

Drink enough milk— eat enough milk desserts

YOU can't have your full share of vitality without milk, and the children can't grow without it. A quart a day for children, a pint a day for grown-ups—so you serve the tall cool glassfuls.

Then if you are ingenious, you stir a little milk over a fire and make delicious custard... you put ice cream on your menu... you whip up a delicious chocolate drink at menus.

Some time try Chocolate Froth. This takes a level teaspoon of sugar, mixed in the bottom of the glass with 1/2 teaspoons of cocoa and a few drops of milk, till smooth. Then add a few drops of flavor, fill the glass to the brim with milk, and shake the whole delightful drink in a jar or shaker.

The sugar blenders the chocolate and milk flavors—just as it blends the flavors of other combinations of healthful foods. It is an ideal flavor itself—the best-liked in all desserts. Use sugar to induce your family to take their full portion of milk, cereals, and fruits. The best cooks are generous with sugar. The Sugar Institute.

BELLVIEW SCHOOL FACING NEED FOR ADDITIONAL ROOM

(SPECIAL)—The Bellview school board met at the school house on Monday evening and discussed several important matters. The increase in the school attendance has been so great in the last few months that some action will have to be taken in regard to more room. Two plans are up for discussion. One is to send the seventh and eighth grade pupils to town school. The other is to build a new school house and employ three teachers. This will be decided by the vote of the members of the Bellview school district.

Frank Feigh, A. R. Kincaid and S. Wyckoff made a trip to Klamath Falls Monday, where Mr. Kincaid and Mr. Feigh purchased a couple of fine Durham bulls from Mr. Grimes. They brought them over the mountain in a truck. Mr. and Mrs. J. E. Grimes, who just recently rented their Bellview property to the Farmer family, have moved to Talent, where they will make their home. Mr. Grimes has employment with the Talent Irrigation company.

Mr. and Mrs. William Whipple, who just recently sold their place at the corner of Bellview road and the Pacific highway, left the first of the week for Grants, Pa., where they will make their future home.

The pupils in the Bellview school are recovering sufficiently from the measles to begin returning to their school work. They expect to have their play ready to put on by the latter part of April. D. Whitney returned from Richardson Springs, Calif., Sunday after spending several days for his health.

Mrs. J. E. Crowson of Ashland is spending some time at the home of her daughter, Mrs. Albert Thomas, at Klamath Junction.

Dr. and Mrs. Blake of Ashland were guests at the home of Mr. and Mrs. J. A. McCausse on Sunday. The Blake family are old time friends, all having lived near La Grande at one time.

Mr. and Mrs. W. E. Simpson were guests at the home of Mr. and Mrs. L. L. Beers on Sunday.

Mrs. J. A. McCausse is expecting her granddaughter, Miss Frances Collins, of Fairfield, Idaho, the first of the week. She will spend some time with her grandparents. Mr. and Mrs. W. L. Welch and daughter, Lois, spent Sunday at the home of Mrs. Welch's mother at Butte Falls.

Mr. Croft met with his music class on Wednesday at the Bellview school house. The class are making rapid progress in their music.

Mrs. Leonard Parks, who has been confined to her home with pneumonia for some time, is much improved at this time.

Mrs. McConnell of Portland, who has been spending some time at the home of her son, Mr. Hazelwood, returned to her home the first of the week.

Mrs. James Sewell and daughter, Isla, and son, Loren, spent Sunday at the home of Mr. and Mrs. J. W. Williams in Bellview.

J. M. Frost is a guest at the C. B. Lambkin home. Mr. Frost just recently underwent an operation and is convalescing at this time.

Mrs. Norma Reeder, primary teacher of Bellview, is preparing to have a May day festival for the pupils in her room. This will be held in the open if the weather permits, if not the club house will be used.

The executive board of Women's clubs met in Medford on Saturday and plans were made for a home tour on May 9. A preliminary tour will be made on April 16 and a home will be decided on as one to be inspected on this trip. Mrs. W. G. Jackson, member of the Bellview club, is a member of this board, and made a report of their plans at the club meeting on Wednesday.

W. B. Kincaid of Neil creek and pioneer of southern Oregon, celebrated his 86th birthday Sunday at his home with a large circle of his children and grandchildren present to help celebrate the occasion.

His son, A. R. Kincaid, was also honored, as his birthday occurred on the same date. A delicious turkey dinner with all the trimmings was served at a table beautiful with a centerpiece of Scotch heather, spruce and trumpet daffodils. Places were laid for the following named guests: W. B. Kincaid and A. R. Kincaid, hosts of honor; Mr. and Mrs. C. B. Howard and daughter, Frances, of Medford; Mr. and Mrs. E. L. Kincaid and daughter, Charline, of Talent; Mr. and Mrs. Thomas, of Ashland; Mr. and Mrs. J. D. Whitney of Anchorage, Alaska; Mr. and Mrs. Charles Lindsey and small son, Philip, of Dead Indian; Mrs. A. R. Kincaid and daughters, Bernice and Eunice, and son, Leslie; D. W. Kincaid and Daisy Kincaid. This family dinner is an annual event at the Kincaid home, and Grandpa Kincaid as he looked at the family assembled around the table expressed the hope that they could all be together again next year.

New Golf Hazard
ASTORIA, Ore.—(AP) A Hissner took his goose-neck putter to a blacksmith shop to have it straightened. The smith put the club in a vise and began beating the shaft with a torch. There was a loud report and the wooden shaft shot out of the club head, struck Hissner in the solar plexus and knocked him out. The end of the shaft had been damaged and the heat on the shaft generated steam.

Five locomotives being built for desert stretches between Portola, Calif., and Elko, Nev., will have water capacities of 15,000 gallons.

In Portugal political arrests outnumber those for criminal offenses two to one.

ELECT DELEGATES OF UPPER VALLEY COMMUNITY CLUB

(SPECIAL)—The members of the Upper Valley Community club met in the clubrooms on Wednesday afternoon, April 10. The president, Mrs. Wade Wallis, had charge of the business meeting. Many matters of importance were discussed at this time. A committee was appointed to arrange for the sewing class to be held in the club rooms at an early date. The committee expects to take up its work with the home demonstrator, Mrs. Mable Mack, and school will be held at a convenient time for her.

The final arrangements for the meeting of the Federation of Women's clubs was discussed. Delegates from Bellview club are as follows: President, Mrs. Wade Wallis; vice-presidents, Mrs. Edwin Dunn and Mrs. W. G. Tucker; secretary and treasurer, Mrs. Roy Talbot, Mrs. A. C. Joy. Many other club members plan to attend one or both days.

At the close of the meeting delicious refreshments were served to the ladies at a long table in the dining room. Mrs. J. R. Robertson and Mrs. H. A. Klingler were hostesses for this meeting. Mrs. A. W. Pound, Mrs. W. E. Simpson and Mrs. J. A. McCausse were added to the membership list.

Tom Simpson, son of Mr. and Mrs. W. E. Simpson of Bellview, will head the local H-Y club as president for 1929-30, according to the results of an election held by the club members last evening. Other officers elected were Lawrence Gill, vice-president; Howard Wiley, secretary, and Ray Smith, treasurer. These officers will be installed just before the close of school.

The H-Y club boys received an invitation from the Salem club to be their guests while in Salem on the educational-vocational trip which they expect to take in two weeks.

The Ashland Kiwanis club members have secured the use of the Bellview clubhouse for April 26, when the ladies of the Kiwanis will be guests at a covered dish dinner served at 6:30. After dinner dancing will be the entertainment for the remainder of the evening.

The regular meeting of the Bellview P. T. A. will be held at the schoolhouse on Friday, April 19, in an evening session. The usual business will be disposed of, after which refreshments and a social hour will be enjoyed.

Everything is in readiness for the old-fashioned dance to be given in the clubhouse on Thursday evening. Tucker's old-time orchestra will furnish the music. The ladies of the club will serve home made cake and coffee during the evening.

A number of improvements are under way at the Moon mill. A new dry kiln is almost completed and some new machinery is being added to their equipment. Mr. Moon has a large crew of men at work in the mill at present.

Mr. and Mrs. Stanley Page arrived at the home of Mrs. Page's parents the first of the week from Hoquiam, Wash., where they had been spending some time. Mrs. Page was formerly Miss Alice Walker and is the daughter of Mr. and Mrs. Butler Walker. She is spending a few days with her parents while her husband is looking after business affairs in Klamath county.

Mrs. A. B. Chapman, who has been in attendance at the home of her sister, Mrs. Lily Davis, at Chico for the past two weeks during an illness that proved fatal on Friday morning when her sister passed away, returned to her home here Saturday. The Davis family formerly resided on Wagner creek.

Miss Marie Walker of Chiloquin came over to attend the funeral of her cousin, W. H. Grubb, which was held on Saturday afternoon. She will return home Sunday after visiting with her parents, Mr. and Mrs. Butler Walker.

Mrs. W. C. Grubb and children, Mary, William and Harold, returned to their home in Roseburg Monday after spending Sunday at the home of Mrs. Grubb's mother, Mrs. L. R. Tucker, who makes her home with Mr. and Mrs. W. G. Tucker of Bellview.

Mrs. W. W. Bryan spent Sunday and Monday with her aunt, Mrs. Frank Arrant of Ashland. Thomas Chaggett, manager of the Balfour-Guthrie property in Bellview, has purchased several head of horses and expects to add a large tractor purchased from a Medford firm to his farm equipment. Mr. Chaggett is preparing to plant a large acreage to alfalfa this spring.

The present weather conditions makes farm work almost impossible.

Mr. and Mrs. Robison of Newport, Ore., exchanged property with the Hayes family in Bellview. Mrs. Robison and her daughter are living on the place until Mr. Robison is able to dispose of his interests in Newport before joining his family.

Mrs. A. V. Bond and Mrs. W. Welch are busy practicing the drill work of the Royal Neighbor lodge, preparing for the state convention which will be held in Ashland on April 27.

Mrs. J. E. Randall, who has been ill at her home for some time, was moved to a Medford hospital Monday.

Mr. and Mrs. Henry Gray of Klamath Falls spent the week end at the home of Mr. and Mrs. William Bryan of Bellview.

Mrs. John Bessner returned to her home in Bellview Saturday, after an extended visit with her parents, who live in Illinois. She made the entire trip by stage.

ing for the railroad company and is located at Dunsmuir.

Mr. and Mrs. B. H. Grubb and daughter Gladys, accompanied by Mrs. H. E. Reeser and son Benny, left Sunday for their home in Woodburn, Ore. Harold Grubb went with them as far as Drain, Ore. from which point he will go on to his home at Bendport.

Joe Kiel is visiting with his father and sister here during his 45-day furlough from the navy at San Francisco. This is his first visit home since enlisting, and he is very happy to see all of his friends once more.

Miss Louise Homes, superintendent of the Weed hospital, spent the week end visiting her parents in Ashland, also at the W. G. Tucker home in Bellview.

Mrs. Ira Chastain of Central Point spent Saturday and Sunday visiting with her parents in this community.

At Hunt's Craterian shrieks, roars and guffawing laughter seem to keep up a fairly equal race in "Stark Mad," now in its third day's showing at Hunt's Crater. And every sound, gruesome or gurgling, is recorded with the uncanny accuracy of Vitaphone. The clever dialogue, the interpretive music of the symphony orchestra, the whistle of winds, beat of rain, arrows whirling through darkness, creaking of the rusty hinges of the mysterious doors, groan of disappearing floors, even the gasping "ahs" and "ohs" of the terrified explorers, especially the lovely Miss Fleming, which Miss Pazenda makes excruciatingly amusing. "Stark Mad" closes at Hunt's Craterian Saturday night.

Tomorrow at Rialto With a background upon which the daring, lawless life of the underworld is painted in bold, illuminating strokes and against which is depicted the romance of two young people whirled by fate into its maelstrom, "Gang War," a most unusual revelation of a great city's multifarious activities has its first showing at the Rialto theater tomorrow.

Oliver Borden and Jack Pickford have roles that carry the romantic interest of a "tiki dance" in an adance hall of San Francisco's tenderloin district and an orchestra player who strives to rescue the girl from her baleful surroundings.

newcomers
to the
West
are
amazed
at
it



Recent arrivals in the West, particularly, should write for the "Sweet Sixteen" Recipe Packet—presented in a new, convenient form—to fit your file or your cook book. Newcomers, too, should be sure to get acquainted at once with Ghirardelli's Ground Chocolate—different, one form of chocolate, equally delicious for all uses. For the Recipe Packet, write to D. Ghirardelli Co., San Francisco, Cal. For the Chocolate, "Say Gear-ard-dilly" to any grocer.

List for Ghirardelli hour... Radio KGW Fridays at 11:30 a. m.

GHIRARDELLI'S GROUND CHOCOLATE

Iris Planting Program

Set single plants of Bearded Iris 12 to 15 inches apart and allow them to grow into clumps; be- dividing these clumps and replant- ing every three or four years. For immediate effect set three of a variety about eight inches apart in

the form of a triangle, or six in the form of a double triangle. Space varieties 15 to 18 inches apart. Water thoroughly at plant- ing. A day or two later cultivate the ground and keep the surface always finely pulverized by occa- sional cultivation, especially after

every rain. After the first water- ing it will probably not be neces- sary to water again if regularly cultivated, unless there is an ex- cessive drought. All-bearded Iris resent excessive surface moisture, but newly set plants should not be allowed to dry out too severely



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All the strength-building and health-building ingredients of whole-grain western wheat. Rich in the vitamins so necessary to baby's growth and development. Rich in the mineral salts that build bone structure and tooth structure. Rich in the blood-purifying bran. And pure honey-sweetened. Baked clean, packed fresh from the ovens in sanitary cartons, wax wrapped. Ask Your Grocer for Tru-Blu Honey Grahams

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Enclosed find 4¢ in stamps to cover postage and packing. Mail copy of The Cook's Book to _____

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