

# HEALTHFUL

nourishing, body building foods are the only kind that should ever be served—but to be sure of always getting such foods you must select only the best of baking materials and use Calumet, the leavener of proven purity.

LESS THAN 1/2 PER BAKING

DOUBLE ACTING MAKES BAKING EASIER



## CALUMET

THE WORLD'S GREATEST BAKING POWDER

SALES 2 1/2 TIMES THOSE OF ANY OTHER BRAND

# Here it is



Created especially for those who are particular about "just right" pancakes and waffles—the new, improved SPERRY PANCAKE AND WAFFLE FLOUR—  
—at your grocer's home. Just try it!

## BEAGLE BOY SCOUTS HOLD MEETING FOR INSTRUCTION WORK

BEAGLE, Ore., Jan. 25.—(Special)—The Boy Scouts held their regular meeting Saturday evening. There were six scouts present and two prospective scouts. The evening was spent in knot tying and some of the tenderfoot duties to give the prospective scouts an idea of the scout work.

Saturday morning the ground was covered with about two inches of snow and it looked as though we were going to have quite a storm, but was broken up by noon and in the evening it was clear and freezing. The freezing nights caused some of the snow to lay on the ground several days.

The school children that were to take the state mid-year examinations were greatly disappointed as the measles hit our district at that time and those who intended to take the examination had them.

Mr. Wheeler, accompanied by his daughter, Marie, was calling at the different homes taking orders for the Health-O products which he is agent for. The Wheelers lived here for three years but are now residing in Gold Hill.

## W. W. THEIDE TO HAVE FUR FARM EAGLE POINT DIST.

EAGLE POINT, Ore., Jan. 25.—(Special)—W. W. Theide, another newcomer, has located by Rogue river bridge and intends to go into the fur business extensively, specializing in the silver fox. He thinks this climate is just what for his business. Mr. Theide is in our town Tuesday trading at the Faber & Chervin store.

Mr. and Mrs. William Perry visited Mrs. W. C. Child with at the sanitarium of Jacksonville Sunday. They report she is getting better.

Among those attending the funeral of John Ashpole in Medford Saturday were Mr. and Mrs. Frank Brown, Mr. and Mrs. Roy Smith, Mr. and Mrs. Merritt Brown, Mr. and Mrs. William Perry, Mr. and Mrs. Lawrence Day, Mr. and Mrs. John Owens, Mrs. Fred Sutton, Mr. and Mrs. Henry Owens, Lester Throckmorton, William Wattenberg, Mrs. Mattie Brown, Mrs. Lottie VanSoy, Mr. and Mrs. Henry French, Mr. and Mrs. John Rader, Mr. and Mrs. Harvey Stanley, Mrs. S. E. Hensell, Harry Ward, Sam Harnish and Mrs. E. B. Holmes.

Mr. and Mrs. Percy Halsey were shoppers in Medford Saturday. Bob Bitterling, Bob Cowden and Rudy Weidman visited with Mr. and Mrs. Bob Rose at their home near Roundtop Sunday. While there Mr. Rose showed the boys pelts of three coons, one lynx cat and a large number of skunks. He also related to the boys the pleasure of hunting with hounds and also the pleasure they derive from their new radio.

## School News

The primary teacher, Miss Jamison, has recovered from her recent illness and expects to return to her school duties in the near future.

The students of intermediate grades are learning their work. They had a thrift display last Friday. They have made curtains for their schoolroom. It makes the room cheery and pleasant.

The Full Gospel church will hold its regular Sunday school at the hour of 10 o'clock. Everybody welcome.

Presbyterian Church, Sunday school, 10 a. m. Preaching services, 11 a. m. Christian Endeavor, 8 p. m. Thursday evening, 7:45.

## EMIL MOHR, JUNIOR RETURNS FOR SCHOOL

Emil Mohr, Jr., who has grown like a weed since he left here last June, with his parents and sisters for a sojourn of a year or more in Germany at the former home of Mr. and Mrs. Mohr near Hamburg, arrived back in Medford Thursday, having left the rest of the family which arrived in New York last week, Thursday or Friday at Washington, D. C.

Mr. and Mrs. Mohr and Miss Mohr from Washington went on to Florida, to spend some time in that state, before going to Los Angeles for a stay. Emil, Jr., came back to Medford to finish the term in the junior high school. It is not known when the Mohr family will return to Medford, or how long they will stay in California, but it is significant that Emil, Jr., on arriving at the Hotel Medford, stated he would reside there for the next month and reserved a room for that length of time.

## BERT ZIMMERMAN OF FOOT-CREEK SUFFERS BROKEN LEG IN MILL

FOOT-CREEK, Ore., Jan. 25.—(Special)—Bert Zimmerman, father of Zimmerman brothers, while working the carriage at the saw-mill Saturday afternoon, had the misfortune to have his leg broken below the knee. He was rushed to Grants Pass for medical aid.

Mr. and Mrs. Cooper of Idaho, who formerly owned the store at Riviera, are visiting their daughter, Mrs. Dick Swacker of Rogue River.

Mrs. Ed Prefontaine called at the Shorts' last Thursday morning. Joe Kester went to Medford last Monday to take treatment for his ear.

Mrs. Earl Smith was elected by the Sunday school to have charge of the home department.

Most of the parents of the school children met last Wednesday night at the schoolhouse to hear a talk by Professor Willard of Rogue. Professor Willard presented the educational problems facing the Rogue River, Gold Hill and Foots Creek districts. An increasing number of young people to be educated, make more buildings and more teachers imperative. Prof. Willard proposes creating a high school center midway between Rogue River and Gold Hill. He advocates complete facilities for the best modern high school work, including a public library and auditorium to serve the civic needs of a large community.

## For every occasion



# TREE TEA

Orange Pekoe

## Doctors Warn against undereating

Too little fat in the body makes us a prey to disease



EMINENT medical authorities are amazed and alarmed that so many girls and adults of both sexes are dieting themselves to a dangerous loss of weight.

A famous doctor says: "The most delicate parts of the body are always the ones to suffer first. A woman who is naturally sweet-tempered, good-natured, competent . . . becomes petulant, unreasonable, hard to get along with. A man who is thus starving himself becomes irritable and inefficient in the office and grouchy at home. . . . He begins to fall off in judgment and mental ability." This doctor goes on to show that nature stores up fat in the body as a reserve and that it is dangerous to destroy this reserve by dieting. Such an individual, he says, "becomes an easy prey for all manner of chronic ailments—kidney and liver diseases, and degeneration of the brain, spinal cord and nerves . . . typhoid fever, pneumonia, influenza and colds."

### ONYX POINTEX HOSIERY

For women.....\$1.95

The Toggery OF COURSE

## CENTRAL POINT MAN HAS LETTER WRITTEN DURING MODOC WAR

An old letter of historical interest from General Frank Wheaton, in charge of government forces battling the Modoc Indians in Klamath county nearly 60 years ago, to General W. T. Sherman, commander-in-chief of the United States army, introducing General John E. Ross, southern Oregon Indian fighter of 1855, is in the possession of Thomas D. Ross of Central Point, the general's son, who also has a number of other papers and government orders dealing with Indian uprisings of this section.

The letter reads as follows: "General: Permit me to introduce General John E. Ross of Oregon, late commander of Oregon volunteers operating in the Modoc country and a veteran Indian fighter of '52 and earlier. This old pioneer now goes out of sight of the Cascade mountains the first time in 27 years and I beg for him your kind consideration when he seeks an opportunity of being presented to you."

"I have received the order of the war department to execute the six condemned Modocs on October 3 and any courier with reprieve for them had better be here one minute after 10 on that date, or he will be two minutes too late.

"General Ross has known the Modocs for years and can give you many details of their marauding attacks on emigrants to this region 49 and 50. I am, General, with

## AIRPLANE SPIN STOPS CALIFORNIA GRAPPLER

SALT LAKE CITY, Jan. 25.—(AP) Ira Dern, Salt Lake heavyweight wrestler, defeated George Kotsomaris of Los Angeles here last night when the Californian was unable to return to the mat after the second fall. Dern used an airplane spin. Kotsomaris won the first fall with a head scissor.

Engineer Prize Winner SPOKANE, Wash., Jan. 25.—(AP) Ralph Millsap, 671 East Sixteenth street, Eugene, has been awarded fourth prize of \$10 in the Pacific northwest song writers' contest conducted under the auspices of Theta Sigma Phi, women's journal society.

high respect, your obedient, Frank Wheaton." The letter was written at Fort Klamath in 1873 when General Ross made an official trip to Washington, D. C., after having brought his Indian fighting activities to a close. The paper which it was written, is still unopened, but it has been quoted and closed so many times that it is now in several places.

Mr. and Mrs. Percy Halsey and Mrs. Myrtle Von der Hellen went by auto to Butte Falls and were entertained at dinner at the home of Mr. and Mrs. Roadarmet Sunday.

Mrs. Jessie Mittelstadt is on the sick list this week, suffering with a bad cough.

The little Butte Irrigation company has just sent out its assessment notification, which is \$1.25 per acre, stating that all assessments are due by April 1st. Any water user ought to be able to pay this small amount as only the best land, which produces from ten to eight tons of alfalfa per acre is under this ditch. There is no rotation. The water user can have the water whenever he is ready.

Miss Blanche Deviser of Medford is visiting at the home of Mr. and Mrs. J. E. Stowell and family.

Miss Dora Grandall, who has been visiting the past week with Mrs. Royal Brown, returned to her home Sunday.

Ansell Pierce, who is an employee of Copco and is stationed near Prospect, came in Saturday evening to visit with his parents, Mr. and Mrs. Floyd Pierce, and he reports that there were about 20 inches of snow at Prospect.

Saturday evening the town basketball team and the Butte Falls team played a game in the school gymnasium. The Butte Falls team was victorious, with a score of 15 to 19.

William Perry, road supervisor of the Eagle Point and other districts, was in Medford Saturday attending to business, and returned home with a new Ford truck.

Mrs. John Greb, president of the Parent-Teachers' association, and Mrs. Otto Gister were delegates to the Jackson county council of parents and teachers held at Central Point Saturday, January 19th. Mrs. N. C. Chaney, county resident, presided. The main speaker of the day was Mrs. W. W. Gabriel of Portland, state president, who outlined the work throughout the state. The delegates report a very interesting meeting. The ladies serving the lunch this week are: Monday, Mrs. Strang; Tuesday, Mrs. Mabel Harnish; Wednesday, Mrs. Throckmorton; Thursday, Mrs. Philbrook; and Friday, Mrs. Anna Swazy.

The Grange dance, held in their hall January 19th, was a huge success, there being a very large number present and the floor was in excellent condition, which added greatly to the pleasure of the dancers.

A joint initiation was held at the Eagle Point Grange in their own hall January 19th when seven new members were admitted to the first and second degrees of that order. They were Mr. and Mrs. Sam Coy, Mr. and Mrs. J. W. Yeager, William M. Lindsay, Peter K. Simons and C. W. Pursel and others of the Lake Creek Grange.

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New low prices . . . savings as great as \$90

TODAY Frigidaire's prices are so low that it is actually cheaper to own a Frigidaire than to be without one.

And its low current consumption; the elimination of ice bills; its constant correct refrigeration temperature that stops food spoilage and protects health; its marked simplicity and freedom from mechanical troubles; these things save money far beyond its cost.

See these Frigidaire features But you also get incredible quietness of operation. You get a compressor powerful enough to freeze desserts and full-size ice cubes between meals. You get Frigidaire's exclusive self-sealing ice trays; removable, waist-high shelves; concealed mechanism; beautiful cabinets.

More than 750,000 Frigidaires have been sold—more than all other electric refrigerators combined. That makes quantity production possible. And the savings resulting from this quantity production are given to you in the lowest prices and the greatest values ever offered in Frigidaire history.



## No trouble to give youngsters the hot breakfast they need. Just pour hot milk on their SHREDDED WHEAT

This is the package with full size biscuits—the kind that fills the cereal dish—Ask for the original Shredded Wheat ~ ~ ~

Tune in on the Shredded Wheat program every Monday morning at 10:30, KFI-KPO-KGO-15-W-KOMO-KHQ

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