

Natural Method For Correction of Cause of Disease

Painful Condition Is Traced to Sluggish Nerve Flow

Hundreds, yes thousands, of persons suffer from a variety of diseases, which they attribute to "colds." So many people are susceptible to sudden changes in the weather.

Among the painful and frequent serious afflictions which are widespread at this time of year are Lumbago and Sciatica, Headache and Facial Neuralgia, Rheumatism and Neuritis. Any one of these is had enough, Lumbago and Sciatica may become very painful. Neuralgia frequently drives nervous victims to the verge of insanity, and Rheumatism, once seated, lasts a lifetime, and spreads through the entire system, if not promptly arrested.

Various schools attribute various causes and attempt to counteract them with a diversity of methods. Chiropractic looks not so much on the result, which is the disease itself, as to the origin.

Lumbago and Sciatica Rheumatism is caused by nerves in the lower part of the back becoming pinched between the bones of the spine, which have been forced out of alignment. Generally it is not exposure that causes these painful diseases, but probably a fall, or a jar—just enough to joggle the bones of the spine out of their proper alignment.

Adjustment of these bones by Chiropractic frees the nerves of the pressure and Lumbago and Sciatica disappear.

In the case of headache and facial neuralgia the nerves which serve the head are pressed upon by misplaced bones in the region of the neck. This displacement may even be caused by an apparently trivial loss of the head or other sudden movements, which throw the head and neck quickly out of normal position.

Boxing is a prolific cause of such displacements. A jolting, jarring blow to the jaw or side of the face frequently causes a condition which becomes chronic unless recognized in time and properly checked.

Rheumatism frequently results from a pinching between the bones of the spine of nerves that control muscular structure. Pressure of different degrees and in involving various nerves will cause what is known as general rheumatism, when it seems the whole body is racked with rheumatic pains.

Chiropractic simply locates the point of pressure and removes it. The rheumatism disappears as a matter of course.

CUT OUT—SIGN—AND MAIL

The Chiropractic Health Bureau, care of the Medford Mail Tribune, Medford Oregon.

Please send me, without cost or obligation on my part, copy of the new Booklet describing Chiropractic Health Service.

Name _____

Address _____

City _____

Paid Adv.

CARDINAL CREW PLAN SURPRISE FOR JONES MEN

Deep Secrecy Maintained In Warner's Workout of New Methods—Trojan Mentor's Scouting Is Believed Main Reason.

STANFORD UNIVERSITY, Cal., Oct. 23.—(AP)—Behind the locked doors of Stanford's famous stadium, Coach "Pop" Warner and his galloping Cardinals are preparing a surprise for the University of Southern California. Trojanism who invade this battleground Saturday. It is secret practice, shut out from all prying eyes, even those of the scribes and old grads. Coach Warner announced the secret sessions would continue until the day of the game.

Whether the reason for all this springs out of the fact that Coach Howard Jones of the powerful Trojan aggregation attended last Saturday's game during which the Stanford eleven trounced the Oregon State squad, 40 to 7, was a matter for conjecture. Certain it was that little of the Stanford method escaped the keen eyes of Jones, and it was a good bet that Jones returned to his own field with a fair idea of what the Trojan job would be.

At any rate, it was known that Coach Warner was grinding out a new sort of attack to meet a different situation. A whole new series of passes was needed, and a method for combatting the crushing center drive expected from the men of Troy.

With the return of several Cardinal veterans to the line-up, the Cardinals expect to be stronger Saturday than at any time so far this grid season. Ready to return to the line were Harlow Rotherb, halfback, John Preston, end; Bill Simkins, fullback, all of them have been out of the game for varying periods. Not since the first of the season has Warner been able to use his complete backfield.

JOE MCGINNITY, IRON MAN DIAMOND, DYING

NEW YORK, Oct. 23.—(AP)—Death apparently was near today for Joe McGinnity, famed "Iron Man" of the National league a quarter century ago.

The 57-year-old pitcher, whose baseball career spanned 32 years, was dying at his home in Brooklyn. Physicians said there was virtually no hope for his recovery.

McGinnity failed to rally after an operation, August 27, for removal of a tumor. A second tumor has developed and in view of the old pitcher's weakened condition, surgeons deemed another operation inadvisable.

OREGON YEARLINGS IN HARD GAME SATURDAY

EUGENE, Ore., Oct. 23.—(AP)—One of the toughest games on the schedule of the University of Oregon Frosh football team will be played Saturday on Hayward field with the University of Washington babes. The Oregon frosh will use the same starting lineup that went against the Chemawa Indians here last week.

UNPLAYED SERIES GAME BRINGS TWENTY GRAND

CHICAGO, Oct. 23.—(AP)—Failure of baseball fans to return their tickets for the sixth world series game probably will net the Cubs and Athletics \$20,000 more than they had anticipated.

The total value of the pasteboards for the game, that never was played, was \$202,000. Approximately \$140,000 has been turned back. The refund will close soon.

Watch Tongue For Signs of Illness

Your tongue is nothing more than the upper end of your stomach and intestines. It is the first thing your doctor looks at. It tells at a glance the condition of your digestive system—and physicians say that 90 per cent of all sicknesses start with stomach and bowel trouble.

A white or yellowish coating on your tongue is a danger signal of those digestive disorders. It tells you why the least exertion tires you out; why you have pains in the bowels, gas, sour stomach, dizzy spells.

And it's a sign you need Tanlac. This good old reliable medicine has helped thousands who were physical wrecks. See how the first bottle helps you.

Tanlac contains no mineral drugs; it is made of barks, herbs and roots—nature's own medicines for the sick. Get a bottle from your druggist today. Your money back if it doesn't help you.

Annual DAD'S DAY at Oregon!



BAGSHAW PLANS TRICK PLAY FOR OREGON BATTLE

SEATTLE, Wash., Oct. 23.—(AP)—Falling to win a Pacific coast conference football game in three starts this season, the University of Washington eleven may resort to tricks in an attempt to defeat the University of Oregon here Saturday.

Coach Enoch Bagshaw has been working his men on new plays this week and will likely try everything possible against the Webfoots.

The husky reserve strength has been weak this year and an effort is being made to bolster up the first string starters. Several substitutes, including Chuck Rosenham, Bob Buzzard, Jerry Robinson, Neil Shurman and Clarence Hledsoe, all backfield men, were given lots of work in scrimmages yesterday.

Walker Sahli, regular end, injured his right knee in the Washington-Washington State game last week and will be out for the rest of the season.

OREGON CENTER QUIT FOR SEASON

UNIVERSITY OF OREGON, EUGENE, Oct. 23.—(AP)—George Stadelman, Oregon's powerful center, probably will never play collegiate football again. He was listed here today as being out for the rest of the present season and this is his third and last year of football.

Stadelman suffered a broken bone in his right ankle Saturday when the Webfoots swept through Idaho at Mullenmah stadium, at Portland for a 34 to 7 victory.

Other injuries suffered by the Webfoot squad were inconsequential. Collier, tackle, has a cracked rib and Robinson, halfback, a twisted shoulder. Both will be in shape for Saturday's game against the University of Washington Huskies at Seattle, however, Coach John J. McEwan said.

END PHEASANT HUNT WITH SUNDOWN, LAW

China pheasant and quail hunters are reminded by local deputy game warden that hunting must stop at sunset and can not begin at sunrise. A number of complaints have been received by the officers that some hunters have been shooting after dusk, and in some cases endangering life and property because of inability to see clearly.

The sun will set at 5:12 this evening and two minutes later each evening, the sun setting at 4:50 on the closing day of the bird season, October 31. While no arrests have been made as yet, hunters are requested to observe the sunset closing hour. It is also unlawful to hunt over one-half hour before sunrise.

FAN DROPS ASSAULT SUIT AGAINST WILSON

CHICAGO, Oct. 23.—(AP)—Lewis "Hack" Wilson, Cub centerfielder, has one less worry than he had yesterday. A suit for \$20,000 against the pudgy outfielder, filed by a fan who charged Wilson had assaulted him at Wrigley field early last summer, has been dismissed.

Boxer Succumbs After Knockout Blow Saturday

NEWARK, N. J., Oct. 23.—(AP)—Raymond Miller, 26, Newark boxer, died last night in a city hospital from internal injuries received Saturday night when knocked out in a bout with Freddy Fraser. Miller was revived a few minutes after the knockout and went home. Yesterday he became unconscious and was taken to the hospital.

APPLESAUCE SWELLS HEADS ILLINOIS MEN

CHAMPAIGN, Ill., Oct. 23.—(AP)—"Applesauce and clippings" are worrying Coach Bob Zuppke of the University of Illinois this season. "These fellows walk down the street and get filled with applesauce every place they go," the little Dutchman said in discussing his football players. "Everybody tells them how good they are. Then they go home and read the same stuff in the newspapers and pretty soon they begin to believe it."

"Their tummies are filled with applesauce and their pockets with clippings. The load is too heavy to carry and play football at the same time."

CUB SIGNALS AN OPEN SECRET IS DYKES ASSERTION

BUFFALO, N. Y., Oct. 23.—(AP)—Joe McCarthy, manager of the Chicago Cubs, was amused today over a statement by Jimmy Dykes, third baseman of the Philadelphia Athletics, that the Athletics knew all the Cubs' pitching signals in the world series.

"If my men knew what the pitchers were going to throw they'd have made so many runs in the very first inning they'd have to get an eviction order to put the side out," said McCarthy. "Any ballplayer or one who knows baseball will laugh. It's too ridiculous."

Dykes told the Delaware county real estate board at luncheon: "When one of our batters got on base, he would fix his eyes on Taylor, the Chicago catcher, who at times was a little careless. The runner would stand in a perfectly natural position until he caught the signal, then he would move his hand in such a way that the batter was informed what kind of a ball was about to be pitched, or else a man near the batter would catch the runner's signal and relay it to the man at the plate."

The orations of Cicero were taken down in a form of shorthand by a Greek slave.

FOUR INELIGIBLES IN BAKER LINEUP, SAYS LA GRANDE

LA GRANDE, Ore., Oct. 23.—(AP)—A protest against the Baker high school for alleged violation of eligibility rules of the state association during the present football season was filed by the LaGrande high school with Roy C. Cannon, secretary of the board of control, Portland.

Specific violations charged that Baker was allowing ineligible players to participate in football games. Documentary evidence is said to have been mailed Cannon last night, accompanied by a protest for a hearing before Friday, the date of the Baker-LaGrande game.

R. D. Towler, principal, in a letter following the wire, mentioned the names of Calton Crawford, Melvin Eilers, Harold Joslin, Clarence Webber, Carrol Smith, as alleged ineligible players.

ROCKNE RESOLUTE ON CARNEGIE TILT

SOUTH BEND, Ind., Oct. 23.—(AP)—Physicians will have to do a lot of talking and threatening to keep Coach Knute Rockne away from Pittsburgh and the Carnegie Tech-Notrae Dame football game Saturday.

Rockne stayed away from Pittsburgh once and never has forgiven himself. In 1928, the Notre Dame wizard decided he would like to see the Army-Navy game at Chicago. So he sent his great team to Pittsburgh to play Carnegie Tech, certain it would bring back the bacon. Carnegie started the football world and Rockne as well by swamping the Hamblers.

"I don't want to miss a Pittsburgh trip after that 1928 episode," said Rockne, who has been forced to remain at home during the past two week ends because of his ailing leg. "I'll go this time if I have to go in a wheel chair."

SCHOOL BOARD BACKS BAN ON GRID WAGERS

PORTLAND, Ore., Oct. 23.—(AP)—The city school board today was on record as supporting the activity of Horace Meeklem, chairman, in halting gambling on high school football games and announced that police will patrol gates to the civic stadium at future games to bar 20 and 40 men whom Meeklem charged publicly with "betting as high as \$50."

Meeklem, last week, during a high school game, arose in the grandstand during the half and roundly denounced the alleged gamblers for commercializing high school football. He declared they used profane language before hundreds of school children and lowered the morale of children by flashing "great rolls of bills."

BRITTON RELEASED AS PRO FOOTBALL PLAYER

CHICAGO, Oct. 23.—(AP)—Earl Britton, former University of Illinois fullback, who played along-

side of Red Grange, has been released by the Chicago Cardinals, of the national pro football league. Britton has been unable to devote much time to football because of other interests. Earl Britton, former University of Illinois fullback, who played along-

YOU'LL SPEND LESS TIME COOKING WITH THIS MODERN ELECTRIC RANGE

The time you spend in the kitchen ... cooking three meals a day ... is time that could be spent in better ways. Now you can cut that time to a minimum with this Westinghouse Automatic Electric Range.

The Westinghouse Range cooks quickly when rapid heating is required. And, for dinners that call for long, slow cooking, the automatic control will perform every operation from the time you put food into the oven until you take it out to serve. Thus, whatever kind of cooking you do, this range saves much of the time you usually spend in the kitchen.

WESTINGHOUSE ELECTRIC & MFG. COMPANY
Offices in all Principal Cities
Representatives Everywhere

Westinghouse
The Electric Range with the Automatic "Flavor Zone" Oven

Let Us Figure on Installing a WESTINGHOUSE AUTOMATIC RANGE in your home. Phone 12 and we will call on you.

People's Electric Store
212 West Main Phone 12

\$20,000 In Prizes!

FOR THE BEST LETTERS ON "Why the Study of Piano Music Will Benefit Every Child"

These Prizes Are for the People of Southern Oregon. Every Home Should Be Represented

- All you have to do is to write a letter listing all the reasons you can think of why the study of the piano helps children. Prizes will be awarded to those writing the best letter based on:
 - Number of reasons.
 - Soundness of reasons.
 - Neatness.
- Consult your music teacher, school teachers, ministers, educators, social workers, or refer to text books.
- Only one answer from each household will be considered eligible, but every member of the household can contribute to the one letter.
- All letters must be in the hands of the Palmer Music House or in the U. S. mail not later than midnight, November 2, 1929.
- In case of a tie duplicate awards will be given.
- All contestants must agree to abide by the decision of the judges.
- The board of judges will be composed of representative newspaper men.
- No employees of this company will be permitted to enter the contest. The awards must all go to families not connected by employment with our company.

PRIZES

GROUND PRIZE

A Gulbransen Piano

| | |
|-----------------------------------|---------|
| 10 Cash Value Certificates, each | \$50.00 |
| 25 Cash Value Certificates, each | 45.00 |
| 50 Cash Value Certificates, each | 40.00 |
| 75 Cash Value Certificates, each | 35.00 |
| 125 Cash Value Certificates, each | 30.00 |
| 160 Cash Value Certificates, each | 25.00 |
| 300 Cash Value Certificates, each | 20.00 |

Only one certificate to each family

A total of 745 awards are offered. You have a real chance to win!

Here is your opportunity to win a beautiful modern piano, or a valuable cash award which you can apply toward the purchase of a piano. This nationwide contest is sponsored by the Gulbransen Company, the world's largest makers of pianos, in order to foster greater interest in the study of piano music.

A number of vital facts regarding the study of music—facts which have been uncovered by Gulbransen in a nation-wide survey—will be listed in the Mail Tribune tomorrow. You can use these facts as a basis in writing your prize contest letters and add to them your own opinions, gathered from your own experience. Address your contest letters to the local headquarters Palmer Music House.

Palmer Music House
"WE SELL HAPPINESS"