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MEDFORD WINS DEBATE.

IT'S RATHER a pity more people didn't hear the High School debate at the Presbyterian church last night. For the subject of the debate was the adoption of the cabinet form of government for Oregon, upon which the people must vote next week.

Not only was the debate interesting in itself, but it provided an unusual opportunity for the electorate to secure all the data necessary, upon which to base an intelligent decision next Friday—secure it in the minimum time, and under the most favorable surroundings.

William Daugherty and George Wm of Medford, favoring the adoption of the measure, won the unanimous decision of the judges. The decision, however, was not based upon the relative merits of the question, but entirely upon the debating skill exhibited—the superiority in presentation.

Had the Medford team been given the other side of the argument, they would on this basis, no doubt have won a victory over their very earnest and prepossessing, but less experienced, opponents.

Old General Inertia

Nevertheless, we believe a vast majority of last night's audience will go to the polls on Friday and vote for the cabinet system in this state.

For from the mass of information presented, it was clearly established that such action will give Oregon a more efficient and more satisfactory form of government, than the one under which it has muddled through, these many years.

On the other hand, the votes of this comparatively small audience can not materially affect the result in Jackson county. And with the people as a whole taking no interest in this feature of the primary, OR ANY OTHER, there is every probability that old General Inertia, as usual under such circumstances, will succeed in defeating this effort of constructive progress.

Vote for a Change in Oregon Government.

However, believing the cabinet form, while no cure-all, would unquestionably give us a better form of state administration, as it has Illinois, Pennsylvania, Massachusetts, California, and ten other states in the country; we herewith give it our endorsement, and urge our readers to vote for it.

We have no space to go into the details of the proposition, for and against, but will base our case upon the following contention alone:

We live in a representative government. We send delegates to Salem, to settle complicated legislative questions, because we, busy men and women concerned with a multitude of personal affairs, haven't the time to do so ourselves.

LIVING under a representative government, then WHY NOT USE IT? The representatives of the people of this state assembled at Salem, studied this matter of a cabinet form for many weeks, went into it from all sides pro and con, and approved by the committees, the measure was passed by both houses and signed by the Governor.

This does not mean that every voter willy nilly, must in a referendum, vote to uphold the action of the Legislature. But it does mean that the burden of proof rests squarely upon the shoulders of those who refuse to do this.

In other words, unless you wish to repudiate representative government and unless you know that from your standpoint, a cabinet form of government is NOT desirable, to support the action of your representatives in Salem, is unquestionably a political duty, and a moral obligation.

"But I don't know whether I am for or against it." That was the plea delivered in this office today. "Don't worry. You have plenty of company."

YOU don't know because you haven't the information, haven't studied the matter. Precisely. And for that reason you sent your representatives to Salem, so they could get the information and could know, and could take the definite and intelligent action, which you, as a busy citizen, couldn't take.

NOW WHAT becomes of representative government, if you refuse to stand back of that government, unless you yourself do the work you have delegated that government to do? It goes into the ash heap!

So we are for the cabinet form of government, because we believe it will give a better, more economical and more efficient form of government to Oregon, and we further maintain that those who can't produce facts to refute this claim, should support the action of the Legislature and vote for it.

LOTS OF WEATHER HEREBABOUTS, BUT—

THERE'S CONSIDERABLE weather in the country just now. Snow on the foothills, a chill in the air, with every-one praying that the cloudy skies will not clear too soon. Storms in Puget Sound, record breaking rains and cold in California.

WOMEN

Women lead bridge, church work, wine makin', bridge, diplomacy, hog callin', housework when driven to it, lecturin', spiritually, swimmin', home wreakin', flirtatious, hypnotism, salesmanship, cookin' when she's put to it, in all the blindfold tests, gossipin', reducin', double-crossin', screen work, swingin' by the teeth, sellin' ole furniture, brow-beatin' laundry an' milk men, parachute droppin', an' flirtin'. I don't know of nothin' women don't seem to take to naturally 'cept housework, spittin', an' bricklayin'. Somethin's come over women. We never see any little, meek, tired-out wives limpin' out to meet their husbands at the close of the day, an' we never see 'em 'ollerin' husbands out o' the house in the mornin' an' throwin' kisses after 'em like they used to. Most modern matrimonial hook-ups are cold-blooded commercial partnerships. The first up-kiss breakfast, an' the last one out locks up.

(Abc Martin's Town Pump.) Small town basketball teams won state championships in several western commonwealths this year. Among them: Knowlton, Mont., Jones, Colo., Heskare, Ida., Wheeland, Wyo., and Huckleby, Utah.

But before you squawk too loud, cast your eye over the East and Middle West. For nearly a week now a tornado a day, scores killed, and according to the latest reports scores mounting to hundreds. Property destruction totalling millions. More tornadoes predicted.

Let's not complain. As long as the skies remain overcast, there is no danger of killing pests, and meanwhile, the snows in the hills, we so sorely need, are being supplied.

Frost-bitten pears are one thing. Human beings killed and injured, homes destroyed and crops entirely wiped out are decidedly another.

The prevailing temperature may not be conducive to straw-hat parades out for the blessings of a land that never has been, and never will be visited by a tornado, let us all be duly thankful.

Personal Health Service By William Brady, M. D.

Signal letters pertaining to personal health and hygiene, not to disease, diagnosis or treatment will be answered by Dr. Brady if a stamped self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady in care of The Mail Tribune.

DO HAVE MORE VITAMIN A

Limburger cheese is rich in vitamin A. I give this news to the world of my own free will and without hindrance or retention from the National Guild of Limburger Manipulators. Lots of laymen probably have known for a long time that Limburger is rich, but not what it is rich in.



So is cod liver oil, at least when it is reasonably fresh, not when it is beginning to rancid. Then there's butter, the richest food source of vitamin A. Besides limburger cheese, egg yolk, green bell-pepper or leafy vegetables, sweet potatoes, carrots, yellow corn or corn meal rather than white, liver, kidneys, sweetbread, oranges, bananas, lemons, grapefruit, and fresh raw milk, cream or country butter milk.

Prolonged cooking or even pasteurization (heating to 45 degrees F. for 20 to 30 minutes, then cooling again) in part impairs the vitamin A value of any food; likewise prolonged preservation or storage reduces vitamin A content.

Hence raw (preferably certified) milk is preferable to pasteurized or sterilized or boiled or condensed or dried milk, and fresh new cod liver oil is better than old, even tho' it may not be rancid. Certain fatty components of foods have been found to carry the vitamin A potency, whatever it is. There are now on the market various proprietary concentrates which have perhaps in times the vitamin A value of the best cod liver oil. These are especially available for medicinal use, in lieu of cod liver oil.

Vitamin A in adequate amounts is necessary for normal growth in the young. If there is a shortage of it in the diet the child will not develop the full normal immunity against respiratory infections. If vitamin A is lacking altogether, a characteristic eye trouble with dryness and ulceration of the eyeballs, associated with night blindness, occurs; this is seen only in famine conditions. Slight deficiencies in vitamin A retard growth, cause loss of appetite and physical weakness. The child getting insufficient vitamin A is likely to have adenoids. Sunshine on naked skin has a beneficial effect that may be regarded as supplementing the effect of vitamin A on metabolism or health.

I can conceive of no circumstance which would make it advisable for anybody to resort to medicine or other artificial aid in order to obtain every advantage possible from vitamins, except in some cases of illness under medical care.

QUESTIONS AND ANSWERS

Brown Spots in Face. Is there any way to eradicate or make less conspicuous brown spots on the face, sometimes called "liver spots"? I am a young man. (B. M. H.) Answer.—Then you have not reached the change of life yet? Such patches are exceedingly common of the skin are variously known as "liver spots," "moth patches" and "chloasma." It is not safe to attempt to remove them yourself. A physician, especially one who treats skin diseases, can improve the appearance or in some cases clear the trouble up entirely. The same treatment as is used for freckles will usually be employed. There is nothing I know of that is safe to use to remove freckles, except in medical hands.

Calomel

Kindly give your advice regarding the practice of taking two tablets every day, the tablets containing 1/4 grain calomel and 1 grain sodium bicarbonate. (A. G.) Answer.—Calomel is mercury and it is surely never advisable to take mercury daily or habitually; if indeed it should be taken at all, unless under the order of a physician.

We're All at a Loss. Why are doctors advising that children should have their tonsils removed when 2 or 3 years of age and when the children are well? We mothers are at a loss to understand. (A. B.)

Answer.—Some of us fathers are equally at a loss. I am unaware that doctors advise removal of tonsils if the child is well. Please give me more information and I'll see what can be done to stop the practice.

Quill Points

Stimile for today: As rare as a blond physician. Never hit a man when he's down. The bumper misses him and you can't get any distance. Honesty is the best foreign policy, also.

Still, there will always be an army of unemployed so long as wives take in boarders. Still, America has survived 17 other international agreements that left her at the mercy of wicked foreigners.

Americanism: Discarding the religion that once kept people straight; wondering why honor and chastity are becoming rare. When you observe the methods of parents, and see how well the kids turn out, how can you keep from believing in Providence?

The country's workers and industrialists need protection, and should have it. Our people come first, other people second. But intelligence should control even the tariff. It is possible to overdo the business of discouraging friendly nations with whom we deal.

President Mury, of the Swiss republic, wires President Hoover: "I am compelled to call attention to the fact that your watch and lace duties will, eventually, paralyze our national industries." The Swiss national chamber of commerce recommends the boycott of American goods, especially automobiles.

That suggestion means little to us. But we should take seriously the danger of hopelessly discouraging Swiss industries, offending and injuring the good people of Switzerland.

Virtue can be forced on people. Mother, 100; Son, 77, United. Publicity given to the hundredth birthday celebration of Mrs. Priscilla Cousins in Bry St. Edmunds, Sharnbury, England, has resulted in a reunion with her son, George E. Baker of London. Mother and son had not seen each other for 30 years and each believed the other dead. Baker, who was Mrs. Cousins' son by her first marriage, is 77 years old.

MAIL TRIBUNE DAILY CROSS-WORD PUZZLE

Crossword puzzle grid with clues for Across and Down. Includes 'Solution of Yesterday's Puzzle' and 'We're All at a Loss'.

Large crossword puzzle grid with numbers 1-67.

To stop speeding, patrol the highways with road-wide trucks doing a sedate 10 miles an hour. Correct this sentence: "Let her spend the life insurance to please herself," said the relatives: "It's none of our business."

Brisbane's Today (Continued from page one)

The "old Moulmein pagoda, looking eastward to the sea," may be lying flat on the ground today. A big earthquake killed more than 5000 in Rangoon, shaking and shattering other towns, flames sweeping the streets, populace panic stricken, many dead.

It is all far away, to us over here. If it were not for Kipling's poem, comparatively few would know anything about Burmah, "across the bay" from China.

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Wall Street went to work more cheerfully yesterday. Too young to have enjoyed the personal acquaintance of Sisyphus, you can't know how those Wall Street speculators patiently push prices up, after they roll down. It is a sight, as sad as when you destroy an ant's nest and see little ants dragging out baby ants, or rebuilding the little mound, bringing back the grains of sand.

*This latest price calamity, you are told, was a "big man's sorrow." Rich men were pinched, not little ones. They decided that the time had come to buy stocks and let the little men bid them up. Something went wrong.

The Pacific coast sends news of snow four feet deep, near Los Angeles. In New York, on the other ocean, the thermometer stands at 80 and still rising, as this is written.

Forest fires continue in the east, hundreds of them in many states. Some, unfortunately, are believed to be incendiary.

Why any man, whatever his grievance against an individual, society as a whole or himself, should set fire to a countryside and burn beautiful trees that could not offend him, is beyond comprehension.

Irish to Tour in Shakespeare. After touring the most remote parts of Ireland the Dublin Shakespeare company will give productions of the Bard of Avon in all parts of Europe. Anew McMaster, European organizer, intends to give every Shakespearean an opportunity to know Shakespeare as the Irish know him. The company is small, but carries artistic scenery and costumes.

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Do You Remember?

TEN YEARS AGO TODAY (From files of the Mail Tribune) May 7, 1920. Harry Manning, "Medford's Caruso," refuses to sing at Saturday night dance, account of bad cold. Dr. J. M. Keene opposes free auto camp for tourists, on grounds "they encourage vagabondage, and snip the hotels where it hurts." Rawles Moore to lead campaign for road bond issue.

Willow Springs smokers to combat high price of tobacco by selling direct from Kentucky growers. Fred L. Heath, the druggist, a proud grandpa, a son being born May 7, to Mr. and Mrs. Larry Mann.

Mercury reaches 84, hottest of season. TWENTY YEARS AGO TODAY (From files of the Mail Tribune) May 7, 1910. London—George, Prince of Wales, prepares to take throne in death near for King Edward of England.

Report of discovery of the Merlin district, "so much wind." Road to Crater Lake on Klappath side urged.

Editorial—"Some Ashland people are opposing the interurban franchise on the supposition it is as valuable as one in New York City."

Prof. P. J. O'Garra writes copyrighted article for Mail Tribune on "Fear Blight and Its Control on the Pacific Coast."

Walter Dainrosch and symphony orchestra to appear at Medford opera house.

SUNDOWN STORIES

SPRINGS PARTY. By Mary Graham Bommer. Miss Springtime had decided to have a party and she had told the Little Black Clock to invite Peggy and John as her most honored guests.

They arrived at the edge of the woods where the party was to be held, at three o'clock. Springtime brought with her a pale girl and a dark girl of the same color.

Around her head she wore a wreath of wild honeysuckle. "I've only turned the time back to the afternoon," the Little Black Clock told the children.

The sun was shining through the bright green leaves of the trees, and through the blossoms on the fruit trees. Sometimes a breeze came along uninvited, but quite welcome, and blew the blossoms off the trees as they danced about a little and then fell to the ground. The blossoms enjoyed his little game with the breeze.

Pretty soon the shadows came along and joined the party and they played hide-and-go-seek with the rays of the sun. Then Mrs. Nature arrived. She was wearing her favorite costume of the dress of soft green, decorated with many different kinds of flowers and the sandals of moss.

Instead of the shawl of autumn leaves she had worn when the children had last seen her, she wore the hat of soft, fluffy white, she was wearing a cape of flowers and a hat of flowers.

Soon the dancing commenced. Flowers kept coming and blowing forth while the soft spring wind played whistling tunes for them.

And then, in honor of John and Peggy, Miss Springtime brought a tray filled with snow-laced ice cream.

They were very glad they had been invited to the party.

Tomorrow—The Cold War. Portland—Plank under way widening of East 52nd street from Prescott to Sandy boulevard.

MUTT AND JEFF—One Good Turn Deserves Another

Comic strip panel 1: SIR SIDNEY, SHALL WE GO FOR A RIDE OVER THE MOST WONDERFUL ROADS IN AMERICA? RIPPING, OLD TOPPER, I HAVE ALWAYS WANTED TO SEE WHAT AMERICA LOOKED LIKE!

Comic strip panel 2: HI SYE, OLD BEAN, OW MANY DETOURS EQUAL A MILE? HI SYE, DON'T YOU GET A TURKISH TOWEL AND SOME SOAP WITH THIS DETOUR?

Comic strip panel 3: I MUST MEET SIR SID AT THE CLUB TONIGHT AND TRY TO BORROW A HUNDRED! I GET THE IDEA!

Comic strip panel 4: I GET THE IDEA! (Panel showing a man with a large stack of money and a sign that says 'DETOUR')

By BUD FISHER