

County Health Department

Activities and News

By Dr. B. C. Wilson, Health Officer

The Care of Baby Teeth.

Decayed teeth that always hold quantities of decayed food materials, swollen red gums, stained teeth, uncleaned mouths, according to the U. S. Public Health Service, all afford excellent breeding places for germs and many of the diseases of childhood are contracted because of such conditions.

Nearly all contagious disease—all of the so-called children's diseases—gain their entrance to the body either through the mouth or nasal cavity.

If the child's mouth is healthy, if his teeth are sound, and his gums firm and hard, many of these disease-causing organisms cannot find lodgment.

It is often asked, "When should a child first be taken to the dentist?" By all means he should be taken by the time he is three years of age, and at least every six months thereafter.

The temporary teeth should be cleaned by the dentist at least twice a year, and all cavities should be filled just as soon as they appear. This is not painful unless the cavities are allowed to become large. All stains should be removed, because underneath these stains are places of germs which destroy the enamel.

The fillings may be either amalgam, or what is probably preferable, of copper cement, which is plastic and easily inserted.

In case a tooth is lost prematurely through accident or disease, the space should be retained by a simple appliance to hold the adjacent teeth apart. This is an age of prevention—an era that emphasizes the importance of taking every means to prevent disease before it occurs.

In the early visits to the dentist, when possible, nothing is to be done but cleaning and giving advice as to the use of the tooth brush or a small filling or two.

will have a salutary effect upon the child.

He will look upon the dentist as his friend instead of some one to fear, and he will soon learn to take pride in the appearance of his mouth and teeth.

The dentist will make every effort to preserve those teeth and keep them comfortable and useful. Think what it will mean to this child when he grows up to have a beautiful, clean, and regular set of teeth.

Although the child does not lose all of his temporary teeth until he is about 12 years of age, the first permanent molar appears about the age of six years.

The child does not lose any of his temporary teeth when this tooth erupts; but instead, it appears just back of the last temporary molar. This is frequently confusing to mothers, because they have not noticed its arrival and often think it is a temporary tooth.

This first permanent molar, or six-year molar, is the most vital tooth in the mouth—the keystone of the arch, as it is sometimes called. Many times it is not perfectly formed and decays quickly. This is a serious loss and always leaves the child's face deformed. Just as soon as this tooth appears, the family dentist should be consulted.

During all the time these temporary teeth are erupting, are in use, and are being lost, the permanent teeth are being formed. The permanent teeth are built of the same elements of which the temporary teeth are formed, and the only way these necessary elements can be taken into the body is in the proper food.

Bone and tooth building elements—lime, phosphorus and magnesium—are contained in most leafy vegetables, milk, butter, eggs, whole-wheat bread, cereals, and fruits, but sunshine, fresh air, fresh air at night, and clean personal habits are all also essential to good health.



7 to 7:15 p.m.—Elgin program. NBC service to KGO, KHQ, KO MO, KGW, KECA.

7:15 to 7:30 p.m.—Three Violins. NBC service to KGO.

7:30 to 7:45 p.m.—Amos 'n' Andy. (Transcontinental from Chicago). NBC service to KGO, KHQ, KO MO, KGW, KECA.

7:45 to 8 p.m.—NBC Concert Favorites. NBC service to KGO, KHQ, KGW.

8 to 8:15 p.m.—Ole and the Girls. NBC service to KGO, KHQ, KGW 8:05 to 8:15.

8:15 to 8:45 p.m.—Piano Paintings. NBC service to KGO.

8:45 to 9:15 p.m.—Tone Pictures. NBC service to KGO, KHQ, KO MO, KGW, KECA.

9:15 to 9:45 p.m.—Kodak Week-End Hour. NBC service to KGO, KHQ, KOMO, KGW, KECA, KSL, KOA.

9:45 to 10 p.m.—John and Ned. NBC service to KGO, KHQ, KOA.

10 to 10:30 p.m.—Mystery Serial. NBC service to KGO, KOA.

10:30 to 11 p.m.—Pacific News. NBC service to KGO, KOA.

11 to 12 p.m.—Hotel Dance Orchestra. NBC service to KGO.

Radio Program KMED

(Mail Tribune - Virgin Station)

Friday

5:00 to 5:30—Standard Flamingo program.

5:30 to 6:00—Bebe service station, Central Point.

6:00 to 6:15—Fruit dispatches by Myron Root.

6:15 to 6:30—News and markets by Mail Tribune.

6:30 to 7:00—Harwood Photo Service.

7:00 to 7:15—Tom and Wash, presented by Associated Oil Company.

Saturday

7:55 to 8:00—Breakfast broadcast of news by Mail Tribune.

8:00 to 8:30—Popular Recordings.

8:30 to 8:45—Lessons at City Market.

8:45 to 9:00—Gold Seal Creamery.

9:00 to 9:30—Musical Geography presented by Perle Funeral Home.

9:30 to 10—Los Angeles Soap Company.

10 to 10:30—Peoples Electric Store.

10:30 to 11—Pet Milk program.

11 to 11:30—Rogue River Lumber Co.

11:30 to 12—Economy Groceries.

12 to 12:30—Electric Wiring Co. & radio service laboratory.

12:30—News Flashes by Mail Tribune.

12:30 to 1:00—Pierce-Allen Motor Co.

1:00 to 1:30—Popular Recordings.

1:30 to 2:00—Fageol Motor Sales.

5:00 to 5:30—Standard Flamingo Gas program.

5:30 to 6:00—Popular Recordings.

6:00 to 6:15—Fruit dispatches by Myron Root.

6:15 to 6:30—News and markets by Mail Tribune.

6:30 to 7:00—Brunswick Breweries.

7:00 to 7:15—Tom and Wash, presented by Associated Oil Company.

week. Mrs. Bibb and Mrs. Litherland are sisters of Mrs. Tollefson. Mrs. Pearl Wilbur, daughter of Rev. and Mrs. J. M. Johnson, who underwent a major operation at the Community hospital last Monday, is reported steadily improving. Four-H club members who will attend summer school at Corvallis will leave Medford at noon, Sunday, June 8, on the Shasta. Mr. and Mrs. Morse Haley, who lived on the Victor Bursell farm for the past five years, have moved to Prospect, where Mr. Haley will be associated with Oscar Higginbotham. Children of the Sunday school of the Federated church will present a Children's day program Sunday morning, June 8. Mr. and Mrs. J. C. Grimes and family spent a few days last week at Lake of the Woods.

Mrs. Mabel Mack, county demonstrator, held an all-day meeting on June 4 in the new Grand hall. Lunch was served by the ladies at noon. The theme of the meeting was "Dairy Products."

EIGHT STUDENTS WILL GRADUATE

UNIVERSITY OF OREGON, Eugene.—(Sp.)—The graduating class for 1930 will total 700 members, who will receive degrees at the commencement exercises on June 16. The list of candidates includes degrees given at the end of the 1929 summer session, and those given in January.

Eight students are from Medford. They are:

Margaret B. Turner, education, Sigma Kappa.

Aldredine R. Gardner, music.

Marjorie D. Kelly, physical education.

Cecile N. Coss, music, Alpha Xi Delta.

Loren Beverly Egeberg, chemistry, Alpha Tau Omega.

Henry Shaldon Filch, biology.

Evelyn M. Dew, music.

Arthur Schoeni, journalism, Sigma Pi Tau.

MASTER BARBERS ELECT OFFICERS

LA GRANDE, Ore., June 6.—(Sp.)—Portland was selected as the 1931 convention city of the Oregon Master Barbers' association and officers were elected as Oregon barbers closed their convention here yesterday.

R. Z. Baxter, La Grande, was elected president; A. C. Edsall, Klamath Falls, re-elected first vice president; Roy Slate, Bend, second vice president; E. P. Penner, Portland, secretary-treasurer; Joe Paradise, Baker, third vice president; J. G. Halsey, Portland, fourth vice president.

BIG STOCKTON LUMBER IS DESTROYED BY FIRE

STOCKTON, Cal., June 6.—(Sp.)—Fire early today destroyed the lumber yard of Fisher Brothers here, with a loss estimated by the owners at \$100,000.

The yard was located next to the Fisher Brothers' planing mill, the largest in Stockton, but firemen saved the structure.

NORTHCOTT RECOVERS, GOES BACK TO CELL

SAN QUENTIN PRISON, Cal., June 6.—(Sp.)—Recovered from an attack of appendicitis, Gordon Stewart Northcott, slayer of three youths on his "Solomon farm" in Riverside county, left the prison hospital for his cell in condemned row. He appeal from death sentence is before the state supreme court.

SURPRISE PARTY GIVEN MRS. AMES, FAMILY

WILLOW SPRINGS, Ore., June 6.—(Special)—A very pleasant surprise party was given in honor of Mrs. Oakes Ames by a number of her friends on Tuesday afternoon.

Mrs. Ames and children leave this week for their new home in Wenatchee, Wash.

Those who enjoyed a pleasant afternoon were Miss Blanche Arnold, Miss Rose Jones, Mrs. Raymond Crawford and two children, Mrs. Joe Lester and little daughter, Mrs. Frank Henspeter, Mrs. Robert Brophy, Mrs. Ted Hill and two daughters, Mrs. Grace Luman, and Mrs. Ames and daughters.

At the close of the afternoon a basket lunch was served in picnic style.

SIMPLE HOME TREATMENT BANISHED ALL HER GRAY HAIRS VERY QUICKLY

Made Hair Grow in Nice and Heavy. Now Her Friends Declare It Is Beautiful Since She Has Used Lea's Hair Tonic



SEE WHAT DAUGHTER SAYS ABOUT IT BELOW

"My mother whose picture I am enclosing is sure glad she used Lea's Hair Tonic. Her hair is so nice and every single gray hair is gone. She has shown her hair to many women she knows, and they all are amazed at the improved appearance and growth. Mother actually looks twenty years younger, so she is a great booster for Lea's Hair Tonic, and gladly authorizes you to use her photo if you wish," writes Julia Pok, 1915 Deschamps St., St. Louis Mo.

No man or woman should fail to have beautiful even colored youthful hair nowadays. Once appearance counts for a great deal socially or in business. It is no longer necessary to use ugly dyes or patronize beauty shops to put ones hair in splendid condition entirely free of gray and dandruff.

Simply buy a bottle of Lea's Hair Tonic at the drug store, and apply a few drops nightly to the scalp with finger tips. Gradually day by day the hair turns shade by shade back to its beautiful even youthful color. One may defy an expert to detect its use, and so easy and convenient to use too. Just a few drops massaged into the scalp seems to stimulate circulation, and growth also, and the scalp becomes as healthy, looking and free of dandruff as a child's.

If your druggist hasn't Lea's Hair Tonic send dollar bill, check or stamps to Lea Tonic Co., Brentwood Md., and bottle will be mailed you with a positive guarantee of money back if using Lea's six weeks doesn't bring results that delight you.

CENTRAL POINT

CENTRAL POINT, Ore., June 6. (Sp.)—Miss Arlene Hay, who teaches the second grade here, left for San Francisco last week where she will spend the summer.

L. N. Brainard of Portland made a business trip to Central Point this week. Mr. Brainard represents the Aetna Insurance company.

H. F. Praest has rented the store building next to the Jones grocery, and expects to open a shoe repair shop Thursday, June 12.

Mrs. Homes and Mrs. Tule of Tolo were visitors in town Thursday morning.

Mrs. Molly Holmes and Miss Gladys Holmes will return Monday, June 9, from Portland.

Miss Helen Lees spent the week end in Medford as a guest of Miss Geraldine Fox. She returned to her home Monday.

Mr. and Mrs. K. M. Bibb and daughter of Kells, Wash., and Mr. and Mrs. Nye Litherland and daughter of Holton, Ore., visited at the Theo. P. Tollefson home last

Gifts for the June Bride

Some are luxuries... some are necessities... But all the gifts we have gathered together, represent a tremendous effort and a thorough knowledge of what the bride needs in the setting up of a new household.

Every item listed below was designated and selected so that the bride will have more ease, less work. Every item represents a splendid saving... and whether you are buying for yourself, or for some one else, you'll appreciate the VALUE that Ward's give you!

Linens Make a Perfect Gift!

SHEETS 81c

Here are gifts that are always welcome! Serviceable, bleached sheets and pillow cases—hemmed and ready for use! Sheets are three-quarter bed size.

Pillow Cases... 19c each

The Bride Thinks First of Silverware \$11.10

Here's an A. Rogers silverware set designed to bring a flurry of gratitude even on wedding days! 26 pieces in a charming Lexington pattern. Consists of knives, forks, teaspoons, tablespoons, butter-knife and sugar spoon.

Rogers 1847 34-Piece Set... \$43.50

A Waffle Iron Simplifies Cooking! \$7.95

A popular and appreciated gift! Heat indicator shows when hot enough to pour batter on griddle. Grids require greasing only once!

Here Is the Ever-Needed Percolator! \$4.15

Colonial style Percolator of fine aluminum. Holds nine cups. Spreader plate distributes hot water evenly. A value!

An Electric Toaster Does a Good Turn! \$1.98

This is a gracious little toaster for it deftly turns the toast when you pull down the lever! Holds two large slices. Nickel plated!

UTILITY CABINET For Dishes \$9.95 For Linens

An appreciated gift for the bride who will live in a small home or apartment! Wide, deep shelves of hard wood give ample storage space for dishes or linens. Attractively enameled in green, with decoration.

A Gift to the Kitchen! \$35.00

This Kitchen Cabinet will be a step-saver and a time-saver for the bride. Attractive golden oak finish. Porcelain top. A special value!

Use the Budget Plan

Pay only \$5.50 down, and the balance in convenient monthly payments.

When the New Bride Entertains... 32-PIECE DINNER SET \$4.95

You can give nothing more welcome, more lasting, than this 32-piece dinner set! Its smart shape and rich designs make it look much, much more expensive than it actually is! Popular shape with attractively embossed cord edge and delicate floral motifs in gay colors. Made of high quality American cream ivory semi-porcelain!

Complete SERVICE FOR SIX! Tea cups, tea saucers, dinner plates, bread and butter plates, sauce dishes, small platter, open vegetable dish. Buy this set now!

Now An Electric SEWING MACHINE

DAMASCUS ROTARY will do your sewing quicker and better—and save you two-thirds on the original cost! In burr walnut cabinets—with foot control. GUARANTEED FOR 20 YEARS!

\$57.95

Pay \$4 down—balance in small monthly payments.

ASK FOR 3 DAYS FREE TRIAL IN YOUR HOME

Green ENAMELWARE

WHAT A BARGAIN for your kitchen! Fine quality—well made. PERCOLATORS—KETTLES—RICE BOILERS—DISH PANS—11x 16 STOVE PAN, every kind of pan you need! Each \$1.19

Save Fuel! Save Labor! HEALTH COOKER \$1.00

Will Do Both—Very Low Priced

Cook an entire meal over one burner of any stove. This Health Cooker retains the natural flavors of meats and vegetables. Extra heavy aluminum; steam tight cover with safety steam vent.

Cooks without water—the convenient way!

Gyrator Washer \$74.95

Make Her Mondays Pleasant!

Clothes clean in seven minutes!... A whole wash done in a few short hours. That's what the Wardway Gyrator will do. That's why the bride is so grateful when a Gyrator is included in her gifts! Rust-proof! Guaranteed for 10 years! Only \$5.00 down!

MONTGOMERY WARD & Co.

117 South Central Phone 286 Medford, Ore