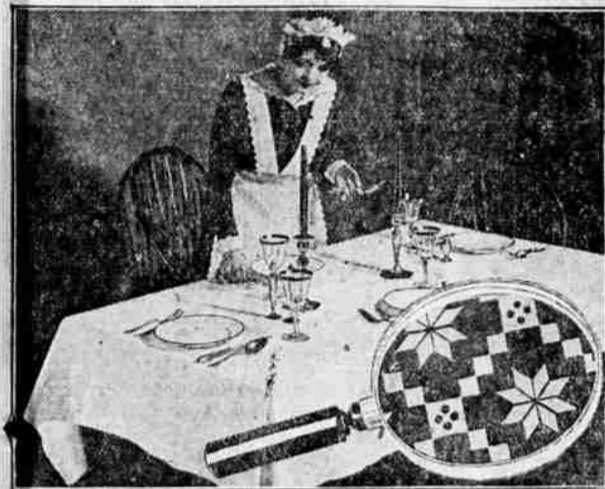




Irene DeLosh, 325 South Holly St.—Phone 390-L or 75

BEAUTY in the HOME



Something New in Napery

By Louise d'A. Wadsworth

IT is no doubt the experience of all housekeepers that one of the most difficult problems, and annoying too, is that of keeping down the laundry bills and at the same time having fresh, spotless damask on the table. This is particularly so when there are youngsters in the family and when Tommy or Sallie, just graduated from the nursery, are trying to steer their way through a meal with the groupings with the usual result of upset glasses of milk and cocoa and the stains from food that just will not stay on the plate.

But there is a way out of the trouble and a very delightful way that I have seen used in a number of well run homes, recently and that is to use for the table cover a fairly damask cloth which never needs laundering and is coming to be quite a popular modern note in table garnishment. These table cloths are made of a material that is impervious to liquids and can be easily cleaned with a damp rag. They look so much like linen damask that it is hard to tell the difference, they have a typical damask design and they are so soft that they drape perfectly. The edges are hemstitched, and the reverse side is of a soft felt-like material that gives the whole cloth body. They come in the runner form and in oblong and square dollies for those who like the smart "bare" table idea that is so much in vogue and are being used in a wide range of colors including, in addition to the white, peach, tan, blue, green and maize, to harmonize with the color scheme of the table or the room. Some of my friends put the colored cloths to other protective uses throughout the house, even to adding a new charm to the bridge table.

Humane Society

The Bird Bungalow
See, Jenny Wren, I've built a bungalow for you.
Made it from a box—myself—just see, it's painted, too.
I've put it on a post, high up, right near the garden wall.
Where sunflowers and hollyhocks are growing straight and tall.
Why don't you come to live in it, you tiny little thing?
I want so much to have you here, I like to hear you sing.
It's been put up for most a week, Ma said it was so cute,
I'd feel most awful, awful hurt if I praps it wouldn't suit.
The roof won't leak a bit, I'm sure the door is plenty small;
I meant it so the rain and sparrows can't get in at all.
It's big enough for six of you, no doubt your cozy nest,
O please move in; won't charge you cent; 'cause I like you the best.
Our garden's full of worms and bugs and all that's good to eat.
I know that you are fond of grubs, and cutworms are a treat.
You're 'tremely welcome to them all; I'm sure you wouldn't mind.
If, when I'm digging in the yard, I'd give you all I find.
I'd be so glad to have you 'round; to hear your cheery song;
To see you creep 'neath vines and plants and watch you all day long.
And when your little speckled eggs hatch into baby wrens I'll stay close by and 'low no one to see them 'cep'ing frien's.
—M. G. Gosselink in Our 'Dumb Animals.

THE BIRD IN INDIAN ART AND LIFE

George Ballard Bowers
Down through the ages man has attributed supernatural powers to the bird, a fact seemingly proven by the paintings on the walls of prehistoric temples of the Indians of the Americas and elsewhere, and by folklore. Possibly because of that still mysterious power of the bird by flight to disappear into and reappear out of the distant blue of the heavens, it thus became to man a symbol of future life and a decorative artistic motif more widely used than that of any other creature.
The prehistoric Indians of the southwest, builders of amazing cliff dwellings, used the bird symbol in the decoration of their temples. There is abundant evidence that they raised eagles, turkeys and other birds for their feathery deities necessary in their temple ceremonies.
Their present-day descendants, the Pueblos, the Hopis, Zunis and others, living in great structures of many homes, still use the bird design more than any other on their inimitable pottery and in their weaving.
Teachers in Hopi and other Pueblo communities have done much to foster respect for bird life through the organization of bird clubs wherein the usefulness of birds to agriculture is stressed rather than their value in legendary ceremonies which frequently made necessary their destruction.
Hopi boys, through the influence of their bird club, have constructed and put up dozens of bird houses in the trees surrounding their schools and homes. As their gardens and fields are the only tillable spots in the desert, they have but few trees except those planted and irrigated by their own hands, hence there had never been any place for tree-inhabiting birds until trees had been grown. Now that the Hopi boys have provided nesting places, robins and other feathered aids to agriculture have become numerous where previously none existed to help the Pueblo farmer in his fight against crop-destroying insects.

Save the bacon rinds and use for flavoring soups, dried peas and lima beans. They may be used to spread over the top of baked beans while baking, to take the place of the usual piece of pork.

Light collars, vestees and cuffs add a chic and becoming touch to many a sombre colored winter garment—provided, of course, that they are kept spotlessly clean. It is an expensive matter to send a garment to the cleaners' every time these portions become soiled and a nuisance to remove the soiled parts and sew them back into place after they have been laundered.
As a matter of fact, it is not necessary to go to so much trouble. If you are careful, you can launder these extra pieces successfully without detaching them from the garment.
Cover your ironing board with a towel or some other absorbent material, lay the garment flat on

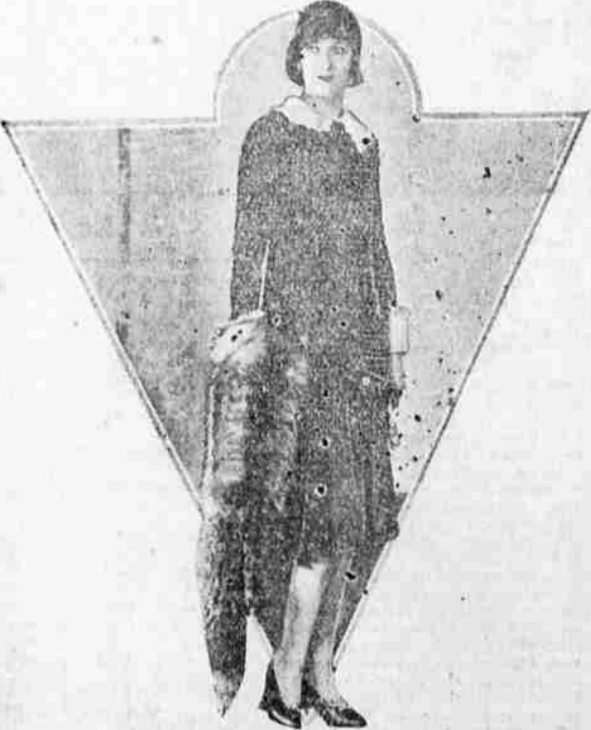
The Car by the Side of the Road

(It was a car of mine and stood in a ditch by the side of the road)
Apologies to Homer and Sam Walter Foss.
I
This darn car of mine it stands aside,
In the peace of its self-content,
Two flat tires—no gas—no oil—O, heck!
What a doggone predicament.
There are powerful cars that blaze their path
On the desert's burning sand,
But my Ford loves to stop by the side of the road
And stand and stand and stand.
II
Must I stay in a ditch by the side of the road,
Where the race of men go by?
Will none ever stop? Are they all deaf and dumb?
Will they leave me here to die?
I'd like to sit in the driver's seat
And hurl an old tin can;
But instead I must stay by the side of the road
And cuss my car and man.
III
I see from my car by the side of the road,
By the side of this highway out here,
The men who pass with the smile of content,
The men who keep passing so near;
But I turn right away from their smiles and their sneers
And try hard to think and to plan,
As I stand by my car by the side of the road
And cuss my fellow man.
IV
I know that there is a garage up the way,
Up mountains of wearisome height;
This darn road passes on through the long afternoon
And stretches away to the night.
I rave and I cuss while the travelers rejoice,
I shout and I hunk and I moan.
They leave me right here by the side of the road
Like a dead dog—all alone.
V
Guess I'll die in a ditch by the side of the road,
While the race of men go by,
With not one who will stop and not one who will help,
Or care if I should die.
From now on I'll sit in the scornier's seat
And hurl the cynic's ban;
If I ever do move from the side of this road
I'll not befriend any man.
—By MRS. PERCY A. BRAY

Summer Menus

- MONDAY**
Breakfast: Plums, Wheatena, Sugar
Luncheon: Poached Egg on Toast, Coffee
Dinner: Baked Stuffed Peppers, Cottage Cheese Salad, Whole Wheat Bread, Butter, Fresh Fruit, Iced Tea
Dinner: Baked Ham and Potatoes on Casserole
Corn on Cob, Spinach, Cucumber Salad
Fruit Jelly, Cake
Iced Tea or Coffee
- TUESDAY**
Breakfast: Cornflakes with Sliced Peaches, Sugar, Cream
Luncheon: Scrambled Eggs with Bacon, Butter
Dinner: Coffee
Luncheon: Stuffed Tomato Salad, Rolled Cheese Sandwiches, Rice Pudding, Iced Tea
Dinner: Jellied Bouillon, Roast Beef
Baked Potato, Creamed Kohlrabi, Tomato Relish, Dinner Rolls, Blackberry Pie, Iced Coffee
- WEDNESDAY**
Breakfast: Blueberries, Shredded Wheat, Cream
Luncheon: French Toast, Coffee
Dinner: Combination Salad, Baking Powder Biscuit, Jam
Butter
Luncheon: Raisin Cookies, Frosted Cocoa
Dinner: Iced Cantaloupe, Broiled Lamb Chops, Mashed Potatoes, Water Cream, New Peas, Johnny Cake
Luncheon: Sliced Tomato Salad, Grape Juice, Cookies
Coffee
- THURSDAY**
Breakfast: Honeydew Melon, Puffed Rice, Cream
Luncheon: Biscuits, Marmalade, Coffee
Dinner: Pineapple Patties, Butter
Toast
Luncheon: Peaches with Cream, Tea
Dinner: Tomato Bouillon, Sliced Cold Roast Beef, Parsley Potatoes, Corn on Cob, Cold Slaw, Radishes, Bread and Butter, Raspberry Cobbler with Cream, Hot or Iced Coffee

To-Day and To-Morrow In The Feminine World



Will It Be Spring or Fall This Autumn?

By EMMA LOU FETTA
THERE has been much talk of the reversal of logic in spring and fall colors. The capucines, and browns of this spring have, with their suggestion of flaming autumn, been thought to predict natural spring shades for fall. While there is still definite likelihood of a degree of this, certain warm browns and prints which bespeak warm feathery designs rather than flowery ones, will find full justice in the coming of September and October.
Early word from the furriers points to beautiful fullness and the look of added luxuriousness in their wares, and fabrics are gaining weight as the fall openings come nearer.
If many now be said to be a certainty that transparent rayon velvets will carry over importantly, and with enough varieties to make them seem an innovation all over again. The astounding history of this rayon fabric seems still very much on the upward bend with the downward movement of this particular cycle not yet in sight. The side path of the mode attribute the lasting success of this fabric to the fact that not in a good many seasons until its advent had there been a really new material—certainly not in the field of velvets and their allies. Since then, we have had, of course, that other rayon debutante—the heavy satin for which Patou first felt an urge, and which Bianchini first created calling it Lunasol. In the wake of this creation has followed other heavy, and curiously both stiff and supple satins made with rayon faces and usually spun silk backs. These have filled an important demand of the mode: body-clinging slouchiness and yet the ability to "stand away" from the body when design required.
Certainly these two successes of the youngest of the textiles are carrying on for very good reasons. While the heavy rayon satins loom importantly on the fall horizon, anticipated for afternoon frocks and blouses, as well as dinner and evening gowns, dinner wraps and certain important hostess gowns, they have turned also toward the interior decoration mode, which is neither here nor there for the dress manufacturers to concern themselves with, but which is a decided matter of interest for the fabric makers. In the recently arranged modern apartment at Good House-keeping Studio this material received a gracious and hearty welcome, being put to highly important use.

Well-Chosen Wall Paper Corrects Faults of Rooms

Wallpaper is valuable from a structural standpoint as well as from a decorative one, for its color and design, properly used, can do a great deal to remedy structural faults, says the February American Homes. Rooms may be made to seem higher, more spacious and brighter than they actually are if the right paper is used on their walls.
When additional height is desired in low rooms, wallpaper with stripes of rising lines in the pattern should be used. The paper should run directly to the ceiling line, and the ceiling should be papered with a plain color close to the shade of the background of the walls. If it is not too dark, so that the change from wall to ceiling will not be so marked.
In small rooms most people think it necessary to select tiny patterns, but this is not always wise. Small close patterns with structural faults, says the February American Homes. Rooms may be made to seem higher, more spacious and brighter than they actually are if the right paper is used on their walls.

Home Decoration

By Jane Snedcor
Housewives having problems on interior decoration will find this column interesting. Queries may be addressed to the editor of this page, care Mail Tribune.
Query—Why has the lion been used so often in designs, especially for draperies and wall hangings?
—Mrs. T. K.
Answer—During the early Christian and Middle Ages when so many of the pieces which are being copied today were being woven, the lion was a favorite motif because it has always been the symbol of power. The fabrics which were then made were for the wealthy and those in authority and naturally they employed the lion as representative of their own position in life. The presence of the lion in ecclesiastical vestments may have grown out of the fact that the tribe of Judah had the lion as its emblem.
Query—Are the Nundal rugs satisfactory, and where may they be used?—Mrs. W. D. H.
Answer—They are very satisfactory for they are made of goat's wool and the dyes are fast, so that they may be washed or cleaned easily. Goat's wool improves in texture and sheen when washed. They are strong as a color and design and are a bit difficult to work in with other rugs and all types of furniture. For bathrooms, halls, porches and certain types of bedrooms they are very interesting.

Indian Songbird



Clara Pottler, 18, is known as the songbird of the Sioux Indian reservation near Bismarck, N. D. She was discovered six years ago playing with children on the reservation by a former opera singer who trained her voice. She is teaching children of the reservation to sing.

What is HOME without a GARDEN

Columbines for all Situations

More and more use of the handsome and graceful columbine is being made in garden arrangement, particularly with reference to color. There are few plants which include the red, blue and yellow scales in one genus, but the columbine is one of them. Owing to the great variety of coloring it fits into almost any possible color plan.
Starting in mid-May the columbine display continues until well into July and if seed pods are kept snipped off the plant will give an extra crop of bloom. There have been many developments and new varieties are being offered each year. It is a plant that does not come true from seed except by re-seeding the seed plants with great care, and it is usually grown from mixed seed. For color scheme purposes it is necessary to grow columbines in quantity in a reserve bed and then mark the colors when they bloom and transplant.
They have been used in combination with irises in handsome effect, whether matching the color of the iris with columbines or planting a harmonious or pleasingly contrasting color.
The long spurred hybrids are the most beautiful and popular sorts. There are a number of strains and the Mrs. Scott Elliott strain is as fine as any, giving huge flowers with long spurs in a great variety of colors. It is not of as tall growth as some of the strains, but the more robust types seem to lose in size and grace of bloom to pay for their extra stature.
There are columbines for a rock garden such as glandulosa, a



COLUMBINES HAVE COME INTO GREAT FAVOR WITH ROCK GARDENERS

deep blue and white species which is a poor grower and a tax on the rock gardener's skill, and the dwarf white flabellata nana. A hybrid of glandulosa, carrying its fine color but of robust constitution is Heleina.
Plant columbine seeds now and hammer the soil down hard over the seeds. This seems to speed their germination.
The columbine, botanically, belongs to the ranunculaceae family, literally, little frog, derived from the semi-aquatic habits of some of the family. Botany is becoming more and more considered in gardening interest, and a book listing garden plants by their botanical relationships by Alice T. A. Quackenbush entitled "The Annals of Flowerland," is of value in this study.

CLOTHING BRIGHTENED WITH FRESH COLLARS

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JERUSALEM

Twelve foundation stones, one for each of the tribes of Israel, were laid with old Jewish observance for the buildings which are to house the Jewish departments of the Palestine administration. The site is in the Rehavia quarter, a section which has sprung up since the war.

Minnesota plans a public game preserve of about 1,250,000 acres adjacent to the Canadian border.

Mrs. Col. Lindbergh
First Booster for Coolidge
Mrs. Col. Charles A. Lindbergh was a picker of celebrities even at a school girl, her father, Dwight D. Morrow, ambassador to Mexico, has just disclosed. In those days she became a champion for Calvin Coolidge, said the ambassador, who is quoted by Will Rogers in the American Magazine.
"The first time we ever entertained Mr. Coolidge when our children were present," Morrow told Rogers, "was at a hotel in Boston just after Mr. Coolidge had been governor. There were several in the party. My daughter Anne had her finger tied up from some trivial accident. After the company had all gone the girls were all re-masking how quiet Gov. Coolidge was and that he had hardly spoken to anybody during the whole evening. Then Anne spoke up and said, 'Well, I like him; I think he is fine. He is the only one in the whole party all evening who noticed that my finger was hurt.'"
"Now that is just what he would do. He could do it without a chance of being quoted," the ambassador continued, according to Rogers. "He would discuss some things lots quicker than he would subjects of state."

TO-DAY'S FISH RECIPE

By Mrs. Ada B. Vail
FORMER ASSISTANT U. S. BUREAU OF FISHERIES
Fish for Children and Invalids
Fish of all varieties come from waters teeming with life of all kinds, on which they feed, as well as plant life and mineral substances in the water.
If cooked properly, fish is not only a tasty dish, but a healthy one. Children should be taught when very young to like fish. Many easily prepared dishes, such as creamed with macaroni or rice, made into tiny cakes with potatoes, egg, and bread crumbs, will soon create a liking for fish.
Filets of white-fleshed fish, because free from bones and easy to digest, are ideally suited for children and invalids.

Home Pointers

Towels Make Bathrobe
An attractive bathrobe for summer may be made from three towels. Those with a border of contrasting color are most effective. One towel makes the back, another is split in two for the front. The cut edge used for the underarm seam, and the third towel makes the sleeves and collar. This would also be useful as a beach robe.
How to Preserve Children
Here from the Oregonian is a prize-winning recipe to "preserve children's lives." It is good for anybody's scrap book.
"Take one large grassy field, one-half dozen children, two or three small dogs, a pinch of brook and some pebbles. Mix the children and the dogs well together and put them in the field over the pebbles, sprinkle the field with flowers, spread over all a

Young Prodigy

In six years, Betty Ford, 17-year-old San Francisco girl, accomplished what ordinarily requires 16. She went through grammar and high school and Stanford university.



Associated Press Photo