

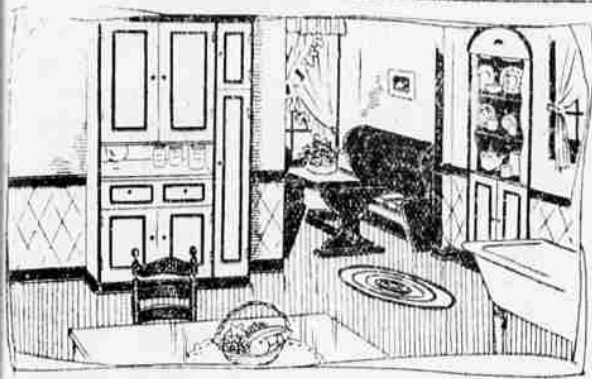


For Women



Irene DeLosh, 325 South Holly St.—Phone 390-L or 75

BEAUTY in the HOME



How To Achieve A Colorful Modern Kitchen

By Agnes Foster Wright

THERE is no room in the house which has a more direct effect upon a woman's happiness and good spirits than the kitchen. And certainly no room which offers more interesting possibilities to the woman who knows what can be done with ducos and who has a little ingenuity to create charming interiors.

For this kitchen I chose three of the many lovely ducos colors available and used them with, I think, a quite unusual and interesting result. For the kitchen cabinet, the wall, the ceiling, the corner cupboard, the green and navy blue, sunny blue for the trimmings and the shelves of the corner cupboard. The table I painted solid navy green. In the sunny break-

Special Recipes

Popovers
One cup flour, 1/2 teaspoon salt, 1 cup milk, 2 eggs, 1 tablespoon of melted shortening.
Mix and sift flour and salt. Add milk gradually. Add beaten eggs and shortening. Beat batter five minutes with an egg beater. Pour batter into greased hot iron pop-over pans or hot greased custard cups (earthenware or glass). Bake in a hot oven (450 degrees F.) 30 minutes. Reduce heat to a moderate oven (350 degrees F.) and bake 15 minutes longer. Do not open oven door for the first 15 minutes of baking.

Graham Popovers: Follow standard recipe for popovers using 2 1/2 cups graham and 1 1/2 cup white flour.

Chicken Cutlets
Six tablespoons butter or substitute, 6 tablespoons flour, 1 1/2 cups chicken stock, 3/4 cup milk, 1 1/2 teaspoons granulated gelatine, 2 tablespoons cold water, 3 cups minced or ground chicken, 1 teaspoon minced parsley, 1/2 teaspoon grated lemon rind, 2 1/2 teaspoon salt, 1-6 teaspoon paprika, egg and bread crumbs.
Blend smoothly the flour and butter or substitute, add slowly the stock and milk, stir until boiling, cook three minutes. Add the gelatine softened in the cold water, and when this is dissolved, the chicken and seasonings. Spread about three-quarters of an inch thick on two plates and set aside until cold. Divide into 16 portions, shape into cutlets on a board slightly sprinkled with bread crumbs, and egg and crumb each cutlet. Fry golden brown in deep hot fat or bake golden brown in a hot oven. Serve with mushroom sauce.

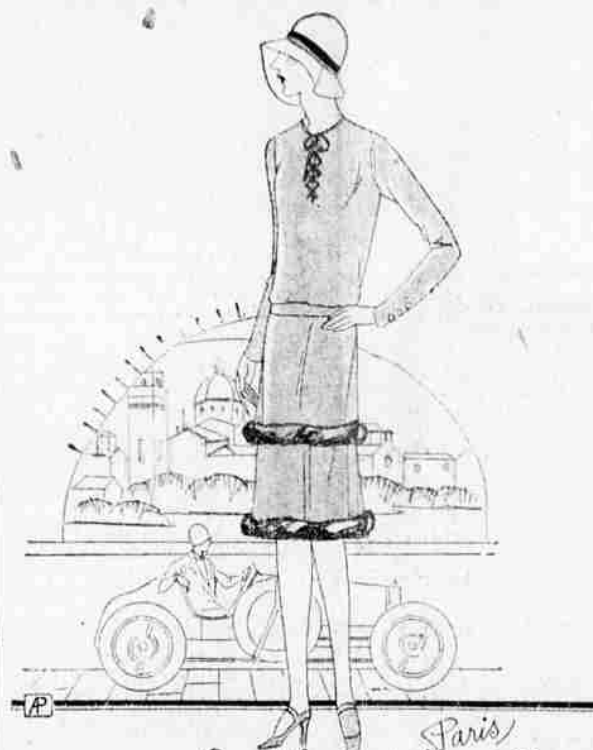
The addition of the gelatine makes it much easier to handle the mixture. It insures creaminess after cooking.

Mushroom Sauce
Four tablespoons butter or substitute, 1 cup peeled chopped mushrooms, 4 tablespoons flour, 1 1/2 cups stock, 1/2 teaspoon salt, 1/8 paprika, 1/2 cup light cream, 1 teaspoon of lemon juice.
Melt the butter or substitute and cook the mushrooms in it for five minutes. Add the flour, stir until smooth, then slowly add the stock, bring to boiling point, stirring constantly, season, simmer five minutes; just before serving, add the cream and lemon juice. The stock may be made from the chicken bones and trimmings and the peas and skins of the mushrooms cooked slowly in water.

Cheese Straws
One cup flour, 1/2 teaspoon baking powder, 4 tablespoons shortening, 1/2 cup grated cheese, 1/2 teaspoon paprika or cayenne, yolk of 1 egg, a little cold water.
Sift together the flour and baking powder, work in the shortening, add the cheese and paprika or cayenne and moisten with the egg yolk and water—as for pastry. Turn onto a floured board, roll thinly, cut into finger strips and bake until crisp and golden brown—about 10 minutes in a moderately hot oven.

Charming Bath Mat Made in a Few Minutes
For that necessary "color note" in the modern bathroom, nothing is more attractive than a bath mat. And it takes only a few minutes of time and a few cents of money if you follow the simple directions of Allie Lowe Miles in the current issue of McCall Needlework and Decorative Arts Magazine.
"To begin with, wash cloths in any desired color. Carefully match the square cloths in four even pairs or the mat will be too uneven."
"Sew pairs together with double mercerized thread of matching color. Use large needle and a straight loose running stitch just inside of the sear or hem. Arrange the four doubled squares on a table so that they meet to form one large square."
"Sew squares together down center from top to bottom and side to side. Use two strands of mercerized embroidery floss and sew loosely from side to side, catching first one side and then the other. With scapuled cloth leave space opened in center to allow mat to lie flat. When squares have all been joined on one side, turn mat over and repeat same on the other side."
"Using four strands of floss of contrasting color (dark green, for instance, is used on powder blue background), make heavy French knots over the four sewed together lines through center. Using four strands of light green and dark blue floss, make flower details. Add French knot centers of gold and black. Be sure to pass needle through right and wrong side of mat. A design across the open work center may be made by using four strands of the light-green and dark-blue floss and thrice catching across center space. Fasten long loose stitches together in center with cluster of French knots."

Modes of the Moment



Paris
One of the newest things in Paris right at this minute is Louiseboulangere's ruffled brown tweed dress with two lined skirt trimmed with chunk and a short suit jacket to go with it. Rita

Helping the Homemaker

That Elusive Shade String
Do you waste a lot of energy reaching for the elusive shade strings, curtain pulls, and cords on the kitchen and bathroom lights? There is really no need for exertion when you can purchase inexpensive cord pulls just the right length and variety for every household use.
Many of the new ones are made up in colors and decorated with beads and tassels. They will stand hard wear and may be recycled and washed in warm water and soap suds.
Clean Feather Pillows
If you intend to wash feather pillows, a blowy sunny day in early spring is the best time to do it. Transfer the feathers, preferably with a vacuum cleaner, from one pillow at a time into a clean cloth bag about the same size as the pillow.
Now prepare a tub of soapy warm water and swirl the bag of feathers in and out, changing to clean water and fresh suds as soon as the first tubful becomes soiled and flat. Rinse several times in clear warm water, squeeze out as much of the water as you can, then fasten the bag firmly to a line out of doors. When dry, the feathers will be just as clean and fluffy as when they were new.
While the feathers are drying, wash the casing that confined them. After the process is completed, you will have clean, sanitary and more comfortable pillows.

An Ensemble for Elnore
Elnore was proud of her pink bathroom ensemble. At the suggestion of her mother, she had decided to match the walls of the nursery in her choice of tooth brush handle, towel holder and wash cloth. Brother Bill had selected a vivid shade of yellow, while Ruth, who had first choice because she was the oldest, had favored pale blue.
Elnore's wash cloth and towel hung on a low rack in the bath room so that when mother looked approvingly at the palms of her hands, it was no trouble at all to wash them. By walking around the side of the wash basin, she could slide the cake of soap over the edge. It was nice having things all one's own. Elnore mused. It made you feel grown up.

One day she decided to surprise mother, and in answer to the usual "wash up before lunch, Elnore," she displayed a shining face and spotless hands. Mother was pleased, but Bill didn't like being beaten by someone two years younger, and a girl at that. After that there was a daily race to reach the bathroom first. But Elnore didn't care. Even if the others were faster it was her idea. Besides, pink was really the prettiest color of all.

advertised so often. Where and how is it used?—Mrs. F. D. D.
Answer—Glassed chintz is very popular for window shades, draperies and covers for furniture.
Query—How often should a kitchen linoleum be varnished?—Mrs. H. D. H.
Answer—To keep it in good condition it should be varnished twice a year with a good floor varnish.
Query—Should window furniture be painted or sprayed with a lacquer preparation?—Mrs. M. F. W.
Answer—It is difficult to brush a lacquer or enamel onto window shades. An expert can spray it so much quicker and more evenly.

Home Decoration
By Jane Sneider

The American home seems now to have arrived at the luxury period of its existence and as a result it makes certain definite demands in relation to home architecture and interior decorations. It insists that houses be comfortable and that they be correctly furnished.
Query—How can one use one or two old pieces of furniture in a room with modern furniture?—Mrs. H. D.
Answer—So many of the pieces of furniture to be had at present are reproductions of the old that an old piece may easily find congenial surroundings. Give the old piece a place in the room where it seems to fit best and other pieces will blend with a harmonious picture with a little study.
Query—Are carpets going to be used more than rugs this fall?—Mrs. F. G. C.
Answer—It is true that carpets are used again, but hard wood floors with scatter rugs will always be good.
Query—One sees glazed chintz

Garden Reminders

Keeping Flowers Fresh
Many flower lovers complain that they are unable to keep blossoms fresh in vases for more than a day. Flowers must be cut at the proper stage of their development. It is obvious that they must not be cut when in bud, with the exception of gladioli, which may be cut after the first bud has opened. The general rule is to cut them when the buds begin to open.
The safest rule, too, is to cut flowers in the early morning or in the evening, not in midday, when the sun is shining down on them brightly.
Use a sharp knife to pluck the blossoms, and plunge them immediately into water. Wherever possible, the vase should be wide and shallow with you dip the stems deeply into the water.
After a few hours arrange them in vases, and keep the vases in as cool and as humid a room as possible. The care should be wide at the top. Keep out of the sun.
Change the water every night, cutting the bottoms of the stems with a slanting stroke and removing about an inch of the stems. If you have some charcoal, drop a little into the water. A few drops of formalin will serve if no charcoal is available.

Set Strawberries Now
The average small garden is not large enough to hold a strawberry bed, because that fruit occupies its space year-around, bearing only one crop during June. But by setting out pot-growing plants of the ever-bearing variety during August you put to work around that would otherwise be idle for the balance of the season, and you also assure yourself of a fine crop of berries, not only next June, but during the summer and fall. The ever-bearing strawberries bear their best crops in the fall, if you can throw sympathy overboard early in the season. During April and May plant back the beds or reduce the number of berries per cluster to a reasonable few.

Preparing Soil for Iris
Use no manure in making ready to plant iris. Instead a mixture of one part half rotted and half raw will serve nicely. The addition of ground limestone, about a half pint to each clump, well mixed with the soil, will be beneficial to most species except the Japanese and Siberian. These dislike lime.

Some of the new varieties are especially sensitive to soil. It holds moisture. The best sense to make raised beds for them about three or four inches above the garden level. For this purpose use coarse sandy gravel. A hillside location is good, and sometimes artificial slopes may be constructed.—From the August American Home.

Proportion Emphasized for College Wardrobe
Proper proportion in college wardrobes for girls is emphasized in Woman's Home Companion. It is pointed out that the balance of proportion is what determines whether a girl is to be known as smart or whether she will be over-dressed on certain occasions and a bit down at the heel, the rest of the time, says Mrs. Little.
A well balanced wardrobe for college wear should consist first of all of things that will be worn during the principal activities of the school, study and sports. An all-around coat, probably of tweed, with a fur collar, will be suitable for practically all occasions. A leather jacket of finger-tip length for sports and picnics is also considered desirable. An evening wrap is not a necessity at any college, but admirable little white rabbit jackets may be added as they go well with any colored evening dress.

A three-piece jacket suit is the most appropriate for campus wear as it can be carried by being worn without the jacket as a two-piece suit or with a shucker shirt for variety. A separate skirt of rough, serviceable woven for hiking, athletics and similar wear, is invaluable to the college trunk.
Party dresses, and two of them, one for luncheons and teas, and the other for informal evening affairs, should be simple, but with a distinctiveness of design. Dancing frocks should follow principally the whim of the wearer, but in no case should they be too elaborate nor as bouffant as in former seasons.
One serviceable felt cloth hat is good enough for all occasions but may be supplemented by something simple for strictly evening wear, and perhaps a barel. Two pairs of high-heeled shoes for day wear and dyed-silk pumps for evening complete the outfit. "And don't forget a comfortable bath robe," warns Mrs. Little in conclusion.

Children's Pleasure Column



Edited by Mary Ann
This department is for our younger readers. We want you to write freely, telling of your experiences, adventures and of interesting happenings in your neighborhood. Tell of your favorite books or authors, favorite flowers, etc. Original poems and stories will also be appreciated.
Write with pen and ink on one side only of the paper. Do not use pencil. Help one another to make this page both interesting and instructive. Address your letters to Mary Ann, care Mail Tribune, Medford.

The Beach

By Helting
Did you ever run on the beach on the sunny sand, and watch the water reach into the land, its curling fingers, and wiggling toes?
And then—
Gurgled and laugh,
And run away again?
Did you ever play on the beach and sail your ship, or get your tummy wet when you saw it tip?
Did you ever climb in an old boat
Held with a chain,
And make it a treasure ship on the bounding main?
Did you ever sit on the beach and build a town—
Castles, houses, and fences
Wet and brown?
Did you ever return to the beach from where you'd been,
To find them all dried out
And tumbled in?
Did you ever lie on the beach at the end of day,
When you had played so hard
You were tired of play—
And watch the sun go out
Like a round, red light
When someone had pressed the button—
And it was night?

Sometimes I think that the beach is the finest place
Ever was made for a child to rest or race;
Ships may topple, and houses crumble away,
But there'll always be children—
Water, and sand,—and play!

Pique Crepe
The latest fabric sponsored for sports wear is pique crepe. It is a washable sports silk of exceptional value with the appearance of a fine ribbed material, yet it drapes as softly as crepe de chine. An effective ensemble of this material combined with a white frock with a polka dotted jacket and silk knit teddy bear. The best is an inevitable consequence of the sun-tan as brimmed hats prevent the even burn which is so fashionable.

Deep Sun Tan Good Remedy for Complexion

"A judiciously measured sun-burn is a very important part of the cure of pimples and other eruptions," says Phyllis Wray, beauty expert in the Farm Journal. "Not a burn, really, but a good, gradual tan. The greatest dermatologists prescribe it, in their treatment of acne and other skin troubles."
"These specialists administer it artificially in the form of ultra-violet lights in their clinics. You can have the real thing, and free, by taking your face outdoors for a while each day and deliberately tanning yourself. Take just a few minutes' treatment a day, at first, if your skin is sensitive, for you must not irritate your skin by burning. Get a deep, gradual tan. It will help your skin troubles marvelously."

Making Closets Part of Room

It is a well-known fact that almost any woman will look first at the closets in a house which she has intentions of buying. If the closets are not large enough she does not buy. Paradoxically, after having purchased the house she does nothing further toward beautifying the same closets. In most instances they remain in the state in which the builder left them, bare and uninteresting. The modern decorator, however, brings his paint pot right into the closet and carries out the scheme of decoration of the room.
In painting closets the method of procedure is to paint the walls of the closet the same color as the walls of the room. The shelves and wooden molding which hold the clothes hooks should be carried out in the same manner as the wood trim. The doors of the closet, on the outside, would naturally be the same color as the walls, and the inside of the doors should be carried out in the same manner. This scheme of decoration thoroughly eliminates bare white closet walls and makes the closet an intimate part of the room.
One of a number of very pleasing color schemes for north or east rooms is a lovely shade of buff made by coloring white-lead with French ochre.
This color is for the walls and should be carried right through to include the walls in the closets. The shelves in this case would be painted with white-lead tinted to a shade of blue gray with Chinese blue, medium chrome green and lamplack. Tinting colors are the greatest satisfaction because of their ability to go into solution quickly and without streaking. The wood trim should contrast with the scheme of the scheme of decoration, and this is accomplished by making a lighter mixture of the white-lead and French ochre.
In south or west rooms where the warm rays of the sun pour in, this color scheme would not be satisfactory, but a very pleasing combination is arrived at by combining white-lead with Chinese blue, medium chrome green and lamplack to give a delicate gray green. The shelves and trim in this case would be painted with blue gray with Chinese blue, medium chrome green and lamplack. Many other pleasing combinations can be made with these same colors-in-oil mixed with white-lead.

Cross-Roads

◆ Summit paths and rain-black roads, beach that weds the moon.
◆ Mountain-track and forest aisle, hushed green lanes in bloom—
◆ Take them, in your careless stride, laughter in your eyes.
◆ When a cross-road halts you, feet, be both warned and wised?
◆ If you hold a falisman, you will know your way,
◆ Twist and turn revealed to you, open at the day
◆ Stone tow-leanable may not prove stream-protected feet.
◆ Night shall not obscure your path, where the cross-roads meet.
◆ Love is like a magic wand, turning in your hand,
◆ It shall lead you faithfully over sea and land.
◆ All life's cross-roads cannot tell which the destined trail,
◆ Dreams and love and laughter, are guides which shall not fail.
◆ Never path but ends in home with such spells to guide,
◆ Take the colored ways of life in your careless stride.
◆ When the last cross-road of all has your way with night,
◆ You shall find your own dim trail leading into light.
◆ —Floath Baldwin