

MEDFORD MAIL TRIBUNE

Daily and Sunday Published by MEDFORD PRINTING CO. 25-27-29 N. Fir St. Phone 15

A CITY MANAGER FOR MEDFORD

THERE is no doubt that the city manager form of government is the best method of municipal administration. Over 400 American cities have adopted it, and practically none of them have abandoned it.

The superiority of the manager plan rests chiefly in concentration of responsibility, elimination of divided authority, decrease of overhead and greater efficiency all around. Representative government is not abandoned. A municipal council of from three to nine members is elected under the older system. But this council instead of dividing up the work among themselves, via the committee system, selects a city manager who takes all the executive and administration work in charge.

As a result the city manager is not forced to waste time and energy in playing politics. He is—or should be—a specialist in city administration and can devote all his time to working for the city and promoting its best interests.

In short, the city manager plan is simply adopting the system in public business, that has been such a conspicuous success in private business.

BEFORE Medford adopts a city manager plan, one thing should be clearly understood. It is no cure-all for municipal ills. If adopted it will work no miracles. It increases the opportunities for securing better government rather than automatically achieving it.

Good men can get better results with poor machinery, than poor men can with good machinery. But the city manager form does supply better machinery, and other things being equal, such action is therefore a constructive step toward what we all desire—better, more economical and more satisfactory government.

Personal Health Service

By William Brady, M. D.

Signed letters pertaining to personal health and hygiene, not in disease, diagnosis or treatment will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady in care of The Mail Tribune.

SOME GIRLS HAVE LARGE FEET AND SOME HAVE A LOT OF GRUFF.

Richardson and Hearn remind us, in their recent book, "The Pre-School Child and his Posture" (Potomac), that primitive man had and still has strong, well developed flat feet. They should have added that primitive man's feet are large, too. Dr. Richardson (physician) and M. L. Hearn (physical educator) do observe that primitive man couldn't afford to mess around with painful feet, bunions, calluses and the like.

Notwithstanding the contribution of Henry Ford to modern civilization, man can scarcely afford to have such luxuries, even now, and there are signs that he is beginning to realize it. But the women are more reluctant to give up their self-punishment; being, after all, more submissive than the male, the female of the species obeys the dictates of fashion, and fashion does horrible things to the feet.

Probably most of the evils built into shoes purport to make the foot look smaller than they are. A century or more ago some of our forebears had discovered how to live without working, and with that discovery came the realization that one could ride or be carried, rather than walk, almost anywhere. Out of this evolution or decadence, as you please, grew the aristocratic affectation of small feet. In our generation, happily, young women no longer vie in fainting, going into decline and being pitifully helpless in every way. On the contrary they're beginning to accept health as the secret of real charm and beauty. Freak feet, no matter how tiny, no longer cut any ice in a girl's career, whether she elects to shine in musical comedy or agitate things via mother's clubs.

Dr. Richardson and Miss Hearn see the evolution of foot troubles in a slightly different light. Gradually, they say, a new type of foot was evolved, as a consequence of the disease of the feet by our aristocratic ancestors. It may occur in the humorous sense. This new type of foot was shorter and narrower than the primitive foot, the authors say; I'll add it was a darn sight uglier, too. The authors remind us it is a well known scientific fact that an organ or muscle tends to atrophy and lose its power of functioning when allowed to remain inactive after long, habitual activity. The shoe maker soon took his cue and devised the freak pointed shoes with narrow high heels to make the foot look even tinier. Such shoes made any bare-brained creature feel she had never done a tap of work in her life. Perhaps they still have some such effect, judging by—

But these authors go too far with their reversed reasoning. They next say "If anyone doubts that activity increases the size of the foot, let him ask a group of nurses the sizes of the shoes they wore when they graduated. Many will be found to be wearing shoes which are two or even three sizes larger than they wore when they began their probationary period. They were serving during that period; they were not being served."

That is probably a correct observation, with a wrong deduction. The reason why nurses wear larger shoes is because they have learned some sense, in the first place; and also they have learned they could not do their work satisfactorily while their dogs are crowded into shoes a couple of sizes too small.

QUESTIONS AND ANSWERS

Tongue Biting. What causes me to bite my tongue in my sleep, and is there anything I can do to prevent it?—G. K.

Answer—I don't know, but it suggests epileptic seizures.

Varicose Veins. What are varicose veins? What causes them? What can be done for them?—R. A. C.

Answer—Enlarged, dilated, and swollen veins that stand out prominently, often in knotted bunches under the skin, especially in the legs. Send a stamped envelope bearing your address and ask for

advice, mentioning your trouble. No advice unless you say you have the trouble.

Bath Obsession. Are internal baths beneficial to health, or have they any bad effects on kidneys or prostate gland?—J. C.

Answer—If you mean enemas, I should not say they are beneficial—they are merely an expedient for the relief of some abnormality, and not a practice to be indulged in regularly. One with kidney or prostate disease should not take an enema unless under direction of his physician. (I am not unaware of the fad of patronizing colon filling stations.)

Bananas for Babies. Please tell me if it is all right to give banana scraped to a child 15 months old. We have been giving our baby 3 or 4 teaspoonfuls of scraped banana every day and we are told now that bananas cause convulsions in children.—Mrs. C. S.

Answer—By scraped banana I assume you mean the pulp of the ripe banana. It is not only all right, but by all means advisable for every baby, beginning at the age of, say, four months, feeding a teaspoonful a day, and increasing gradually, week by week, till the baby takes a banana a day at the age of eight or 10 months. This has proved not only highly nutritious, especially in cases of puny, sickly undernourished infants, but it solves the constipation problem in infancy. The banana should be thoroughly ripe, yet not mushy. When quite ripe the banana skin is golden yellow, mottled with brown, but not black marks. The addition of banana to the diet has brought health to many a baby after all kinds of artificial foods have failed.

(Copyright, John F. Dille Co.)

Quill Points

The Russian experiment proves you can establish Utopia by teaching self-sacrifice and shooting those who won't learn.

Press and pulpit agree that government needs a guardian and guide, but neither is willing to let the other be it.

"Senator Robison is a true Kentuckian." Well, maybe so! But we always thought he was a typographical error.

You can tell we are an intelligent people by the way we let a bunch of professional gamblers fix the value of our property.

You can say this for the senate. It isn't the only organization that tries to save the country from all evils except itself.

Correct this sentence: "The house seemed empty when I discovered you hadn't come home yet," said the husband, "but I wasn't at all offended."

Brisbane's Today

(Continued from page one)

for a scientist, in whose universe of equations no Aristotle "prime mover" is necessary.

However, Einstein is a great mathematician and sincere scientist, with the modesty that accompanies greatness. You owe it to yourself to follow him and understand him, if you can.

Fables come true. The frogs, like the Rumanians, thought they needed a king. King

SUNDOWN STORIES

By Mary Graham Bonner.

The Little Black Clock certainly had given them a wonderful trip. Because of his magic he had been able to turn the time way, way ahead and he had taken them for a ride in a huge plane and they had gone around the world on one very rapid trip.

"I thought it looked as though we were seeing so much different scenery that it couldn't be just one country," John said.

"And we saw such a lot of water," said Peggy with a gasp. "I thought we were passing lots of lakes but I suppose we were simply going over oceans."

"It was a great trip," John said. "Just think! All around the world just like that!"

"It was worth seeing, and worth waiting to see," the Little Black Clock said. "I'm so glad you did it, and I've got another kind of a trip planned. Maybe you won't like this so much."

"It's nice to have all kinds," said Peggy.

"Sure it is," agreed John. "I've turned the time ahead again this evening," the Little Black Clock said, "and I'm taking you to a very funny meeting. At least I think it will amuse you."

John and Peggy hurried along with the Little Black Clock. "Where are we going?" Peggy asked.

"We've arrived," the Little Black Clock shouted, after a moment. He had not even answered Peggy's question.

"They looked about and they saw people rushing, rushing, rushing. Everyone was in a great hurry. Then a man who reminded them of Father Time called the meeting to order.

"Is that Father Time?" Peggy asked.

"It is," said the Little Black Clock. "What about the others?" asked John.

"They're ahead of Time, and Father Time is calling the meeting to order because of them. You'll hear what happens!"

Tomorrow—Father Time's Speech.

Ashtand, — East Side Pharmacy installed new soda fountain.

MAIL TRIBUNE DAILY CROSS-WORD PUZZLE

Solution of Saturday's Puzzle

Crossword puzzle grid with words filled in. Includes clues for Across and Down words.

Communications

To the Editor: A recent inquiry was made through your editorial column as to how the present setup of that column appealed to the readers of your paper.

You now have two puzzles in one issue, i. e., one the actual word puzzle and the other how to fold the paper in order to work it. Between the two issues I find the hardest puzzle is folding the paper. To make it harder why don't you put the blank squares on one page and the word definitions on another page—that would make it still harder to work.

"DISGUSTED." (Name on file.)

STORY 1

(Continued from Page 1)

Portland, explained the national farm marketing act and recited its benefits to the nation as a whole. Beginning with the World War period, Mr. Schoenfeld followed the history of farming conditions in the United States, connecting it with the establishment of the federal farm board last year.

Radio Expert Here. Mr. Pitman established the Pacific Coast School of the Air, a regular station feature giving information on problems of finance. He was to leave this evening to meet Harold Solner, educational director of the American Institute of Banking.

At this forenoon's session, Kieth Powell of Woodburn was named to head the nominating committee. Perry Young was chosen to head the auditing committee and C. C. Colt of Portland, resolutions.

Today's breakfast conference, at which 65 were present, included routine reports by the legislative, standard forms, taxation, trust powers, educational, forestry and insurance committees. No new reforms were suggested and the reports confined themselves principally to results and accomplishments.

Hamilton to Talk. A feature of tomorrow forenoon's session will be a speech by Ralph S. Hamilton, speaker of the Oregon house of representatives, and acting governor in the absence of Governor A. W. Norblad.

The annual banquet of the association will be held this evening at the Hotel Medford and will have Rome C. Stephenson, first vice-president of the American Bankers' association and vice-president of the St. Joseph County Savings bank, St. Joseph, Mo. Frank Branch Riley, who was to have spoken, has been detained at Portland because of illness.

As a part of the entertainment program for the visiting bankers,

Do You Remember?

TEN YEARS AGO TODAY (From files of the Mail Tribune.) June 9, 1920

San Francisco—Trial of Jack Dempsey underway, with champion worried over slacker charges.

San Francisco—Jim Jeffries weighs 220 pounds for Johnson fight.

Medford is doing more paying than all the small cities in state put together.

Interurban line is incorporated for \$5,000,000, by John R. Allen of New York and Medford.

Portland.—Plans proposed for construction of \$17,000 garage and office building for Pacific Greyhound lines, formerly the Oregon Stages, Inc., at corner of Sheridan and Hood streets.

The big tri-motored Standard Oil cabin plane made over 12 trips for their benefit yesterday, taking eight passengers a trip. Short flights were made over the valley.

FREE TICKETS

TO A TALKING PICTURE PROGRAM AT THE FOX RIALTO

As a Subscriber Guest of the MAIL TRIBUNE

WATCH THIS SPACE. If you are a subscriber to the Mail Tribune your name may appear here tomorrow! Only subscribers' names will be published and, during the duration of this offer, all subscribers will be given an opportunity to enjoy FREE shows as GUESTS OF THIS PAPER.

NOW PLAYING "Free and Easy"

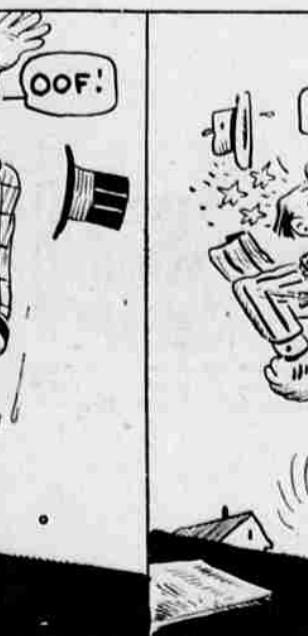
Women's Hose \$1.00 pair

Silk from top to toe with French Heel

The Toggery OF COURSE

By BUD FISHER

MUTT AND JEFF—Ruined By Amateur Competition



Large advertisement for Fox Rialto featuring 'Free and Easy' and 'Women's Hose \$1.00 pair'. Includes text about subscriber benefits and a cartoon by Bud Fisher.