CLAREICC TUPNW



## TOWARDS HEALTH

## A SIMPLE STEP

Kellogg's ALL-BRAN is a Daily Essential an
Millions Know Its Effectiveness in Relief
of Constipation


## SAVE <br> 

 SA P ? 4 \& GOLDMEAL WheatiesChildren Adore Wheaties!
 whear in flker that crinkle and
enticing new form children lowe enticing new fom children love:
Gperty made by the millers of the famous
 bran minerals, cartoby dates and vitamim,
of this nourrihing cereal all in one deightul. tempting didh.
They've taken misting out. The bran is there,
the minerals are there, the carbohydrates, the minetals are there, the carbohydrates, vita:
mins - -all the lemenss that form the worid. admitted Suaf of Lif
Whenties cort but se more than ordimary Aake cereak Wheat, as you kno
costly grain. Bat it contains mest costly grain. Bot it containg mote rral nour.
ishment than other cheaper grains. So forthat extra se you pay, you get the best grain food

POST OFFICE STAFF TWNET MSS HMPR ON ARTVAL TONMH

TWO STORES IN MEDFORD

## IT COSTS LESS TO LIVE IF YOU <br> 

With forty dollars out of every hundred being spent for food in this country, the up-to-date housewife has learned that a saving on foods lowers her cost of living. Careful food buyers are watching the MacMarr ads these days because they find they get more for their dollar in our stores. Besides, the sayings will buy those other things

Saturday and Monday July 26th and 28th


| Ginger Ale Canaia Dry | Picnic Suggestions |
| :---: | :---: |
| 2 bottles 39c | Kippered Salmon |
| Bread | $8 \text { oz, can } 25 \mathrm{c}$ |
| Domille lonves. Looml | ${ }_{\substack{\text { and } \\ \text { Sardines } \\ \text { In Oive oii }}}$ |
| bankery; 11/-11. loaves | 3 cans $\quad 29 \mathrm{c}$ |
| Each 10c | 3 cans ${ }_{\text {Deviled Meat }}$ |
| Eggs | 6 cans 29 c |
| cal-Guaranteed | $\underset{\substack{\text { Potato Chips } \\ \text { Fresth and } \\ \text { Crisp }}}{ }$ |
|  | $3 \mathrm{pkgs}$. |
| 2 dozen 45 | Pickles |
| Salad Oil | 15 -zz jar 19c |
| Wesson's | Cigar |
| 4 pt. size 87c | Carton \$1.19 |

Salmon
2 tall cans 29 c Shrimp

2 cans $\quad 29 \mathrm{c}$
Shredded Wheat

3 pkgs. $\quad$ 29c Marshmallows

Pound 19c
Tomato Soup
3 cans
25c
Crackers
Coffee
Flour
Plain or Salted
3 -pound Candy
MacMarr Supreme

Pound 35c
42c 3 bs.
$\$ 1.05$

49 b.
$\$ 1.55$ VEGETABLES OF QUALITY
Peas Tomatoes Lettuce
3 los. $\quad 25 \mathrm{c} \quad 3 \mathrm{lbs} \quad 20 \mathrm{c} \quad 3_{\text {heads }} \quad 10 \mathrm{c}$
Quality and Price Prevail at Our Sanitary Meat Market


## Kidvare Stores



Insurance
First Insurance Agency

