

MEDFORD MAIL TRIBUNE

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IN DOLLARS AND CENTS

DOLLARS AND CENTS will be the deciding factor in the minds of those visiting the polls on April 2 to register their wishes regarding the issuance of bonds for a new Class "A" airport.

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As to benefits to come from the proposed expenditure for a new field the voter has reasonable expectation that Medford will be able to keep pace with the requirements for large planes used over the coast route.

The United States department of commerce recognizes the strategic location of Medford for a terminal airport. This approval has been shown beyond question by the plan to establish a \$75,000 super-radio and enlarged weather station here.

The department has also planned the installation of a great beacon light at a cost of many thousand dollars.

These facilities are not meant, however, for a city without a modern airport where any or all ships of the air may land—they are planned as component parts of a Class "A" airport.

Investigation of probable returns from the proposed landing field will prove to voters that from its inception the plant will provide considerable income. Leases to air mail contract lines, passenger and express lines, oil companies, private airplanes, hangars, plane storage, pilot quarters, shops, restaurants and other concessions will return a gross revenue estimated at \$4500 for the first year and increasing thereafter.

These are among the principal items which should engage the attention of the voter who wishes to be informed on the airport question as a business proposition. The information is easily obtainable and apart from the sentimental question of keeping Medford in the forefront in aviation as well as in other respects, are convincing enough to carry the bond issue without question on April 2.—(E. C. F.)

Rebel Governor



Gen. Marcelo Caraveo, governor of Chihuahua, is leading Mexican revolutionary troops in that state.

Food they need. For the church is not an end in itself, but a means to an end—any church that will make any group of individuals better citizens and happier ones, is the church for them.

Saw some big league baseball at Wichita's field today—the opener between the Chicago Cubs and the Detroit Tigers. The Cubs slaughtered Bucky Harris and his Braves, 14 to 3, or something like that.

The Pasadena W. C. T. U. met yesterday, and according to the always reliable "Star-News," adopted a resolution favoring the boycotting of all newspapers and magazines printing cigarette advertising.

But we can't agree regarding Aimee's methods. We don't like them—in fact, having heard Aimee once we will be content if we never hear her again.

Editorial Correspondence

PASADENA, Calif., March 21.—So the M. H. S. has won the state basketball title again! Winning football in the fall and basketball the following winter isn't so bad.

Balmy golfing weather here now almost too hot in the middle of the day. But according to the Pasadena weather man, this has been the coldest winter in 27 years, and March thus far has had fewer clear days than any in ten.

Hello Penns—add this to bright sayings of little children: "There's no place like hum!" "He it ever so hum!"

The secretary of the California Bible society is eating at our table now. Speaking of Aimee McPherson, he says he likes her gospel but can't accept her methods.

There you are, Aimee is a very good business woman, giving the people what they want. The hungry want food, the idle want work—and there are many hungry, idle people in Los Angeles.

Very foolish! We let "the other person" eat what he likes, wear what he likes, drive the car he prefers, etc., etc., then why not let him select the church he likes? The answer to that is, "We do." Yes, but grudgingly—and critically.

What do most of our orthodox and cultivated friends think of devotees of Aimee McPherson—"ignorant, vulgar morons," etc., etc.

Oregon Weather. Unsettled tonight and Saturday with showers in west and snow flurries in east tonight. No change in temperature. Fresh northerly winds on coast.

Personal Health Service

By WILLIAM BRADY, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped, self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received, only a few can be answered here. No reply can be made to queries not conforming to instructions. Address Dr. William Brady, in care of this newspaper.

EAT YELLOW FOODS FOR VITAMIN A

Vitamin A was the second vitamin to be discovered. Vitamin D was the first—but they didn't begin naming 'em right away. Vitamin A is essential, especially for infants and children, to prevent respiratory infections or to enable the individual to develop the highest attainable degree of immunity against respiratory infections (you know the long list we call the cry—maybe you don't, but anyway we can't stop now to recite the list for you—to prevent a kind of eye inflammation called ophthalmia, another condition known as night blindness, and probably to enable the young to grow at a normal rate.

If chickens do not get an adequate quantity of vitamin A they not only fail to grow but they develop the characteristic eye disease and often their kidneys are found filled with crystals of uric acid, feeling like a bag of sand between the fingers.

These items contain vitamin A. Notice that nearly all the items in the list are yellow in color: carrots, beets, radishes, and white, such as potato, white corn, white turnip, contain little of this vitamin.

Vitamin A withstands ordinary cooking somewhat better than does vitamin C. For instance, though it is better to take vitamin A foods raw so far as possible; also fresh is possibly for storage or prolonged keeping destroys the vitamin.

For adults who suffer from chronic or recurring sinusitis and other infections of the upper respiratory membranes, such as running ear or mastoiditis, I commend an ample supply of vitamin A, in the form of a regular daily dose of one or two of plain cod liver oil, together with a care to include the yellow foods in the regular menu.

It just happens that oranges are included in the list, but let some big orange and baloney man take advantage of this coincidence. I assure the reader now that one little carrot of half the size and about one-tenth the price of an orange will go as far toward the prevention of the flu and all that sort of thing as the sunniest orange ever ripened under the arc lamp.

Remember, all that vitamin A can do in this way is to aid the development of a fairly normal degree of immunity, such as most of us have without thinking about it at all. Once one has attained that degree of immunity against "cold" (common respiratory infections), not another thing is to be gained by filling up on vitamin A. A carrot a day will keep away as many doctors as a whole bushel of carrots a day can.

QUESTIONS AND ANSWERS Impersonal Kindly tell or describe how an inside gopher affects anyone. Is there any cure for inside gopher besides an operation? (Mrs. W. H.) Answer.—Please excuse me. I am sure it is not for the good of anyone's health to listen to description of disease by a doctor. Are you not handling the matter from the wrong end? The patient should describe his feelings or complaint to the doctor; then the doctor will examine the patient; and in this way maybe the doctor can determine what is the matter.

Raw Vegetables Some time will you be kind enough to give us an article on raw vegetable diet? There are so many different opinions about same. I can consume anything from spinach to a quart of peas and raw potatoes. I have been told medically to give them up as they are "too good." (Mrs. J. O. C. W.) Answer.—If Ben Told is your physician, you should follow his advice. I have repeatedly recommended the practice of eating at least one raw vegetable daily, for everybody. I see no reasonable objection to your practice, unless it be the excess of nourishment. If one really prefers all vegetables raw, that is the way for him to eat them; but if one prefers certain vegetables cooked, that is the way for him to eat them. No sense in being nutty about diet. I doubt if it is advisable for anybody to eat anything raw unless he likes it that way. On the other hand, I believe it is healthful for anybody to eat everything raw if he prefers it that way. Of course it is necessary to take certain precautions against infection with animal parasites and against infection with germs or poisoning by germ products, if food is not cooked.

Dolling Up the Dögs Some time ago you stated that there are five features to be taken into consideration when buying shoes. Please list them. (E. L. R.) Answer.—I may have said that, but I doubt I stated it. Can't remember now just what the five features were, but how about he toes on an ordinary foot? Or from another point of view, (1) straight inside sole line, (2) shoes wider at ball of foot than foot bearing weight of body, (3) room enough for all toes to wiggle in shoes, (4) low flat heels (the lower the better), and (5) flexible shanks. Many shoe manufacturers now provide shoes that are quite commendable from the viewpoint of health. (Copyright John F. Dille Co.)

Quill Points

The patience of Job would have impressed us much more if his typewriter ribbon had come off on a busy day.

Useless wedding presents won't burden Lindy. He can store them with the medals.

Another thing that makes crime strange is the fact that there are so many legal ways to steal.

You can tell a native at a winter resort. He is the one who apologizes for the weather.

About the 37th rainy day, old Noah probably began to envy those who made no preparations to float.

Nature keeps success within limits. The more a man gets, the more easily he is loked by one who has nothing to lose and isn't afraid to take chances.

Be patient! The other fellow would see things as you do if nature had given him your wonderful mine.

Americanism! Abusing witnesses with the court's silent consent, wondering why people don't respect the courts.

How odd that the two publicists who say most about the safety of flying should say most about keeping Lindbergh on the ground.

Statisticians say the country is eating less beef, but they probably don't count that in chicken salad.

The Spring Song contains about every musical note except the sweet sound of a bat meeting a fast one.

If that German really has in-

vented a paper that won't burn, it will be handy when you must answer Junior's appeal for more college expense money.

Mr. Coolidge will get the full shock of his new estate when he sees the last paragraph of his magazine staff cut short to fit around the advertising.

A postage stamp machine is a great convenience if the drug clerk has time to show her how to work it.

Several senators want a law to forbid the wicked practice of buying on margin, but don't tell how much they lost.

A Scottish piper is said to play every day near King George's bedroom, but there is no other evidence that the monarch's recent illness affected his hearing.

Correct this sentence: "Yes, I have a bad cold," said the man, "but I refuse to describe the symptoms for you."

WASHINGTON DAYBOOK

By Herbert C. Plummer WASHINGTON.—Ernest R. Ackerman of New Jersey is known on Capitol Hill as the "most widely traveled congressman."

Mrs. Borah Better LOS ANGELES, March 22.—(AP) Mrs. William E. Borah, wife of United States Senator Borah, who has been recuperating from a recent attack of influenza, was reported to be much better today.

Feet Good Most ailments start from poor elimination (constipation or semi-constipation). Intestinal poisons sap vitality, undermine health and make life miserable. FOLEY'S KIDNEY PILLS—NATURE'S REMEDY—all-vegetable corrective—not an ordinary laxative. See how they will aid in restoring your appetite and give you that healthy, rosy, polished feeling. Mild, safe, purely vegetable—25c.

MR TO-NIGHT TOM-BROW ALRIGHT Recommended and Sold by All R Medford Drugists

Rare Stamp Collection His collection includes stamps per-

FOLEY'S HONEY-YAR COMPOUND Stops Coughs Mothers endorse it NO CHLOROFORM NO OPIATES Best for Children and Grown Persons ASK FOR THE LARGE SIZE A REAL ECONOMICAL BUY

SANITARY FULLERS CLEANER HOUSE CLEANING NEXT Over 100 Medford ladies now using Fuller's Cleaner for their wood work and furniture. Will Not Injure the Finest Finish For sale at 235 S. Ivy St., or 506 W. 6th St.

California Low Fares SAN FRANCISCO \$12.15 SACRAMENTO \$40.80 YUBA \$6.25 REDDING \$5.75 LOS ANGELES \$18.00 PHOENIX \$30.00 EL PASO \$39.00 KANSAS CITY \$50.50 (Via Los Angeles) Pickwick offers most frequent schedules... best terminal facilities... deep-cushioned coaches with individual reclining chairs, comfortable heat.

Pickwick Stages By BUD FISHER

FLYING OFFICE OF LINDY ARRIVES AT GLENDALE AIRPORT

GLENDALE, Cal., March 22.—(AP)—With the arrival of Colonel Charles A. Lindbergh's "flying office" City of Columbus, at the Grand Central air terminal here, friends of the famous aviator today were speculating on reports that Lindbergh had the large and luxurious ship brought here for the purpose of using it to bring his prospective bride, Miss Anne Morrow, back to the United States following the wedding in Mexico.

The large tri-motored plane was built as a "flying office" for Lindbergh, and is furnished with the most modern equipment and conveniences. According to reports at the flying field the City of Columbus will remain here three days and then depart for an unknown destination. Colonel Lindbergh is scheduled to fly to San Francisco today and return tomorrow.

MUTT AND JEFF—Jeff Peeks Behind the Scenes

CERTAINLY I GET REAL MONEY FOR THIS STUFF! WHY SHOULDN'T I? I USE ONLY THE BEST DISTILLED WOOD ALCOHOL, AND YOU KNOW WHAT HAIR TONIC COSTS I MIX ENOUGH FOR THREE CASES IN THIS BATH TUB THEN BOTTLE IT! BUT YOU TELL EVERYBODY YOU GET IT OFF THE BOAT. YOU SAY IT'S THE COUNT OF HOBOKEN, TELL HIM I EXPECT TO GET FIVE CASES OFF A BOAT THIS EVENING! GEEVEM, HE WANTS TO SPEAK TO YOU PERSONALLY! YES, COUNT, THIS IS MISTER GEEVEM! I HAVE SOME VERY FINE STUFF I'M GONNA GET OFF A BOAT THIS P.M. IT'LL COST YOU ONE HUNDRED A CASE! YOU KNOW THIS STUFF OFF THE BOATS COMES HIGH!... THREE CASES?—O.K. I'LL DELIVER IT TONIGHT! CHEERIO! SEE, JEFF? I'M AN HONEST BOZO! THE STUFF I DELIVER TO MY CUSTOMERS REALLY COMES OFF A BOAT! IT'S A LITTLE IDEA OF MINE; THASS THE STUFF I'M GONNA DELIVER TO THE COUNT! BARNUM WAS ONLY PARTLY RIGHT! VERY OLD VERY OLD OOWAW

Illustration of the cartoon strip 'Mutt and Jeff' showing characters in a workshop setting with various tools and materials like 'SHELLAC' and 'DISTILLED WOOD ALCOHOL'.