

Stiff Neck Painful

Pinched Nerve Shown to Be Direct Cause

Once I saw in vauville a remarkable talking seal. His attainments in the vocal arts impressed me less than the extraordinary sleek, graceful movement of his body, and of his neck in particular. The movement of the neck and head was so smooth, easy and quick, the play of those muscles just held my attention fixed. I have taken care of so many unfortunate people with wry and kinked necks that such an exhibition of graceful, easy action of neck muscles and bones naturally delighted me.

Did you ever have a stiff neck? Then you know what a handicap it is.

In youngsters we find the greatest freedom of movement of neck muscles. The mobility of this part of the youth's anatomy reaches its maximum in old age. In fact, it is difficult to say whether "old age" causes the stiff neck, or stiff neck brings on old age.

The neck is one of the most vital parts of the body. All the nerves of the rest of the body must pass through the neck area to reach the brains. There are important arteries and veins that supply and drain this precious organ encased in the skull. Even lower animals instinctively know how important is the neck area. Most preying animals always make for a death grip or attack on this vulnerable part of the body.

There are important nerve ganglia in the neck, besides the regular cervical nerve trunks that control the vital mechanisms of head and lower parts of the body. There is the important Vagus or "wanderling" nerve trunk, which passes from the lower brain through the neck, down to the solar plexus, behind the stomach—probably the most important single nerve trunk in the body. There is also the phrenic or diaphragm nerve trunk which presides over the movements of the diaphragm and is essential to breathing. The jugular veins, important thyroid glands, parathyroid glands, salivary glands, vocal organs. These are some of the structures placed in this exposed part of the body.

Stiff neck or wry neck indicates a constriction of the muscles and ligaments of the neck area which prevent freedom of movement natural to this part. This stiffness fixes the bones and produces pressure on the channels of liquid movement and on nerves located in the muscle tissue itself, or between separate muscle groups. Expose to draughts, to electric fans, to chill, brings about the stiffness; but only in those bodies already enervated and in which the tissues have been saturated with poisons or body wastes.

All sorts of painful symptoms are associated with the stiffness—neuralgia, neuritis, stiff shoulders, headaches, eye weakness and so on. Chronic stiff neck, or frequent neuralgia or neuritis should receive prompt attention. These conditions are easily amenable to the spinal adjusting of the affected region.

By our health method we can easily find the distortions or kinks in the neck or other parts of the spine, and "unkink" them. The relief is instant. You don't have to suffer with stiff neck—this office is easily accessible to you.

MEMBERS OF CHIROPRACTIC BUREAU:
DR. H. P. COLEMAN
 Medford Building
DR. R. A. HEDGES
 Stewart Building
DR. E. W. HOFFMANN
 Liberty Building

CUT OUT—SIGN—AND MAIL

The Chiropractic Health Bureau care of the Medford Mail Tribune, Medford Oregon.

Please send me, without cost or obligation on my part, copy of the new Booklet describing Chiropractic Health Service.

Name _____
 Address _____
 City _____

(Paid adv.)

LIONS LAUD HOSS ON RETENTION OF OFFICER NICHOLS

Resolutions commending the judgment of the secretary of state in retaining Lt. O. O. Nichols on the state traffic squad were drawn up today by the Lions club in meeting at the Hotel Medford and will be forwarded immediately to the secretary of state.

The main address of the luncheon was given by Ed Andrews, who pointed out the existing need for advertising the state of Oregon in the east.

"The trouble with Oregon at the present time," he stated, "is that it is divided up into factions which are fighting each other instead of joining together in a campaign to promote the state at large. In southern Oregon there are more undeveloped resources than in any other section of the United States of this size."

"Since the Wall Street fiasco," he continued, "a great deal of capital is looking for a safe and safe place for investment. What we need is a state wide campaign to bring this capital to Oregon. We must have big capital to develop the natural resources. We must have money to put on such an advertising campaign, hundreds of thousands of dollars."

Alliance of all organizations working toward this end was advocated by Mr. Andrews with the statement that there are too many people without money coming into Oregon and not enough with money. "We don't need anymore of the people California doesn't want," he concluded.

Report of the budget committee was given by Leon E. M. Wilson, and accepted by the club. Lion G. W. Newberry presented a "happy thought" for his committee.

JACKSONVILLE PIRATES PLAY COQUILLE SUNDAY

The Jacksonville Pirates will play Coquille Sunday afternoon at the fair grounds at 2:30, according to an announcement made this afternoon by Louis Puhl, Jacksonville manager. Coquille has the championship team in the Coos Bay district.

Lon Chaney Speaks in Craterian Show

Thrills, surprises, uncanny shadows and shivery mystery are the surroundings of Lon Chaney's first talking picture, "The Unholy Three," now playing at the Fox Craterian Theater.

The Metro-Goldwyn-Mayer production has an amazing plot of a circus side-show ventriloquist and a midwife and a giant, banded into a sinister trimerate, and going through an astounding adventure. As the ventriloquist, Chaney is able to spring some surprises himself, in the way of five different voices. He plays the ventriloquist, carries on a conversation with his dummy, enacts the role of an old woman, with a perfect imitation of the feeble voice of old age, and besides his voice surprises, even sings!

His first talkie is one of Chaney's greatest performances as the sinister "Echo."

Lila Lee plays the heroine, as the silent show girl, and Elliott Nugent is seen in the male juvenile role.

Clara E. Simmons
 905 W. 10th St., Medford

You are invited to present this coupon at the Mail Tribune office and receive two

FREE TICKETS

TO A TALKING PICTURE PROGRAM AT THE



As a Subscriber Guest of the

MAIL TRIBUNE

WATCH THIS SPACE. If you are a subscriber to the Mail Tribune your name may appear here tomorrow!

Only subscribers' names will be published and, during the duration of this offer, all subscribers will be given an opportunity to enjoy FREE shows as GUESTS OF THIS PAPER.

NOW PLAYING
"LAWFUL LARCENY"

(Paid adv.)

Society

Porto Rico, Subject At Missionary Meet

Members of the Women's Missionary society of the First Christian church met yesterday afternoon in the church parlors, with Mrs. A. B. Ralbach's division in charge. Eight guests from Central Point were present at the meeting.

Mrs. Huson had charge of the devotionals, reading scripture passages and two short poems. Miss Shirley Chadwick of Portland, who is spending the summer with her grandmother, Mrs. Belle E. Laitrell, gave two readings, which were greatly enjoyed. A duet by Mrs. Dorothy Barr and Mrs. Ruth Reed was also a feature of the program.

Mrs. E. P. Ireland, who was a missionary in Porto Rico several years ago, doing work in a girls' school, showed a number of pieces of the handwork, and told of many interesting experiences while there. She also showed the group a number of pictures taken on the island.

Mrs. Kirkpatrick gave a talk on the present conditions in Porto Rico.

A negro spiritual and a reading were also given on the program by Mrs. Harry Young of Central Point.

During the social hour, refreshments were served by the group in charge.

Relatives and Friends Attend Christening

At a lovely ceremony at the Sacred Heart church this morning, Bernard Paul Kelly, young son of Mr. and Mrs. Edward Kelly, was christened by Father Francis W. Black. Sponsors were the baby's grandmother, Mrs. Paul Greiner and Frank DeSouza. The ceremony was attended by the relatives and immediate friends of the family. It was followed by a buffet luncheon at the home of Mr. and Mrs. Kelly.

Crown given in commemoration of their wedding anniversary, Mr. Kelly's birthday anniversary and the christening of their son.

Little Bernard Paul was dressed in one of his father's first baby dresses for the christening. Out of town guests were Mr. and Mrs. William Wehrli and daughter, Miss Irene Wehrli, of Ashland.

Miss Butler Gives Picnic Party

Miss Arlene Butler was hostess last evening to a group of friends at the Butler cabin at Peter Pan camp on Route river. Following an hour of swimming, a picnic dinner and dancing were enjoyed. Guests were the Misses Margaret Hensley and sister Bernyce, who is spending the summer in Medford, Altha Hubbard, Eva Nealon and Annette Heckman, who is here from Hilo, T. H., visiting her father, Dr. W. H. Heckman. Miss Heckman will return to the islands about the 20th of this month and Miss Hensley to Burns, Ore.

Will Be Guests Of Lewis Ulrichs

Mr. and Mrs. Lewis Ulrich will have as their guests during the next week Mrs. Thomas Rourke, Mrs. Lillian Sherman and Miss Marjory Haling of San Francisco, who are expected to arrive in Medford the last of this week. They will visit Crater Lake as guests of the Ulrichs over the week end.

Mr. and Mrs. W. Wakefield, Mrs. Hester Whitman and daughter are motoring to Diamond lake the last of the week to spend two weeks at the popular resort.

S. O. S. Plant Starts Operation Thursday Morning

Several crews started picking Bartlett for the S. O. S. today and tomorrow 200 packers will be employed at the plant under the supervision of Dee Hendrickson, superintendent. The picking crews are under Peter Ingram.

The plant will be in full operation tomorrow and shipping will start soon.

Pickers and packers for this company are to report tomorrow at 7:30 a. m.

Herb Berrian With Metropolitan Life Insurance Company

Herb Berrian has accepted a position as representative for the Metropolitan Life Insurance company, selling life, accident and health insurance.

Mr. Berrian, until recently, was city treasurer, serving in that capacity for six years. He likes his new work very much.

END SCOUT CAMP AT LAKE O' WOODS

With Boy Scout camp at Lake O' Woods closed yesterday, plans will be made this week for the Scout jamboree to be held August 29.

Interest is increasing in the San Francisco (Gypsy) patrol contest. Russell Jordan's Flying Eagle patrol, No. 5, is now in the lead with 8294 points, and Flying Eagle patrol No. 7, of which DeRoyce Dudley is leader, is second with 7185 points. Floyd Loomis' Stag patrol, having 5929 points, is in third place.

HUMANE OFFICER PROBES PLAINT

Complaint received by the Jackson County Humane society that 22 head of horses were without water on a ranch nine miles out from Ashland was investigated this morning by E. R. Maddox, humane officer, who found the owner of the stock already at the ranch taking care of the horses. Water had been shut off from the irrigation ditch running through the pasture but the horses are being cared for.

FORMER RESIDENT IS AUTO CRASH VICTIM

Mrs. Lizzie Fleming of Seattle for several years, a resident of Medford, passed away early Sunday morning in a Bellingham hospital from injuries received in an auto collision Saturday noon on the Mount Baker highway near the Laura Weber, 77, of Bellingham was killed in the accident.

Mrs. Matzger to Motor to Idaho

Mrs. J. S. Matzger leaves Medford today by motor for Moscow, Ida., where she will spend 10 days visiting and return to Medford accompanied by her children, who have been guests of their grandparents in that city.

Here from University

Rex Underwood, professor in the school of music, University of Oregon, and his sister-in-law, Miss Grace Foster, were in Medford yesterday on their way to California, where they will vacation. Mr. Underwood is also director of the orchestra at the university.

Auxiliary Prepares For Convention

Members of the Women's Auxiliary of the Medford post, American Legion, are working on a stunt this week which they will present at the convention to be held in Baker next week.

Mrs. N. C. Chaney, state president, and about thirty members of the local auxiliary will drive to the eastern Oregon city for the convention.

Miss Latham To Be Hostess

Miss Geraldine Latham will be hostess tomorrow evening at 7:30 to members of the Hi Triangle society of the First Christian church, at her home, 750 Stewart avenue.

Executive Committee Will Meet Tonight

The executive committee of the senior Christian Endeavor society of the First Christian church will meet this evening at the home of Miss Virginia Gregory, 34 North Peach.

Miss Ruhl to Enter Vassar

Miss Roxane Ruhl, daughter of Mr. and Mrs. Robert W. Ruhl, who graduated from the Katherine Branston school at Ross, in June, has passed examinations for entrance in Vassar this fall and will leave the end of this month for Poughkeepsie, accompanied by Mrs. Ruhl, who will spend some time visiting in the east.

Dinner Dance Enjoyed By Younger Set

Mrs. F. Corning Kenly entertained with a dinner and dancing party at her country home last evening honoring her niece, Miss Ellen Hill of Ross, Cal.

Guests were the Misses Peggy Hamill, Roxanne Ruhl, Frances and Harriet Sparrow, the honor guest and Messrs. Billy Newhall and house guest, Perry White of Boston; Edward Reames, John Perry and Farwell and Corning Kenly Jr.

Miss Jeannette Gore of Eugene, formerly of Medford, is in this city to spend the summer with Miss Grace Smith, Orchard Home. She was a guest the first of the week of her uncle and aunt, Mr. and Mrs. E. E. Gore.

Mr. and Mrs. C. W. Palm, accompanied by their 9-year-old son, who is their guest from Ohio, will motor to Bandon tomorrow for a short vacation at the beach.

Miss Dorothy Gould, daughter of Mr. and Mrs. E. W. Gould, who has been spending the summer at Bandon beach, is in this city for a few days. She was accompanied on her return by her house guest, Mr. Jean Fabrick.

INFORMATION FOR CRATER VISITORS FEATURE AT RIM

(By S. S. Smith)

One of the features that is of marked benefit to the visitors at Crater Lake this year in the information bureau, located in the building formerly occupied by Kiser, the Lake photographer. This is in charge of Wm. Godfrey, chief ranger, and his assistants, all of whom are exceedingly pleasant and obliging.

Rangers are also located at the entrances to the park, at the lodge and other places, to direct tourists and give information to the public. Ray Henderson, one of the rangers, reports a big increase in campers and picnic parties. The average has been 275 daily and one Sunday recently there were over 400.

Landscaping along the lake west of the lodge is progressing nicely and it is hoped to make a big showing next season.

Visitors should notice the mountain hemlock along the lake's rim that are all laden with beautiful seed cones. These seed cones only come on the trees every seven years.



- 7:15 to 7:30 p.m.—The Hot Spot of Radio. NBC service to KGO.
- 7:30 to 7:45 p.m.—Amos 'N' Andy. NBC service to KGO, KIQ, KOMO, KGW, KECA, KPSS.
- 7:45 to 8 p.m.—Governor Young campaign program. NBC service to KGO, KPF.
- 8 to 8:30 p.m.—Let's get Associated. NBC service to KIQ, KOMO, KGW, KPNO, KFI.
- 8 to 8:30 p.m.—Parlarian Quintet. NBC service to KGO, KECA.
- 8:30 to 9 p. m.—Bill Billy Boys. NBC service to KGO.
- 9 to 9:30 p.m.—Miniature Biographies. NBC service to KGO, KPSS.
- 9:30 to 10:30 p.m.—Camel Pleasure Hour. NBC service to KGO, KIQ, KOMO, KGW, KECA, KPSS, KTAR, KSL, KOA.
- 10:30 to 10:45 p.m.—Yip Fren! Scotty. NBC service to KGO, KIQ, KOA.
- 10:45 to 11 p.m.—Sarah Krienderer, violinist. NBC service to KGO, KIQ, KOA.

Radio Program KMED (Mail Tribune - Virgin Station)

- Wednesday
- P. M.
- 5 to 5:15—Popular recordings
- 5:15 to 5:45—Prosperigraphs by Medford chamber of commerce
- 5:45 to 6—News and markets by Mail Tribune
- 6 to 6:15—Fruit dispatches by Myron Root
- 6:15 to 6:45—Porter Lumber Co.
- 6:45 to 7—Ceil and Sally presented by Standard Oil Co.
- 7 to 7:15—"Equi-fractionated program" by Associated Oil Co.
- 7:15 to 7:30—Pipe organ concert
- Thursday
- A. M.
- 7:55 to 8—Breakfast broadcast of news by Mail Tribune
- 8 to 8:30—"KLIH hour" by Economy Groceries
- 8:30 to 8:45—Mary Ambitious and Harry Industry presented by Medford Business College
- 8:45 to 9—Gold Seal program
- 9 to 9:30—Popular recordings
- 9:30 to 9:45—People's Electric store
- 9:45 to 10—Pan Dandy program
- 10 to 10:30—Medford Sheet Metal Works
- 10:30 to 11—Style Gossip hour by Adrienne's
- 11 to 11:30—Popular recordings
- 11:30 to 12—Jarmin & Woods Drug Store
- 12 to 12:30—Crater Lake Auto Paint Co.
- 12:30—News flashes by Mail Tribune
- 12:30 to 1—R. V. Williams, Realtor
- 1 to 2—Popular recordings
- 2 to 2:15—Popular recordings
- 2:15 to 2:45—Prestone One-Stop Service Station
- 2:45 to 3—News and markets by Mail Tribune
- 3 to 3:15—Fruit dispatches by Myron Root
- 3:15 to 3:30—Jackson Co. Bid. & Loan association
- 3:30 to 4:15—Farmers Exchange Cooperative
- 4:15 to 5—Ceil and Sally presented by Standard Oil Co.
- 5 to 5:15—"Equi-fractionated program" by Associated Oil Co.
- 5:15 to 7:30—Pipe organ concert

PAIR CHARGED WITH WANTON DESTRUCTION

Sam H. McVey and John Stowell on the charge of malicious and wanton destruction of property at their preliminary examination. In Judge Taylor's court this morning, the pair were held to answer for the same.

On June 5th last they are alleged to have shot off the locks of boats tied up in the Rogue river at the T. G. Pankey ranch near Toledo.

W. R. Tindall granted permission to build addition to milk station.

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THEY GAVE A new Thrill

THAT'S WHY THEY GOT THERE . . . SO QUICKLY



JUST A FEW YEARS AGO SHE WAS FOUNDING A STUDIO TYPEWRITER. TODAY, SHE THRILLS MILLIONS WHEN SHE STARS IN A PICTURE.

FAST SUCCESS STORY NO. 8 ALICE WHITE

A keen-eyed director spotted Alice pounding the keys of a studio typewriter. In a few short years a new White star rose in Hollywood's heavens. Alice White was endowed by Nature with a special charm to thrill the millions.

OLD GOLD, too, is one of Nature's favorites. Endowed with mellow, sweeter tobaccos. It gave to millions a brand new taste-thrill, without a trace of throat-irritation. That's why OLD GOLD broke into the "Big-4" in less than a year, that's why today it's the country's fastest growing cigarette from coast to coast.

BETTER TOBACCOES "NOT A COUGH IN A CARLOAD"



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FRESH as steaming-hot cakes from the griddle . . . Hills Bros Coffee

That's Hills Bros Coffee

In the original vacuum pack

When you buy Hills Bros. Coffee it is as fresh and fragrant as when it came from the roasters. Air, which destroys the flavor of coffee, is completely removed from Hills Bros.' vacuum cans. In ordinary air-tight cans coffee cannot remain fresh.

Distributed by I. R. Friderger, Ashland, Ore.

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