

# Delicious flavor for vegetable foods

Any woman interested in appetite appeal can use it



COOKING history was made recently when four famous cooking experts met in a kitchen high up in a New York skyscraper. The question before the house was what could be done to make vegetable dishes as delicious as they could be. The result of the experiments, which were carried on for several days, was the far-reaching new discovery of an old secret. The best way to cook vegetables is in a small amount of water, and with the addition of sugar. In every case vegetables so prepared received the unanimous vote of the experts.

For luncheon or dinner cook 5 medium carrots with a level tablespoon of sugar in the least boiling water possible. Slice, reheat and let simmer 10 minutes in 2 teaspoons of butter, pinch of salt, and 1 level tablespoon of sugar.

For delicious stewed tomatoes, peel, slice and stew 6 ripe ones, then add a lump of butter, 3 teaspoons of salt, 2 level tablespoons of sugar, and 1 tablespoon of bread crumbs. Cook 10 minutes longer and serve.

Just try sugar with vegetables in your own kitchen and notice how much better it makes these healthful foods. Try a dash of sugar with lima beans, string beans, corn, peas, parsnips, squash, onions and tomatoes. It makes children and adults like them. Most foods are more delicious and nourishing with sugar. The Sugar Institute.

# and Remember

Carnation Milk is absolutely uniform in quality, always pure and wholesome. Doubly rich in cream. Conveniently packaged. Always obtainable. Keeps perfectly. Gives better results. Saves cream and butter in cooking. Could you ask more?



Write for Cook Book CARNATION MILK PRODUCTS CO. P. O. Box 2158, Station A Portland, Ore.

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### ORTHOPHONIC Portable Victrola \$25 and \$35

Victor's latest achievement for your entertainment. Makes a wonderful gift for graduation—

Use it for your Summer Vacation—Handy to Carry

Wonderful tone—Automatic stop—The best style on the market.

### Palmer Music House "We Sell Happiness"

## ENTRIES FOR ROSE SHOW WILL CLOSE MONDAY MORNING

Entries for the thirtieth annual rose show of the Medford Garden Club will open Monday morning at 7 o'clock and close promptly at 11. The doors will remain locked thereafter until 1 o'clock in order to give the committees in charge time to arrange the different exhibits and the judges to award the ribbons.

Promptly at 11 Mayor Pipes will formally open the show, and the public will be invited to view the largest flower show ever given in southern Oregon.

There will be no fee for entering, and every flower grower in the valley is urged to exhibit. While many receptacles will be provided, those entering artistic arrangements should bring their own baskets and bowls and rearrange their exhibits before presenting them to the entry clerk.

James Swedlow is general chairman, assisted by the officers of the society, Mrs. Carl Swartz, Mrs. E. N. Hiden, Mrs. E. H. Parter and Mrs. Goddard.

Class 1—Roses, in charge of Mrs. Louis Salade, Jr. and Mrs. McCaskey.

Class 2—Iris, in charge of Mrs. Louis Salade.

Class 3—Vases of fall garden flowers, in charge of Mrs. A. B. Drury.

Class 4—Peonies, in charge of Mrs. Sam McNeil.

Class 5—Columbine, and class 6, sweet peas, in charge of Mrs. C. C. Furber.

Class 7—Wild flowers, and class 8, baskets of flowering shrubs, in charge of Miss Livingston.

Class 9—Small garden flowers, in charge of Mrs. A. L. Hill.

Class 10—Table arrangements, in charge of Mrs. Hemlin.

Class 11—Living room arrangements, baskets, vases and vases of cut flowers, in charge of Mrs. A. E. Brazner.

Class 12—Children's displays, in charge of Mrs. H. K. Spiller.

Manager, F. G. Swedlow; entry clerk, Mrs. Leland Metzger.

Prizes will be classified as follows: (a) Climbing roses, mostly hardy and growing vigorously, one spray, any color; (b) pillar roses, half hardy, growing 5-10 feet high and often ten, ever-blooming, exhibited one spray, any color; (c) bush roses, (1) hybrid perpetuals, hardy, exhibited three of one variety named, in cases; (2) hybrid tea and tea, half hardy, exhibited three of one named variety in case; (3) polyanthias or dwarf roses, exhibited in bowls; (4) miscellaneous, including mass roses, hybrid rugosa, hybrid sweet brier, china boursins, etc., exhibited in bowls of one named variety; (5) trailing roses, exhibited one spray any color; (6) one rose, any named variety, exhibited in vase; (7) one variety of class or color.

The sweetest-tasting rose will be selected as the best rose in the entire show.

Those exhibiting should remember that stems and foliage are points considered by the judges as well as form, petals, etc. of the flower itself.

Local legionnaires are looking forward in keen anticipation to the big Legion stag smoker scheduled for next Monday night at the Armory. The committee in charge has promised some new and novel entertainment features and a snappy fun session is bound to result.

Special music and a number of surprise stunts are also included in the evening's program. The post kids, in whom so many of the members are showing great interest is scheduled to be present in action. Every Legion man in Jackson county is urged to attend this special "whoopie" meeting on Monday, June 2.

Mooring towers in England, Egypt, India, Canada, Australia and South Africa are contemplated as part of the organization for empire flights to be undertaken by the new dirigibles and their successors in British lighter-than-air transportation.

The way of peace is the way of truth. Truthfulness is even more important than peacefulness. Indeed, lying is the mother of violence. A truthful man cannot long remain violent. He will perceive in the course of his search that he has no need to be violent and he will further discover that so long as there is the slightest trace of violence in him, he will fail to find the truth he is searching for.

There is no half way between truth and non-violence on the one hand and untruth and violence on the other. We may never be strong enough to be entirely non-violent in thought, word and deed. But we must keep non-violence as our goal and make steady progress toward it, the attainment of freedom, whether for a man, a nation, or the world, must be in exact proportion to the attainment of non-violence by each. Let those, therefore, who believe in non-violence as the only method of achieving real freedom, keep the lamp of non-violence burning brightly in the midst of the present, impetuous gloom.

The truth of a few will count. The untruth of millions will vanish even like chaff before the whirl of wind.

M. K. GANDHI.

Hillsboro, N. H., talks with when one speaks of the five-day week as an innovation. It's been a fact there for 12 years.

## "THE HAIG" REAPS SPOILS OF WAR



From the hands of A. W. Robertson-Durham (right), Walter Haig received the cup emblematic of the British open golf championship following his sensational victory at Muirfield.

## HUGE BRITISH AIR LINER NEAR TIME FOR CRUCIAL TEST

BOWDEN, England.—(AP) Some time in July, it is scheduled for the early part of the month satisfy experts of the British air ministry, the new 100-passenger dirigible R-100 will cast off on its first trial flight.

Five million cubic feet of hydrogen gas will be piped into the great airship's bags when it is completed. The dirigible then, without budging from its immense hangar, will be subjected to tests of its lifting power and equilibrium.

Several of the mariners of this inland trout may be imagined when it is recalled that the R-100 is about the size of the steamship Mauretania.

Several trial flights over England are expected before the ship attempts a trans-Atlantic cruise to Montreal. One of these early flights will take her to the Royal Airship works at Cardington, 200 miles south of here in Bedfordshire, where her sister ship, the R-101, will be given shed tests.

Statements made in parliament by air minister, secretary of state for air, have been to the effect that both the R-100 and the R-101 will be flown on long distance cruises this fall—the R-100 to Canada and the R-101 to India, Egypt and possibly Australia.

Completion of the two ships comes at least a year later than originally expected; but, as pointed out by Sir Samuel, both represent a great step forward in size, and embody the best principles of design which must be worked out with certainty rather than haste.

Each of the dirigibles is approximately 700 feet long, with an estimated speed of 66 knots (75.4 cruising speed of 53 knots over a range of 4000 nautical miles.

The power plant on the R-100 consists of six Rolls-Royce engines capable of developing 4200 horse power, and the accommodations include a 65x35-foot public room big enough for a dance.

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## TORRENTS RAGING THROUGH BAYOUS MENACE HOUSTON

HOUSTON, Texas, May 31.—(AP)—Three normally sluggish bayous were racing torrents today as the full force of Texas spring floods swept down on Houston, bringing immense property loss.

Possibility of a water shortage was an added menace as the strong current of Buffalo bayou crashed widehows of the central water station early today and rose in the building. The plant was shut down, and the whole burden of supplying the city with water was placed on the sub-stations.

Three or four houses were swept down stream, but it was thought the occupants had been warned in time to escape. Homes in many sections of the city were flooded, and residents fled to higher ground, taking their furniture in boats.

It was reported here that Lynchburg, Texas, was threatened with destruction as a result of a street emptied in the San Jacinto river. Practically all telephone lines between Lynchburg and Houston were out.

## Portland People Delighted With Southern Oregon

Mr. and Mrs. Marion R. Johnson and daughter, Marion, drove down from Portland Thursday and are spending a few days enjoying southern Oregon climate and scenery. It is the first visit here for Mrs. Johnson and daughter, and they say Medford more than lives up to the many nice things they have heard and read about the city.

Mr. Johnson, who is sales manager for the Pacific Coast Biscuit company, with headquarters in Portland, visits Medford often and is so enthusiastic about southern Oregon that he brought the family down to make good his claims.

Mr. Johnson is delighted with the increasing business for their "Snowflake" product in southern Oregon. W. H. Locke is the district salesman, with headquarters in Medford.

## RADIO OPERATOR EXAM SCHEDULED JUNE 17TH

Radio operator examinations will be held in Medford June 17, under the direction of Edwin W. Lovejoy, United States supervisor of radio, at Seattle, according to an announcement received here today.

A class of 15 high school boys and several adults has been in process for several months with periodical meetings at room 215, Medford building, Town & Hall at the Palmer Music House is in charge of the group of radio enthusiasts. It is probable that most of the class will take the examination for radio operators in June, Mr. Hall said.

Anyone who is interested in competing and who has not been enrolled in the class may secure complete details at Palmer's.

## LARGEST PRUNE CROP FOR DOUGLAS COUNTY

ROSEBURG, Ore., May 31.—(AP)—Predicting that Douglas county will harvest one of the largest prune crops in its history, and placing the probable volume at 15,000,000 pounds, the Douglas cooperative prune association feels that the outlook at this time is "excellent." A report was issued by the organization yesterday.

Shipments of many fruits reported in California was said to be a factor in the prune market.

Forest Grove American Legion plans to erect \$12,500 memorial building.

Your kitchen experience warns against making

## Too Much

mayonnaise at once

You'll lose control as you beat, and the oil and vinegar would separate. It is also hard to control the flavor when coffee is roasted in bulk. So Hills Bros. roast their coffee a few pounds at a time by their patented, continuous process, and what a difference it makes in flavor.



HILLS BROS COFFEE

## DECREASED NUMBER FARMERS PROMISES INCREASED PROFITS

Another decrease in the number of people living on farms has been shown in figures issued for the past year, and it is now estimated that only 27,500,000 out of America's 118,000,000 population remain on the soil.

These figures, declares Farm and Fireside for June, represent about 29 per cent of the entire population and a steady annual decrease in the number of farmers, all of which points to greater profits for those who have been able through efficient methods to work their farms successfully. The magazine points out that with the increasing use of modern methods and machinery, 15 per cent of the population may well feed the nation within 25 years.

The calculation is now that we have enough cows to supply dairy requirements 25 years hence. This confirms the assurance that half the present proportion of farmers would be sufficient, if they farm well enough.

It is reasonably certain that in 25 years we shall have nearly 18,000,000 people. If the actual number of farmers continues to decline as for some time it has annually, we shall be down to a 15 per cent farming population long before the quarter century elapses. This looks good for land prices and for farm product prices, and good for the farmers who are efficient enough to stay in business.

The article adds that the automobile and radio industries have thus far absorbed millions of the men who have left the farms and predicts that the aviation industry will absorb many more in future years.

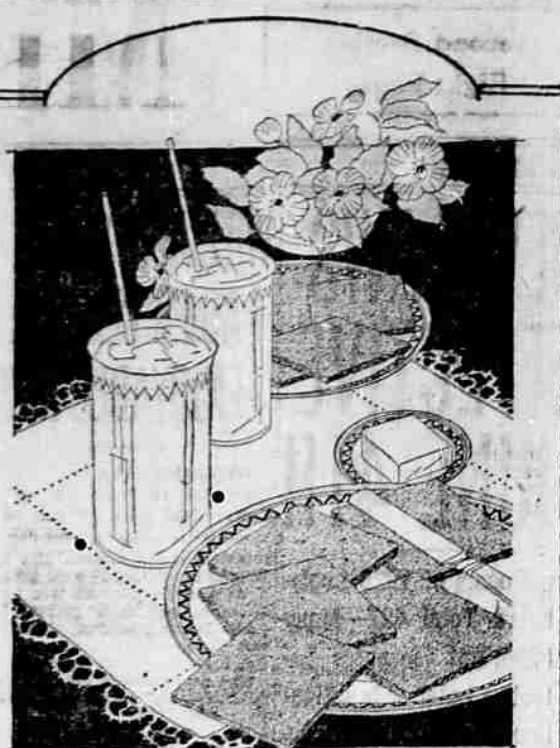
## Radio Program KMED

Wall Tribune-Virgin Station

- Friday, May 31.
- P. M.—
- 8:00-8:15—Isis Theater guide.
- 8:15 to 8:30—Mail Tribune, news and markets.
- 8:30 to 9—Band play.
- 9 to 9:30—Marquette program by Scherer Motor Co.
- Saturday, June 1.
- A. M.—
- 9:30 to 10—White King Soap Service Stations.
- 10 to 11—People's Electric Store.
- 11 to 11:30—Beebe & Kindle.
- 11:30 to 12—Jim Grieves, Prospect Report.
- 12 noon—Mail Tribune, news flashes.
- P. M.—
- 12 to 12:30—Electric Wiring Co.
- 12:30 to 1:30—William's Super Service Station.
- 6 to 6:15—Isis Theater Guide.
- 6:15 to 6:30—Mail Tribune, news and markets.
- Sunday, June 2.
- 8 to 9—Valley Radio Church.

## MISS BROWN RETURNS FROM SALEM STUDIES

Miss Emily Frazer Brown arrived in Medford this morning from Salem, where she has completed her junior year at the Willamette university. Mr. and Mrs. Walter Frazer Brown and Miss Emily will leave this evening on the Shasta for Santa Clara, Cal., to visit a son and daughter-in-law, Rev. Leonard Brown and Mrs. Brown, for several days. The family plans to leave San Francisco for the Atlantic coast June 10. Miss Emily took her college examinations early in order that the party of three might reach Ithaca, N. Y., by June 14 for Mr. Brown's class reunion at Cornell university.



## Honey Maid Grahams and malted milk —an ideal light lunch

A GLASS of malted milk with crisp, golden Honey Maid Grahams! How welcome, either at home or at the soda fountain, after tiresome morning hours! Honey Maid Grahams bring new energy to lighten your fatigue, because they are rich in nutrient... baked with a special graham flour, sweetened with honey.

Wherever you buy them, these nourishing grahams are always deliciously fresh. Wax-wrapping guards against moisture, assuring near-crispness. Baked in one of six giant plants near your home, Honey Maid Grahams are immediately sealed in sanitary containers... and as a further protection, sold under a definite "Guarantee of Freshness."

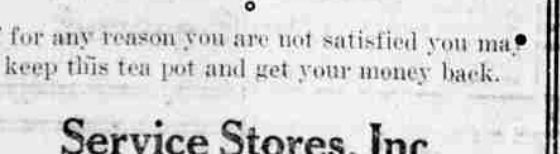
PACIFIC COAST BISCUIT COMPANY, Los Angeles, San Francisco, Portland, Seattle, Tacoma, Spokane.

## Honey Maid Grahams

A SNOW FLAKE BAKERS' PRODUCT

## SCHILLING TEA

The Best Cur Money Can Buy



Free Saturday Order Yours Early

If for any reason you are not satisfied you may keep this tea pot and get your money back.

## Service Stores, Inc.

## Star Meat Market SPECIALS

Choice Spring Fryers and Rabbits

- Hams, half or whole, per pound... 32c
- Bacon Squares, per pound... 20c
- Home Rendered Lard, per pound... 16c
- All Choice Beef Steaks, per pound... 35c
- Lean Pork Roast, per pound... 25c

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