

Candy and Flowers Aid In Carrying Lovers' Message On Saint Valentine's Day

(By Eva Nealon.)

"If you're in love, send valentines. I like to get the kind I can eat," is the advice of Dr. R. H. Elliott regarding the quaint custom in which youths and maidens indulge each year to revive sweet sentiment.

Other well known local Lotharios, married and single, would not place such a definite limit on the extent of valentine sending as Saturday's mail will carry them hither and yon, from the Medford postoffice. Dainty ones, edged with lace, large ones with pastel colorings, reminiscent of the days of real romanticism, will ride in the same sack with modern squares with smart quips about the feminine eye and "my boy friend's auto." As well as the old-fashioned sheet best known to experienced senders and receivers as "the ugly valentine."

Boxes of chocolates, bouquets and corsages, along with telegrams, will carry the message of "Be My Valentine" to many sweethearts and mothers.

"All the boys should send their girls beautiful bouquets of flowers or a box of candy," is Wm. F. Isaacs' opinion. "I believe in sending something which will mean more to the recipient than comedy. The sender too should get as big a thrill out of the situation as the recipient," he stated yesterday.

"Of course, I believe in sending valentines," Dr. R. C. Mulholland said with an extra spread of his Irish smile. "It's a lovely custom and should be continued." He thinks that comedy and sentiment both have their place in the Valentine market, but that the best one to send is a compromise between the two.

"Sending valentines continues the expression of sentiment and is a fine custom. When I was a kid St. Valentine's day was as good as Christmas," Don Stevens said yesterday while searching for the type, which will please his wife most. "Always remember to make them appropriate," he added.

"Something flattering" is recommended by Ellen Ironer for sender and receiver. "Women like to be flattered well, so do men," she declared yesterday. "Why not do your flattering by way of Valentine?"

"There's nothing better than the sweet old-fashioned valentine," Arthur Hess exclaimed when questioned in behalf of the more loving variety, which is "to be found in increased numbers in local shops this season."

His stand was defeated, however, by Harold Larsen, who replied: "I like them snappy. This is a snappy age. Why not send snappy valentines and lots of them?"

"Open Your Heart My Valentine," I remember that message today," Don Collier started reminiscing when reminded of the holiday to be celebrated tomorrow.

"I got that one in a valentine box and I certainly fell hard for the girl who sent it. Of course if it had been a telegram," he concluded, "I would probably have married her."

Tim Fallon, who questioned, refused to be interviewed, but displayed a Valentine, already received, which is no compliment to his ability as an angler. Ernest Kistel and Chief of Police McCredie have also received several tokens of the holiday, which show that Valentines are already in the mails and not liable to suffer a decrease from depression.

These alien gangsters that Secretary of Labor Donk is to send back to their several native heathens probably will carry with them the greater part of Coolidge prosperity. — Richmond Times-Dispatch.

Northwestern university discontinued its 18-year-old high school indoor track meet because of the disapproval of the National High School Athletic association.

Society

Thursday Musicals Meets Paske Home

An interesting hour of music was enjoyed yesterday morning at the home of Mrs. C. H. Paske by members of the Thursday Musicals, recently organized club. There were 18 musicians present and the work of organization perfected by announcing the constitution and by-laws.

Miss Genevieve Brown entertained with a group of piano numbers, playing "Farewell to the Piano," by Beethoven and the "Polonaise" by Gramm. Mrs. Eunice Hillis, accompanied at the piano by Mrs. T. J. Anspoker, sang "At Dawn" and "Morning" by P. Harlow.

March 3 was named as date for the next meeting, which will be held at the home of Mrs. Hillis. Mrs. Paske is president of the new club, Mrs. Effie Herbert Yeoman, vice-president, and Mrs. E. E. Gore, secretary-treasurer.

Organization of this club marks another step forward in the cultural interests of the city and the coming season promises to be one of great musical activity.

Rehearsals of the "Crucifixion," to be presented on Good Friday at the Presbyterian church, by a group of local singers, are progressing favorably.

An invitation to attend the musical of the Ashland Music club in the Presbyterian church of the neighboring city Monday night has been received by all music clubs of Medford and members of the Greater Medford club. A delegation of local music lovers will probably motor to Ashland for the evening.

Mr. and Mrs. McKy Honored At Party Monday

Mr. and Mrs. Glenn McKy (Millard Ramen) whose wedding was an event of January 31 at the First Baptist church in this city. Rev. W. H. Eaton officiating, were the inspiration for a delightful party Monday evening.

A group of their friends surprised them by arriving at their home near Hugo and entertaining them for a short while with an old-fashioned charivari, then continued with them as guest to the home of Mrs. Mary E. Wiseman, where an evening of dancing was enjoyed. Refreshments were served at midnight.

Mrs. Solitsky Will Entertain Tomorrow

Mrs. E. C. Solitsky will be hostess again tomorrow afternoon at a bridge luncheon at her home on Queen Anne, to which she has invited a group of friends. Mrs. Solitsky is giving a series of parties this spring.

Mrs. Sietter Hostess To Bridge Club

Mrs. J. W. Sietter entertained members of the Tuesday Bridge club at her home this week. Dinner was followed by the usual number of games with three tables in play.

Royal Arch Masons Will Dance Tonight

Members of Crater Lake chapter No. 2, Royal Arch Masons are sponsoring a dancing party in the Masonic temple this evening. All Master Masons and their invited guests will enjoy dancing or cards. Music will be furnished by a five-piece orchestra. Lester Smith is chairman of the committee arranging the affair and will be assisted by Otto DeJarnett and E. L. Lenox.

Good Will Have "Kitt" Party Monday

Crater Lake Guild of the First Presbyterian church will conduct a kids party at the regular meeting Monday evening at the home of Mrs. Harvey Fields, 24 Crater Lake avenue. Meddames T. P. Tolpeltson, C. H. Porter and L. Pennington will act as assistant hostesses.

Mrs. Emily Dymal will give a paper on Slum, and Mrs. Porter will have charge of the devotional. All members are requested to dress as children.

Roseburg People Attend Lincoln Day Banquet

Mr. and Mrs. H. A. Canaday of Roseburg are in this city visiting relatives and were guests last night at the annual Lincoln day banquet. Mr. and Mrs. Canaday have attended most of these 17 annual events. Mr. Canaday is registrar of the land office in Roseburg.

They were accompanied to this city by Mr. and Mrs. A. L. Austin, also of Roseburg, where Mr. Austin is associated with the Roseburg National bank.

Book Club Meets At Sietter Home

The book club is meeting this afternoon at the home of Mrs. J. W. Sietter.

O. S. C. Club To Meet Monday

Mr. and Mrs. C. S. Butterfield will entertain members of the Oregon State College club at their home Monday evening.

Girls' League Dance Postponed

The girls' league dance at the senior high school, scheduled for February 26 has been postponed until March. At that time a dance will be given jointly by the girls' league and the Associated Boys.

The sum set aside for furniture is \$11.70 and for insurance \$28.60. Operating expenses, which include fuel, light, transportation, school supplies, and miscellaneous, amount to \$163.77. Leisure time activities have not been overlooked. Six dollars and sixteen cents has been allowed for the daily newspaper, \$12.00 for church or Sunday school, and \$56.47 for recreation. Health is allotted \$8.52 for the year and savings, \$28.09. The total comes to \$1624.90 which permits of a monthly expenditure of \$127.09.

These figures apply to conditions in Cincinnati, Ohio, in January, 1931, and were prepared by the League of Women Voters of that city.

The money set aside for food in this budget is more than that which is being recommended by the bureau for the present emergency situation. Doctor Williams points out, if a woman chooses to follow the food guide recently developed by the bureau—a diet which is entirely adequate from the standpoint of vitamins, minerals and calories—the food allowance can be reduced to \$331.76 a year.

This figure is an average, collected in 14 leading cities throughout the country, from the Atlantic to the Pacific coast.

The most recent retail food quotations, gathered by the bureau during the last week in January indicate that the cost is tending downward. The average cost is \$5.55 for filling a week's market basket for a family of five—as outlined below. Pittsburgh is the least expensive with a price of \$5.88 and New York City is \$7.03. The other cities in which the prices were obtained are listed as follows: St. Louis, \$6.22; Chicago, \$6.31; St. Paul, \$6.35; Los Angeles, \$6.77; Philadelphia, \$6.79; Kansas City, Mo., \$6.84; Dallas, \$6.85; Charlotte, N. C., \$6.82; Boston, \$6.74; Washington, D. C., \$6.89; New Orleans, \$6.91; Atlanta, \$6.97.

Births

It may be an unlucky day for some people—Friday, the 13th.—Mr. and Mrs. Keith Markham of Gold Hill call it their lucky day. For a son was born to them this morning at the Sacred Heart hospital.

The very little boy, with pink nose, seems quite satisfied with his birthday lot, according to reports from the nursery.

A Brand New Tribune Serial

BY HERBERT ADAMS Starts Wednesday February 18th

THE CRIME IN THE DUTCH GARDEN

3 tablespoons melted butter or other fat
2 cups soft bread crumbs
1 cup chopped cooked celery
1 cup diced cooked carrots
1 cup cooked or canned peas, or string beans
1 1/2 cup chopped nuts
4 tablespoons liquid from cooked vegetables
2 eggs, beaten
1 teaspoon salt
Pepper

Mix the fat with the bread crumbs, and reserve about 1/4 cup of the outside of the loaf. Mix together all the ingredients, form into a loaf of a sheet of greased paper, cover the surface with the crumbs, place on a rack in an uncovered pan, and bake in a moderate oven for 30 minutes. The loaf should be hot through and the crumbs golden brown. Serve with tomato sauce.

2 cups grated tomatoes
1 bay leaf

Food For Family Requires Care In Budget Allotment

By the Bureau of Home Economics, U. S. Department of Agriculture

Every meal—Milk for children, bread for all.
Every day—cereal in porridge or puddings.
Potatoes.
Tomatoes (or oranges) for children.
A green or yellow vegetable. A fruit or additional vegetable. Milk for all.
Two to four times a week—Tomatoes for all.
Dried beans and peas or peanuts.
Eggs (especially for children). Lean meat, fish or poultry, or cheese.

Practical working budgets for families with annual incomes ranging from \$1250 to \$2550 have been collected recently by the Bureau of Home Economics, U. S. Department of Agriculture in cooperation with the Woman's Division of the President's Emergency committee for Employment.

The bureau has found that the budgets developed by different cases, to fit the needs of the average or census family which includes a father, mother, and three children. However, a few spending plans are available for families of two, three, and four, with incomes ranging from \$1241 to \$2251. These budgets are now ready for distribution to the public.

The allowances for food, clothing, shelter, operating expenses, and saving have been carefully calculated in the several budgets recommended by the bureau, in the opinion of Dr. Faith Williams of the bureau. The present unemployment emergency and the far reaching effects of the drought have reduced many family incomes far below their former levels and careful budgeting is needed to meet demands, she says.

"One budget for a family of five with an income of \$1825 a year has proved especially helpful to the many families who have used it," Doctor Williams declares. "The food allowance for the year is \$638.88. School lunches are \$14.80 and rent is \$318.00. The clothing for the family is as follows: father, \$55.00; mother, \$45.00; son, 14 years old, \$40.00; daughter, 12 years old, \$45.00; baby, 3 years old, \$17.00, and upkeep of clothes is quoted at \$15.00.

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1/2 to 3/4 teaspoon salt
2 allspice
1 teaspoon sugar
2 slices onion
2 cloves
1/2 teaspoon pepper

Cook the ingredients for 10 minutes. Strain through a fine sieve. Measure the liquid. For each cup of liquid allow 2 tablespoons flour and 2 tablespoons butter. Melt the butter, add the flour and when they are thoroughly blended add the seasoned tomato juice and still until thickened. Place over hot water for 5 or 10 minutes. Serve hot with croquettes or meat loaf.

Quick Turnip Soup

4 cups milk
2 cups grated raw turnip
1 1/4 teaspoons salt
1/2 teaspoon grated onion
1 tablespoon flour
2 tablespoons butter or margarine
1/4 teaspoon parsley, cut very fine

Heat the milk in a double boiler, add the flour and butter, which have been well blended, then the turnip, the onion, and the salt. Cook until the turnip is tender, or for about 10 minutes. Sprinkle the parsley in the soup just before serving.

With this soup, serve toasted cubes of bread or croutons. An easy way to make croutons is to spread slices of bread lightly with butter. Cut each slice into strips, then into cubes. Brown the cubes in the oven.

Corn Bread
2 cups corn meal
2 teaspoons soda
2 teaspoons baking powder
2 tablespoons melted fat
2 teaspoons salt
2 cups sour milk
2 eggs

Sift the dry ingredients and add the milk. Add the well-beaten eggs and the fat. Pour into a very hot well buttered pan. Bake from 40 to 50 minutes in a hot oven (400 to 425 degrees F.)

Curry Tiffin
2 pounds lean, boneless lamb
1 onion, sliced
3 tablespoons fat
1 quart water
1 tablespoon curry powder
Few drops tobacco sauce
1 tablespoon flour
1 teaspoon vinegar
1 cup milk
Salt and pepper
1/2 cup moist unseasoned coconut
1 pound rice
1 can cut okra
Bananas

Cut meat into small pieces and brown with the onion, in hot fat. Add water and cook very slowly about 2 hours, adding more water occasionally to keep the quantity about 1 quart. When meat is tender, combine curry powder, flour, tobacco, vinegar, and milk, and add to hot stock. Season to taste with salt and pepper. Just before serving, add the coconut. In the meantime, cook rice in boiling water for 20 minutes; pour off all the water, cover closely and set back on stove or over hot water to steam. To serve, place a mound of rice in the center of each plate, pour over it a generous amount of curried lamb and place a spoonful of hot okra on top. Lay a peeled banana on each plate. (This is to be eaten with the curry to cool the mouth.)

Cost of Raising a Family
The cost of being born varies with economic status of the parents. The minimum average maintenance cost, where care is given in a hospital ward, is \$150 (\$50 for hospital expenses, \$70 for a working housekeeper, \$25 for the baby's layette, \$5 for incidentals such as hospital fees for prenatal care). If a semi-private room is wanted, the cost jumps up to \$250. The United States Bureau of Labor estimates the cost of bringing up a child, from birth to the age of eighteen, at something over \$8,000. This is for families with an income of \$2,500 and does not, of course, take into consideration additional expenses in the case of delicate children. For instance, only \$284 is allotted to the care of the health of the child during the entire 18 years. Many parents spend as much as that to bring a child through his first year.

Coffee Souffle Has That Flavor
3 tablespoons fat
3 tablespoons flour
3/4 cup evaporated milk
3/4 cup clear coffee
4 egg yolks
1/2 cup sugar
1/2 teaspoon salt
1/2 teaspoon vanilla
4 egg whites

Melt fat, add flour, and mix until smooth. Add milk and coffee gradually and bring to boiling point, stirring constantly. Beat egg yolks until thick and lemon-colored and add sugar and salt. Add slowly to hot mixture, stirring until blended. Cool slightly. Add vanilla and fold in stiffly beaten egg whites. Turn into a greased dish and bake in a moderate oven (350 degrees F.) about 50 minutes.

Baker—State and National Forest Service spending averages of \$888 per day in road work in Baker county as part of unemployment relief program, according to County Judge Charles E. Baird.

Spokane, Wash.—"I was suffering from stomach and liver trouble. My stomach was upset, my food would not digest—would sour and come up and cause me distress. But two bottles of Dr. Pierce's Golden Medical Discovery entirely relieved me of this trouble. There is nothing better for liver and stomach trouble than the Golden Medical Discovery." I advise others to try it.—Mrs. John Le Feuvre, 403 S. Chandler St. Fluid or tablets. All druggists.

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