

Fashions Household Hints Gardening, Etc.

Of Interest to Women

Edited by Eva Nealon

Cottons For Sunny Days



THE vogue for white continues with unabated popularity. This summer when you think of white you instinctively think of cotton. One reason for this is that white cottons are so cool and comfortable. They are washable and above all they are the come of economy.

Secretary Wilbur, M. D., Gives Bouyant Health Rules for All

Ray Lyman Wilbur, Secretary of the Interior, is an "M.D." in private life, and can't forget it. He resorts to medicine in such leisure moments as his office provides. It annoys him to find that even today the long-toms of the witch doctors can almost drown out the voice of common sense.

all the ills that its manufacturers have created in the impressionable mind of the buying public. "Every human being can be healthy if he wishes to be. All that is required of him is to use his common sense; to divorce his mind from the foggy traditions of the past and to adopt the factors of the present; to freedom for intelligence which means slavery."

"Science apparently has brought us nothing. People who laugh at stories of negro voodoo doctors go out and buy the latest thing in the health market and expect it to cure

MOVIES TO FEATURE ILICIT LOVE DRAMA

Because every new success starts a "Hollywood gold rush" of imitations, we may expect next season the strange combination of films featuring illicit love and films featuring children's comedies, predicts Robert E. Sherwood, pioneer critic. Tracing the history of previous fads, he tells what to expect next season, in McCall's for July:

"It is the fixed and immovable rule in the movie business that the unique success of one season will become the monotonous repetitions of the next. Whenever some random prospector in Hollywood digs up a 'theme' that finds favor with the public, the entire industry indulges in a frantic, better-sketcher gold rush. Thus, Theda Bara's first triumph, A Fool There Was, promoted an avalanche of vampire dramas. 'The Covered Wagon' was followed by innumerable epics of the old west. After What Price Glory? and The Big Parade every studio was jammed with carousing doughboys and acquiescent mademoiselles from Armentieres. In the wake of Flaming Youth came countless orgies of bobbed hair, short skirts, jazz and gin."

"Next season we may look forward to a superabundance of films of two distinct types: tales of illicit love and its bitter consequences, an imitation of 'The East'... 'Sex-stuff and kid-stuff'—as these two styles of entertainment are technically known—will prevail on all programs in 1931. Surely a strange combination, but not unbecoming to those who are accustomed to the fantastic trends of policy in Hollywood. Some years ago the industry decided to specialize in pictures dealing with big spiritual themes like The Ten Commandments, and with hot romances of the burning sands, like The Sheik."

TEN RULES TO GIVE YOUR EYES BEAUTY

Beauty specialists have worked out a series of ten rules for the care of the eyes. They are guaranteed to keep any woman's eyes beautiful. These rules, published in the Woman's Home Companion, are:

- 1. First of all, keep your eyes wide open. Big eyes are young and hard to resist. A good massage movement to keep eyes from dwindling and reddening is upward with the tips of the hands over the eyes and eyebrows and forehead. Wink—this is your eyes' best exercise. Squint lines obviously come from squinting. Do not avoid eyeglasses if you want to avoid crow's-feet, red veins, bloodshot eyes and dark circles. Try not to expose your eyes to bright light, wind and dust, poor light or intensive reading. Bathe your eyes daily with eye lotion and eye cup or dropper. Rest your eyes by changing focus or closing them briefly. Lie down and use cold compresses on the eyes when they are inflamed or overtaxed. Increase the apparent size of your eyes by discreet use of shadow on upper lid.

LEATHER BRACELETS WITH RIDING TOGS

WASHINGTON—(AP)—Members of the young smart set are wearing leather bracelets with their short-skirted polo costumes. The bracelets are of two-tone braided leather matching the riding costume and are fastened with brass or silver rings. Beige and brown, black and white or white and tan are the favored colors.

'CLOUD BLUE' NEW FOR EVENING

PARIS—(AP)—Cloud blue is a new color of the summer mode. The shade, which is a pale grey-blue, is often combined with midnight blue chiffon for evening gowns. Many of the gowns, combining the two colors, are embroidered in diamonds to give a starlight effect.

White Leads the Field for Summer Sports



A fashion highlight at the races at Belmont park was to be found in the accessories worn by these three young women with their jacket suits of white corduroy. Sandals and opera pumps in brown and white kid were chosen by the two at the left, while the third shows a preference for a sports tie in white kid.

Time to Plant Iris



The common iris can be planted almost any time when not in bloom, but with best success after the June blooming season and until late fall. July and August planting is especially recommended, as roots planted then have more time to send down new feeding roots from the tuberous piece called the rhizome, so that the plant is more firmly held against winter heaving. Chance for bloom the next year is also much better.

The bearded or common iris is quite hardy if planted in a well-drained location, and ordinarily the rhizome is set horizontally, with its top barely exposed to the air. If planted after mid-September, some gardeners have better success if the rhizome is covered with an inch of dirt as a protection against heaving. But if set in late fall in the usual way, a light covering of some coarse hay or cornstalks put on about December first is advisable the first winter only. Use no manure.

Tim and Rusty

By Maude Pool It was a bright moon-light night. Not a cloud was in sight, and everything was as still as could be. If Tim had been asleep, like everybody supposed he was, he would have known nothing about the friendly old moon looking through the window at him, but instead he was wide awake. His eyes were bright and blue as he watched the moon-shadows about the room. He lay on a cushion on the davenport, and he was thinking. Maybe you thought a little kitten wouldn't think very much, but Tim certainly was thinking of many things. He didn't like his new home very well. Yes, Emmaline was kind to him, but sometimes Gyp, the dog, chased him, and John, Emmaline's brother, threw water on him, and that wasn't a bit nice. Three long, long weeks it had been since that fateful day when he and Rusty had followed their mother into the forest. My! What a long time! He remembered how they had been nearly starved, and how they had ventured to Emmaline's home for food. Then Sue had come and found them, and had taken Rusty back to his home. But poor Tim! He was left at the strange farm because the little mistress had wanted a wee kitten all her own. But just the same, Tim knew that some day he would steal away and find his way back to Rusty and Mother Cat and his little friend, Bob, the dog. It was all these things that Tim was thinking about. Do you suppose that the fairies whispered to him that it would be this night that he would go home? Do you think a message from the fairies was

CULINARY CRAFT

By Estella Dorgan, Director of Home Service, California Oregon Power Co.

Sour Milk Recipes

If the milk you plan to use has become sour do not let that change discourage you. Rather, you should be pleased since such delicious foods may be prepared with sour milk and it is not always available. It seems to me that cakes made with sour milk are especially tender and "Sour Cream Cookies" were always the favorites in the Old Cookie Jar of school days—and they have remained so "ever after."

- Chocolate Cake: 1 cup butter, 1 1/2 cup sugar, 2 sq. Baker's chocolate, 3 egg yolks, 1 cup sour milk, 2 cups pastry flour, 2 teaspoons baking powder, 1 teaspoon cinnamon, 1 teaspoon soda, 1 teaspoon vanilla, 3 egg whites. Cream butter, add sugar gradually and cream again. Add melted chocolate and egg yolks and mix well. Sift flour, baking powder and cinnamon together and add one-third to creamed mixture. Add soda to sour milk and alternate with the remaining dry ingredients. Add vanilla and fold in beaten egg whites. Bake in two pans at 350 degrees for 30 minutes.
- Sour Milk Cookies: 2 T butter, 2 c sugar, 2 eggs, 1 t lemon extract, 1 c sour milk or cream, 1/2 t soda, 4 c flour. Cream butter and sugar, add beaten eggs, mix well, then add remaining ingredients, the soda with sour milk or cream. Chill. Roll very thin. Sprinkle with sugar and press it lightly on dough with rolling pin. Bake on cookie sheet or shallow pan in hot oven about eight minutes at 400 degrees.
- Sour Cream Cake Filling—No. 1: 1 c thick sour cream, 1 c light brown sugar, 1 c white sugar, 1 c walnut meats. Cook first three ingredients to soft ball stage, 238 degrees, remove from range, cool a little bit then beat until it becomes thickened. Add nuts and spread on cake.
- Sour Cream Filling—No. 2: 1 c thick sour cream, 1 egg yolk, 2 T sugar, 1 T corn starch, 1 t flavoring, 1 c chopped nuts. Beat yolk slightly, add sugar and cornstarch mixed, stir in the milk and cook in double boiler until it coats the spoon, add flavoring and nuts.
- Sour Cream Salad Dressing: 1 c sour cream, 1/2 c tomato catsup, 2 T olive oil, 2 T vinegar, 2 T sugar, 1 t salt. Mix the oil, salt, sugar and vinegar together, then beat in the catsup and, finally, add the cream, beating it in gradually.

Happy Marriage Best Career, Actress Says After Failure

By Sue McNamara WASHINGTON—(AP)—Marriage—that is, a happy marriage—still is the ideal existence for a woman, in the opinion of Blanche Sweet, slim, serious, blue-eyed blond "veteran" of the screen. Though in the Hollywood atmosphere nearly 20 years—she entered pictures when she was 13 and now gives her age as 32—the girl who brought Anna Christie to the screen had had only one marriage. "But the years when she was Mrs. Marshall Neelan, wife of a motion picture director, meant more to her, she candidly admits, than her career on either stage or screen. In a playlet which lasts 20 minutes she is having her first taste of facing an audience in person instead of through the camera. Her 71-year-old grandmother, Mrs. Blanche Alexander, is traveling with her and apparently enjoying the novelty. In the dressing room of the theatre the little blond veteran talked seriously: "Marriage with the right person still is the happiest existence for a woman in spite of all the career opportunities now open to her," she said. "But people change so even after they are married. Each develops new tastes, new interests. I tried to make a success of my marriage—we both did—but it failed. "But other marriages fail, even when the wife is not having a career," she said. "I guess marriage ought to be



BLANCHE SWEET.

taken more seriously—just made the one big ultimate thing that people don't contract until they are very, very sure of themselves and each other." As for the screen, Miss Sweet believes that girls who do not have too pronounced personalities, which limit them to certain types and plays, have the best chance of suc-

PLANS A PARIS STYLE SHOW



Contrary to the usual procedure a young American clothes designer of Vassar college and in her twenties plans to take New York City to Paris. She is Elizabeth Hawes and here she is working on creations which she has arranged to exhibit in Paris.

Goodbye, Family Life

The historian who glances toward the future may regret that the family is disappearing, but he cannot pretend that it is otherwise.—Woman's Home Companion.

Wives Take Notice

The only people entitled to use the plural pronoun "we" are newspaper editors and people with tape-worms.—American Magazine.



YOUR DECLINING YEARS?

Inevitably they will come... those years which will find your earning power gradually waning until it reaches the vanishing point. Prepare for them now by saving! The money thus set aside will then work for you—earning "wages" in the form of liberal interest—when you are no longer able to work for yourself.



SMASHES WILL HAPPEN

But in this fully equipped shop all traces of the injuries are properly removed by the highest grade AUTO COACH WORK—making your injured car look like new is our business. Auto-glass installed while you wait.



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