

MEDFORD MAIL TRIBUNE

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Ye Smudge Pot

The proposal of the government to make tonic "drift" drink, with its smudge-like painting the hills white, and making water wetter.

The approaching civic battle is giving signs of being a dandy, as in another week nobody will know what the battle is about.

One of our prominent Alredales has had his whiskers clipped, but he is still an Alredale.

F. Rybes, the Jville peasant, uses efficiency methods, but the hay is all pitched.

MOST CERTAINLY! (Eugene Register) Do you think, loving each other as much as we do, we could fight it out. Give us your best solution to this problem.

TWO IN A TRAP. The first enraptured Democrat in many a moon appeared yesterday and had a fine old-fashioned "kept us out of war" quiver.

A hardy son of the hills appeared, Tues. wearing a sweater originally knit for the Belgians.

A kind friend has bequeathed the writer a billiard made from the carcass of a Nile crocodile.

Dear the President! Not a member of the farm board, has been a notable and distinguished failure!

PROVIDENCE interferred at Bisbee, Arizona, and the armistice shot himself in the left leg, as the shivers raged.

"CARROTS AND COMMISSIONS"—(Lifeline Time Mag.) A couple of curses decided to class it out together.

Then there is the story about the man who traded his Chivalry for a Buck, if you like old stories.

The moon was our full blast again last night, under the auspices of Prof. Reimer, and beamed pleasantly upon the shocked wheat in Col. Van Velle's lower 49, and the blackbirds whimping in the Alice Hanley oaks.

Think of a sun porch on a summer afternoon—a big wicker armchair or porch swing with brick cushions.—(Gold Beach Reporter) Throw the bricks at the mosquitoes.

Once upon a time in Oregon town held a celebration, and called it a celebration.

The United States Bureau of Health warns people desiring to keep cool, "not to sit in the hot sun." And, don't wear your overcoats.

The potato that used to be rammed on the snout of a kerosene can, is now an armor-plated Bartlett pear, stuck in the gas tank nozzle.

Americans Visit Russia. MOSCOW, July 17.—(AP) An American delegation of 38 business men, lawyers, engineers and newspaper editors arrived here this morning from Berlin by special train, for a thirty day inspection tour in Russia.

P. E. P. Buys Salem Plant. PORTLAND, Ore., July 17.—(AP) Franklin T. Griffith, president of the Portland Electric Power company, announced late yesterday that the Salem gas plant of the power company had been sold to the Portland Gas & Coke company.

ENLIGHTENED SELF-INTEREST FOR MEDFORD

GOOD-WILL is the most valuable asset a business can have. With it no venture can fail, without it none can succeed. That is why every large corporation spends thousands of dollars—some of them hundreds of thousands—on publicity designed solely to create a feeling of friendliness and understanding on the part of the people.

Essentially Medford is a business corporation. It is the marketing center of Jackson County, and one of the most important factors in its prosperity and the prosperity of its merchants is the good-will of the districts surrounding it.

In any discussion of the water problem, particularly the sale of excess water to districts outside of the city, this important fact should be kept in mind.

THE Medford water system was constructed primarily for the people of Medford. No one wants—or expects—their rights to be curtailed in any way or even threatened.

But if, as members of the Water Commission unanimously maintain, there is plenty of water not only for Medford's present but future needs, and suburban districts can be supplied without any genuine sacrifice then to our neighbors share in the benefits of this invaluable asset, would not only be good business for the city in dollars and cents, but the wisest sort of policy in the important matter of creating rural good will.

As we have previously pointed out, it should only be necessary to determine the facts to determine Medford's policy. Unless someone can prove that the facts presented by the Water Commission are incorrect, then to let suburban districts have that water which Medford cannot use, represents not only a duty, but an opportunity.

WILL THERE BE A WHEAT BOOM?

IT would be rather an amusing situation—and a nice example of poetic justice—if the speculating public would (as a certain press association claims it has) turn its attention from the New York stock market to the wheat pit in Chicago.

The altitudinous opulence of the New York stock market has been largely due to the support of the general public. Over two years ago for some reason, not clearly explained, "the butcher, the baker and the candle-stick maker" turned to stock speculation as a major indoor sport.

As a result, as far as dividend profits are concerned, stocks soared, and are still soaring, far above their natural intrinsic worth, but original owners of important stocks have literally made millions.

SIMILAR action on the Chicago board of trade would do the same thing to wheat. December wheat today went to \$1.50 per bushel. Some operators predict \$2 wheat just as two years ago certain Wall Street operators predicted J. S. Steel at \$200.

And if the speculating public turns to wheat as it turned to steel, \$2 wheat will come just as \$200 steel came.

Whereupon the farmer who holds wheat will profit as the individual who held U. S. Steel profited.

In other words, if this comes about, the President's Farm Relief Commission as far as boasting the price of wheat is concerned will have nothing to do. The dear people will do it for them.

And the farmer, who has always hated the speculator, will return to the upper bracket income tax paying class because of him.

Will it happen? We don't know. But if it does it will add greatly to the gaiety and prosperity of the Nation, and incidentally make the Grand Old Party more bumptious and invincible than ever.

Politics also make strange luncheon invitations.

A big city just seems tolerant because no one knows anyone else well enough to gossip about him.

We still have a little crime as an aftermath of post-war orgies, but you seldom see a silk shirt any more.

Russia needn't despair of recognition. Sooner or later Mr. Morgan will want it as a part of a chain of some kind.

It all depends. Money really is the most important thing in life if it is the only thing that can make you feel respectable.

"There is very little difference between the sane and the insane." Just a little disagreement as to the identity of each.

There are just two explanations of crime—desperation, and the reasonable hope of getting away with it.

Animals are much alike. The great cats in Africa that show their teeth while being photographed usually are females.

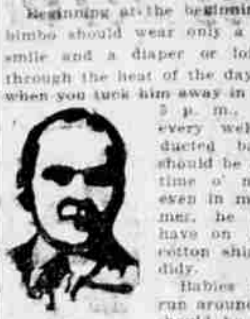
Uncle Sam waiting for Russia to become righteous enough to be recognized must squirm a little as he reads the headlines.

Personal Health Service

By WILLIAM BRADY, M. D.

Signals letters pertaining to personal health and hygiene, and to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped, self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received, only a few can be answered here. No reply can be made to queries not conforming to instructions. Address: Dr. William Brady, in care of this newspaper.

WHAT THE WELL-DRESSED MAN WEARS IN HOT WEATHER



Beginning at the beginning, the limbs should wear only a happy smile and a diaper or loincloth through the heat of the day; then when you turn aim away in bed at 3 p. m. where every well-conducted balm should be at that time of night, even in midsummer, he should have on just a cotton shirt plus duds.

With one of these late model sunbaths I think they are called: a one-piece garment of skeleton knit, virtually a pair of bathing trunks retained in situ with nice wide suspenders of soft material. For footwear, the less the better for the feet and the child's health. Moccasins are ideal, whether worn with socks or over-bare feet.

The principal factor in the cooling of the body or in keeping comfortable in excessively hot or humid weather is the evaporation of water from the surface, and this is dependent not only on the temperature and humidity of the atmosphere but also on the temperature of the layer of air surrounding and in contact with the body.

Even the Eskimo in his furs practically lives in a tropical climate, and everyone who wears clothes has his own private climate next to his skin, no matter where he lives. Under certain conditions of high temperature and still air thin clothing may keep one more comfortable than nakedness can, by favoring evaporation of moisture.

Clothing in contact with the skin should be of absorbent material, for comfort in extremely hot weather. Probably the ideal material is loose meshed woolen, for summer underwear. This may seem strange, but it is so. Next comes linen, finally cotton. Silk is the most uncomfortable material for clothing in very hot weather.

Dark colors or black absorb more of the heat rays of sunlight than light colors or white, and hence white or light colored clothing is more comfortable in the sun. A layer of air surrounds the heat away from the body.

For cooling purposes, one layer of heavier material is preferable to two layers of the lightest possible material, because a second layer of anything adds more insulation and interferes with the dissipation of the body heat.

Excepting the question of protection against sunburn, as a general rule the less clothing anyone wears at any time the more comfortable he will be in extreme summer humidity and the healthier he will be at any time of year.

Tight clothing is necessarily hotter than loose clothing simply because it retains the layer of insulating air around the skin. If the clothing is loose at every point of contact, ventilation will contribute toward more efficient cooling. Dog day clothes should be as soft and pliable as possible, for hard or stiff garments tend to preserve the insulating tropical climate around the skin.

Gentlemen should check their waists and ladies their stays if they wish to weather the torrid spell with pleasant mien. I have always suspected the reason so many people run amuck in the Philippines is they insist on wearing chokers belts out there. Here at home we content ourselves with corsets or vests and just so around with a grouch over the insufferable weather.

QUESTIONS AND ANSWERS

Can Cans Vitamins. Would you please tell me whether canned foods such as asparagus tips, spinach and peas have the same vitamin content as the fresh vegetables?—Mrs. C. D. L.

Answer.—Such foods canned by vacuum process (without contact with air during cooking) retain a considerable part of their vitamin content. When cooked in open vessels in the usual fashion of home canning, they lose most of their vitamins by oxidation. Here is a way to can fruits and

vegetables without destroying the vitamins. Do not heat the fruit or vegetables at once on bringing them from the garden. They are living, respiring things, and contain considerable dissolved oxygen. This oxygen destroys the vitamins if the fruit or vegetable is heated at once. Immerse the fruit or vegetable in slightly salted water for a few hours. In other words, drown the living things. In a few hours the oxygen in the vegetables or fruit tissues is used up. Then go ahead with the cooking and canning, and keep the vitamins intact. Of course it is not wise to rely on canned food entirely for vitamins.

Bathe if You Must.

Somehow I do not feel quite comfortable or enjoy that sense of physical or mental well being unless I have a bath or shower every day. Is this really harmful in any way? I experience a delightful glow after a bath.—Mrs. W. C. Answer.—It is harmless, if you enjoy it, and if the water does not induce itching or irritation. It is not essential for health, however.

Snack at Bedtime.

Does it harm a person to eat before he goes to bed at night? I have been doing this for years and it doesn't seem to have hurt me in the least. I am also trying to gain weight.—E. M. Answer.—No, it is rather a good time to eat. Only person who are already overnourished or who take insufficient exercise must brood the extra snack at bedtime.

Quill Points

Of course lynchings are getting fewer. When a proletarian is full of present-day liquor he can't say.

Returning vacationists just seem to feel better because they're so darned glad to get back home.

Example of suffering being: A wee husband whose wife sits at the wheel and orders him to sass the traffic cop.

More people leave prison every year than graduate from our colleges, and remember the lesson a lot longer.

The smell of tobacco still fights a burglar. He knows that kind of woman would shoot him just for the experience.

Americanism: Thinking a novel morbid and depressing because the hero doesn't get rich in the last chapter.

There isn't much wrong in a country where you must turn to the sport page to get a thrill.

You can tell England has a labor government. It plans to reduce navies with tools instead of oratory.

The objection to buying aviation stock and getting rich, as others did in the automobile business, is that so many of the early cars are forgotten now.

Science can explain almost everything except the peculiar attraction a drug store has for people who have nothing to do.

People who feel more important each time they cross the Atlantic must feel great reverence for a ship steward.

A philosopher is one who reflects that the ordinary things he possesses would seem wonderful if described by an ad writer.

More and more of the illiterate are learning to read and at times you can't help wondering why.

Correct this sentence: "It's an

MAIL TRIBUNE DAILY CROSS-WORD PUZZLE

Crossword puzzle grid with clues for Across and Down words. Includes solutions for yesterday's puzzle.

Grid for today's crossword puzzle with clues for Across and Down words.

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Do You Remember?

TEN YEARS AGO TODAY. (From files of the Mail Tribune.) July 17, 1919. Dr. E. H. Porter fights match near van of cleaning fluid in hospital office and medical library damaged to extent of \$2,000.

President Wilson promises to speak in Medford. Ashland defeats measure to tax people mill and one-half for public purposes.

Medford barbers raise price of shave to 25 cents and haircut to 30 cents. Mercury hits 103 in the shade.

Summers: Court Hall fell out of his chair again Tuesday. They ought to strap Court in like they do aviators.

City council forbids all irrigation from 11 a. m. to 4 p. m. and from 11 p. m. to 4 a. m.

TWENTY YEARS AGO TODAY July 17, 1909. Dr. J. M. Koenig attends Ashland Chautauque.

Ashland has building boom; contract let for First National Bank building. Walter Swartzfager of Jacksonville killed by S. P. train in Grants Pass.

J. A. Westerlund announces he will build new cannery in Medford. Washington—President Taft declares new tariff bill must be revised downward.



J. Verne Shangle Photographer. Today's Portrait may be tomorrow's treasure. Urge Dad to have his photograph made now. Call and see our beautiful styles of men's photographs. Phone 1308 318 Med. Bldg.

A GOOD POSITION. That's what you want—and what you can get. And it is easier to succeed than to fail.

NORTHWESTERN School of Commerce. BROADWAY AND SALMON PORTLAND, OREGON. CLIP AND MAIL TODAY.

By BUD FISHER. ARE YOU MISTER MUTT, THE GREAT FLYER? I AIN'T HIS GRANDMOTHER!

DO YOU FLY THE MAIL? ANSWER ME THAT! KID, I'M THE ACE OF THE SOUVENIR POST CARDS.

WILL YOU DELIVER A LETTER FOR ME TO VANCOUVER? SURE! HEY, THERE AIN'T NO NAME AND ADDRESS ON THIS LETTER!

THASS ALL RIGHT. I DON'T KNOW NOBODY IN VANCOUVER!