

Modern Styles and Household Suggestions

Delicious Sea Food Newburg



By CAROLINE B. KING

SUNDAY night suppers at our house are the happiest affairs—and easy too. For I always have a few jars of something good on hand which I whip into a savory dish in no time. Last week it was Sea Food Newburg—nothing to it—but my guests adored it.

A half pound glass jar each of lobster and crab meat and two smaller jars of shrimps made it. I always like to buy my fish in glass, so I can see exactly what I am getting as to size, color and texture.

I flaked the fish into rather large pieces, then I made a nice white sauce using two tablespoons of butter, two of flour and one and a half cups of milk, and cooked it all over a hot water till nicely thickened, adding half a teaspoonful of salt, a quarter of a teaspoonful each of pepper and paprika and a tiny dash of nutmeg. Just before adding the fish I stirred in the yolks of two eggs beaten with two tablespoonfuls of sherry flavor, then the fish was lightly folded in and the saucepan left over hot water for five minutes while I toasted some crackers on which to serve the heavenly mixture.

Veal Mousse
1 cup minced cooked veal, 1 tablespoon gelatine, 1/4 cup cold veal stock, 1 cup hot veal stock, 1/2 cup cream, whipped, 1/4 green pepper, minced, 1 pint, cut in strips, green pepper in strips, 1 teaspoon salt, paprika and pepper.

Use just the lean meat from the shoulder of veal and have it freed from all fat and gristle. Mince the meat very finely and then run through a coarse sieve.

Soak the gelatine in the cold stock for five minutes, then dissolve in the hot stock. Add the meat and the seasoning. Cool, stirring occasionally. When it begins to stiffen, fold in the beaten cream. Pour into a mold, dipped in cold water and decorated with pimento and green pepper cut into thin strips. Chill thoroughly for at least two hours.

Unmold onto a platter garnished with lettuce, watercress, or curly endive.

Serve with green mayonnaise.

Green Mayonnaise
Mince very finely some of the following herbs: Parsley, chives, or watercress. Press out as much liquor as possible and then stir the green substance into thick mayonnaise.

Lamb Salad
Mix two cups of diced cold roast lamb, one cup of thinly sliced celery and three-fourths cup of asparagus tips. Add a few grains of pepper, one-eighth teaspoon of salt to 2 tablespoons of salad oil and one tablespoon of vinegar. Beat

well and combine with lamb. Moistened with cream dressing and serve on heart of lettuce. Garnish with hard-cooked eggs, asparagus tips and celery curls.

Mock Chicken Salad
Mix 2 cups of cold roast pork cubes, 1 cup minced celery, and 4 chopped olives. Have ready 1/2 sweet red pepper which has been parboiled, freed from seed, cut in thin strips. A canned pimento may be used in place of the pepper. Combine with the pork mixture, moistened with mayonnaise dressing. Serve on bed of heart lettuce, and garnish with the shredded pepper or pimento.

Horseradish Sauce
4 tablespoons heavy cream, 3 tablespoons grated horseradish, 1 tablespoon vinegar, paprika and salt.

Whip the cream stiff, mix the other ingredients and beat them gradually into the whipped cream.

Veal a la King
Cut cold cooked veal in strips about 1 1/2 inches by 1/4 inch by 1/4 inch, using only the lean meat. There should be one cup of the meat. Make a medium white sauce. To make the white sauce stir 2 tablespoons of flour into 3 tablespoons of melted butter. Add 1 1/2 cups milk and stir constantly until it thickens. Then add 1/2 cup butter mushrooms (these may be omitted) 1/2 a green pepper, cooked until tender in butter and 1 pimento. Serve on toast or in patty cakes or over hot waffles.

Decorations For The Home

By Jane Suedicor

ARTICLE VIII.
Pictures and Wall Hangings
One hears so often of late that pictures are not in style any more and many would-be modern housekeepers have cleared their walls. In some homes we admit this has been a good thing and in others many really beautiful pieces of true artistic value have been discarded.

The time has passed, it is true, when cheap crayon portraits, calendars and poor prints no longer crowd our walls, but there is and always will be a place for two classes of pictures, one the really worthwhile work of art, the unusual picture which becomes more and more valuable as the years pass, and the artist lives in the work which he produced. And, second, by the picture which is very personal and has a strong appeal to one or all members of the family, for these recall to mind some past experience or friend, and no decorator has the right to order these removed.

Jazzed walls or walls papered with a pronounced design do not take kindly to pictures or wall hangings because they do not furnish the proper background and only large pieces should be used on such walls, and then rather sparingly. All pictures should be hung with concealed fasteners or by two parallel cords from the picture molding, and always low enough to be enjoyed. A good rule to follow is to hang them so that the center of interest in the picture is six feet from the floor.

Mirrors are used much more extensively today than ever before in this country and the same rules apply to hanging them that apply to pictures. They increase the apparent size of a room and often reflect a delightful view from an opposite window.

(To be continued next Sunday)

So You'll Know, Her Waist Is Seven Inches Above Hips



The U. S. bureau of standards has decreed that a woman's waist-line is seven inches above her hips. That settles it—or does it?

WASHINGTON, June 7—(AP)—That mysterious line so fascinating to poets and lovers since time began, has at last been definitely designated by Uncle Sam himself.

Acting as referee for a group of pattern makers, the bureau of standards of the U. S. department of commerce has decreed that a woman's waist is just seven inches above the hips.

Heretofore, left to the whim of every wind of fashion that blew, it has been tossed about on a sea of patterns varying at an angle of five inches to nine inches above the hips.

Moreover, Uncle Sam has toppled Venus de Milo off her pedestal. According to the measurements evolved from the conference of manufacturers, merchants and educators, there is no longer one perfect woman as represented by the cold marble woman without arms, but many.

The little slim brunettes, the statuesque tall blonde, the plump woman have now a chance to look in the mirror and with satisfied sighs say "I'm perfect."

Here is the new set of proper measurements which will be put out by the pattern makers:

	WOMEN (All measurements in inches)									
Bust	34	36	38	40	42	44	46	48	50	
Waist	28	30	32	34	36	38	40	42	44	
Hip	37	39	41	43	45	47 1/2	50	53	56	
	MISSSES									
Size	14	16	18	20						
Bust	32	34	36	38						
Waist	27	28	29	32						
Hip	35	37	39	41						
Socket bone to floor	52	54								

These measurements apply to patterns, not to ready-made garments. No matter what the period, whether of erminolines and muslins or of fish net and velvets, a man now knows where he stands. He must place his arms about a line just seven inches above the hips!

Debbies Find Recreation At Flying and in Riding



Two popular debutantes of last season, Miss Engracia Freyer (insert) and Miss Frances Wagaman (above) now go in for summer sports.

WASHINGTON, June 14—(AP)—Flying, riding, swimming and playing tennis, debutantes of last season are now busy building up muscle and endurance for next winter's social whirl.

Washington country clubs are filled with these feminine young jasons who are hard after the golden fleece of healthy tan, steady nerves and slim, graceful bodies.

Smart sports suits have supplanted ball room gowns. Miss Frances Wagaman, who was scheduled to make her debut last season, preferred instead to prolong her travels in China.

She has just returned home, having come from San Francisco by airplane. Miss Engracia Freyer, daughter of Captain and Mrs. Frank Freyer, and one of the most popular of last season's debutantes, is an accomplished sportswoman, and is off somewhere every day either with her car or her horse.

DUSSELDORF, Germany, June 14—(AP)—Conductors who can speak the international manufactured language "Esperanto" have been employed by the street car lines. They are identified by arm bands.

Pointers for Parents

(Compiled by the Editors of the Parents' Magazine)
Today, the prevailing "minimum age" for a wage-earning child in either manufacturing or mercantile establishment varies from 12 to 14 years; the latter being the general limitation; though many progressive states have raised it higher yet. To be effective, any compulsory limit on child labor must go hand-in-hand with compulsory education, so that an enterprising but short-sighted youngster may not decide to quit school and set up a boot-shaking stand or newspaper route of his own.

How many boys between 16 and 18 years have any idea what they are going to do when they have finished school, or are receiving any help to guide them? A survey made in New York City some years ago showed that 100,000 boys between the ages of 16 and 18 years averaged three positions a year. We found one boy who had held 34 different positions in one year! The underlying reason is because our education system does not help boys definitely to discover the vocation for which they are best fitted.

The growing girl of "awkward age" will find this year's feminine style a flattering aid to grace. Certain new features of the mode are well-adapted to the pre-juvenile miss. There is the graceful berth which veils an angular shoulder, or treats kindly an over-developed upper arm. The soft fullness of circular skirts and the various arrangements of long pleats are other features that are kind to growing figures.

The old theory that uncooked egg white is not digested is no longer held, according to Dr. Martha Kramer of the Kansas State Agricultural College. It has been found that the white, if beaten and mixed thoroughly with the food in which it is served, is used by the body.

HOT WEATHER COATS COVER NINE-TENTHS

PARIS, June 14—(AP)—The nine-tenths length coat takes its place in hot-weather apparel.

The missing one-tenth permits a dress skirt of contrasting color to show below a coat of georgette crepe or wool voile.

Coat sleeves are correspondingly short, allowing the dress sleeves to provide a bright band of color.

The nine-tenths coats and dresses are frequently developed in black and white, plain and print combinations and dark green or navy blue and powder blue.

ANTIQUE EARRINGS ADD TO COSTUMES

WASHINGTON, June 14—(AP)—Miss Elizabeth Shirley is wearing some of the most beautiful earrings seen in Washington.

They are of silver and imitation diamonds, of the pendant variety and are rare old Brazilian antiques obtained in Peru.

They are worn with a black taffeta evening gown with plain tight-fitting bodice and a skirt of panes of alternating lengths.

FILIGREE ACCENTS DRESS ACCESSORIES

WASHINGTON, June 14—(AP)—Ear rings and necklaces to match are the smart dress accessories of the summer.

Miss Lilita Dawson is wearing necklace and long ear rings of silver filigree with an evening dress of green taffeta. The dress has a tight fitting bodice and long skirt.

BUDAPEST, June 14—(AP)—Hungary's foreign trade showed in the first three months of 1936 a favorable balance for the first time in five years with exports approximately \$3,500,000 in excess of imports. Live stock and flour for European neighbors were chief items.

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Smart For Vacation Days



Printed chiffon pajama ensembles will be smart for beach wear this summer, and modest and comfortable, too. Molyneux expects the model above to be popular. The colored slip-in (inset) is attractive for the young miss who likes sports. Buttons up front are very chic.

Royal Families of the Garden Nasturtiums



NASTURTIUMS ARE EASILY GROWN AND WILL FURNISH BOUQUETS UNTIL FROST.

The nasturtium, botanically a tropaeolum, occupies a position as the single occupant of its family in the garden and a most popular one it is. Favorite for many years, it still remains one of the finest annuals that can be grown for a wealth of attractive foliage and attractive bloom. The nasturtium besides has the advantage of a spicy fragrance.

For edgings or for beds the dwarf types are ideal. They give flowers with fine stems for bouquets or low vases in a great variety of colorings, from velvety blackish crimson to creamy white, and in all manner of yellow and orange shades and a series of brilliant reds. Then, too, there are the variegated types.

The tall nasturtiums, sometimes called a climber, which it really isn't, as it has no means of getting up in the world without artificial help, is one of the finest of materials to cover stumps, rocks, low fences, or other low objects over which the long trailing stems can push their way. It is really a trailer and will push its way up any slanting support it encounters but it has no tendrils or roots.

ATHENS, June 14—(AP)—Reconstruction of the columns on the northern side of the Parthenon has been completed after seven years' work.

Charm in Calico and Crisp Cotton



THERE is something refreshing and decidedly feminine about the new summery cottons that are being shown and worn so extensively this season.

Many of the calicos, for example, are a reminder of days when these were the great favorites of Grandmother—with this difference—that they are now being styled and interpreted in ways that make them decidedly modern.

One of the distinctive new types is shown in the accompanying illustration. This is a sports frock of yellow calico trimmed with white rick-rack braid and featuring full tiered skirt and short puffed sleeves that are so popular this summer.

The other dress is an afternoon frock of green printed voile with separate cape and embroidered batiste gilet—comfortable even on the hottest summer day and decidedly feminine and smart.

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