

Fashions Household Hints Gardening, Etc.

Of Interest to Women

Edited by Eva Nealon

From Morn Till Night Pajamas



By EMMA LOU FETTA

PAJAMAS may now be worn with good taste upon almost any occasion. We haven't seen any one on the street in the daytime but we have seen them in formal evening versions sweeping across the pavement to a waiting car. Miss Doris Hinman, an educational speaker who is a close observer of fashion trends in cotton, made clear in a recent talk that delightfully styled cotton pajamas, especially those made of quality dune cotton, are now the choice of women of good taste for lounging and beach wear and even for dancing.

In fact, there seems to be no end to the variety and charm of pajamas for summer 1931. Looking ahead we see this interesting and

serviceable mode carrying into the autumn. One of the smartest outfits we've seen was part of a wardrobe designed for the college girl next fall. The pajamas were one piece and made of a tweedy dune cotton material combining rich rust-browns, beiges and orange shades. The trousers were laid in well tailored pleats. With the pajamas was to be worn a serviceable dune velvet jacket cut along the lines of a man's tuxedo coat.

Along with this college girl's "studying pajamas" came a pair of darling little lounging slippers made of the same dune tweed found in the garment and piped with brown suede. House slippers to match one's pajamas are very fashionable.

CULINARY CRAFT....

By Estella Dorgan, Director of Home Service, California Oregon Power Co.

OUTDOOR REFRESHMENTS

Outdoor life is claiming us so completely now that even eating outside is a popular fancy and truly it is delightful to sit on porch or lawn on the shady side of the house and make quite a social occasion of lunch or dinner. The serving problem may be taken care of in various ways, one of the simplest and most satisfactory being tray service. Each cover is arranged on a tray and very few trips take care of the setting and serving.

Outdoor serving of bridge refreshments is equally pleasing and adds to the fun of entertaining. Simple linen or lace lunch cloths and colorful dishes and glassware are most attractive in this setting and the menu are best when simple since rich, heavy foods are not suitable for summer months. Such easy arrangements make these parties especially pleasing to the hostess who is relieved of a more exacting program.

Three simple menus are given here. Of course you might substitute a dish which is your particular pride for one of these listed, just remember, however, to keep food quite plain at this time of the year.

I
Hot crabmeat salad, potato chops
Ripe Olives, Hot cheese biscuits
Raspberry ice, Sponge cake
Iced tea

II
Frozen cheese and vegetable salad
Rye bread sandwiches
Hot coffee
Spiced nuts

III
Tomato Aspic salad
Chopped nut sandwiches, celery curls
Peppermint candy ice cream
cookies
Hot coffee

Hot Crabmeat Salad

1 fresh crab or 1 can of crabmeat
1/2 c chopped nut meats
2 hard cooked eggs, diced
Seasonings
1 pintino cut in strips
2 T butter
1/2 T flour
1/2 c milk
1/2 c mayonnaise

Break the crabmeat into good sized pieces and mix with nuts, diced egg and pimiento. Season to taste. Make white sauce of butter, flour, salt and milk and combine the two mixtures.

This may be served on toast or baked in greased dish at 375 for 45 minutes then served on lettuce with dash of mayonnaise dressing.

(If baking the salad, cover the loaf with buttered crumbs while cooking. This will take up some of the moisture and make it easier to serve on lettuce.)

Frozen Cheese and Vegetable Salad
6 oz. cream cheese
1/2 c mayonnaise
1/2 cup cream, whipped

1 can pimientos (small)
2 green peppers
1 large cucumber
1 medium sized onion
Seasonings
 Mash the cheese and blend with mayonnaise and whipped cream. Add diced vegetables. Season to taste and freeze. Serve on lettuce with or without dressing.

Tomato Aspic Salad
Put individual molds one third full of tomato aspic. Place in refrigerator to become firm. Soften cream cheese with a little cream and season to taste. Then form into balls and roll in chopped nuts. Place a cheese ball in each mold, and add a tablespoon of cold liquid to aspic. When set, cover balls entirely with the aspic and return to refrigerator. Unmold on lettuce leaves and serve with desired dressing.

WHITE MESH CAPS SUPPLANT BERETS

WASHINGTON (AP)—The inexpensive little white mesh caps recently put on the market are popular among smart capital women.

Many of them were seen at the Davis cup matches, worn both by young girls and matrons, and they are appearing also on the beach and the street.

Made somewhat on the order of the old-fashioned stocking cap, they can be adjusted to the head in many different angles.

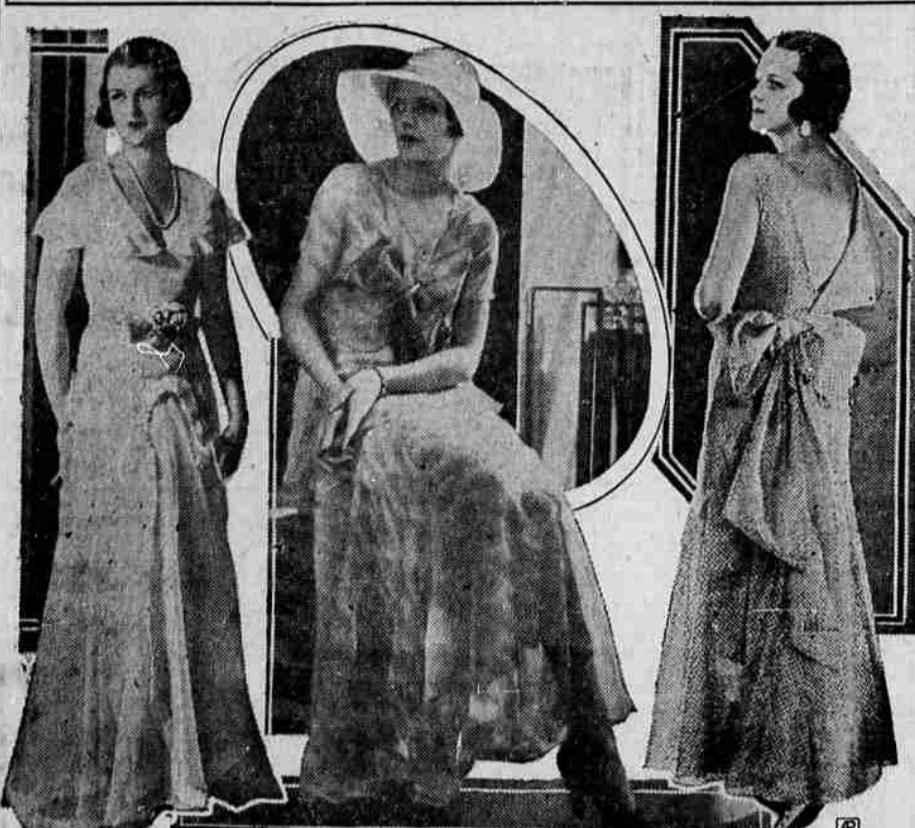
IT'S 'OPEN SEASON' FOR HANDBAGS NOW

WASHINGTON (AP)—There have been few seasons when handbags branched out into a wider array of materials and colors.

Shell and metal are combined with fabrics of every sort and with leather. Bags of embroidered linen or gingham have shell tops and handles. Others in pastel tinted silk and satin have metal tops studded with imitation jewels.

At the left is one of the new and very popular organdie frocks featuring a wide skirt and fluted

For Summer's More Formal Occasions



A chiffon print is used to create a daintily semi-formal frock (center) for the summer garden or bridge party. The frock of mousseline at left finds a contrasting note in the velvet girdle and nosegay of old-time blossoms. For evening wear, the gown at right is created of all-over eyelet embroidery over green taffeta.

Soapsuds Aid the Seeker Off Bathing Suit Beauty

Whether you feel confident or self-conscious in your new bathing suit will depend largely upon the condition of your skin. With the new styles more revealing than ever before, not even the smartest bathing suit will compensate for a rough and spotty back, legs, shoulders, or arms.

Generally speaking, good health is the first requirement for beautiful skin. External treatments are of little value unless supplemented by regular habits of living, a well-balanced diet, and plenty of sleep, fresh air, and exercise. Simple cleanliness is the most important external treatment, for accumulations of dust and dirt interfere with the normal activity of the healthiest skin.

This is especially true in summer when warm weather and a more active mode of living increase the flow of perspiration which mixes with the tiny particles of grime.

At least one warm soapy bath a day is necessary, no matter what your preferences may be in the matter of creams or tonics or beauty lotions. Even an invigorating dip in the briny deep will not compensate for a cleansing

tub or shower. A swim is not a bath, and the combination of sand and sticky salt water makes cleansing doubly important after a day at the seashore.

Scrubbing with a soft bristled brush well lathered with soap will help to stimulate a sluggish skin and to smooth a roughened one. This is usually an excellent treatment for neglected elbows and knees and should be followed by liberal applications of a nourishing cream or oil. A light coating of talcum will efface the shine and keep the greasy substance from soiling the bed clothes at night. If you find it difficult to reach your back with an ordinary brush, a long handled one will save you endless twisting and turning.

Superfluous hair on legs and arms may be removed by shaving or a reliable depilatory. If the hair is not very heavy it can be made practically invisible by frequent applications of fresh peroxide and ammonia after the skin has been thoroughly cleansed.

Mix only as much of the preparation as is needed for each application. If the mixture is left standing in a sealed bottle, the resulting chemical action may

WORK AND PLAY GO VACATIONING

Vacation should be a time for the child's recreation, but it should not be a time when all mental growth stops, declares Dr. Jessie A. Charters, noted middle western educator. Warning parents against letting children "run wild" in summer, Dr. Charters, who is head of the Division of Parental Education of the Department of Education of Ohio, points out that vacations should be planned for growth. She tells how work and play should be mixed in proper proportions, in McCall's for July.

"Vacation days should be planned just as carefully as are the school days but toward a different end. Moreover, both home and the community should join in the planning.

"The aims of this planning should be specific. Health should come first, and health means many hours of vigorous play in the open each day. Work should also have its place. The summer should not be permitted to break up habits of industry and concentration formed during the winter months. But the work should be done quickly and promptly so that it does not break into a child's playtime. A chance for quiet meditation is one more objective. The child grows mentally and emotionally during quiet periods.

"Wherever we live in the summer, we should give our children a place to play. They should have adequate playgrounds, with supervision and training in play if necessary. Each little town should have a play supervisor, especially for the boys. They ought to have baseball teams, marble tournaments, kite-flying contests, and many things to keep them out of mischief. This is not so difficult of accomplishment if the mothers get together and consider ways and means to secure a playground and a play supervisor.

"Not every community can afford a trained play supervisor. An alternative is a plan of community supervision, whereby mothers share the job of looking after groups of children. The children are asked to play in back yards rather than on streets.

"Since our children will all be home-makers at some time, it is a good plan to use the summer vacations to give the older boys and girls serious teaching in those things which will help them when they have homes of their own. In the winter, the children can be relieved of housework as much as possible so they will have time for school work and school fun. But they should understand that in vacation their lessons in home-making begin. The home course should be carefully prepared to include budgeting, buying, the care of food and clothing, cooking, and in fact everything one needs to know about housekeeping. Both boys and girls will enjoy the cooking class which may be planned to supplement the high school work.

"Reading, too, has its place in the summer schedule. There are quiet hours when it is too hot to race around in the sunshine. The results of summer reading will be greatly extended if it is planned in advance. One summer may be given over to the great English novelists—Dickens, Scott, Thackeray, Hardy, Austen, and Eliot; and another to American fiction—Mark Twain, James Fenimore Cooper, and other authors delightful to childhood.

Sedate Garb Finds Refuge In Aisles of Sleeping Cars

By Sue McNamara

WASHINGTON (AP)—Decorum of style still prevails in sleeping car aisles, despite the gaiety of beach attire and the informality of automobile dress.

Black robes of silk, reaching discreetly to the ankles, seem still the favorite negligees of the woman who rides by train.

Though she may wear the briefest in bathing suits on a beach crowded with strangers, she seems to hesitate to walk between the rows of swaying green curtains in very gay attire.

Strides have been made, however, in dressing cases, which offer a tempting array of colored or gold and silver toilet accessories, fitted snugly to the silk-lined lids of the case.

One of the newer designs has the brush and comb, powder and cold cream jars attached to a flat detachable tray which may be held in the lap while dressing in the berth or conveniently placed on a shelf in the dressing room.

Some of the larger traveling bags have a complete dressing table equipment attached to the lid.

These offer the woman who travels everything from various bottles of cologne and skin freshener to nail file and nail paste. Thus she can minister as easily to her beauty needs while traveling as in her own boudoir—but the bags are large enough to require the services of a strong porter.

Color schemes of the traveling bags are carefully thought out. Gold accessories fit into tan silk linings in a brown or tan case. Green ones nestle in a background of blue in a black case. Silver gleams from grey lining.

Some of the bags break out into gay colors not in keeping with the modest Pullman robe, but these scarlet patent leather affairs are only meant to hold a few things for an overnight journey.



Fay Wray wears this chic clinging suit. Her gray and black striped luggage adds to the ensemble.

Let Baby Enjoy Sunshine Before He Takes His Bath

Does your baby get his full quota of sunbaths? Of course he has his outdoor airing on every sunny day, but he must necessarily spend a part of the daytime indoors, being fed and bathed.

During the summer season, when the golden sun pours into the house through open windows, let him lie and kick for ten minutes after he is stripped for his bath. If his bathing equipment is arranged on a tray or box so it can easily be carried about, you may follow the sun from one room to another, day after day.

A recognized authority on infant hygiene, who recommends this schedule, explains that there is no danger that the baby will catch cold if the room is warm and he is encouraged to be lively. It would be a different matter, he says, for a baby to be still or sleep entirely without clothing.

Place him on his back and grasp the soles of his feet as he kicks, so he will kick harder. Put one finger on the sole of his foot so he will curl up his toes in an attempt to take hold of it. Let him pat your hands, turn him on one side, then on the

other, and over on his face. Within ten minutes are up, wrap in a blanket, close the window and proceed with his bath.

His activity in the water will appear to him as merely a continuance of this playtime. If transfer is smoothly accomplished and he is given a feeling of security when in the tub, a lot of placed on the bottom of the tub will prevent him from sliding back and forward when naked body is slippery with soap.

When his bath is over and he is in a happy state of clean drowsy contentment, put him to sleep in the sun, near an open window or on a porch, being careful to shade his eyes from the glare of direct or reflected rays.

WASHINGTON (AP)—Hair combs to match the shoes and mitts are part of the up-to-date bride-maid's costume.

At a recent smart wedding, the bride-maid wore a gown of pink chiffon with shoes, hair comb, mitts and nosegay of peonies. Her bouquet was of corn flowers.

Foxgloves and Canterbury Bells

Foxgloves and Canterbury bells are biennials of stately growth, lavish and beautiful bloom, when they flourish. Probably no two plants are more often recommended to gardening beginners and probably there are no more failures than these two. They will make bushy plants to go into winter quarters and in the spring it will very often be found that the crowns have rotted. They are hardy enough as to root but susceptible to wet. In some soils the Canterbury bell seems to be reliably hardy and self-sows and persists. These are usually heavy clay soils. The Foxgloves delight in an acid soil but grow well in lime soils but do not winter so well.

The tall spikes of the Foxgloves and the huge bells of the Canterbury bells are always desirable, and now is the time to start them. At the same time plan to give some sort of a winter roof to keep moisture and snow from too direct contact with the crowns. The paper supported on boxes or boards so that air may circulate underneath is a simple cheap and practical plan. Another is to set boxes over them after covering the crowns with dry



CANTERBURY BELLS.

or range of the Canterbury bell, coming only in blues and whites. The new form, Tolbam Beauty, is a beautiful plant with three-foot stems of huge deep blue bells, much larger than the older forms. This bellflower can be relied upon to be hardy.

A dwarf bellflower, beautiful for edgings and much used in rock gardens, is the Carpathian bellflower, campanula carpatica. This also is very hardy and makes a close mat of foliage above which rise scores of six-inch stalks with good-sized blue bells.

The peach-leaved bellflower has the advantage of being perennial while the Canterbury bell is a biennial and dies after its lavish crop of bloom and seed has ripened. It must be replenished every year. Now is the time to plant.

The Shirley strain of Foxgloves is unusually fine and well worth any care to bring it safely through the winter.

TWO-TONED FROCKS NEW IN FASHION

PARIS (AP)—Miss Henri Mouton is among fashionable sponsors of the two-toned frock. Miss Mouton is wearing this spring a black crepe frock with full white crepe sleeves beginning just above the elbows and ending in a tight band at the wrist. A small white straw hat trimmed with an aigrette completes the ensemble.

PRINTED CHIFFON IN BROWN DOMINATES

PARIS (AP)—Begum Aza Khan is a sponsor of the vogue for brown which has dominated Paris this summer. She has appeared recently in a modernistic printed chiffon evening gown with a brown, yellow and orange pattern and a white background.

Another of her favorite evening gowns is a brown lace dinner frock designed with a brown tulle shoulder cape and finished with a matching velvet belt.

A smart interpretation of the white summer mode is found in this costume with its accents of yellow and black.

There is a bag for every occasion.

Sheer Cottons For Tea Time



THANKS to ingenuous American designers there is still romance and heaps of comfort in summer cottons. Along toward the end of afternoons when the great question is "what to wear next" a sheer tea frock of cotton net or organdie is essential. Few if any fabrics can equal these in charm and comfort that are so essential for garden parties and appointments for tea which simply cannot be missed.

At the left is one of the new and very popular organdie frocks featuring a wide skirt and fluted

ruffles. The corsage of bright red organdie poppies is distinctly modern with its bright color accent.

The other photograph does not convey the charming color contrast which has been achieved by the use of blue and pink cotton net but it does indicate some of the youthful charm that is so striking a characteristic of this summer costume. The wide shoulder line with ruffles and the net ruffles of the petticoat are proof enough that this costume has its inspiration in the present search for real femininity.

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