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QUILL POINTS

Public servant: A millionaire who knew Hoover in the old days.

All business is affected. There is even a let-down in the skirt business.

The most popular ending for a talkie seems to be about 30 minutes earlier.

Don't give Mr. Mellon all the credit for reducing the 1929 income tax. The bears helped.

A Chinese living in Peking claims to be 253 years old. His name, as you might suspect, is Li-yum.

The danger in hiding your meanness to set an example for the kid is that he takes that as an example, also.

Alas! The store that sells that kind of Christmas present hasn't anything else you care to exchange it for.

Among the blessings we can be thankful for now is the abundance of luxuries at the second-hand store.

Europe should remember that every royal family started with a flea-bitten rough-neck, called a dictator.

Protective armament: Keeping sheep dogs to fight other sheep dogs long after the wolves are exterminated.

The sentiment is all that matters. No other theory could explain or excuse the things we wish on one another at Christmas.

Maybe it isn't sporting to have the law on a bottlegger who sells you vile stuff. But you can become a dry agent and shoot him.

It's easy to frame a tariff bill fair to all sections. Just require each state to elect congressmen who live a thousand miles away.

Think how many poor people were denied a horse and buggy in the old days because nobody had thought of the dollar-down scheme.

Correct this sentence: "Being broke and out of a job," said the rich guy, "wouldn't make me do anything I'd seem to do now."

Americanism: Sinning in secret; kidding yourself with the theory that hypocrisy is a virtue because you are a good example in public.

The sports writers seem to agree that kicking is a lost art, evidently they never hear traveling men comment on the train service.

And we read about a lady who bought an electric horse, without consulting her husband, in order to exercise her initiative. Ho, hum.

Mr. Coolidge, luckily out of it while hard luck reigns, has the added satisfaction of getting paid to keep himself in the public eye until 1932.

The Good Samaritan picked up a stranger on the highway. The stranger was wounded and limp. Even yet you can afford to pick up that kind.

If love is caused by a germ, as that Munich scientist declares, the treasury department is wrong in its contention that germs don't thrive on money.

Personal Health Service

By WILLIAM BRADY, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped, self-addressed envelope is enclosed. Letters should be brief and written in ink. (Using the large number of letters received, only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, in care of this newspaper.)

THE PACK A LOT OF HEALTH HOKUM IN GOOD UNDERWEAR

After all, the soap makers are a great factor of health for the race if they provide just good soap at a reasonable price. If they should eventually achieve the penetration of the skin, as they threaten to do by propagandizing, they won't make their soap a bit better and it won't improve the health of the race one iota.

At this time of year the underwear people become quite audible. One might imagine, from the din they keep up from Thanksgiving till the Fourth of July, that the change, if any, from summer to winter undies involves a great risk to health.

A decade or two ago when a health master's dictum carried almost as much weight as did the diagnosis "pronounced" by the doctor of the grand old nineties, I advocated light weight knitted wool or part wool material for underwear in the winter time, with socks or stockings of similar weight and texture, on the ground that wool is a poor conductor of heat and hence a person so encased does not experience the sudden changes that the circulation has to react to when cotton or linen is worn next the body in the winter time.

But the thought of wearing wool next the skin is not attractive, especially those who have a sensitive skin and poignant recollections. For a time I circumvented that objection by suggesting that the fine texture of modern wool underwear fabric, with its comparative freedom from sticks, stones and similar debris, renders it not so terrifying in that respect, or that one so very squeamish about a little itching there is available wool underwear having a smooth, soft inner surface of silk or near silk—but somehow all this earnest assurance never did sell much underwear.

Then when I got old enough to have some sense I discovered that a guy who spends most of his time indoors can wear through the winter quite comfortably AND healthily in the same undies he wears in the summer, if only he has a wife or somebody who will deal with the matter with a firm hand.

After several winters like that I managed to snap out of it, and now I am prepared to assert with all the conviction I can command that it doesn't matter what kind of underwear anybody prefers in winter, so long as he wears what he finds most comfortable for his or her particular requirements. And by the same token it matters just as little if one doesn't choose to wear any at all to speak of.

An appeal to popular credulity is made by some underwear people whose underwear purports to have only silk or rayon or something next to the skin, with a layer of air, which is the best insulator, between and wool on the outside. The wool can't touch the skin, they assert, and having studied the material under the microscope I believe they are nearly right; at least I fancy darn little wool would touch the skin, even if the garment were not made of wool. But I believe this particular underwear does offer, the one feature that is desirable in underwear—great comfort; especially for persons who wish to go constantly encased in a very warm yet very light garment.

When any underwear maker or merchant tells prospects or customers whose underwear purports to be "cotton," pneumonia, rheumatic or "golden" of the stock market, of course that's just the underwear man's little joke. Nobody should take him seriously.



Another bit of Scotch hygiene that makes me tired is the notion that it is a bad "combination" to give the kids cream on their peaches, or even sugar on the bread and butter.

Too Much Salt
 What is the effect on the system of too much salt in the diet? Friends declare I season my food too much and that it is injurious to use so much salt. (H. F. G.)

Ans.—It retains too much water in the tissues, tending to produce flatbness, laziness, obesity, high blood pressure, etc. A fair ration of salt for an adult is a teaspoonful daily. This includes all the salt naturally present in such foods as meats, milk, fish, eggs, the salt added by the cook, and the salt used at table as a condiment. If you believe you take too much salt and decide to restrict your salt ration, begin by using only iodized salt in place of ordinary salt. Generally it is sufficient to eschew the use of the salt cellar at table, and to omit from the diet a few items that are heavily salted. Excessive use of salt as a condiment is rather a bad habit than a normal craving. In fact most excessive indulgence in condiments, such as pepper, mustard, salt and the like, is due to terrible cooking—the victim tries to smother the taste of the food with whatever irritant is at hand.

Quill Points

Blessed are the poor. They don't find it a bore when they aren't playing with bits of pasteboard.

Petition: An appeal signed by one man who cares a lot and 465 who signed to keep from making him mad.

Community of interest: The feeling everybody has when a baby belonging to somebody else needs spanking.

If you don't believe in Providence, how else do you explain the fact that the ordinary driver gets by?

Another way to keep from growing old is to question the humility of a man who is proud of his humility.



Television will be worth while if only to show whether the radio announcer seems eager for a kiss when he says "Good night."

The legal government in China really is superior to the other factions. It trains the best rebels.

All Mr. Coolidge has to decide is whether a senate seat would mean backward or going back.

Epitaph: Here lies the body of Susker Hyde; he stopped to give a hitch-hiker a ride.

Americanism: The first generation ignorant, unwashed and wicked; the second prosperous and zealous in reform; the third gaily sinning to show it isn't middle class.

Still, a lobbyist is a gentleman and a scholar if he's working for one of your pot schemes.

Dry Georgia destroys more stills than wet New York? Well, the worst kids aren't spanked if the parents don't believe in spanking.

The cause of crime? Well, the cause of scrub cattle is the mating of scrub cattle.



It's no proof of charm to be the first girl a man kisses. The proof consists in being the last one.

Some men are so cynical and hard boiled you can't flatter them but they unbend when you tell

MAIL TRIBUNE DAILY CROSS-WORD PUZZLE

ACROSS

- Perfect golf
- Herz
- Talking birds
- Town in Ohio
- Past
- Solid conviction
- Ingratulant of
- Ingredient of sealing wax
- Of recent origin
- Expression of sorrow
- Exist
- Come out into view
- Shelter
- Feminine name
- Previous stones
- Third vice-president of the U. S.
- Abound
- Money makers
- Obstinate
- Kind of vetch
- Plying man
- One who shows outside a sideboard
- Like
- Religious service
- Time
- Perform
- Acid fruits
- Suffers
- Like a sent
- Injure
- Previous metal
- Small particles
- Sting

DOWN

- Home is situated
- Scott
- Male sheep
- Discern
- Lie in wait
- Obtain
- Farm on "ing
- Kind of duck
- Irish
- Game fish
- Nacks
- River shore
- Feathered varietate
- Reviv
- Sound of the surf on the shore
- Comfort
- Maillets of presiding officers
- Spill
- Market
- Musical instruments
- Forward clusters
- Peop
- Molding
- Course part of Sax
- Religious nouns
- Titan who supported the heavens
- Garner
- Corroded
- Prussian
- Comitative ending

Solution of Yesterday's Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
27	28	29	30	31	32	33	34	35	36	37	38	39
40	41	42	43	44	45	46	47	48	49	50	51	52
53	54	55	56	57	58	59	60	61	62	63	64	65
66	67	68	69	70	71	72	73	74	75	76	77	78
79	80	81	82	83	84	85	86	87	88	89	90	91
92	93	94	95	96	97	98	99	100	101	102	103	104

Do You Remember?

TEN YEARS AGO TODAY
 (From files of the Mail Tribune.)
 December 28, 1919.

Washington—Norman Hapgood fails to retain position as minister to Denmark when President Wilson refuses him a recess appointment.

Governor Coolidge of Massachusetts sends message of good cheer to Harvard team in Los Angeles, and hopes they will beat Oregon.

W. J. Bryan throws hat in ring as candidate for Democratic nomination.

Lauspath's orchestra will play at the big New Year's ball at the Nat. Dancing begins at 9 o'clock.

Francis X. Bushman and Beverly Dayne will appear in person at the Page theater New Year's night.

Yonkers, N. Y. — Pauline Hall, popular light opera favorite for 40 years, passes away.

TWENTY YEARS AGO TODAY
 (From files of the Mail Tribune.)
 December 28, 1909.

Portland, — E. B. Preble starts city by declaring that for \$50,000 he will fly his airplane from Portland to Los Angeles in 14 hours.

C. A. Maubouff, S. P. district agent, resigns and organizes Rogov, River Land and Orchard company.

Jeff Heard, E. E. Kelly and George Putnam catch four nice steelhead in the Rogov.

New York. — Andrew Carnegie charges Luther Burbank, plan wizard, with commercialism and withdraws his financial support.

H. E. Foster purchases four and one-fourth acres on East Main street from A. S. Penz of San Francisco, for \$5000. He will cut the property into building lots.

SUNDOWN STORIES

SNOW LADY'S PARTY

The Snow Lady was so busy sending out snow for the holiday season and attending to the messengers that she could not pay much attention to John and Peggy.

But she asked them to look about her palace and to see other members of the family who might be around.

They heard the Breese messengers coming in asking for snow and they saw the telegrams brought by the Wind asking for snow for the holidays, for constant, for the snow sleds, for the pleasure that snow would give.

It was very exciting seeing them come like this, and they watched the Snow Lady as she kept sending more and more members of the Snow Flake families out on their adventures into the world.

How they did laugh and scamper and run races and play as they started off! How they tossed about this way and that as they began their trip.

And then John and Peggy looked all over the palace and saw the gorgeous rooms and the beautiful staircases and the chandeliers made of icicles.

But what interested them most of all were the family portraits and statues all over the palace. There were so many of them!

All the famous members of the snow family had their portraits made at some time or other, and as John said to Peggy: "Really, some of them are very grand, but some of them look quite as plain as the snow men we make in the winter."

Peggy agreed that it was quite true.

Then the Little Black Clock said it was time to leave, so the Snow Lady waved them a goodbye—and as she did so both John and Peggy were covered with some light, soft snow!

(Monday—The Years)

Klamath Falls, — Klamath Recreation opened to public.

BUTTE FALLS

BUTTE FALLS, Ore., Dec. 28.—(Special)—Butte Falls is very quiet this week. Our school meetings are about the greatest excitement we ever have.

A very pretty Christmas tree graces the city park.

Mrs. Vearl Hoover and son, Bob, are visiting in Eugene with Mr. Hoover for the past week.

Mrs. Ross Wymore is back home from the hospital.

The schools put on a very pretty Christmas program Friday evening with a Christmas tree and music by Botts orchestra.

Mr. and Mrs. Al Hildreth spent Christmas with Mr. and Mrs. R. A. Batts at Medford.

Mr. and Mrs. Rob Fleming left town for the holidays, visiting Mrs. Fleming's parents at Smith River.

Mrs. Dave Cleoland is on the sick list this week.

Earl Wymore who is attending university at Eugene is home visiting his parents the past week.

Mrs. Ella Smith helped her daughter, Mrs. Ed Cowden of Eagle Point dress Christmas turkeys.

Mrs. Al Hildreth is on the sick roll and is at the Rogov River sanitarium for a few days.

ASHLANDERS BUY HOME IN BELLVIEW DISTRICT

BELLVIEW, Ore., Dec. 28.—(Special)—Mr. and Mrs. J. W. Beck, formerly of the Ashland cleaning works, purchased the Gilmore place on East Main street, and have already taken possession of their new home. The Gilmore family are moving to the Beck house on second street in Ashland.

John McBride had the misfortune to break a rib one day last week while doing some plumbing work.

Mrs. Blanche Gregory and children are expected home in a few days from Salem, where they are visiting relatives.

By BUD FISHER

WILLIAMS GRANGE HAS BANQUET AND DEGREES

WILLIAMS CREEK, Dec. 28.—(Special)—Williams Grange held its regular monthly meeting December 29 at the Williams community hall. A bountiful dinner was served at noon, the long table being decorated with two tiny Christmas trees.

Those present whose birthday comes in December, Mrs. Cook, Clinton Heggepeth and Kenneth Johnson, were guests of honor.

The delicious birthday cake was baked by Mrs. Jesse Elder.

One was given the third and fourth degree work and four new members were initiated on. The next regular meeting will be the third Saturday in January.

PANKEY REUNION AT CENTRAL POINT HOME

CENTRAL POINT, Ore., Dec. 28.—(Special)—Considering that so many Central Point homes are under quarantine for scarlet fever, besides many ill from other causes there was a goodly number of family reunions and Yuletide parties. Among them was the homecoming of the children of Mr. O. B. Pankey. They were Mr. and Mrs. R. Stimulation of Dunsunior, Cal., Clarence Pankey and family of Medford, Pearl Stewart of Portland and Vernon Pankey and family of Dunsunior, Calif.

Construction under way on mile of highway from Winchester Bay to Umpqua lighthouse.

QUESTIONS AND ANSWERS

Eating Out of Turn
 In our household it is forbidden to eat between meals because the food so taken stops the digestion of that eaten at the previous meal, until the second increment is digested up to the point reached by the digestion of the meal at the time. Is this not good physiology and good hygiene? (M. W.)

Answer.—No, it is just Scotch hygiene. For many youngsters and some adults it is perfectly healthful to eat between meals when meals are too darn far apart.

MUTT AND JEFF—A Slump in Good Resolutions

THIS IS MUTT, STATION BLOB, BROADCASTING SOME NEW YEAR RESOLUTIONS TO ENCOURAGE THOSE WHO HAVE NO WILL POWER. FOLKS, I RESOLVE NEVER TO SPECULATE AGAIN!

GREAT, MUTT.

WALL STREET IS STRICTLY THE NEEDLES!

THERE IS A GRAVEYARD ON ONE END—AND A RIVER ON THE OTHER! TAKE YOUR CHOICE!

JUST A MINUTE, FOLKS. WHAT'S IT, GEEVEM?

LISTEN—B-2-Z-2-B-2-Z--SURE TIP—B-2-Z-2-Z-2-Z-MY BARRER---B-2-Z.

I AM NOW TALKING TO MY BROKERS! BUY ME A HUNDRED SHARES OF CONSOLIDATED BENT AXLES, AND A THOUSAND SHARES OF ORANGE GROVE OF SIBERIA—AT THE MARKET!

LaGrande has two sawmills operating all winter and has building activities planned for 1930 to taking 1929.

them how cynical and hard boiled they are.

Fortunately for the reformer's peace of mind, ill-treated workers are always in some section far away.

The tariff isn't hard to understand. It's just like any other tax. When fairly adjusted it lets you off easy and soaks the other fellow.

Again there is hope for the cotton industry. The administration is planning to do something, and the top half of stockings won't show.

Correct this sentence: "Yes, I have aches and pains," said the middle-aged man, "but I never mention them to my wife."

TABLE ROCK

TABLE ROCK, Ore., Dec. 28.—(Special)—Miss Alice Seabrooke, who teaches school in the Shady Cove district, is spending the Christmas vacation with home folks here.

Mr. and Mrs. O. T. Wilson and children of Sams Valley were dinner guests here with relatives last Wednesday.

Will Lydvard of Medford, Mr. and Mrs. Birkhold Barnum and children of Phoenix and the Stanley Lydvard family of Walnut Grove, Cal., were among the dinner guests at the M. D. Lydvard home Christmas day.

Christmas day dawned here with a slight drizzle of rain and sunshine, the afternoon being almost as warm and balmy as a day in June.

S. M. Tuttle left Friday for New York city on a business mission for the Southern Oregon Sales Co.

From the way he has moved out of the district during the past two weeks, all surplus stock will soon be depleted.

John McBride had the misfortune to break a rib one day last week while doing some plumbing work.

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