

MEDFORD, OREGON, SUNDAY, AUGUST 11, 1929.

No. 141.



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### If This Fits You

You can develop your personality along any line you choose. The exercises in this series will educate you in new habits of thinking, feeling, and acting. They will bring out the character traits that win success in business and popularity in society, as well as ability to solve life's problems.

**Some Persons Cannot Come to a Decision**  
They drift through life like seaweed detached from its rock, at the mercy of every wind and wave. Robert, standing on the street corner, can't decide whether to go north or south or east or west, so he waits for another drifter to suggest a way. He is always being persuaded by somebody to do something he doesn't want to do because it is so much easier than making up his mind for himself. Robert's sister Jennie can't decide whether to get a green hat or a red one; so a saleswoman easily sells her a yellow hat which she never likes. The inside of their minds are as fuzzy as milkweed, as slippery as clay, and as soft as butter in the summer.

If this fits you: Learn to make your own decisions.  
1. Look your problem in the face. Get acquainted with the situation.  
2. Think out how many courses of action are open to you.  
3. Figure out the advantages and disadvantages of each course.  
4. When all this is spread clearly before you, you must choose one line of action. If the emotional pull is so evenly balanced that you are equally willing to go right or left, flip a nickel and let chance make the decision you haven't the courage to reach.

Every decision involves a sacrifice. If you have your first choice you can't have your second. You can't have a small brunette for your wife if you marry a blonde. To have what one most wants necessitates going without many other pleasant possibilities.

Decision is a process of selection.

### Humane Society

### Plant Failures Often Caused by Improper Watering

**On Learning Kindness**  
"One of the greatest moralists that ever lived sought on frequent occasions to inculcate in his fellow-men kindness to animals as well as to mankind. Nearly nineteen hundred years ago, Plutarch proclaimed this axiom of humanity and there is little ethical doctrine that has stood the test for soundness for a longer time. It is the same now as in the olden days. The boy or girl who is taught to be humane to living creatures of lower life, will not grow up to be cruel or unkind to fellow humans. Here is what the learned Plutarch said over eighteen hundred years ago in reference to our duty to our dumb servants:

About 80 to 90 per cent of the failures in growing plants in the house are due to improper watering. It is half the battle to keep the plant healthy by knowing how and when to give it a drink. The simplest rule is to water the soil whenever it begins to show signs of drying on the surface. As long as the soil is moist enough in the middle or bottom of the pot, where the roots get their nourishment, the surface of the soil will remain moist.

"A good man will take care of his horses and dogs, not only while they are young, but afterward and past service. Thus the people of Athens, when they had finished building the temple, set at liberty the beast of burden that had been chiefly employed in the work, suffering them to pasture at large, free from any further service. It is said that one of them afterwards came of his own accord to work, and putting himself at the head of the laboring cattle, naively and before them to the crowd. This pleased the people, and they made a decree that he should be kept at the public expense as long as he lived. The graves of famous horses, with which he thrice won at the Olympic games, are still to be seen near his tomb. Men have shown marked regard in burying the dogs which they had cherished and been fond of. Among the rest was the dog who swam by the side of the galley at the battle of Salamis, and was afterwards buried by his master upon a headland by the sea, the place being called the Dog's Grave this day.

There are two ways to water ferns. Pour the water on the surface of the soil, filling the pot to the rim, or sub-irrigate by placing the pot in a pan of water so that the water comes almost to the rim of the pot. Then take the pot out and the roots standing in the saturated soil will finally rot and die. The wet condition of the soil is termed by the florist "wet feet." All of the clay pots the florist uses are provided with drainage holes, but they are of little or no use if soil is put over them, clogging them up. This trouble is overcome by placing a piece of broken pot, broken tin, or other material over the hole. Chalk and coarse sand are also good to use for drainage.

**Removing Stains**  
There are different methods of removal of various stains in linens, but there is one essential principle: never allow the stain to remain for removal at a later date; take it out at once.

Meat juice stains are best removed by washing first in cold water and then soap and water. To take out coffee stains, hold the linen tightly and smoothly over a bowl, holding at some height to give it force in its fall. Continue this until the stain disappears. Wine stains should be covered with salt and permitted to remain for a number of hours before washing in lukewarm water. This method will also remove peach stains but for other fruit stains soak in milk for an hour or two and then pour through boiling water or milk, as in the treatment of coffee stains.

Chocolate stains may be taken out by sprinkling with powdered borax. Soak in cold water and treat as in the case of coffee. Egg stains should be washed in cold water. Grease stains require an application of benzine or kerosene. Iron rust is best removed with salt and lemon juice applied until the stain disappears. For paint stains rub on the sponge side with soap and cold water and cover with a paste of starch and water.

**Glazed Sweet Potatoes**  
Wash six medium-sized sweet potatoes. Cook ten minutes in boiling water. Have the water boiling when they are put in. Turn out in a buttered pan, and put a strip of butter together for three minutes in cup sugar, four tablespoons water and one tablespoon onions. Brush the potatoes with the strip and bake for forty minutes, basting with the remaining syrup.—D. G. T.

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### To-Day and To-Morrow in The Feminine World



### THE PRINTED BORDER RETURNS

**By EMMA LOU FEITA**  
THERE is a curious thing about fashion. It, like history, keeps repeating itself, yet never, like history, should it repeat too exactly or too frequently.

"Style cycles" the stylists and fashion critics call these repetitions of the fashion world. Of course, in a cycle as in a circle, you're bound to come around to the spot from whence you started.

Pictured today is the return of a certain point on the style cycle which we called, when we saw it last, "the bordered print." If you saw it in a very small store you might think it an old idea. So it is! An old idea grown new. The famous house of Paul Poiret brought out this old-new idea in the form of a very smart frock made of a soft, washable rayon and silk crepe. The mixture of textures obviates the necessity for "lin weighting" the crepe, and therefore makes it much more washable, in fact quite adaptable to the sometimes none too loving care of a hurried housewife.

### Country Life

**By Robert Ingersoll**  
In a new country a man must possess at least three virtues—honesty, courage and generosity. In cultivated society, cultivation is often more important than soil. A well executed counter-felt passes more readily than a labored gown.

In a new country, character is essential in the old, reputation is sufficient. In the new, they find what a man really is; in the old, he generally passes for what he resembles. People separated only by distance are much nearer together than those divided by the walls of caste.

### Children's Pleasure Column

#### The Magical Bed

In a small country across the ocean, there lived a family, a mother and father and three children. They were brothers, the oldest was Jack, then came Bob and the youngest was Nohn. There was one funny thing about the house they lived in: it was a bed, and it had very funny figures on it. The youngest slept on it every night. When his mother put him to bed, before she had time to kiss him good night, he fell asleep.

The mother became very curious about it. At last she said to Nohn, "I wonder whether you will let me sleep in your bed tonight?" "Of course you may," said Nohn. The next night, before she lay down, she put her hands on the bed. Sure enough her hands went right to sleep.

The next morning she came down to breakfast and said to the family, "We are rich!" "What!" said all of them. "What do you mean?" "Why," said the mother, "we have a magical bed."

The next day the father and mother said to the older boys, "We think you had better start off and try and sell the bed, then we will be rich." The younger boy said, "Oh, can't I go?" "No," they said, "we need you."

So the older boys started off; they were to go to the king of the country, for he could not sleep. If any one could make him sleep they would have half of the kingdom, and also marry his daughter, who was very beautiful.

They had not gone very far, when they came to an inn. There they stopped for a night, then started to drink and soon forgot where they were to go. After wandering around for about a year, their family became very anxious.

My, you must wonder how they could carry the bed around, but it was a folding bed.

Well, after a year the youngest boy said to his father and mother, "I must go and find my brothers." At last his father and mother consented. After traveling for a month when should he see but his two brothers, being carried to prison. He ran to them and said, "What have these men done?" "Why," said the police, "they will not pay their debts, and they got grown up," said Father Wolf, scratching himself at the mouth of the cave and somebody ought to use it. We could bathe them and put them to bed."

**Matching Thread Easily**  
Put spools of colored silk thread into one small glass jar, and colored cotton thread in another. These show at a glance the exact shades on hand, and save tangled threads. The jars may be kept in sewing machine drawers.—Mrs. T. C. W.

**What We Need**  
A little more kindness and a little less greed.  
A little more giving and a little less greed.  
A little more smile and a little less frown.  
A little less kicking a man when he's down.  
A little more "we" and a little less "I."  
A little more laugh and a little less cry.  
A little more flowers on the pathway of life.  
Instead of on the grave at the end of strife! —G. M. D.

**Resolved!**  
Lawyer (to opponent): You're the blindest boob in the city.  
Judge (crapping for order): Gentlemen, you forget I am here.

### Los Angeles Ahead Of London



California goes London one better. English women have been wearing rabbit-fur garters. Hollywood beauties and the Autumn styles in rabbit-fur anklets and rabbit fur wrist-bags to match their coats. Outside of California this beautiful coat and bag would be known as mink and priced accordingly. In Los Angeles County girls proudly declare their coats are grown near the city and are made of ermine-strain rabbits which, judges say, can only be told from real ermine by an expert. Numbers of women of small means get the proper breed of fur-rabbit, raise enough for coats and trimmings in their own back yards and often do not even employ a local ferrier to make the garments.

### Slanted Bank Provides Fine Rock Garden Site

Sleep banks, which seem at first glance to limit garden space, are really assets rather than liabilities for the amateur gardener. They insure good drainage and, whether within the garden or on the boundary of the lot, they offer ideal situations for charming and picturesque rock gardens.

Cobblestones from the lot itself make good material for building the bank. If they are very small they may need some holding mortar at corners and points of pressure. It helps to fill in with finely pulverized soil as you build, and plant the seeds or spread the roots of small plants as you go. See that there are no air pockets. Roots must have soil all the way. Also see that your stones tip in enough so that rain is carried back into the soil.

**Selecting Bank Plants.**  
Plants recommended by the American Home authority for steep bank planting where there is partial or full sun are: White Arabis, lavender and purple Aubretia, the creeping phlox G. E. Wilson, creeping Thyme, and one or two of the sedums for closely growing mat-like plants. For taller pocket plants, Viola Jersey Gem, Veronica Indiana, Queen Victoria, forget-me-not, Elymus sarabandensis, snowflake evergreen conifer (Abies), Mrs. Siskins pink, Eriogonum alpinum, and the Carpathian bell-flower.

For planting in shade it is necessary to rely chiefly upon ferns, polyanthus and forget-me-nots.

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### Service

Service is love, kindness and charity in action, and the beauty of service is in the spirit and prompts it. Our plain duty is to make our little corner better and brighter by the way we believe in it, and to see that out of it the greatest good may flow to the greatest number.

True service lies in lessening the troubles or increasing the happiness of others, and we enjoy ourselves most when doing this. We have been told we should bear one another's burdens—and we must not wait to do big things. The one who is capable of great service, when needed, in the one who has always been doing little things well. Kind words and deeds, even a smile given to those whose heart is heavy, may be reckoned among the highest forms of service, and surely these are ours to give without stint.

One of the beautiful compensations of life is that no one can sincerely try to help another without uplifting or bettering himself. In just this way we glimpse the higher vision, and learn to count no blessing truly ours until it has, through us, blessed someone else. Let us be prompt and glad in service, however small it may seem, and whether rendered to a friend or the stranger within our gates.

Somebody has said: "I expect to pass this way but once; so if there is any kindness I can show, or any good thing I can do to anyone, let me do it now." Let us all take this to heart, and make it a rule to be able to say, as we go to our rest at night, "I have made one person a little happier or a little better this day." Let us resolve to do our duty in shop, kitchen, office, school or home just as faithfully as if we stood in the front rank of battle and knew that victory for mankind depended on us, for so will the humbled of us be serving in that great army that achieves the welfare of the world.—E. S.

### Advices on Furnishing Spanish Type Home

As the Spanish type of home gains in popularity in America the problem of choosing furnishings appropriate to it is arousing increasing interest. In the July American Home, Ethel A. Reever, noted New York decorator suggests some of the most important means of giving a characteristic Spanish flavor to the interior.

To harmonize with the architecture the interior decoration of the house in the Spanish manner should be simple. Its chief features are broad white walls and few pieces of furniture.

Paintings are very necessary to relieve the dead whiteness of the walls. They must be dark in value with dulled gilt frames. Their beauty can be enhanced by hanging them with interesting old cords and tassels.

**Wrought-iron Favored**  
At least two or three typically Spanish pieces of furniture should be used. One which is always present in the true Spanish interior is the vargueno, which is similar to an American secretary. Varguenos are fine wrought iron hinges and locks and any amount of carving with ivory and tortoise shell and precious metal inlays. The long carved chest is also invariably present and smaller coffers covered in velvet or leather or made of wood ornamented with tiles.

Old iron or brass fixtures are needed to give the house a genuine Spanish atmosphere. Wrought-iron wall scones, standing candleabra and hanging lanterns with glass panels can be made to serve for all the necessary lighting fixtures.

### Art of Selection

By Frank Crane

What we need is to improve the Quality of Life, and not the Quantity. We want to live more deeply, not more widely; a richer and not a more extensive existence. Wide travel, much reading, the meeting of many men, all these are not necessary. We can find what we seek by digging deep enough in our back yard, as well as by running over the surface of the earth in chase of it. To better life's Quality, we should do more weeding than planting. The hermits and anchorites had the right principle, but not it ignorantly. Seeking to strengthen religious emotion, which they took to be the one thing worth while, they isolated themselves in cells and caves. It is still true that whoever wants a deep and strong life has to learn self-denial. "Enstagen sollst du," is Goethe's word: "Thou must renounce."

For instance, the quality of your reading is heightened as you read a few books, with care and reflection. Novel after novel gulped down makes the mind thin and watery. The secret of good reading is in the art of rejection. The Quality of your memory is strengthened by the thorough memorization of a few things. The best memory is the one that seeks to forget most things. Not a capacious memory, but an intense and selective memory is what we want. The will also is toughened by letting small things go, and concentrating on essentials. Love must be constantly weeded. And art and learning come by concentration. Most of the worry and self-pity and irritation of life is due simply to scattering. Simplify, reduce, cut off, select; so comes efficiency, and efficiency brings peace, and peace brings invigoration for more efficiency; and life thus grows, increasing.

**Spoon Evolution**  
The lovely flowing lines and balance of the modern sterling silver spoon had a humble beginning on the shores of a distant sea. There the first crude spoons were made from shells picked up from the shore to which were affixed stubby bone or wooden handles. The ancient Egyptians carved spoons out of slate, wood and ivory, more than 4,000 years ago.

**Adapts Old-style Table**  
One of the most popular forms of space-saving tables, according to those who sell furniture, is a recent adaptation of the drawer top. In its old form, the drawer-top table expands at either end, making a long table out of a short, medium-wide one. The newer development expands the table sideways, instead of lengthwise, starting with a narrow table that opens up to make one almost square. Such a shape is more usable in most living rooms than a table that is wider at the start. It fits neatly into the living room scheme of things, to back a dayenport or to be set against a wall. The side-expanding drawer-top is called the duplex table. It improves upon its ancestor by having a capacious drawer at one side, partitioned and lined with velvet to hold everyday flat silver.

**To Keep Flannel White**  
White flannel is likely to turn yellow after repeated washings. This will not happen, however, if used in a good deal more bluing is used in the rinse-water than for white cotton goods.

**Cooling Tea-Room Menu**  
For the midsummer afternoon tea it is pleasant to have everything green and cool — green glasses for cold tea, sprays of mint in the glasses so that the spicy odor may be inhaled when the tea is sipped. Small sandwiches of cucumber, watercress, or lettuce and cakes with mint frosting would add to the cool effect.

The "Boerenbond," cooperative organization of Belgian farmers, handed business amounting to \$18,999,990 last year. A negro farm hand, employed by L. F. Byrne at Columbus, Miss., ran a tractor 32 hours with only a half-hour break.