

to berself that she is not as un-charming as her trothers made her out to be. The fact that she has many suitors does not reasure hue, her besthurs words still ring in her ears. One roung man who has already such as ambre and Chyper These such as anthre and Chyper These Women who like perfumes are latter kinds should be used very lightly, the writer declares. "Perfume is designed to react to the skin and not to cloth," says the

nchieved considerable success in his line is still dogged by feedings of doubt and distrust in his own ability because his father was in the habit of teiling him he would

never amount to argthing. He struggles constantly with the fear that he is a failure. Small setbacks depress him unduly and life is auch harder for him than it need.

ing never to make the child con-scious of his paryonal defects and never to harp on the suggestion of never to have on the suggestion of failure. Self-consciousness about these things only serves to turn the child's stiention inward upon thimself, which in no way below him overcome his difficulty. It is instead very likely to make him the vieth of his own forfine of meriority which later of makes him doubt his ability to succeed in either work or love. . . Parents should make every ef-

fort to help the child overcome his fort to help the child orderene his weaknesses without making him especially aware of them. When the shift actually has some handly cap he should be helped to component the for it by achievement along other lines.

Use selesors for cutting meat for salad. It is much easier and more quickly done than with a knife and chepping board.

When frying meat such as ham or chops singar improves the fla-per and mules the meat brown fore easily.

When the children get tired of wing just plain soap bubbles, fittle fruit coloring added to the ster gives renewed interest.

He invitelo.

Keep a small cloth such on our diag in which to put odds and ends of soap. When a quirtis collected, the the such and It is a good rule in child train- use it as a cake of sonp in dish-

Licensed as Pilot

awarded the first state air pilot's + license granted to a woman in Oregon.

The fancy molds used for gela-ine descerts may also be used as the pounded macaroons and set add to cool.

Edits Foltz of Portland has been

a choice between two acts, as far as most children's experiences are concerned. Open Sandwiches

Looking back over our own childhood, most of us will recall

Lasking back over our own own distances and share comparison builter. La construct with an moments of discipline, and share to excell the discover of the state of th

Think of the things we used
to say.
Think of each happy yester day.
Sometimes I sigh and some times I singh and some tis mother and sneak out with decel

or silver. One of the best cleansers to use on glass baking dishes, granite ware, and milk palls, is a very fine sandpaper. Keep a number of 2 inch squares in the kitchen cali-

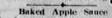
leaves. Silence is goom but no editor

ular flounce in a diagonal or calloped line."

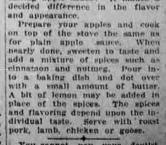
Mexican Beauty

Senocita Maria Roman was pro-

between them and is fitted to be an unbiased arbitrator. Fancy cookies are always a de-light to children, and the good old-fashioned sugar cooky may be varied in dozens of ways. The fancy shapey that may be made with the cooky entress now obtain-able include plain and notched plain and notched rounds, squares, diamonds, stars, crescents and many animal forms as well as the maily animal forms as yell and always exciting gingerbread man, Cooky decorations include nuts, raisins, currants, carravey and anise meds, necesnut, and the tiny colored candles and red sugger.



Apple sauce seems to be such ordinary food, but very essential as an accompaniment for cer-tain meats. Have you ever tried baking apple sauce? It makes a decided difference in the flavor



claimed queen of all the Mexican beauties who joined in the celebra-tion of Mexico's national holiday at Wichita, Kas.

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You cannot pay your dentist with a tooth and a handshake.