



Home and Fashions



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To-DAY and To-MORROW The Feminine World



Illustration, Courtesy of Hickson's, New York

Choosing the Winter Coat

By Emma Lou Fetta

Those of us who have children are taking care of their fall wardrobe first—in fact, as soon as we get back from our summer vacations, but once that is accomplished we can turn to our own fall clothes. It will be immediately discovered that not in a great many years has there been such a truly feminine inspiration in fashion. Linen, afternoon and evening dress are all dainty womanly and of sufficient variety to suit to every type. Once more let us send out the eternal warning of our day, look to the clothes which are smart, simple, appropriate and becoming to you. Therefore how much they are the first three of these injunctions, if they are the last they are not for you.

Only Habits Help To Safeguard Health

Washing Away Harmful Germs Prevents Disease Spread

People get sick? That is a question that runs through the mind of the housewife as she sits at her own household. There comes to her mind the fact that she has heard and read of medicine, of vaccines, of public health programs, of supposed to decrease death, she murmurs as she fills the hot water here is her neighbor, is the answer? Why do people become ill? There are a number of explanations. Dr. W. W. Peter, internist, known health authority, says that the list of scientific and preventives is still smaller than the list of harmful germs. Another explanation applicable in some parts of the country is that we do not give our health due enough financial support. Third explanation concerns, however, we are too health matters to disclaim responsibility in keeping and others well. It is an individual, a system of personal habits of cleanliness is one of the most important means whereby we can build around ourselves a zone of safety for the sake of health. By washing off the microbes which cause disease we decrease the chances of their being spread from person to person. When we wash off these invisible forms of life found on hands, clothes, and food utensils, and observe clean habits governing discharges from our bodies, especially those from the mouth and nose, we break in on the transmission of micro-organisms, decreasing their prevalence and the diseases which they cause. The housewife and mother who shows neighborly sympathy by helping her during her illness is to be commended for her kindness, but to win a full measure of praise she will show her loyalty to her own family's welfare by washing her hands thoroughly with soap and warm water before she ministers to their needs. The sensible precautions which Dr. Peter describes are simple, but they may often keep sickness away from her own family circle.

Be in Your Child

Every mother who has ministered to a helpless babe, who has guided growing life, and who has served and encouraged youthful aspirations, both blessed and blessed. The world has need of these mothers whose beacon light is not publicity, but the tranquil steady life of daily companionship, harmoniously and richly lived, whether in village or town, city or country. Yes, have faith in your child as a normal, human being; whose hands will create and maintain a world of things to serve mankind; whose touch will soothe and heal; whose tongue will cheer and inspire; whose heart will cherish and love all who come within its kind and strengthening affection, and whose soul will be open to receive and to give inner succor. On such a being, the sun and rain will fall alike in blessing, in city or country, in frigid or torrid zone.

Covered Dish Is New Party Idea

A form of indoor, winter picnic is the covered dish luncheon. It may be for the benefit of several families who wish to get together for a meal without placing all the burden of cooking on one person. It may be an acceptable idea to many clubs which meet for luncheon or have an occasional all-day meeting.

Each person in the party contributes one dish for the menu. Or, if it is a large party, two or three persons may go together in furnishing a dish. The food is cooked, put in a dish, covered, and taken to the place where it is to be served. There it is warmed up served in the same covered dish in which it was brought. Salads and cold desserts are put on the table in a dish with a cover. Cakes are brought in cardboard boxes lined with tissue paper. The idea is that all the food is in some kind of covered container.

Take Turns in the Kitchen. If it is preferred, the food may be brought uncooked and two or three persons detailed to cook it while the others go on with the merry-making. On different occasions the women may take turns helping in the kitchen. The food is served, piping hot, in the covered dishes. The table service at this luncheon should be more or less picnic fashion, although it would be very satisfactory for someone to act as host or hostess if there is no man present, to serve the others.

Miss Inez S. Wilson, home economist, suggests a food menu especially adapted to a covered dish luncheon:

- Creamed Veal
- Corn Custard
- Walldorf Salad
- Hot Rolls
- Gingerbread
- Whipped Cream
- Coffee
- Lamb Pie
- Creamed Peas
- Hot Biscuits
- Mint Jelly
- Luncheon Cakes
- Chocolate Sauce
- Tea
- Beef Loaf with Spiced Peaches
- Scalloped Sweet Potatoes
- Hot Rolls
- Apricot Bavarian Cream
- Wafers
- Coffee
- Pork Chops en Casserole
- Stuffed Baked Potatoes
- Hot Rolls
- Crabapple Jelly
- Lemon Pluff Pie
- Tea

Rubber Gloves Require Care. For many forms of housecleaning, rubber gloves furnish a convenient protection for the hands. They will give long and useful service if properly cared for—otherwise they are likely to become an expensive item.

The same glove should not always be worn on the same hand. Changing them about and turning them inside out will help to distribute the wear more evenly. Cuts and tears should be mended with adhesive tape as soon as they appear.

Mild soap and tepid water are best for washing rubber gloves. Each time they are used, dip them in clear water of the same temperature in a basin of suds, rinse thoroughly and put them dry with a soft cloth. Talcum powder dusted inside and out will absorb any traces of moisture that remain, thus prevent the rubber from shrinking and tearing.

Uses for a Bracket. If you have an old bracket, put it above your kitchen work table and you will be surprised at the many uses you can put it to. It is convenient to hang the jelly bag on the cottage cheese bar, spring scales, a damp dishcloth, a kitchen dripping after scalding, etc.

The Inside of Dresser Drawers. Instead of using paper in dresser drawers, paint the inside of each drawer with light colored laquer. They present a gay appearance and are easily kept clean.

SCHOOL DAYS
There's rejoicing in the household;
There is talk of rote and rule,
'Cause today's the day my little lad
Starts trudging off to school.
And my old heart it is happy,
And my old heart it is gay;
For my six-year-old is stepping out
T' start to school today.
And I'm proud as all things
Of his face;
And his face and mine both shine,
For I'm just as sure as he is,
That he's bound to top the line.
Yet my eyes—they just will water
Like a blitherin' old fool,
Because today my little lad
Starts trudging off to school.
—From Uncle Jeff, Woman's World.

MIRACLES.

By Minnie Leona Upton
WHO will thrill when the eager grasses
Leap to their task when April calls,
And the cherry ferns, as the South wind passes,
Uncurl at the base of the old stone walls,
And the birds come back, a dauntless band,
Straight over measureless sea and land?

WHO will thrill in the Month of Roses
When roses gladden the hearts of men,
On salt-sprayed fescues; in garden closes,
With myriads of dear and humble poses,
Over, and over, and over again;
And on through the gracious days and nights
As the orchards perfect their fair delights?

WHO will thrill in the Autumn's splendor
When crimson and gold heap barrel and bin,
And the mows are filled, and the gardens render
Their dues; and old Earth—that lavish spender—
Sees rich returns come rolling in,
And rests, with a leisure opulent,
Weary and happy, in kind content?

WHO will thrill with the harvest ended,
When soft snow robes come floating down,
Like angel vestments, from heaven descended,
Of flawless stars compact and blended,
To cover the fields, grown bare and brown;
And the trees, with their sap stored safe below,
Defy all riotous winds that blow?

WHO will thrill?—We make small wonder!
We take it all as a thing of old;
With the awful roll of the echoing thunder,
And the lightning that cleaves the cliff asunder,
And the morning's rose, and the evening's gold!
Lord, these are miracles—grant us sight
To see in all Thy love and might!

Rock Gardens, Useful and Beautiful

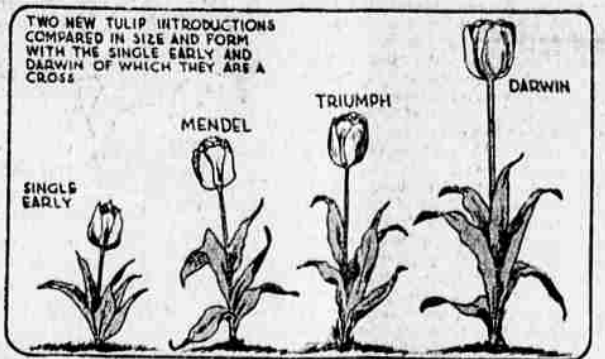
By Clara G. Davis (Or.)
A pretty, sloping terrace, which has been smoothly mowed, makes an attractive picture in front of a house. But the task of pushing the lawn mower over such a terrace is indeed a difficult one and unless there is a strong and obliging man about the place, the cutting of grass over the terrace is a real problem.

A good solution of this problem, and one which is growing more and more into favor, is to turn the terrace into a rock garden. Thus the problem of cutting the grass is overcome and, if rightly planned, will, in time, be well rewarded.

To prepare the ground for a rock garden, remove about 12 inches of the soil, saving the top soil so it can be used after the rocks have been placed. Fill in the bottom with about seven or eight inches of coarse ashes or rubble for drainage, and place the rocks on top of this, leaving plenty of earth pockets for the plants. Be sure to build your garden with a slope, not straight up and down. This not only increases the attractiveness of the garden, but also arranges the plants so they can be easily watered.

After the rocks have been placed then fill in the pockets with the top soil which has been mixed with about one-third leaf mold, peat moss or decayed vegetable matter. Many kinds of plants to put in! There are many kinds which adapt themselves to rock gardens.

New Tulip Families Developed



Two new tulip introductions compared in size and form with the early and Darwin of which they are a cross.

New races of tulips seldom come into commerce because of the length of time required to develop such a strain. One to a generation is about all that can be accomplished, the last being the now famous and popular Darwins. A tulip requires six years to bloom from seed and growing from seed is the only means of originating new types. In six years only a single blooming bulb of a variety is developed and five more years are required for its propagation into sufficient stock to offer.

Autumn Frocks Take New Lines

The brown family leads in popularity and is the smartest choice for immediate wear, for town or resort. Purple is also well liked in three shades from light to dark. The violet tweeds are particularly new and chic. In canton crepe, wine red is popular, with tomato red in silk. Vibrant blues, navy blue, myrtle green, bottle green, and rust and copper shades are extremely smart.

Black and white prints in chiffon and silk crepe are exceptionally smart for afternoons. Black crepe satin or dull silk crepe with eggshell used for a scarf collar is an exclusive Paris idea. Gray is the newest sports color. The ensemble idea is still prominent and special attention is said to matching shoes, bags, hats and gloves.

Snug hips are still important to place the flare of the hemline low, in circular and tiered models. Fullness concentrated at the side in a drape effect, godets and gathered treatments are smart. Bodices are simple, with a rather fitted effect, and show slight all-around blousing. Necklines are collarless in a great many afternoon types. The scarf treatment contributes a decorative note and is an especially youthful fashion. Bows and jabots form chic and becoming trims and are pleasantly feminine touches.

Considerable importance is attached to crepe satin in advanced Paris showings, and featherweight tweed and wool jersey are decidedly a favorite in the silk finish.

Humane Society

Humane Education. The schools of the state of California are accepting responsibility for educating boys and girls for every life relationship.

Humane education is now accepted as one of the most important of the life relationships and has a bearing on human relationships.

We have come to know that kindness, respect, attention, thoughtfulness and appreciation for our dumb animals implant in us as individuals qualities which will characterize our every relationship in life.

Faithfulness, fidelity, thoughtfulness, all are founded on respect upon which successful human relationships are established.

The state department of education encourages the promotion of every phase of humane education.

Humane education has been included in the California State School Law continuously from 1911—Jackson County Humane Society.

Even Laundering Temperatures

A sudden lowering in the temperature of the water is a common cause of failure in laundering. When fabrics are immersed in warm water, the fibers expand, thus permitting the soap and water to loosen the dirt in every part of the garments. If they are taken from the hot soapy water and plunged into cold water, the fibers quickly contract and become hard.

In the sudden contraction of the fibers, the soapy substance mixed with the soil it has collected is retained before it can escape in the rinsing water. That is why even after several rinsings, a filmy gray substance sometimes clings to the fabric.

Plenty of water of an even temperature, a generous supply of a reliable brand of soap, and thorough rinsing are the prime requisites for successful laundering. Unless some special condition is present, they should render clothes spotlessly clean.

Mending Kid Gloves

When mending kid gloves, always use merrized or cotton thread. Silk tears the kid.

Sweet Anticipation

Patient: "But is this operation dangerous?"
Surgeon: "Well, we succeed generally once out of five times. But don't worry. I have failed on the last four I've had."

Buy a Digger

Buy a digger to plant small bulbs. It makes putting them in the ground a comparatively light and speedy task.

Get Hyacinths going now in pots or glasses

Set them in a dark place to make roots.

Produce a new set of blue flowers each day during the summer

Osonehara fragerle (Evening Primrose), Rich golden-yellow flowers.

Painter's Brush Gives Painted Walls New Effect



Only Tool Necessary For Novel Finish

Color in wall decoration as we all know has been in vogue for some time but the popular demand nowadays is for something even more beautiful than two dimensions and it has led to the development of a white-lead plastic paint which brings to walls a third dimension in many beautiful and pleasing textures.

While bringing a depth to the wall decoration these plastic lead finishes do not have a relief so high as to make dirt collectors of them. They have been developed to such a stage as to give the effect with the minimum of relief, in fact not more than a sixteenth of an inch high.

One of the newest and most delightful finishes is the relief effect which gives a texture similar to a woven fabric. The only tool necessary is the same brush with which the white-lead plastic paint was applied. The wall is completely covered with a coat of plastic paint and then the side of the brush is laid flat upon the freshly painted surface and pulled away. This exerts a pull on the wet paint and causes it to stand out from the wall in countless points. The brush is then turned at right angles and laid against the paint again in the same manner, and the process is repeated until the entire wall has a cross-veined effect. The plastic paint may be tinted before application which when dry furnishes a complete washable wall texture and requires no further work unless an antique glaze is desired. If a glaze is desired it may be had by brushing on the glaze when the plastic paint is dry. Wiping out the glaze from the high spots leaves the depressions still colored, giving an effect which is very pleasing.

Children's Pleasure Column

Edited by Mary-Ann
This department is for our younger readers. We want you to write freely, telling of your experiences, adventures and of interesting happenings in your neighborhood. Tell of your favorite books or authors, favorite flowers, etc. Original poems and stories will also be appreciated. Write with pen and ink on one side only of the paper. Do not use pencil. Help one another to make this page both interesting and instructive. Address your letters to Mary-Ann, care Mail Tribune, Medford.

Animal Game.

Children form a circle with one in center, who is blindfolded. The circle moves around until the one in center points at someone, who must step into the circle. The blindfolded child tells him to "bark like a dog" or "crow like a rooster." The person has to imitate the animal or fowl. The other must try to guess who he is by the sound of his voice. If correct, that person takes his place in the circle and becomes the blindfolded child. The game continues as before. Should the guess be incorrect, that same person stays in the circle and points to someone else as the circle moves around.

Something to Make.

All boys and even some girls enjoy playing Indian. You all know what the Indians use to shoot with I am sure. It is called a bow and arrow. Why not make one for your Indian outfit? You will need a strong, pliable switch or limb to make the bow. Fasten a string cord to one end of the stick and tie the other end to the other end of the stick, making the stick bend just enough to pull the cord taut. This gives the needed power to make the arrow fly when let loose from the string. The arrows can be made from strong sticks. They should be shaved off so they will be smooth.

To shoot the bow and arrow.

Place the arrow on the string, about the middle of the bow and draw the arrow back as far as possible without breaking the bow. Let go of the arrow and the force of the string will send the arrow flying through the air. Be sure to shoot where you will not hit someone or anything that is alive as the sharp stick would injure or kill anything. You can make either small or large bows and arrows. The larger one would have more power, but would be more dangerous if you hit anyone.

Little Bobbie and His Dog.

Once upon a time, there lived a little boy, whose name was Bobbie, who had a tiny dog. The dog's name was Tiny because he was so very, very little. Tiny just loved his little master. Now, just across the street from Bobbie's house lived an old man who was almost blind. The old man had a very large black dog to keep him company. The dog's name was Rover.

Rover and Tiny were good friends, but Bobbie did not like for Tiny to visit at Rover's because the old man might step on him. One warm day early in the spring, Tiny slipped away from Bobbie and went over to see Rover. Rover was asleep and it made him cross to be awakened from his nap by any one. When Tiny ran around the house, he ran into Rover, who was frightened, and before anyone could stop him, he jumped up and snapped Tiny. The little dog gave one yelp and ran for home as fast as he could.

Bobbie who had been helping his mother, now came out of the house to romp with Tiny, just as Tiny came around the house. Blood was streaming from the bite on his leg. Bobbie ran screaming to his mother, who came running to the door. "What is it, Bobbie?" she cried. "Oh, Mama, something terrible has happened to Tiny, and blood is running from his leg," sobbed poor Bobbie. "Well, don't cry, dear," said his mother. "We'll see what can be done for him. Come here, Tiny." With as much tenderness as if he was a baby, his leg was carefully cleaned and medicine poured upon it. Tiny jumped around on three legs and gave three barks which seemed to say, "Thank you."

In a few days his leg was well as ever, but never again was he seen over at Rover's home. This had broken him of going over there, and Bobbie said he was glad.—Miss Esther H.