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AL SMITH'S DEFEAT A BLOW TO GOOD GOVERNMENT

THE cardinal sin in Tammany circles is defeat. No matter how devious the methods, no wrongs are remembered, if the wrong-doer wins. This is the time-honored Tammany tradition, and in the downfall of Al Smith and the elevation of Mayor Jimmy Walker, Tammany establishes no new precedent, but merely returns,—as it always returns,—to the fundamental doctrines of Tweed, Croker and Murphy.

During the recent campaign we heard a great deal about how the Tammany Tiger had changed its stripes. There was a certain justification for this contention. Governor Smith, as the leader of Tammany, did represent a new and better element in that organization. For the first time in history Tammany had a "boss" whose private and public life were above reproach. Charges of graft and corruption were still made against the city administration of New York, as directed by the dapper Jimmy Walker, but while in the heat of the campaign charges were made against the administration of Al Smith, none was sustained.

Fair-minded people everywhere, friend and foe alike, admitted that Governor Smith had not only given the state of New York a businesslike but an honest administration, and no hint of crookedness was ever upheld against him.

SUCH a situation was, still is—and probably will long remain,—unprecedented. For the first time since the Mexican war, Tammany had not only a capable but an incorruptible leader. No higher tribute to Al Smith's integrity of character was ever made than the statement, never successfully refuted, that, in spite of his political associations, he remained clean, capable and decent.

But he was defeated, and there is no question that the Tweed clique in Tammany had contributed to that defeat. Smith not only lost New York state but, for the first time in his life, he ran behind his party's ticket,—New York elected a Democratic Governor and a Republican President.

And from that moment on Al Smith's fate was sealed. "Nothing succeeds like success." But in Tammany's decalog "Nothing succeeds BUT success." To stand by a leader on principle in spite of defeat, simply isn't done within the wig-wag.

So Al Smith steps out and Jimmy Walker steps in. Once more decent government in New York City is beaten, and once more Tammany returns to "normalcy."

CONGRESS CAN'T BLUFF PRESIDENT HOOVER

A FEW days ago we remarked that sooner or later President Hoover's "hands off" policy toward Congress would have to be abandoned, or he would be forced to relinquish that leadership which his supporters expected of him.

We didn't anticipate the truth of that statement would be demonstrated so soon. In less than a week we find the President taking the reins of government in his own hands, and frankly telling the trouble makers in Congress "where to get off." Nothing like it has been seen in Washington since President Roosevelt.

As we have frequently pointed out since March 4th, no one can now question that we have a new sort of President in the White House.

President Hoover doesn't talk much. He doesn't write long-winded messages. But when he does talk, he says something; and when he does write, he writes so clearly and forcibly that those who run may read.

Unless we are much mistaken, the "bad boys" of Congress are going to see a great light one of these days. And that day is not going to be very far in the future.

Instead of playing petty politics, and trying to thwart and embarrass the President (just for the fun and partisan advantage of it) the pestiferous minority is going to be pretty sure of its ground, before it starts anything contrary to the administration's expressed principles.

And this is as it should be. Nothing is more needed in this country than courageous and intelligent leadership. And that is precisely what President Hoover is giving it, at the present time.

If you favor Prohibition you are a fanatic, if you don't you are a criminal; if you don't care either way, you haven't brains enough to form a conviction.

The fruit market is like the stock market. The man who guesses right, "guesses right," and is known as a great business man.

Poor, destitute China has 16,000,000 starving citizens who might be killed by automobiles if that land were as rich as ours.

Outlaws are not like in-laws. They never promise to pay it back.

A successful man is one who is quoted on subjects he knows nothing about.

Personal Health Service

By WILLIAM BRADY, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped, self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received, only a few can be answered here. No reply can be made to queries not conforming to instructions. Address: Dr. William Brady, in care of this newspaper.

DR. MOSHER'S CONTRIBUTION

If I were presenting medals for distinguished services I should pin one on Dr. Celia Duell Mosher, medical advisor of women in Stanford university, for her great contribution to the health of womankind and the betterment of the posterity. There are nowadays not a few medical women who swing a keen stethoscope or even a wicked scalpel, but Dr. Mosher's name stands out among the great women of her profession for this achievement: She has shown women how to avoid most of the incapacity and suffering they have erroneously believed to be inevitable.

From Dr. Mosher's book, "Personal Hygiene for Women" (Stanford University Press) I quote her simple, yet marvelously effective exercise:

"All tight clothing having been removed, the woman is placed on her back, on a level surface, in the horizontal position. The knees are flexed and the arms are placed at the sides to secure perfect relaxation. One hand is allowed to rest on the abdominal wall without exerting any pressure, to serve as an indicator of the amount of movement. The woman is directed to raise the hand by lifting the abdominal wall without straining; then to see how far the hand can be lowered by the voluntary contraction of the abdominal muscles. The importance of this contraction being especially emphasized, this exercise is repeated eight or ten times, night and morning, in a well ventilated room, preferably while she is still in bed and in her night clothing. She is cautioned to avoid jerky movements and to strive for a smooth, rhythmical raising and lowering of the abdominal wall."

Dr. Mosher points out that these exercises should be taken twice a day and every day in the month without interruption. She also gives some other instructions about the exercise that we cannot explain here.

The woman taking these exercises should not hold the breath; if she is inclined to do so, she should keep her mouth open while doing the exercise. Dr. Mosher says attention should be concentrated on the abdominal muscles and advises the woman to "forget the breathing, which will take care of itself."

This exercise is only one of the features of Dr. Mosher's contribution to the health of girls and women. She has shown that the old policy of considering these normal functions sickness was an injurious one, and that young women who do not cuddle themselves enjoy the best health. Dr. Mosher includes in this little book some excellent advice on the care of the feet and the hygiene of footwear, but she does not insult the intelligence of readers by cautioning them about getting the feet wet—an omission which will be greatly deplored by a lot of old fogies who still hold jobs as health commissioners in bright towns in the U. S. A.

I earnestly advise every girl or woman who suffers because she is ignorant of the credulous sex to make a careful study of the teachings in this book and put them into practice in her own life.

QUESTIONS AND ANSWERS

Yeastern Kentucky: A while ago you had an article about the use of brewer's yeast for the prevention of pellagra. You said it could be bought at 22 cents a pound. Please inform me where it can be had, at any price.—(S. L. L.)

Answer.—Brewer's yeast is, or was when the item was printed, available in eastern Kentucky, in two-pound packages at 22 cents a pound. It is recommended by the health authorities as a substitute for the diet which is effective in preventing pellagra; they have found that brewer's yeast, at a cost of about 10 cents a week per person, contains the necessary pellagra preventive elements. Families that can afford fresh meat, fresh milk and fresh green vegetables, ordinarily do not have pellagra.

Fever, Heh? Please tell me if I have hay fever. In the morning soon after rising I get a sneezing spell that lasts quite a while. It starts with a tickling in one nostril which

Quill Points

Think how much money Atlantis could have made writing dog stories.

Now if only we could discover which cigarette it is that causes men to fall.

You can recognize the road to success by the sore spots of former friends along the way.



The executive has a hard life. Every little cold he gets is grippe.

You can tell when a friend has received a raise of \$50 a month. His monthly bills increase about \$175.

Sky writers usually make the capital "I" a mile long. Wouldn't Mussolini enjoy that?

Americanism: Buying more luxuries to keep the factories busy to provide more wages to buy more luxuries.

The child "too young to understand" probably isn't too young to understand that you are lying to it.

"Tight money" is the kind you can't borrow because gamblers in New York are willing to pay more for it.

The Literary Digest says plants make a noise while growing. No wonder a merciful Nature provides shucks for the ears of corn.

Manufacturers of cigarettes have taken out the bite and the cough—everything, in fact, except the boloney.

Russia has granted Rome the privilege of teaching religion. Now watch Protestants demand recognition of the Soviet regime.

"Man is the only creature with a sense of humor." Surely not. The stork has left a baby camel in Detroit's zoo.

The air mail service has been speeded up, and now a circular seldom spends more than 72 hours between the press and the waste basket.

Correct this sentence: "When men abandoned the brick for my new house," he said, "they were careful."

Communications

Flays Wet Apologists: To the Editor: I am not a fanatical dry. I didn't vote for prohibition. But I am tired of hearing so-called good citizens justify their violation of the dry law on the ground that all our ills are due to it, and the crime wave is due to it. Every time some moonshiner is shot or some bootlegger is convicted, they wall about lawlessness on the part of officers pledged to enforce the prohibition law, and the fanaticism of the dries. They never seem to consider the fact that the individual who deliberately violates the law and tries to make money out of it takes a chance—and has no cause to squeal if he loses out. There are abuses in all law enforcement, and there are outrages now and then committed in prohibition enforcement, but the fact remains that the law abiding citizen is never involved in them. Let our so-called good citizens follow President Hoover's excellent advice and whether they like prohibition or don't like it, resolve to obey that law as they do all others, and this crime wave would quickly disappear. The individual who breaks the law and then deplores the growth of lawlessness, is just as much a hypocrite as the one who votes dry and acts wet. What we need is a moral house-cleaning on the determination of all citizens to do one of two things—either uphold law enforcement and obey the law themselves, or frankly go over to the side of the bootleggers, moonshiners and gunmen, and maintain that the individual is justified in disobeying any law he doesn't like.

Yours for war on the dry law violation apologists, F. D. BROWN, Medford, April 24.

PARIS (AP)—The municipal undertaking monopoly has ordered a supply of motor hearses and funeral buses. This is revolutionary for France, where reverence for the dead has prevented the adoption of modern conveyances.

Brisbane's Today

(Continued from Page One.)

subsidize exports of farm products is rejected by Mr. Hoover. The Senate, nevertheless, plans to try it.

The plan is to give farmers exporting wheat, etc., a bonus of one-half the American tariff on all the wheat or other farm products exported.

After consulting the departments of agriculture, commerce and the treasury, Mr. Hoover says the plan would enrich speculators and reduce world prices, since foreign markets would have to meet the competition of subsidized products.

Also, says the President, the plan would cost the country \$200,000,000 a year, cause much bankruptcy and it would not solve the farm problem.

Farmers will cease moaning when they realize that the bonus money will be paid, not direct to them, but to merchants exporting products.

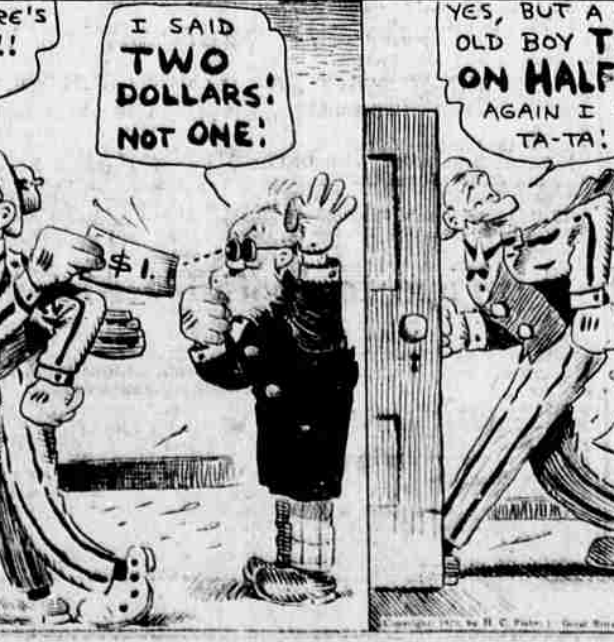
It needs "No ghost from the grave" to tell farmers how little they would get of that bonus. Wheat gamblers and the middle men would get it. The farmer in his taxes would have to pay part of it.

In California, a passenger and an army plane, colliding in mid-air, killing six, should cause authorities to enforce definite rules for flying.

Those that witnessed the crash describe the swift army pursuit plane "maneuvering apparently with ease about the larger passenger plane, doing stunts."

The pilot of the army plane, dead, cannot tell his story.

MUTT AND JEFF—Mutt's Right. At Least He's Half Right



By BUD FISHER

McAdoo's Wife to Re-wed BALTIMORE, Md., April 24.—(AP)—Walter Winchester Keith of Baltimore and Mrs. Ethel McCormick McAdoo, divorced wife of Francis Huber McAdoo, obtained a marriage license at Towson yesterday. Friends said they were expected to be married this week.

Advertisement for a book or service.

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LEGISLATIVE DEADLOCK OVER OTTAWA DIVORCE BILL PRACTICE BROKEN

OTTAWA, April 24.—(AP)—After virtually paralyzing the functioning powers of the house of commons for a week, opponents of the established practice of passing divorce bills without roll call have agreed to postpone their fight for a change in the divorce laws until next session.

Organized opposition to the practice of giving second reading to divorce bills in bulk started when J. S. Woodworth, labor member from Winnipeg, gave notice he proposed to debate the various divorce bills and have a roll call on each. He said he was opposed to passing bills of which he knew nothing.

Madaline Ferola, widow, worrying about 11 children, thought Carmell intended to marry her and help with the children. He didn't and she killed him, was sentenced to death, and sentence commuted, has been in jail 18 years.

Governor Roosevelt of New York sends her home to her 11 children. That's better than feeding her to the electric chair.

COURT SCANS ARREST HEAVY CONTRIBUTOR

WASHINGTON, April 24.—(AP)—The phase of the controversy over the election of William S. Vare as senator from Pennsylvania was before the supreme court today in a case in which the authority of the senate to arrest Sheriff Thomas W. Cunningham of Philadelphia for refusal to answer certain inquiries during the Reed investigation is questioned.

Cunningham refused to disclose the source of his income after he had testified that he had contributed \$50,000 to the republican state committee in 1925, at the time he was clerk of the quarter sessions court at a salary of \$8000 a year.

When tongue or breath tells of acid condition,—correct it with a spoonful of Phillips. Most men and women have been comforted by this universal sweetener—more mothers should invoke its aid for their children. It is a pleasant thing to take, yet neutralizes more acid than the harsher things too often employed for the purpose. No household should be without it.

"Milk of Magnesia" has been the U. S. registered trade mark of the Charles H. Phillips Chemical Co. and its predecessor Charles H. Phillips since 1875.

PHILLIPS Milk of Magnesia

Advertisement for Phillips Milk of Magnesia.

ELIMINATE 390 GRADE CROSSINGS LAST YEAR

WASHINGTON, April 24.—(AP)—A total of 390 railroad grade crossings were reported today by the bureau of public roads to have been eliminated last year from the federal aid highway system.

Of these, 107 were eliminated by the construction of underpasses or overpasses and 283 by relocation of highways. Since 1917, the bureau said, 4291 crossings have been excluded from the federal highway.

Backache Bother You?

Too Often This Warns of Sluggish Kidneys. DOES every day find you lame and achy—suffering nagging backache, headache and dizzy spells?

Are kidney excretions too frequent, scanty or burning in passage? These are often signs of sluggish kidneys and shouldn't be neglected.

To promote normal kidney action and assist your kidneys in cleansing your blood of poisonous wastes, use Doan's Pills. Recommended the world over. Ask your neighbor!

50,000 Users Endorse Doan's: Mrs. Frances Wittman, 633 Miami Ave., Kansas City, Kansas: "After a severe cold my kidneys acted irregularly. It took me a long time to get up at night, tired easily and a dull ache across my back bothered me a lot. Doan's Pills had helped my mother so I began using them and now feel as well as ever."

DOAN'S PILLS 75c

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