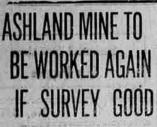
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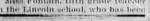
PAILE NUM

MEDFORD MAIL TRIBUNE, MEDFORD, OREGON, FRIDAY, MARCH 8, 1929.



ASHLAND, Ore., Mar. 8.-(Spl.) Ashland has received with interest Ashland has received with interest thenews that there is a poselfully that the Ashland mine may be re-opened after being closed for a good many years. Many of the older residents recall the days 30 years ago, when a trail of ore was-ons traveled through the streets of the city and the hum of the stamp-mill was added to the song of in-dustry. Twas a glad sight, for, when the gold bricks were placed on display at the old Bank of Ash-ing the fore being sent by exircles to the init at San Francisco. Many had thenght those days gone for-ever, but it is possible that by property may be opened up in the near future.

P. R. Wickham of Grants Pars, an experienced miner, has taken a on the old Ashland mine and the on the old Ashiand mine and the shorty Hope holdings. The lease lus been taken with an option to buy from E. D. Briggs, the present owner. Mr. Wickham expects to being delivered to him in Pari-being delivered to him in Pari-







M. Paul Poiret, famous designer and style arbiter of France, and the Oldsmobile de luxe landau he purchased while in Chicago during the National Automobile Show. The above picture was taken shortly after M. Poiret had signed an order for the Oldsmobile, which is being delivered to him in Paris.

OLD LOCATION OF

ALCORTANTS ALATE DISTORTS & STOTISTICS IN TRANSPORT

Airs. Clarence Mathes and chil- of herself and family.

WILLIAMS CREEK **GIRL TO UNDERGO OPERATION SOON**

we hear that iterry Norton has and they report it as being excep-scid his ranch to Mr. Vahrner of leat. T. A. Henderson spent Tuesday having our neighberhood. We are very sorry to lose Mr. and Mrs. Norton from our community. Mr. Walling is doing some huild-ing and concrete work for Mr. and Mrs. Frank Bream unspectator to the was compelled to shoot it. Begin Your Lawn Early

spray system and it is now being used very efficiently. The Del Rio now has about 48,000 feet of pipe. Tred Kalsoe was vlating with his father, C. C. Kelsoe, of Central Point Wednesday evening, C. C. Kelsoe has been very III with the flu for the past three weeks and is unimproved at present. The baskethall game between Rogue River and Phoenix, which was to have been played at Gold Hill Wednesday evening, was called off on account of illness in Rogue River.

WILLIAMS CREEEK, Ore. Mar. 8 - (Special) - Mr. and Mrs. M. L. House went to Portland her work to be with their little daughter, Bessie, over her birthday. She sin the Shriner's hospital at Port-land where she has been since lind where she has been since lind where she has been since tim home. We hear that Henry Norton has seld his ranch to Mr. Vahrner of

Begin Your Lawn Early Bris. Frank Bryan preparatory to furkey raising. Mr. and Mrs. Bry-an are among the most success-ful turkey raisers in our valley. Mr. and Mrs. Jessie Glass and A quart of the best quality iawn

or the Oldsmobile, which is or the Oldsmobile, which is or the week, where he has pur-chased the Golden little store of that place.

Begin Your Lawn Early

This may chance to grow If the soil is poor :

a dressing of humus, leaf mould of sufficitnely dry to walk upon.



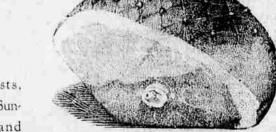
For a full-of-health breakfast in a single appetizing dish eat SHREDDED WHEAT

the original SHREDDED WHEAT comes in this package

Tune in on the Shredded Wheat program every Mon-day morning at 10:30, KFI-KPO-KGO-KGW-KOMO-KHQ.



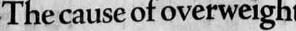
THEAT



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THERE has been so much discussion in this country about the cause of being overweight that we decided to go to one of the leading scientific authorities on diet. We requested him to state the facts for the benefit of the public.

"It is the fashion to blamesweets for every-thing," he said. "Overweight is not due to sweets alone."

"If the dietary habits of overweight indi-viduals are scrutinized," he went on to say, "it will be found that sugar is the foodstuff meats by others."

"Strictly speaking." he said, "the average increase in over weight cannot be attributed to increase in intake of sugar or my other single foodstuff."

other single toodstun. Note that he speaks of gorging. How intelligent it would be if everyone in the United States would refrain from gorging any one kind of food, and ate in moderation a great variety of all kinds of healthful foods.

It is clearly up to the women in the home to see that all adults and all children are furnished a variety of appetizing foods and to remember that sugar is the mainstay for making healthful foods delicious and appetizing.

One excellent way to prevent gorging is to feed your family a varied and well-balanced diet. Sugar develops the incomparable flavors of cereals, vegetables, fruits and many meats. It makes vegetables taste fresher and improves their color. Nothing can take the place of intelligent cookery. The best cooks are generous with sugar. The Sugar Institute.

It will be some time before the pulverized peat will be good for it. with the young folks. Not eno on as the ground is parking places yet

GUARANTEED PURE tillions of pounds used by the Government

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For unexpected guests after-school "snacks," Sunday night suppers, and

"hurry-up" meals . . . keep a Frye's "Delicions" Brand Ham in the cooler. It always "hits the spot." It's tempting. It's tasty. It's nourishing. Frye's "Delicious" Brand Ham really is better because it comes from choicest young grain-fed porkers only, it is cured by a mild, sweet, exclusive Frye process, and moreover, it comes "Fresh to You" from the close-at-hand Seattle plant.

> Old-fashioned goodness and old-fashioned nutriment in Frye's "Wild Rose" Brand Lard. Parity guaranteed.

Frye's Delicious Write to Frye 8 Company, Portland, for Frye's Meat Guide -187 tested recipes, Send 36 for postage. you

AND—"Everything the Name Implies"