

DISEASE COMBATED SUCCESSFULLY

Chiropractors Willing to Be Judged on Basis of Results.

Health, a priceless treasure, one that has claimed the attention of the world's greatest scientists.

To both those who possess health and those who do not, we commend the following explanation of chiropractic, the rational method of eliminating disease and maintaining health.

The tendency today is unquestionably the promotion and maintenance of health through so-called natural measures, such as dieting, breathing, physical culture, dieting, etc., in preference to the use of drugs for the same purpose.

CHIROPRACTIC IS THE CULMINATION OF THE ENTIRE MOVEMENT, as it recognizes to the fullest extent the great curative powers of nature when given a free hand, and is based entirely upon natural laws as applied to Anatomy and Physiology.

As a science Chiropractic recognizes the human body in its mechanical aspect. It accepts it as a marvelous structure, the mechanical masterpiece, like any other machinery, however, it is unable to accident.

To fully appreciate it, however, it is necessary that we understand the workings of the human body. The body itself is first a marvelous framework made up of the bones.

Upon the nerves depends the five senses and every movement and action of the body. Surely their importance is apparent.

We find that all of the nerves are directly or indirectly under the control of the brain. The brain sends out a great stream of nerves called the spinal cord, through a canal or passage in the spine.

Now as long as this system of regulation and control is not interfered with all is well. THAT IS HEALTH.

But in case one nerve is disturbed, the organ dependent upon it suffers. THAT IS DISEASE.

Instinctively we turn our attention to the places where the nerves pass out of the spine between the vertebrae.

We realize that at these points the slight slipping of a bone would cause serious pressure on a nerve, and we find that that is what happens. The slight displacements of these bones may be caused by an awkward movement, a fall or a twist.

That is exactly what the Chiropractor does. By careful examination of the spine, he discovers the vertebrae that are displaced and returns them to their normal position by a thrust with the hands.

As the nerves control and regulate ALL of the tissues and organs of the body, it might be evident that any disease could be caused by pressure upon the nerves at various points.

Remember the Chiropractor is the one who, above all others, knows the spine and nervous system. He is the only one who can correct the displacements of subluxations that he finds.

HEALTH DEMANDS THE ATTENTION OF A CHIROPRACTOR. (Rights Reserved.)

JACQUELINE ON HER OWN

by RICHARD STARR

KNOWLEDGE his love is reciprocated, Teddy Montrose is depressed and moody at his failure to find Jacqueline. It is a tragedy, unknown to him, how far removed from her life as a woman at Byram.

Chapter IX TWO LOVERS PLOT

WINE in the ways of lovers, Lady Montrose contrived to leave Jacqueline and Teddy alone as soon as the automobile journey brought them to the House of Montrose.

There was the sunlight of happiness in the smile that Jacqueline turned on Teddy and he rather drolly took her in his arms and folded her very close against his big chest as he had done once before.

Jacqueline looked up at him with her sweetest and most wistful smile. "I don't think I ought to do this, you know, Teddy. And besides, you are spoiling this beautiful frock. It's not mine; it's your mother's."

"Help," cried Teddy, with an unaccustomed laugh, "when the matter has got to come and see her."

"I didn't think anything about it," declared Teddy. "I would rather have you poor. Besides, you are never richer than I am now."

"I am worth 20,000 pounds, my dear," replied Teddy seriously. "Don't be silly, Teddy."

"I have presented you with Prinko, Jacqueline, and 20,000 is the best offer I have had for him. He is now a great horse."

"Teddy! You haven't given him to me?"

"I have. You can't help yourself. He's given to you and you've got him. He's yours. But we are getting away from the subject. Let's talk about going away from me again, because you can't do it. I am never going to let you out of my sight until I have married you. If you send me away I shall go to the dogs."

"Teddy," said Jacqueline, rather sharply, "who is Mademoiselle Lolotte? I heard you talking about her when I woke up in the car."

Teddy saw his chance. "Mademoiselle Lolotte," he said, with a faraway look in his eyes, "is a dancer in the chorus of the Mountain Queen at the Alamo Theatre."

"Beautiful," implied Teddy. "She is a dream of a girl. She has golden hair—the most golden hair you ever saw. And she is very fond of Teddy Montrose."

"Teddy! You don't love her?"

MANAGERS OF SAFEWAY STORES HOLD MEETING

A meeting of the Medford district managers of Safeway Stores, was held at the Hotel Medford, Sunday, April 27 and was attended by 37 managers and their assistants.

The increase of gross sales in 1929 over 1928 in the southern Oregon stores was 23 1-3 percent, while the sales of the first three months of 1930, over the corresponding period of 1929, showed a substantial increase.

There are nine stores in the Medford district—two local, two at Klamath Falls and one each at Grants Pass, Roseburg, Marshfield, Myrtle Point and Coquille.

Some of those in attendance from other cities were formerly residents of Medford. There were three visitors from the Safeway Stores in Yreka, Calif.

ORGANIZING PLAY WILL BE TAUGHT AT ROGUE RIVER

John Bradford of the National Playground Recreational Association of America will conduct a leaders' training school for local leaders from the various organizations of Jackson and Josephine counties at Rogue River four nights—May 5th to 8th inclusive.

Mr. Bradford has been loaned to the Extension Service of the United States department of agriculture for the past three or four years. His work has met with great success. He first conducted one of his schools during an Annual Extension conference, just as he did at the Oregon State college a year ago for both the extension conference and the grand lecturer's school.

The school consists of four two-hour programs, 8:30 to 9:30 each evening. Community singing, rural recreation, recreation for various age groups, recreation for adult groups, home recreation, how to lead a recreation for adult groups, home recreation program, outdoor and indoor games are some of the features included in these programs.

Any organization interested in sending delegates should call Mr. C. Mack, home demonstration agent, as soon as possible as the enrollment for Jackson county is limited to 40 and more than half that number have already enrolled.

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Bulk of Fire Loss Due to Large Fires

From estimates of the national board of fire underwriters, 1 per cent of the number of fires is responsible for more than 60 per cent of the total fire loss.

Confirming this rather amazing analysis, the fire loss record for the United Kingdom and Ireland showed that 94 fires of over \$5000 in November, 1929 caused a loss of \$2,557,500. Small fire losses totaled \$1,023,000 during the same month, or only 40 per cent of the total.

It is obvious that a comparatively small number of large fires run up the excessive fire losses in this country as well as abroad. This statement will be surprising to underwriters as well as to the general public.

With improved fire protection devices, extinguishing equipment, means of quick notification of fire and better building construction, it is possible to control fires until the fire department can arrive. It is a mistaken idea of economy that permits the erection of buildings without providing essential safeguards against spreading fires.

Until America appreciates that the wisest economy is the safe construction of buildings, losses in lives and property will continue at the present tremendous rate.

PHOENIX CHURCH HAS CHRISTIAN ENDEAVOR

The Christian Endeavor Society of the Phoenix church of Phoenix was organized Sunday, April 27, with the following officers: George Schuler, president; May Bohner, vice-president; Fannie Loggett, secretary; treasurer, and Ed Smith, organist.

CORNS REMOVED ONLY 10 CENTS

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"I never saw their equal." Yank —one right out by the roots and never a pain or sting. It's a joy to stick on "O-Joy Corn Wafers" on a tender, achy corn. Away goes pain immediately and then later on comes callous, corn, roots and all. Slip shoes right on—they won't hurt. O-Joy Corn Wafers are thin as paper. Stop using ugly burning acids and doughnut plasters. Thousands of people tortured with corns have joyfully praised O-Joy Wafers. Results absolutely guaranteed. Six wafers for 10 cents. At drug stores.

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DRUGGIST TELLS HOW HE CURED HIMSELF OF PILES

Suffered Years. He Tried Everything, but Found No Relief

A CLERK TOLD HIM REMEDY WIFE USED

"I know many pile sufferers will doubt me when I say their troubles from piles and hemorrhoids can now be banished—I don't blame them because I suffered twelve years and during that time tried everything carried in a drug store for such troubles with only partial or temporary relief," declares Robert Higgins, Ph. G.

never dreamed a pill you swallow at meal times could so quickly banish all the pain, discomfort and symptoms. Colac Pile Pills are the best remedy for this painful affliction I ever heard of and I recommend them to customers," continued Dr. Higgins, a well known druggist of Corniche, N. Y.

Thousands of people—even cases of long standing—terrible cases bedridden—have been quickly rid of their trouble. Anyone may get the same satisfactory and blessed relief, yet many hesitate—some are so hard to believe such troubles can be banished so easily, without expense or loss of time from work. Just imagine being free of pain, comfortable either working, sitting, walking or sleeping once more. Colac Pile Pills are backed up by guarantee of results or money back by nationally known Colac Chemical Co., Brentwood, Md., who will mail full size bottle, postage paid in plain wrapper, on receipt of 75c in stamps or coin, if your druggist hasn't obtained them yet.

SUSPEND LICENSE OF DANCE BARGE SKIPPER

PORTLAND, Ore., April 28—(AP)—Captain Jack Mitchell, master of the tug 1486 which had the dance barge swung in tow when the barge was struck by a freighter March 29, with a loss of eight lives, today had his license suspended for one year. Federal steamboat inspectors considered him guilty of negligence in that a proper lookout was not posted on the tug.