

DAILY ROUGHAGE IS AN ESSENTIAL IN ANY DIET

Kellogg's ALL-BRAN Is Effective Relief for Constipation. Also Adds Iron to the Blood

Do you suffer from constipation? Are you one of those who have tried one "vent pocket cure" after another and still have no sense of permanent relief? If so, this is big news to you! Kellogg's ALL-BRAN is natural, effective relief for both temporary and recurring constipation. It is the original—and today is included in the diets of millions of people who formerly suffered from constipation.

Kellogg's ALL-BRAN is positively guaranteed. Your money will be returned if you are not satisfied. Be sure to include it in reducing diets as a preventive for both constipation and anemia.

There are so many ways you can eat Kellogg's ALL-BRAN and enjoy it. In any form, it is appetizing. It is delicious with milk or cream. Sprinkle it over cereals and soups and notice the added flavor. Many people soak it in fruit juices. Excellent in cooked foods. Your grocer has Kellogg's ALL-BRAN in the red-and-green package. It is served in hotels, restaurants and dining-cars. Ask for it! Made by Kellogg in Battle Creek.

When roughage is missing from food, constipation is the consequence. The soft foods we eat today seldom include enough roughage. The simple necessity, then, is to see to it that sufficient roughage is included in our food.

Kellogg's ALL-BRAN is the bulk that your system requires.

In addition, it is rich in iron. Scientific research proves that nearly all this iron is absorbed by the system, building red blood and bringing the glorious color of health to the complexion.



Improved in Texture and Taste

BOOK CLUB FOLK ENTERTAIN WITH WORD AND SONG

(By Mary Greiner)

After several weeks of written reviews, submitted semi-monthly, under the supervision of Miss Mary Gilbert, to the Mail Tribune, members of the Mermaid Tavern, book club of the high school, demonstrated to a large number of invited guests at St. Mark's guild hall last night what they could do in the way of vocal expression.

Beginning the evening with a group of songs beautifully rendered by Mrs. J. C. Collins, accompanied by Mrs. Carleton Jones, the students presented an interestingly arranged program, taking in drama, poetry and prose.

Mrs. Edna Vincent's Millay's poetic fantasy, "Aria Da Capo," and John Middleton's "Embers," with its quiet reminiscences, were the vehicles chosen for interpretation by the young writer-actors, and presented under the direction of Jo-Anne Smith.

The cast in the former included Harriet Kayser, who played the part of Columella; Clyde Davis, in the role of Pierrot; Victor Dal-laire, as Corthumus; Robert Nelson, as Corydon; and Jewell Waddell, as Thyrsis. In the cast of "Embers" appeared Roberta Stearns in the role of Mrs. Harrington; Winifred Warner, as the maid; John Reddy, as the son, Jasper; and Charles Barnes, as the middle-aged Mason King.

Between plays the audience was well entertained by Marguerite Watson, who presented selected readings, and by William Dougherty and Norris Porter, who ran the gamut of vocal intonation in a group of Vachel Lindsay's flexible and rhythmic poems.

Interpreting the numbers as a spoken duet, the two talented young high school orators not only succeeded in drawing their audience into the contagion of Lindsay's inimitable verse, but exhibited an intelligent understanding of the mood in which this poet and his works should be approached. Their selections included "Daniel," "The Sea Serpent Chant," and that famous negro epic, "The Congo."

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Society

Senior Reception is Tonight. Members of the reception committee were putting the finishing touches in the gymnasium this afternoon for the senior reception, which will be given at the senior dance at the high school.

Perhaps the most unusual decorations have been arranged, under the direction of Merland Tollefson, than at any previous school affair. A false ceiling of blue, with silver stars is one of the arrangements. The walls have been covered with deep blue, with silver futuristic designs.

Designs in futuristic lines have been worked out and placed over the door, with lights hid behind green shades, the light playing on the silver. The stage has been decorated in modern designs also.

Patrons and patronesses of the dance are Superintendent and Mrs. E. H. Hedrick, Principal and Mrs. C. G. Smith, Attorney and Mrs. M. Thomas, Mr. and Mrs. T. P. Tollefson, Mr. and Mrs. Allen B. Drury, Mr. and Mrs. C. H. Perry, Miss Maurine Carroll and Miss Harrie Ridings.

Medford Group Returns from Convention, P. E. O. Mrs. C. C. Furnas and Mrs. C. C. Goldsberry, official delegates from the Medford chapter to the state convention of P. E. O., held in Klamath Falls this week, returned to Medford last evening from the neighboring city.

They report a very successful convention and pleasant social time. Meetings and banquets were held in the beautiful Methodist church, and all delegates and visitors were well entertained by Klamath Falls, the hostess chapter. There was a voting attendance of about 80. Mrs. Furnas stated this morning, and 200 present for the Wednesday banquet.

Kresses Leave for Chicago. Dr. and Mrs. A. F. W. Kresse left this city yesterday for Chicago, where they plan to spend six weeks of the summer season. Dr. Kresse will take special work at the medical institute there, while Mrs. Kresse visits friends.

Rev. Claude B. Porter of the Presbyterian church was heard in an able and highly appreciated address last night before the graduating class of the Jacksonville high school.

Mr. and Mrs. C. W. Wood of Prospect, accompanied by Mrs. C. G. Mentenhall of this city, are leaving today for a short visit in San Francisco.

MISS DUNCAN OF CENTRAL POINT IS BRIDE OF IDAHOAN

CENTRAL POINT, Ore., May 22. (Sp.)—On the afternoon of Thursday, May 22, at the Federated church, occurred the marriage of Miss Elizabeth Duncan, daughter of Mr. and Mrs. C. G. Duncan, to Mr. Bernard Winkler of Pocatello, Idaho.

The bridal party entered the church to the strains of Mendelssohn's Wedding March, played by William Sheley. Mrs. J. C. Grimes sang "O, Promise Me" and "Into the Dawn With You."

The bride was gowned in yellow satin and lace, she was attended by her cousin, Miss Elizabeth Scott. Miss Edith Winkler, sister of the groom, was maid-of-honor. Everett Faber acted as best man.

The bride was given in marriage by her father, C. G. Duncan. Rev. J. M. Johnson performed the ceremony, using the impressive ring ceremony.

After the wedding a reception was held at the home of the bride. Mrs. Winkler has been prominent in Central Point's social circles and much interested in church work. She graduated from the Los Angeles Bible Institute and the Southern Oregon Normal at Ashland. She has been teaching recently in Idaho.

The "red" movement in China, attributed to Russia, worries the Nanking government and threatens permanent disturbance and war. Premature transplanting of new ideas into minds unprepared is dangerous.

The Chinese, not ready for the theories of Karl Marx or Reclus, take them too seriously. Much better if they would stick to Confucius for a few more centuries.

Mrs. Russell To Visit Orient. Mrs. M. H. Russell, mother of Mrs. C. H. Paske of this city, with whom she has been visiting for the past year, leaves soon for San Francisco to sail one week from tomorrow for Japan. She will sail via Honolulu to Tokyo, where she will be joined by her daughter, Miss Hildred Russell, who is an x-ray technician in a hospital in that city.

They will make a tour of China together and return to the Pacific coast via the northern route, stopping for a short time in Canada. Mrs. Russell and daughter will then come to this city to be guests for a while of Dr. and Mrs. Paske.

Music Teachers Plan Last Meeting. Members of the Jackson county chapter of the Oregon Music Teachers' association are anticipating their closing meeting for the year, which will be held at the Wagner creek summer home of Mr. and Mrs. John White, Tuesday, June 10th. Election of officers, a discussion of the year's work and a picnic supper will be enjoyed. Miss Imogene Wallace, president, and Mrs. Hawley Moore, program chairman, have been active in making the regular monthly programs interesting and profitable.

Miss Giffen Feted Prior to Tour. Miss Blanche Giffen, assistant librarian at the City Library was honor guest at an informal party given last evening by Miss Helen Hinch. Miss Giffen leaves next week for Quebec to sail on the Empress of France June 4th, for a two month tour of Europe.

She will visit France, Italy, Switzerland and Germany, and plans to attend the presentation of the Passion play at Oberammergau.

Mrs. Shepard on Way to Buenos Aires. Mrs. W. M. Shepard and children sailed from San Francisco Wednesday of this week, according to news received by friends here. Their cabin was filled with flowers and several residents of Medford were at the California harbor to wish them bon voyage.

Students to Ho Heaton Music Program. The vocal expression pupils of Miss Sara VanMeter and a group of piano pupils from the studio of Mrs. E. E. Gore will give a charming program over KMED Sunday evening, May 25, from 7 to 8.

Mr. and Mrs. Victor Sether of San Francisco are guests in this city of Mrs. Sether's mother, Mrs. Charles M. Pett. They plan to spend a week in Medford, where they are welcomed by many friends, as former residents and members of the Medford high school faculty.

Murphy, although a powerful Tammany leader, was not greater than the three others in Union Square, so the flag pole is to commemorate American independence. Mr. Murphy, who had a sense of humor, would approve of that change.

Talkies have worried musicians, making theatre orchestras unnecessary. In Schenectady, with television radio, the General Electric Company has shown that one orchestra leader could conduct a thousand orchestras at the same time.

Musicians played in a theatre, led by television pictures of an orchestra conductor miles away.

It was suggested here the other day that books cost too much, and a book that can be manufactured for 40 cents ought not to sell for \$2.00. Three big publishers announce that they will cut fiction prices in half, selling \$1 novels.

If somebody would print the best scientific books for 50 cents a volume that would be even better news.

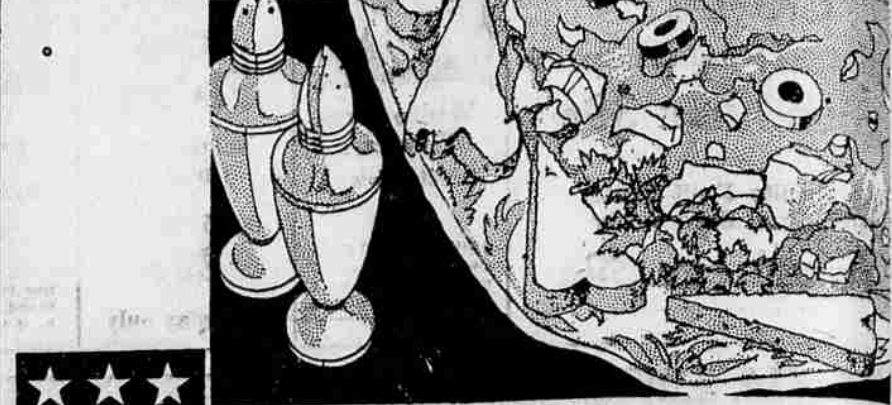
Yesterday in a most solemn ceremonial Pope Pius observed the "holy hour" centenary. Descending from his apartments in the Vatican, surrounded by members of the ecclesiastical and lay court, the pope entered the basilica at St. Peter's and remained kneeling for one hour in meditation.

The "holy hour" archfraternity was established one hundred years ago in memory of the hour of agony in the Garden of Gethsemane, preceding the crucifixion.

Now it is celebrated by Catholics all over the world.

Little to Return Home. Mr. and Mrs. J. T. Little, of Dixon, Ill., who have spent several weeks in Medford enjoying the scenery, climate and many friends, leave tomorrow for their home.

Both say Medford and the country look better and more prosperous than on any previous visit.



WHITE STAR TUNA

The IRRESISTIBLE APPEAL of this deep-sea delicacy, even its simplest recipes, makes it a perennial favorite. Rich in food values and natural iodine, that foe of goiter. Keep the handy can handy. ☆ ☆

CREAM TUNA—Mix one large tablespoonful of butter and one tablespoonful of flour with one cup of milk. When cooked, add one small can of White Star Brand Tuna, season to the taste and serve on toast.

Soap Citrus granulated. Only one selling expense at Santfords. Large pkg. .29	Salmon Libby's fancy Alaska red—You save on salmon at Santfords. 1-lb. can .25	Chocolate Ghirardelli's, the very best at Santfords saving. 1-lb. can .29
Flour Sperry's drifted snow. Save next week at Santfords. 49-lb. sack 1.79	Tuna Fish Fancy white star, the chicken of the sea, at Santfords saving. 6 lg. cans 1.19	Coffee Del Monte brand, at Santfords wonderful saving. Per pound .39
Corn Meal Sperry's eastern, each sack guaranteed. It's fresh, at Santfords. 10-lb. sack .35	Spaghetti Van Camp's at Santfords saving next week. Med. size can .09	Milk Your choice of Carnation, Alpine or Borden's, at Santfords everyday saving. 6 tall cans .50

You Pay Only One Selling Expense AT Santfords

Can you afford to pay more next week?

Catsup Extra quality. Buy the gallon size and save at Santfords. No. 10 can .49	Blue Mrs. Stewart's, at Santfords saving price. Large bottle .12	Fish Strictly fresh Halibut, Salmon, Sole or Black Bass. Your choice at Santfords. Per pound .29
Sardines Extra quality large oval cans. Save at Santfords next week. Per can .09	Olives Extra quality in small cans. Buy at Santfords saving price. 6 cans .69	Bacon Medium weight, mild cure, at Santfords saving. Per pound .23
Cherries Fancy Royal Anne's in heavy syrup. Save at Santfords. Lg. 2 1/2 can .29	Potato Chips Fancy quality in waxed bags. Save at Santfords. 6 pks. .20	Shortening Fancy quality in bulk. Bring your pail to Santfords. Per pound .12

The Pig Tail Market

The Best of Fresh and Smoked Meats

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RHODE ISLAND RED HENS AND FRYERS
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NICE YOUNG RABBITS
SPRING LAMB

Butter - Cheese - Milk - Eggs
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Don't miss this opportunity to save on Lucas Paints and Certain-teed Roofing!

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Take along an extra roll

This week end will be packed full of pleasure; something doing every minute.

Be ready for every picture chance when it comes. Bring your exposed films here for developing and printing. You'll like our high grade workmanship.

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Hills Bros. have the right idea in roasting coffee—

A few pounds at a time

No BULK-ROASTING method can produce the flavor that Hills Bros.' exclusive process—Controlled Roasting—can produce. Every berry is roasted evenly and a matchless, uniform flavor is the result.

Fresh from the original vacuum pack. Easily opened with the key:

HILLS BROS COFFEE

Brisbane's Today

(Continued from page one)

The "red" movement in China, attributed to Russia, worries the Nanking government and threatens permanent disturbance and war. Premature transplanting of new ideas into minds unprepared is dangerous.

The Chinese, not ready for the theories of Karl Marx or Reclus, take them too seriously. Much better if they would stick to Confucius for a few more centuries.

Union Square, in New York, is to have a high flag pole costing \$3,000, erected by the "Charles F. Murphy Memorial Committee." Mr. Murphy was a Tammany leader of considerable power, possessing the faculty of saying little and keeping his word.

The flag pole which was to be erected in Murphy's honor will dominate monuments to Washington, Lafayette and Lincoln, all in Union Square.

On second thought, the memo...