls
Fench Butter
Stuffed Tomato Salad
Vanilla Ice Cream
Chocolate Sauce
Angel Food Cake
Coffee
Salted Nuts

Chilled Diced Fruit
(Serving eight)
1 cup diced pineapple
1 cup diced peaches
1 cup diced grapefruit
1 cup seeded white cherries
1/2 cup sugar
1 cup fruit juice
1-2 cup lemon juice
1/2 cup grape juice

Fruit Cookies
2-3 cup fat
1 1/2 cups dark brown sugar
4 tablespoons cream
1 teaspoon vanilla
2 teaspoons cinnamon
1 teaspoon cloves
1/2 teaspoon salt
2 eggs
1 cup raisins
1/2 cup nuts
3 cups flour
1 teaspoon soda

Chilled Diced Fruit
(Serving eight)
1 cup diced pineapple
1 cup diced peaches
1 cup diced grapefruit
1 cup seeded white cherries
1/2 cup sugar
1 cup fruit juice
1-2 cup lemon juice
1/2 cup grape juice

Browned Fish
2 1/2 pounds of fish
1-3 cup flour
1 teaspoon salt
1/2 teaspoon paprika
2 tablespoons chili sauce
2 tablespoons lemon juice
6 tablespoons fat

Layer Cake
1/2 cup fat
1 cup sugar
2 eggs
1 teaspoon vanilla
1/2 teaspoon salt
1/4 cup milk
3/4 cups flour
3/4 cups baking powder

Chilled Diced Fruit
(Serving eight)
1 cup diced pineapple
1 cup diced peaches
1 cup diced grapefruit
1 cup seeded white cherries
1/2 cup sugar
1 cup fruit juice
1-2 cup lemon juice
1/2 cup grape juice

Browned Fish
2 1/2 pounds of fish
1-3 cup flour
1 teaspoon salt
1/2 teaspoon paprika
2 tablespoons chili sauce
2 tablespoons lemon juice
6 tablespoons fat

A Picnic Menu
Ham Loaf
Potato Salad
Pickles
Bread
Buttered Rolls
Grape Jelly
Picnic Fruit Cake
Lemonade

Chilled Diced Fruit
(Serving eight)
1 cup diced pineapple
1 cup diced peaches
1 cup diced grapefruit
1 cup seeded white cherries
1/2 cup sugar
1 cup fruit juice
1-2 cup lemon juice
1/2 cup grape juice

Browned Fish
2 1/2 pounds of fish
1-3 cup flour
1 teaspoon salt
1/2 teaspoon paprika
2 tablespoons chili sauce
2 tablespoons lemon juice
6 tablespoons fat

A Fruit Cake
2 tablespoons butter
1 cup sugar
2 eggs
1 teaspoon cloves
1 teaspoon nutmeg
2 teaspoons cinnamon
1/2 teaspoon salt
1 teaspoon soda
1 cup sour milk
2 cups flour
1/2 teaspoon baking powder

Chilled Diced Fruit
(Serving eight)
1 cup diced pineapple
1 cup diced peaches
1 cup diced grapefruit
1 cup seeded white cherries
1/2 cup sugar
1 cup fruit juice
1-2 cup lemon juice
1/2 cup grape juice

Browned Fish
2 1/2 pounds of fish
1-3 cup flour
1 teaspoon salt
1/2 teaspoon paprika
2 tablespoons chili sauce
2 tablespoons lemon juice
6 tablespoons fat

NUT BUTTERSCOTCH PIE
MEALS FOR SUNDAY
Breakfast
Waffles and Honey
Browned Sausages
Coffee

Chilled Diced Fruit
(Serving eight)
1 cup diced pineapple
1 cup diced peaches
1 cup diced grapefruit
1 cup seeded white cherries
1/2 cup sugar
1 cup fruit juice
1-2 cup lemon juice
1/2 cup grape juice

Browned Fish
2 1/2 pounds of fish
1-3 cup flour
1 teaspoon salt
1/2 teaspoon paprika
2 tablespoons chili sauce
2 tablespoons lemon juice
6 tablespoons fat

Nut Butterscotch Pie
1 1/2 cups flour
1/2 teaspoon salt
1/2 cup lard
3 tablespoons cold water
Mix flour and salt. Cut in lard with knife. Mixing with knife, add water. When stiff dough forms, roll it out and fit into deep pie pan. Prick with fork and bake 10 minutes in moderate oven. Add filling.

Chilled Diced Fruit
(Serving eight)
1 cup diced pineapple
1 cup diced peaches
1 cup diced grapefruit
1 cup seeded white cherries
1/2 cup sugar
1 cup fruit juice
1-2 cup lemon juice
1/2 cup grape juice

Browned Fish
2 1/2 pounds of fish
1-3 cup flour
1 teaspoon salt
1/2 teaspoon paprika
2 tablespoons chili sauce
2 tablespoons lemon juice
6 tablespoons fat

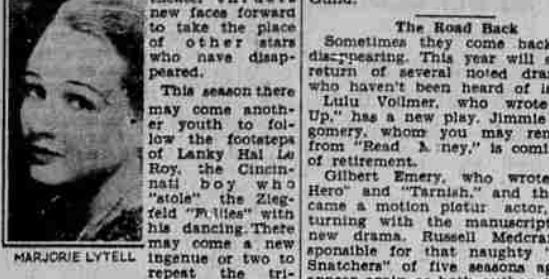
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In New York Theatres

By Mark Barron
NEW YORK—As Broadway pauses upon the threshold of a new season, unknown playwrights and actors are grooming themselves for their big chance.



Marjorie Lytell (above) made last season by Marjorie Lytell in "As Husbands Go."

There may be expected another dramatic actress to leap to fame overnight as did Eugenia Leonovich in "Grand Hotel." And a refreshing comedienne with the talents of Lyda Roberti, the blonde Polish girl who fought her way hard way round the world to make good in New York.

materials for smart new accessories. The sturdy and lovely leather is enjoying a wide vogue for shoes, bags, gloves, and belts. To keep pigskin articles spick-and-span go over them with a cloth well lathered with mild, lukewarm soap-suds. A little soap in the final rinsing water will help to keep the leather soft and pliable. Remove the surplus moisture and polish with a clean, dry cloth.

Madras—Old warehouse renovated for dance hall.

Salem.—Excavation for canal in center of new amusement zone at Oregon State fairgrounds started.

See Thursday's Mail Tribune for MacMarr's regular weekly ad prices, effective Sept. 18, 19, 21

Sugar 100 lb. bag	\$5.19	Flour MacMarr's 49-lb. bag	98c
White King Soap Large pkg.	33c	Crystal White Soap (Limit) 10 bars	27c

SPIRITUAL SCIENCE CHURCH ORGANIZED BY MEDFORD GROUP

Residents of Medford and adjacent communities who are interested in spiritual science are pleased to learn that a group met at the home of Mrs. O. W. Fox this week and organized a church under the jurisdiction of the National Federation of Spiritual Science Churches.

The organization has obtained a hall on the ground floor of the Natatorium building, which is being arranged for a church home.

Pays For Coat After 50 Years
LEXINGTON, Ky. (AP)—Heir of J. C. Curtis, a tailor who has been dead 47 years, have received \$30 from a friend of a man who owed Curtis for a coat made 50 years ago. The man sent the money to two granddaughters of the tailor, but did not reveal his identity.

Spring Covers 18 Acres
ARKADELPHIA, Ark. (AP)—Mammoth spring covers 18 acres and resembles a lake. More than 600,000 gallons of water flow every minute from a mouth 20 feet across. Upward pressure makes it impossible to lower even an anvil to any great depth.

Clatskanie—Salmon egg fish bait
cannery is new industry here.

Give a thought to your spices and extracts. There are tremendous differences in quality—some things you would insist upon if you knew all of the facts.



Compare

Place a teaspoonful of SCHILLING Ground MUSTARD in a teacup, and a teaspoonful of any other in a second cup. Add water to form a thin paste. Stir each of them thoroughly. Then smell the aroma from both. The difference in strength and richness will be marked, especially if you let it stand for a few minutes. Here is the reason for what you have just tested. A mustard seed contains two oils. One is the flavor oil. The other is absolutely flavorless—a "natural adulterant". This flavor oil is removed from Schilling's Mustard so far as possible, so that practically nothing is left but the flavor oil. That is why Schilling's has more flavor—why you use less.

FREE. A copy of the 80 page book "Flavor Secrets" containing thousands of new suggestions in the fine art of flavoring food. Not an ordinary recipe book. Used by schools and domestic science lecturers. It will make a lot of difference in your cooking. Send 6 cents (mailing cost) to "Schilling, San Francisco".

LEMON. Schilling's Lemon Extract contains 3 times the amount of lemon oil required by the United States Government Pure Food Laws—3 times as much! And more than most any other you can buy. That is why it goes further—why it imparts a richer lemon flavor. The same is true of Schilling's Orange, Almond, Vanilla, Rose, Peppermint, and many others.

CELERY SALT. Celery Salt is a blend of fine table salt and ground celery seed. Compare a bottle of Schilling's with any other. Note its darker color. That is because it contains more Celery Seed—more flavor—three times as much as many others. Also, Schilling's contains no celery stalk which is comparatively flavorless. You can plainly see these stalks in other brands but never in Schilling's. There's all the difference in the world in the flavor.

Schilling
extracts
spices

SCHILLING GOLDEN ANNIVERSARY
50 YEARS
COFFEE • Baking Powder • TEA • SPICES • EXTRACTS



You pay for QUALITY In Butter, Eggs and Cheese... do you get it?

See the quality demonstration at the combined Dairy Products exhibit... Grandstand exhibits building, Oregon State Fair, Sept. 26 to Oct. 4.

WE are co-operating in the movement for higher quality and want every house-wife to see this outstanding exhibit. See what the butter you eat is made of.

SPECIAL
Hawaiian Delight
ICE CREAM

SNIDER
Dairy & Produce Co.
Phone 203

OREGON STATE FAIR
SEPT. 26-OCT. 4

PANORAMA OF PROGRESS
Agriculture, Industry, Oregon Products. \$60,000 in premiums and purses. 4-H club livestock and exhibits.

NEW FEATURES
Contest of many bands in daring costumes
Championship horseshoe pitching tournaments for Northwest, state and city titles.

HORSES HORSES HORSES!
Brilliant night horse shows.
Rain speeds up thrills at Rodeo-Buckaroo first 3 days. Chariot-stage-coach races
Horse racing, harness and running, 5 days.
\$150,000 covered grandstand.

NEW CARNIVAL ZONE
Strange water fire-works - Free daily 7 p.m.
Thrilling free acts daily on Monkey Island.
Boat rides on Canoe Canal

LOW BUS AND RAIL FARES
Fairgrounds cover 171 acres - unlimited free parking.
Saturday, opening day, is "Boys and Girls Free Day" - admission free, high school age and under. Rodeo-Buckaroo free except reserved seats.

this PACKAGE CONTAINS MORE SOAP

WHITE KING
GRANULATED
CONDENSED SOAP

Don't buy soap by the size of the package. That White King carton may look smaller, but it is full of condensed soap. It will weigh more heavily in your hand, because it does not contain the air and moisture with which ordinary package soaps are "fluffed" to give greater volume.

White King is made from the purest of vegetable and nut oils. The result is that you use less of this fine granulated soap than ordinary soaps to produce a fine washing suds. The purity of these oils account for the quick washing and free rinsing qualities of White King. — And equally important, make it fully effective in the lukewarm water that modern fabrics require. No need to use hot water which is harmful alike to clothes as well as tender hands.

Ask your dealer for White King Granulated Soap today. Use it for every household use from dish pan to washing machine. You'll find it the most economical soap you have ever used.