



Irene DeLoach, 325 South Holly St.—Phone 390-L or 75

## Jean's Homemade Candy Is the Envy of Her Friends; Here's How She Makes It

"Whenever we have club at our house, Jean, you serve the loveliest and most delicious candies. Do you really make them all yourself?"

"Yes, I do. I really like them and I do so enjoy making candy."

The bridge tables were preoccupied, but not so much as to prevent comments on the ever welcome candy. Jean was an excellent cook, and she certainly could make wonderful candies.

"I've tried lots of recipes, but my candies never taste like yours. Won't you give us the secret to the richness of yours?"

"Why, of course. It's really so simple. I just use recipes calling for evaporated milk and follow them carefully. You see, evaporated milk is so much richer than ordinary milk that I can have delicious candy around most of the time. My family prefers it to any candy they can buy. You are welcome to any of my recipes that you wish."

Here are some of them:



### Maple Fudge

1 cup sugar 1/2 cup evaporated milk  
1 cup maple sugar 2 tsp. nutmeg  
1/2 cup corn syrup 1/2 cup water  
Few grains salt 2 tsp. butter

Boil all ingredients to soft ball stage (235° F.). Cool and beat as for Chocolate Fudge. Centers of maple fudge dipped in brown sugar immediately makes delicious bon bon. Yield: 1 1/2 lbs.

### Pralines

1 cup brown sugar 1/2 cup water  
1 cup white sugar 2 tsp. nutmeg  
1/2 cup corn syrup 1/2 cup water  
1/2 cup evaporated milk 2 tsp. butter  
milk diluted with water

Cook all ingredients, except nuts, to soft ball stage (235° F.). Cool. Add nuts. Beat until stiff and creamy. When mixture is stiff, drop rapidly from a spoon on to a buttered sheet in patties about 4 inches in diameter. Press several pecan halves into top surface of each praline. Candy should stiffen immediately. Wrap in oiled paper. Yield: 1 1/2 lbs.

### Turkish Paste

1 pk. gelatin 1/2 cup water  
1 cup water 1/2 cup orange juice  
1 cup sugar 1/2 cup nutmeg  
1/2 cup corn syrup 1/2 cup water

Soak gelatin in the orange, add sugar and half cup of water and boil 10 minutes. Add orange and lemon juice and simmer 10 minutes longer. Nut meats or grated orange rind may be added at this stage. Pour into square-corrugated buttered pans and let stand overnight. Cut into squares or diamonds and roll in granulated sugar. Yield: About 3 lbs.

### Chocolate Fudge

1 1/2 to 2 squares chocolate 1/2 cup evaporated milk  
2 cups sugar 1/2 cup water  
1/2 cup corn syrup 1/2 tsp. vanilla  
1/2 tsp. salt

Cooking the Candy Mixture. Shave chocolate into the saucepan in which candy is to be cooked and melt over hot water; then add sugar, corn syrup, salt and butter and mix until well blended. Add diluted milk and stir until sugar

### Month by Month With the Flowers

**JANUARY**  
January, to flower lovers, is a time of anticipation.

It is a mistake to think that no outdoor work can be done in the flower garden at this time; much can and should be done.

Look over the bed where the rose cuttings are planted and see that the glass jars covering them are upright and in place. Sometimes a freeze followed by a sudden thaw will uproot the jars and expose the tender cuttings. An ounce of prevention just here prevents future loss.

In order to have hydrangeas in bloom for Easter, they should be started into new growth in January and, under ordinary conditions, they require three months to make necessary growth. They are three-year plants and require an abundance of water; besides plant food occasionally. But the gorgeous heads of bloom are ample payment for one's labor; and the same plants may be forced year after year.

Do you grow your own plants of Primula obconica? The primrose deserves its aptly earned title as being the best all-around flower for the home florist to attempt. The seed should be sown in January. When the seedlings have developed three leaves they should be taken out of the seed box and placed in small pots, with successive shiftings to larger sizes as required. Never cover the crown of the plant; and never allow it to get dry or two rules demanding strict observance.

Plant some sweet pea seed cuttings at this time if the weather permits, in order to have extra-early blooms. The most successful growers of sweet peas advocate successive plantings to be made in January, February, and March,

### Style Hints

A grosgrain ribbon belt is a little thing, but it's one of those little things that count in new styles. A dress at Bernard's has a fancy chiffon vest and cuffs and a two-tone grosgrain belt. The coloring is light brown and white with vest of cream chiffon embroidered with little brown squares in haphazard design. There are small pleated ruffles around the neck, on the sleeves, and at the bottom of the vest. The dress material is fine woolen and there are six pleats in the straight

## Guiding Your Child

PARTIES FOR LITTLE FOLKS  
By Mrs. Agnes Lyne

A party with dress-up frocks and elaborate games and favors should not be attempted for children under five years of age. Such parties are not appreciated by the little folks and the outstanding results are generally rained party dresses, frayed tempers and spoiled digestions.

If children under five are to be gathered together the affair should last not more than one or two hours at most, the group should be small (not more than ten), and individual play rather than games should be encouraged.

A quiet ten minutes when some simple and carefully chosen story is told should come before refreshments. These should consist of little more than plain ice cream cookies and perhaps a lolly-pop apiece.

Children from five to seven will enjoy more organized play, but it should not be long drawn. There are a few principles it is well to keep in mind if you really want the children to have a good time. Madeline Snyder in her book, "My Book of Parties," has outlined these, along with many carefully worked out plans for parties for children of all ages.

Start the party off well by giving the children puzzles and plasticine to play with as soon as the first few arrive, otherwise they are likely to be tired and out of hand before all the guests are gathered. Vary the type of game to be played. Alternate a quiet one with one of the active sort.

Never choose a game which necessitates the children's spending most of their time waiting their turn. This means that such games as pinning the tail on the donkey are not good for large parties. Have the activities carefully planned well in advance so that there will be no blank and boring moments. Have enough extra material on your sleeve so that if one kind of play does not go well you can substitute something else. If there is one child who is not fitting in and is spoiling the fun for the others, flatter him by giving him extra attention, and keeping busy. A party is no place for discipline.

### Household Hints

When measuring sirup avoid waste by dipping the cup in boiling water.

When tying down jam-pot covers, dampen the string. The knot will not slip in the process, and when dry the string will shrink and tighten.

To keep leather-covered furniture free from cracks, polish it regularly with a cream made from one part of vinegar and two parts of linseed oil, which must be bottled and shaken until it is like cream.

Potatoes baked in their skins will be dry and mealy if a small piece is cut off one end to allow the steam to escape in cooking.

A piece of soda and a little vinegar put in the sink will dissolve grease from pipes.

Burnt marks on plates can be treated successfully with a cork and a little damp salt.

When your hands are badly stained, rub them with a slice of lemon dipped in salt.

### "Lindy's Girl" Weds

Leonore Longley of Maywood, Ill., known as "Lindy's girl" when Charles A. Lindbergh flew the St. Louis-Chicago mail, has been married to Harold Knoot of Cleveland, a mail pilot. After Lindbergh spanned the Atlantic, Miss Longley said the airman was only a friend. He had roomed at the Longley home.

### Threading the Needle

After threading the needle, tie a knot in the end of the thread that was last broken from the spool and the thread will not knot.

### Method of Testing Coffee

A way to test the quality of coffee is to put a spoonful in a glass of cold water and add a few drops of lemon juice. If the coffee is pure it will remain on top of the water; if not, the water will become brown in color.

### An Improved Dustpan

Bend the hollow tin handle of the dustpan to a right angle with the pan and insert a discarded broom handle. It avoids much stooping.

### To Sharpen Scissors

When the scissors are dull, run the blades across the neck of a small bottle, in the same position as though cutting off the neck of the bottle.

### Black and White

This black satin frock trimmed with white crepe is worn with a new black and white felt hat by Rebois.

## Among the Boys and Girls

Home Decoration  
By Jane Snelcor



Query: What does the term "Duncan Phyfe" mean? One sees it so often in late in the advertisements. Mrs. J. C.

Answer: When New York City was still very small and new, Duncan Phyfe, a young and ambitious cabinet maker born in 1768 in Scotland, opened up his shop in Broad street and by 1800, his work was well and favorably known by the wealthiest people all thru the eastern states. Phyfe was not a copyist, but a student of all that was best in French and English furniture. He developed a style of his own and today he is the outstanding figure in furniture design in the early part of the 19th century. Among the more prominent decorations which he used we find the Lyre, the Acanthus leaf, wheat ears, trumpets, cornucopias, lion's foot, the lion's mask and the dog's foot.

Query: When was the first sewing machine used? Mrs. H. L. L. Answer: 1846.

Query: Are decorative pillows used as much now as they were? Mrs. H. M. M.

Answer: Pillows always have been used extensively for comfort and for decorative purposes, but when selecting or designing a pillow one should never lose sight of both purposes for everything may be both useful and a pleasant object to look at. But we should add another requirement which the modern pillow must have, and that is the same success with which it may be kept in good condition. Interesting and serviceable materials should be selected, and above all things the pillow must not be fuzzy, even when it is to be used in a bedroom. We are in danger at present of overworking our rooms with fuzzy dust catchers, losing sight of the dignity and restfulness which always marks the distinctive, well planned room.

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It is generally agreed that courtesy is indeed a most desirable quality to develop in children, but parents and teachers who expect their children to be thoughtful of others must remember that courtesy begets courtesy. Is it true that we often save our most courteous, gracious selves for our friends and acquaintances outside the home? Husbands and wives often speak to each other and to their children in a way they would not think of speaking to a stranger. How foolish! Must we not continually "sell ourselves" to

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Query: What is gesso? Mrs. T. L. P.

Answer: A fine plaster which becomes hard when set, and which is used for modeling upon wood as a base for painting or gilding. It can be bought at all art stores where art materials are carried.

Query: What is a sampler? Mrs. P. C.

Answer: Before 1843 they were called horn books because the alphabet was one of the most important motifs worked on them in very small cross stitch. Later other articles were worked out and many other motifs, sometimes with a border and often without, when they became known as "Samplers" or patterns. Usually small girls were required to piece quilt blocks and work out her sampler as part of her early domestic training in the home. This is why they are usually so quaint and interesting, for the worker put her own personality into her work and design.

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Helen Gregg Green

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"Hail ye small, sweet courtesies of life, for smooth do ye make the road of it."—Sterne.

Recently, I overheard the story of a young lad applying for a position and getting it, because of the "How do you do, Sir?" with which he addressed an elderly official of a big corporation.

"You see," the man who engaged the courteous young chap explained, "so many young men are not properly attentive to those who are older. That young man's courtesy was genuine. It's true," he quoted, "that 'courtesy of courtesy' in business, usually, develop into oaks of financial return."

Teachers and parents, alike, need to take time to think and teach courtesy. If such habits are inculcated in boys and girls while they are still in the plastic, just-around-the-corner-from-babyhood age they will, in all probability, carry these habits through life.

It is generally agreed that courtesy is indeed a most desirable quality to develop in children, but parents and teachers who expect their children to be thoughtful of others must remember that courtesy begets courtesy. Is it true that we often save our most courteous, gracious selves for our friends and acquaintances outside the home? Husbands and wives often speak to each other and to their children in a way they would not think of speaking to a stranger. How foolish! Must we not continually "sell ourselves" to

## Science As Well As Mysticism Enters Into Choice of Birthstones

By Pauline

"Brilliant, kindly, true in friendship, January's hours are grand. Mark them well where'er you see them, With a garnet on the hand!"

THAT certain gems, because of their planetary attractions, have a strong power for good upon certain individuals, according to the date of their birth, was the firm belief of all the early mystics and astrologers. It is a belief that has come down to us through the ages, embroidered by the quaint superstitions of each age, now at last to find some justification by modern science in the theory of chemical attraction and the newly-discovered vibratory rate of gems which is as varied as their colors.

The garnet, the stone assigned to the month of January, has long been credited with the power to confer upon its wearer strength, grace and victory. Because of its stimulating red color, likened in the past to a glowing coal, it has been called the gem of inspiration, and is supposed to give great impetus to the creative instinct. Hence, it is particularly favorable to those engaged in original scientific research or in any work requiring creative ability, as January people frequently are. It is also conducive to cheerfulness, exhilarating the spirit and driving away depression and gloom.

During the Middle Ages, the garnet was used as a remedy for inflammatory diseases, and was worn to insure constancy, fidelity and happiness. It was also foremost among the stones supposed to warn their wearers of approaching danger by changing color, so that during the Crusades nearly every knight wore a garnet given him by his lady as a protective danger sign.

### Avoid Winter Colds by Rest and Care

Cleanliness is an Essential Preventive Measure

Are you going about these days with a reddened nose and teary eyes? Most people we meet seem to be cherishing some secret sorrow but investigation usually reveals that they're suffering from a "cold."

The word "cold" is misleading, health authorities tell us. It has nothing to do with the temperature, although chilliness is one of the characteristic symptoms. A cold is really an infectious disease like typhoid fever, diphtheria, and a host of other communicable diseases.

Unpleasant though this condition may be, we can't shut all our friends. However, by observing certain fixed principles of hygiene, we can guard against those invisible organisms which cause us to sneeze and sneeze.

"One of the most important reasons for the widespread prevalence of colds every year," says Dr. W. W. Peter, health consultant of Citizenship Institute, "is that a cold does not generally make the victim feel sick enough to stay in bed. He goes about his daily business mingling freely with people, at home, in public conveyances, in offices, stores and workshops. Thus he multiplies his opportunity for spreading disease. He coughs and sneezes his way through crowds. His hands, contaminated by frequent contact with nose and

mouth, leave unwanted gifts upon everything he touches."

Dr. Peter gives a number of annual crop of colds.

"Wash your hands before eating or handling food," he advises. "Don't shake hands with persons who have a cold, unless you wash your hands carefully at once. Keep away from common drinking cups, coffee towels, pipes, pencils and other objects contaminated with fresh secretions."

"Give coughers, sneezers and spray talkers a wide berth. Don't let them aim at your face. Keep away from people who say they have the 'flu.' Eat only from dishes washed clean in hot, soapy water, and rinsed in water as near the boiling point as possible. Avoid sudden changes of temperature, close and stuffy air and fatigue, and maintain as high an internal resistance against infectious agents as you can by daily attention to bodily cleanliness, exercise, daily elimination of waste, and by rest and diet."

If, in spite of these precautions, you succumb to an attack of the stealthy cold germ, try to keep from contaminating others. Cover coughs and sneezes with your handkerchief and change to fresh ones frequently. Wash your hands thoroughly and often to prevent the transmission of the cold germ. Rest and careful attention will not only benefit you but will help to end the danger you might otherwise spread.

### Humane Society

The first of the great naturalists were gentlemen as well as penmen. Now the modern naturalist makes less use of the pen and more use of the camera.

Today we realize that nature cannot be relied upon to produce an unlimited number of wild creatures and wild flowers and it is possible for men to destroy them more quickly than they can be replaced. The world would be a dreary place without the birds and the flowers, and yet it is said that owing to man destroying the wild animals and birds they are rapidly disappearing.

Dr. Alexander Wetmore of the Smithsonian Institution told the Washington Academy of Science that one by one the birds are losing their fight for life, and already most of the birds whose ancestors saw the dawn of human development have become extinct. This has been brought about by the cold winters, stormy summers and man has taken his toll.

The big game hunters are using fleets of automobiles and a small army of guns and attendants and apparently big game is disappearing unless this practice is discontinued. Mr. Cherry Kearton, the

author of "Photographing Wild Life Across the World" states: "I have traveled from Cape Colony to the Congo, and although I was on the lookout all the way, did not see half a dozen animals in the journey of hundreds of miles."

Wild life is a forest necessity. Scientists repeatedly issue warnings against unnecessary destruction of wild animal life, but the general public give little heed. The birds eat insects that feed on the bark leaves an druff. Many types of birds are necessary to eat the various kinds of insects.

Wild burrowing animals are valuable as natural cultivators of the soil, thereby aiding forest growth by keeping the ground stirred up so the seeds will germinate and the young plants grow. Then the rain instead of flowing into streams, drain in their burrows and is conserved.

It is predicted that unless the birds are conserved, they will come when the insects will become as numerous as they will be made for food to sustain life for mankind.

Jackson County Humane Society Phone 898-3-2.