

CONSTITUTIONAL BODILY ILLS YIELD

Causative Factor Traced to Spinal Nerves

Few people pass the years of maturity without being conscious that they have a "weak stomach," a "weak heart," a "sluggish liver," or a "weak throat," or poor circulation. Many have "weak constitutions" and tire easily.

Chiropractors grant this to be a fact, but scold the orthodox explanations offered it. Careful study and observation of thousands of cases have brought them to believe that the basic cause of such conditions lies in lack of perfect control by the nerves of the organs which are affected. This lack of control arises from the accidental displacement of one or more bones of the spine by falls, jars, twists and strains, thus pinching or pressing the nerve that passes between these bones or vertebrae.

Thousands of applications of the Chiropractic science in given cases have produced the same beneficial results in organs which were diseased or abnormal; hence, for virtually all the ills to which the human being is heir, Chiropractors have evolved scientific methods which have produced beneficial results.

The "weak spot," whatever it may be, is found to be strengthened and eventually to return to its normal, healthy condition when adjustment of the spinal vertebrae, through which the nerve controlling the affected organ passes, relieves the nerves from pressure. It is found that resumption of healthy control by the nerves dissipate the diseased condition of the organ which it serves.

The pet abomination of the American people is indigestion. It seems that the majority of Americans have something wrong with their digestive apparatus. Some doctors ascribe it to eating certain foods, and other experts find some grave organic trouble at the bottom of it.

Digestion is simply the process in which food, taken into the stomach, is chemically treated by certain juices, secreted in glands of the stomach, and prepared for assimilation into the body. The action of the glands is controlled, of course, by the nervous system, and the particular trunk nerve serving the stomach passes into the main nervous cable in the spine and thence to the brain, where all impulse originates.

The Chiropractor finds that pressure upon this nerve, as it passes between the bones of the spine, retards its healthy growth, weakening its control over the stomach glands. Their function, it follows, is impaired and the process of digestion is hindered and made incomplete; hence indigestion.

In cases observed under Chiropractic adjustment of the vertebrae between which the nerve controlling the stomach passes, causes the indigestion to disappear. The result is brought about by practically painless methods, without the use of drugs or instruments.

Any Chiropractor will gladly refer you to scores of cases of his own observation in which Chiropractic has succeeded where other efforts failed. These are cases of substantial people whose position puts their credibility beyond question, many of whom have scoured the world in search of health and found it in Chiropractic.

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CUT OUT—SIGN—AND MAIL

The Chiropractic Health Bureau, care of the Medford Mail Tribune, Medford Oregon.

Please send me, without cost or obligation on my part, copy of the new Booklet describing Chiropractic Health Service.

Name _____ Address _____ City _____ (Paid adv.)

News Notes of Pomona and Subordinate Grange Chapters Given by Official Reporters

Calendar. Eagle Point Tuesday, Dec. 3, 8:30 p.m. Talent, Thursday, Dec. 5, 8:00 p.m. Central Point, Friday, Dec. 6, 8:00 p.m. Sams Valley, Saturday, Dec. 7, 8:30 p.m.

Grange Motto. In essentials, unity; In non-essentials, liberty; In all things, charity.

Object. To educate and elevate the American farmer.

Grange Anniversary. December 4th, 1866, the first Grange was organized. This Grange today is one of the strongest in the country. This Grange is known as Potomac Grange, No. 1, and is located in Washington, D. C.

One year from the above date the National Grange was organized in Washington, D. C. From that small beginning just 62 years ago, the Grange membership now numbers into the hundreds of thousands.

Oliver Hudson Kelly, one of the seven founders of the Order of the Patrons of Husbandry, commonly called the Grange, and affectionately called Father Kelly by the Grangers, was at the time a Minnesota farmer. He had, however, between the years of 1864 and 1866 held a clerkship in the department of agriculture at Washington.

In January Mr. Kelly was called from his western farm for a personal interview with President Johnson and Commissioner of Agriculture Isaac Newton, after which he acceded to their wishes to make a survey of the south, and he started with his commission as an agent of the department of agriculture "to proceed immediately through the states lately in hostility against the government to procure information and report the same to this department for publication."

He felt, that being a northern man, he might meet with some hostility from the people of the south, but failed to find such resentment, although he afterwards stated that evidently it was no disadvantage to be a member of the Masonic Fraternity. Because of this, hospitality the suggestion came to him to make the organization which he hoped to found a real farmer's fraternity, which he later did and called it the Patrons of Husbandry.

Later, in talking of his plans to his niece, Mrs. Carrie Hall, she advised that the farm women also be taken into the organization as members in equal standing with the farmers. This was done and Father Kelly, in an address on the 25th anniversary of the Grange stated it was universally believed that the women in the organization had been largely responsible for its life and prosperity.

So far as is known this is the first secret organization in the world that has ever received women into full membership.

Every member of the Grange should be familiar with the principle historical facts concerning the Grange organization, inasmuch as it has grown into such a powerful and large organization, being responsible as it is, for so much legislation that has been of inestimable value to the farmer.

Every patron in the United States feels a distinct pride in his

organization and all eyes are now fixed on the part that the organization will play in the present so-called "farmers' problems."

Farm Relief.

(By Geo. A. Palmeter, in his report to the National Grange) "Congress has at last recognized agriculture by the passage of a farm relief bill, and while each individual farmer may have his own opinion as to the benefits to be derived by the producer because of the passage of the bill, and may not favor the entire personnel of the board appointed by the president, still, a start has been made and I believe every farmer should co-operate with the farm board and give them every possible assistance in their efforts to aid the farmer in the marketing of his crops. If this is done, and then we find we are not getting the relief we are entitled to, we will be in the best of position to ask congress to amend the act so it will bring to agriculture the equality with other industries that is its right."

Eagle Point Grange.

Eagle Point Grange will hold its regular meeting on Tuesday night at 8:30 p.m.

Degree work will be put on in the first and second degrees. The class initiated will be from the Lake Creek Grange with the addition of some from our own Grange.

The Grange will also vote on state Grange officers. There will doubtless be some change made in the state Grange officers this year as some of those in office now have declined to accept re-nomination. However, those whose names are on the nominated list are among our best Grange material and will no doubt make efficient officers.

This Grange will hold its annual installation on the second regular meeting in December, Tuesday, the 17th. This will be a joint installation of the officers of the Eagle Point, Lake Creek and the Sams Valley Granges.

Lake Creek Grange.

The dance given by the Lake Creek Grange at the Eagle Point Grange hall Thanksgiving night was well attended. A neat sum was realized which will go towards building the Lake Creek Grange hall.

Those who have contributed to the building fund for the Lake Creek Grange by the "little apron method" since the last publication are: Mr. and Mrs. Andrew Grison, Nettie May Grover, Mr. and Mrs. Wm. Messal, Mr. and Mrs. Wm. Hoffert, S. S. Smith, Mr. and Mrs. Paul Force, Mrs. T. J. Kenney, Dr. J. D. Bickert, Mildred Sargent, John A. Perl, Mr. and Mrs. W. D. Roberts, Mrs. Alice Daley, Mr. and Mrs. Spencer, Mrs. D. W. Beebe, Mr. and Mrs. Gus Nichols, A. C. Walker, Jim Beamsley, Brown's Barber Shop, Maxey Bush, Mr. and Mrs. J. H. Tyrell, Kenneth Murray, Mrs. Harold Nichols, Mrs. Leland Brophy, Mrs. L. G. Gates, Mr. and Mrs. L. C. Charley, George A. Palmeter, Mr. and Mrs. Leonard Freeman, Sam Harnish, Dr. J. Hayes, Dr. B. E. Elliott, Elmer Oatman, Mr. and Mrs. H. D. Norton, Russell's, Inc., Miss Georgia Pruitt, Arthur Perry, Howard Warner, J. C. Penney & Co., Charles Hanley, Alice Hanley, E. D. Mills, Mr. and Mrs. Harold Jennings, Mr. and Mrs. J. H. Cochran, Mr. and Mrs. Virgil Strang, Mr. and Mrs. Joe Arnes, Heath's Drug Store and Mr. and Mrs. Charles Humphrey.

EAGLE POINT

EAGLE POINT, Ore., Dec. 3.—(Special)—Mr. and Mrs. Paul Force and baby went to Gold Hill Thursday and were entertained with a bountiful turkey dinner at the home of Mr. and Mrs. Force.

Mr. and Mrs. Lester Throckmorton entertained on Thanksgiving day for Mr. and Mrs. Edwin Taylor, Mr. and Mrs. A. Throckmorton of Ruchy, Mr. and Mrs. John Itader and Mr. and Mrs. J. H. Stanley of Eagle Point.

Mr. and Mrs. S. H. Barnes entertained at dinner Sunday for Mr. and Mrs. Harry Vestal of Ashland.

Mr. and Mrs. Leroy Smith entertained at dinner Thanksgiving day for Mr. and Mrs. S. K. Barnes and daughter, Francis.

A family reunion was held at the home of Mr. and Mrs. J. A. Bitterling Thanksgiving. A turkey dinner was served at noon. Those present were Joe and William Miller, Robert Bitterling, Francis Bitterling of Portland and Mr. and Mrs. J. A. Bitterling.

Mr. and Mrs. Sam Coy entertained at dinner Thanksgiving day for Mr. and Mrs. A. J. Grissom and two children, Mr. and Mrs. J. H. Grissom, Mrs. Elizabeth Grissom all of Climax; Mrs. Sarah Coy, Mr. and Mrs. Stimpson, Mr. and Mrs. Bill Nelson and son.

Erny Weidman came in Wednesday evening and spent Thanksgiving day with his mother, Edith Weidman at their home in Eagle Point.

Mr. and Mrs. Charley Cingcade had as their guests at dinner on Thanksgiving day Mrs. M. E. Cingcade; Mr. and Mrs. Jackson and daughter Viola.

The dance sponsored by the Lake Creek Grange and held at Eagle Point Thursday evening was a huge success. This dance was to raise funds to build a Grange hall at Lake Creek soon.

Mr. and Mrs. Joe Mooney had as their guests Thanksgiving day, Mr. and Mrs. Ernest Smith and family of Medford.

EAGLE POINT BAZAAR TO OPEN ON FRIDAY

EAGLE POINT, Ore., Dec. 3.—(Special)—A feature event this week is the Christmas bazaar to be held in the hall over Brown's store. The bazaar will open Friday evening at 6 o'clock with a chicken dinner and all its trimmings.

Foremost among the booths will be the fancy work, all hand embroidered, such as pillow cases, bureau scarfs, etc., an apron booth where all the latest styles of hand made aprons may be purchased, a candy booth where home made candies can be bought and a real gypsy fortune teller.

Several quilted quilts will be for sale, among them one done in gold and white. These articles represent many hours of labor by the ladies of the Civic Improvement club and many beautiful articles will be found such as Santa Claus loves to bring.

BELLVIEW CLUB HAS DAY FOR CLEANING UP

BELLVIEW, Ore., Dec. 3.—(Spl.) Last Friday was clean-up day at the Bellview clubhouse. The ladies turned out with the necessary equipment for window washing, and yard cleaning. Some of the men also came, and laid the pipe for running water in the kitchen. A number of other improvements are being planned by the club members. Another old-fashioned dance is to be given on Thursday evening, December 5. The regular meeting of the club will be held on Wednesday afternoon, December 11, at the clubhouse. Mrs. Mack will be present with Christmas suggestions. Each lady is asked to bring at least one Christmas suggestion.

GOLD HILL

GOLD HILL, Ore., Dec. 3.—(Special)—A crew of men has been busy the past week or so pouring a concrete base around the beacon light on the mountain back of this city.

W. W. Hittle is remodeling the home which he recently purchased from Charles Phelps in Garden Row. He expects to move into the new property within the near future.

C. A. Coppock and son, Warren, are tearing down the old Harry Harvey residence on the south side of town. This will improve the appearance of that side of town as the building is not being occupied and is of no use.

Mrs. Hattie Beaman of Portland is visiting at the home of her daughter, Mrs. Virgie Martin, of this city.

After Thanksgiving vacation in this city, Wilmer Bailey motored Hill Reed and Toney Ross to the copper mine, 23 miles from Jacksonville on Squaw creek, where they will resume mining operations.

Nina and Lester Dusenberry have been ill for the past week but are now slowly improving. Mr. and Mrs. R. E. Cook returned the first of the week from a trip to Portland, where they visited Mr. Cook's brother. On their return they stopped in Oswego and visited with Mr. and Mrs. J. C. Walker, former residents of this city.

Mr. and Mrs. Wm. Ferguson, Mrs. Laura Davis and Mr. and Mrs. George Hammerley were the guests of Mr. and Mrs. Merritt Merriam for Thanksgiving dinner.

Miss Nora Heyland, after spending the latter part of last week with Jill Martin of this city, returned Sunday to her home in Medford.

EAGLE POINT GIRL HAS PARTY ON ANNIVERSARY

EAGLE POINT, Ore., Dec. 3.—(Special)—Saturday, November 29 a birthday party was held at the home of Mr. and Mrs. George H. McClellan for their daughter, Velma, in honor of her 11th birthday anniversary, when a number of her school chums enjoyed the occasion. Those invited were Edith Ward, Vivian Mooney, Irene Cox, Eleanor Wall, Velma Mathews, Elsie Helms and Albert Helms, Daniel Perry, Dale Throckmorton, Chester Smith, Earl Harnish, Vera and Irene Stowell, Lyle Smith, Verette Atkins, Verona and Velma Davis.

OLD ROTHEN MINE NEAR GOLD HILL IS REPAIRED

GOLD HILL, Ore., Dec. 3.—(Special)—Among the mining activities of this area is the reopening of the old Rothen mine. The mine is situated up Kansas creek about seven miles from this city. It is a pocket mine and in its day has had much good ore taken from it. Henry Ray, formerly of this city, will have charge of a crew of men who will be employed immediately.

EAGLE POINT SCHOOL THANKS DAY PROGRAM

EAGLE POINT, Ore., Dec. 3.—(Special)—On Wednesday afternoon the intermediate grades of the Eagle Point schools gave the following entertainment: Reading, president's program.

Advertisement for Standard Oil Company of California. Features a portrait of a man and the text: 'This Standard Oil Dealer is one of 11,000'. Large text: 'RED, WHITE & BLUE Dealers'. Slogan: 'Who have a new plan for serving you better'. Includes a 'Try This Experiment' section and a list of dealers.

Gold Beach.—War department approved plans for construction of bridge over Rogue river at this place.

Another Turkey Pool!

Advertisement for Turkey Pools. Features a large turkey illustration and text: 'WILL RECEIVE TURKEYS ALL THIS WEEK'. Includes a price list for turkeys and a net grower offer.

Advertisement for Farmer's Exchange Cooperative. Text: 'Farmer's Exchange Cooperative', 'N. Fir Street Medford Phone 932'.

Advertisement for Jell-well dessert. Text: '10¢ buys dessert for the whole family'. Includes an illustration of a Jell-well box and Pantorium dye works logo.