

Stomach Disorders First Revealed by Coated Tongue

Your tongue is nothing more than the upper end of your stomach and intestines. It is the first thing your doctor looks at. It tells at a glance the condition of your digestive system—and physicians say that 90% of all sickness starts with stomach and bowel trouble.

A coated tongue is a danger signal of those digestive disorders which lead to so many kinds of serious illness. It tells why the least exertion tires you out; why you have pain in the bowels, gas, sour stomach, dizzy spells.

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Pickwick Stages

John Johnson Writes of Sights and Experience in Orient

Editor's Note: John W. Johnson and Scott Davis, well known Medford men, sailed from San Francisco on November 9 for a trip around the world. Their voyage will be of several months' duration, during which time they will visit scores of Asiatic and European countries. At the request of this paper, Mr. Johnson is describing the interesting trip for Mail Tribune readers, the following letter being the third of his colorful articles which are appearing from time to time.

HONG KONG, China.—We will recall the wonderful reputation of this island in the morning as I will tell you something about the remainder of our visit at Hong Kong and our trip up the river to Canton.

We enjoyed Hong Kong very much indeed, the weather all the time we were there being ideal. One of our most impressive experiences in this city was a trip to the Heights, overlooking the city and harbor. Beautiful homes are built right up to the top of this 1800 foot ridge of mountains, running full length of the island, and you can imagine the grand panorama this magnificent harbor offers, filled as it always is with the white craft from all nations.

We sat for two hours, absorbed in the compelling view stretched before us. The bright blue of the harbor's water, the lush green of the tropical verdure and bright patches of the brilliant pineapples in the hedged and grove-like surrounding the palatial homes, is a sight impossible to describe.

Ancient Capital Visited

The following evening, we left via boat for Canton, China's ancient capital, having been the seat of government for over two thousand years, and even yet it is recognized as the capital of southern China. It is situated about one hundred miles northwest of Hong Kong, and is located on the Pearl River. We left about 6 o'clock and arrived about 6 o'clock in the morning. Here, we were told, we would see China as it is, and has been for thousands of years, and I have no reason to doubt the correctness of this statement.

Its population is unknown, and will remain so, perhaps, for a long time; it has been estimated from two to seven millions.

"Foreigners" Are Unseen

At the present time, there is considerable political disturbance here, and one feels the state of anxiety that is very obvious in the attitude of the people of the foreign settlement here. A few months ago occurred a great uprising against the rule of the British, who were here teaching the Russian political doctrine. Hundreds upon hundreds were slaughtered in this hideous massacre, and the morning we arrived, six more were taken out in a vacant lot and shot to death.

Guide Is Colossal

A Captain Anderson, whom the President Cleveland, with the Russian political doctrine, favored a small party of us with a follow in his employ to serve as a guide. This man, being as our guide, is a fellow with

the nature of grand opera, but only in song. The leading contestants—one a man and the other a slight, young, almond-eyed beauty, seemed to be engaged in a death struggle, as to which of the pair could emit the most unearthly noise.

The man was handicapped a bit, by having a good sized hair matre pressed to his chin, in more or less vain effort to impress his audience with the vigor necessary to produce such a prolific growth. However, he did well, and his grunts and guttural efforts were met with high piercing squeals of feminine ardor.

Actors Perform Under Difficulties

The amazing feature, or should I say, side feature of this entertainment was that while the performance was in progress, three carpenters were on the stage building some sort of high top, and eight fruit and candy vendors were in the audience leading their wares; but the sound of hammer and saws failed to detract for an instant the rapt attention of their audience.

Attend Chinese Luncheon

We were then treated to a Chinese luncheon. This proved to be the greatest test of physical courage I have ever experienced up to the present moment, and I cannot recall just how I passed through this ordeal. As the numerous courses were brought in, I tasted each one in the vain hope that it would prove more palatable than the one preceding it, but I was doomed to disappointment, for it seemed to grow worse, or I was becoming weaker and finally when they brought in what appeared to be the larynx of a rooster still palpitating, I feverishly swallowed my synthetic coffee and staggered from the banquet board.

Travelers Visit Pagodas

We were next shown some ancient pagodas that were artistic and beautiful, and considering their age, in a splendid state of preservation, having been built something over fourteen hundred years ago.

Living Conditions Appalling

Then there are the millions of more who live in the "slum," the little boat that means the home of the whole family. Here you see the aged grandfather and mother. The father and mother and possibly five or six little children, none of whom have ever lived one month on the land. Thousands upon thousands of these "slum" are built

together, side by side in their muddy water by-ways, and out of this filth, poverty and utter wretchedness, a people still cling to their desire to live.

European Influences Noted

European and western influences have, in a way, improved conditions some, on the edge of the fringe in China's seaports, but in my estimation, many generations will pass before the age old tradition and labor habits and superstitions of a people such as China's will give way to western culture.

You would almost imagine that I failed to see any beauty in the Orient, but that is not so; I have visited the stores and shops and admired the products of skilled workmanship, and have been very much impressed with the friendly spirit of her better and more enlightened citizens, many of whom I had the privilege of meeting.

We left yesterday evening on the steamer President Monroe for Manila, and our departure from Hong Kong was tinged with sincere regret, as we stood ashore at the rail and watched the receding shore line of Hong Kong; the lights of her magnificent harbor glowing dim through the rising mist from the sea, feeling that we were leaving the most beautiful spot in the Orient and the real gem of the Far East.

The Steamer Monroe is a catboat compared with the other ships, and as Old Captain Robert Dollar has taken us too far to walk home, we have to be satisfied until we get to Singapore. From there we have the great liner President Wilson, and it is a good boat.

Tarantula Attends Luncheon

Today at luncheon, just as I was beginning my meal, a big tarantula ran up the leg of the table and across the table cloth. A waiter standing by saw him kneeling him on the floor and moaned him; two attendants were called and mopped up the remains. This started the remark in a very good fashion.

Visit Former Medford Boy

Have spent two most enjoyable days in Manila with Carter Brandon and wife. (People there will remember Carter, who is a former Medford boy.) They extended us every courtesy and splendid hospitality.

(Another of Mr. Johnson's intensely interesting letters will appear soon in the Mail Tribune.)



SALLY O'NEIL

Sally O'Neil's appearance in person in "Mike's Idea," Fanchon & Marco, at Hunt's Criterion Sunday, is the second time she has appeared with a bevy of chorus girls.

Her first appearance with a line of girls was in the picture "Becky," in which Sally was cast as a girl who had operative ambitions and had to play in a musical comedy. The chorus girls in the picture were Sorokist Beauties, especially trained for the screen sequence by Fanchon & Marco.

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10 1/2 x 6 1/2 x 2	\$1.15
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11 1/2 x 8 by 8 1/2 by 1 1/4	\$1.50
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6 qt. size	30c
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Makes delicious coffee.	\$8.50
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