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Irene DeLosh, 325 South Holly St.—Phone 390-L or 75

## BEAUTY in the HOME

### A Cheerful Kitchen In Color

By Margery Sill Wickware  
Interior Decorator

WHEN you are going out to buy some chintz for curtains, you don't just ask for chintz curtains. Before you start, you decide upon exactly the right color for the room in which the curtains are to go. And you come home with a chintz which fits pleasantly into the color scheme of the room.



In that little chintz selection you are really exercising the art of the interior decorator, at least as far as the very important matter of color is concerned. Color schemes are simply selections of colors which go well together. Of course, there are a great many units to consider—walls and furniture and draperies and accessories—and, therefore, many shades of colors to combine. Still, the chief essential is the color-scheme you instinctively apply in almost every purchase of household equipment.

There's no reason in the world why you can't be your own interior decorator and decorate your home tastefully and charmingly using in many cases the furniture and rugs and decorations you already own. Why not sit down today and plan a color scheme for your own kitchen? I have always believed that those who are surrounded with color were happier and there is no better place

## Feeding People Is a New Profession

A creed for the feeders of the human race is outlined in detail in the Woman's Home Companion. Calling attention to the fact that "everybody eats," an authority on food and menus points out certain rules by which women—or men—who engage in the business of supplying food may be most assured of success. Among the most important of these rules are the following:

- 1.—Know good food and be able to cook it yourself when necessary.
- 2.—Be thrifty and appreciate simple food as do your customers.
- 3.—Use diplomacy with customers and helpers.
- 4.—Have capital for six months before beginning a food shop venture.

Especially in urging the need of physical strength if one is to be successful in the food serving business the writer says that "many a tea room proprietor counts as her chief possessions a sturdy back and two tireless feet."

The outline is given due to the fact, as the writer says, that the profession of feeding people has become so highly competitive that it no longer offers easy money to the amateur.

## Helping the Homemaker

**Smooth Puddings**  
When you are making any kind of pudding or pie filling which calls for sugar and flour or cornstarch, if you will mix the sugar and flour or sugar and cornstarch together before mixing them with the other ingredients, your product will always be smooth.

**Wind Blows East, and the Wind Blows West**  
The wind blows east, and the wind blows west, and to one it is worst and to one it is best; but whether 'tis rainy, or cloudy, or bright, it's sooner or later all things will come right.

**New England Thanksgiving Pudding**  
Three-fourths loaf stale bread, butter, two cups seedless raisins, three-fourths cup sugar, one-half teaspoon salt, three eggs, one-fourth teaspoon ground cloves, one-fourth teaspoon cinnamon, one-half teaspoon allspice, two tablespoons cocoa, three and one-half cups milk.

**To Launder Rayon**  
Rayon garments should always be washed in lukewarm suds and the dirt loosened by gentle squeezing.

**Good Eating Habits**  
By Mrs. Agnes Lyne  
A child who has good eating habits not only consumes the requisite calories and vitamins, but does it promptly and without fuss.

## Humane Society

An attractive and interesting picture of the Jackson County Humane Society's booth put on by the Humane Society at the Jackson County fair appears in the November issue of The National Humane Review with the following comment:

"Jackson County Humane Society, Medford, Ore., is a very young organization but very much alive. The above picture shows their display at a recent fair. It attracted a large number of people and carried its humane lesson so convincingly that it put the society many steps ahead. We congratulate this flourishing young body on its activity."

and have an opportunity to have this instruction. Many ideas and suggestions will be found in this magazine which can be used during this study period. Making this half-hour one of the most instructive and interesting of the week, to both teacher and student, James E. Davis, chief of police of Los Angeles, says: "There is nothing more expressive of true manhood and true womanhood than consideration and kindness for suffering or dependent humanity, nor is there a sentiment more worthy of the strong, than kindness to dumb animals."

**AUTUMN**  
There is a beautiful spirit breathing now  
Its mellow richness on the clustered trees.  
And, from a beaker full of richest dyes,  
Pouring new glory on the autumn woods,  
And dipping in warm light the pillared clouds,  
Morn on the mountain, like a summer bird,  
Lifts up her purple wing, and on the vales  
The gentle wind, a sweet and passionate wooer,  
Kisses the blushing leaf, and stirs up life  
Within the solemn woods of ash deep-crimsoned,  
And silver beech, and maple yellow-leaved,  
Where Autumn, like a faint old man, sits down  
By the wayside a-weary.  
— Longfellow

## Home Decoration

By Jane Sneider

Housewives having problems on interior-decoration will find this column interesting. Queries may be addressed to the editor of this page, care Mail Tribune.

**Query**—What should one use as a cover for a piano, or should they be left without anything on them? Mrs. L. H.

**Answer**—A drape of some kind, rich brocade which is soft enough to fall in graceful folds, or an embroidered Chinese coat or skirt may be used. Under a vase or lamp a small table piece of embroidered silk may be used.

**Query**—How may a pastel painting be cared for best? Mrs. W. F.

**Answer**—It should be sprayed with a coat of fixative, and then carefully framed.

**Query**—Is theatrical gauze a suitable material for curtains in a private home? Mrs. F. D. S.

**Answer**—Why use a material which was designed primarily for stage effects, and decorative effects where distance lends enchantment and illusion? There are so many more beautiful and colorful materials on the market for use in homes.

## Breakfast for School Children

Too frequently the school child omits breakfast entirely or eats only a part of it. The wise mother who trains her child to eat what is given him has little trouble when he is of school age but he may slight his breakfast in his anxiety to get out to play before school opens. It is sometimes necessary to insist on the child spending a certain length of time at the table.

## Mrs. Hoover As Next First Lady

Pictured by One Who Knows Her



"I do not think that Mrs. Hoover will change her habits when she becomes the First Lady of the Land. I can picture her sitting in her private sitting room in the White House knitting, possibly with a book propped up before her. She is a voracious reader and an inveterate knitter. And I can see her eyes shine when some young chap, who has been abroad opening up new markets for American products, comes to call at the White House. She understands the pioneering spirit so well. She will know how to greet diplomats and official callers, and also youth will find a quick response when it comes down the receiving line to greet her."

## Make the Garden Snug for Winter

Tears from the depths of some divine despair  
Rise in the heart and gather to the eyes.  
In looking on the happy autumn fields  
And thinking of the days that are no more.  
— Tennyson.

is to cut a piece of cardboard to cover the top of the pot, with a slit half way across it to receive the stem of the plant. They, holding the cardboard in place, you can dip the plant in a tub of soapy water.

## Dirty Window Shades Mar Beauty of Rooms

Do you hide your shiny window shades behind soiled and spotted shades? Perhaps you know of no alternative except to discard them entirely. Nowadays there is no reason why an attractive room should be marred by unattractive shades when you can produce an article which is guaranteed to withstand vigorous and frequent cleansing treatment.

As soon as they show signs of soil, washable shades should be placed on a flat surface and scrubbed on both sides with a stiff brush and hot soap-suds. Rinse with clear hot water, then wipe off as much of the moisture as possible with a clean cloth. Behang the shades on the window brackets and pull down full length until dry.

Even if your shades are of the old-fashioned variety they should be taken down at least once a year, dusted, and come over lightly with a damp cloth and mild soap-suds. Rinse off the soap with a cloth squeezed out of clear water and dry thoroughly.

## Guiding Your Child

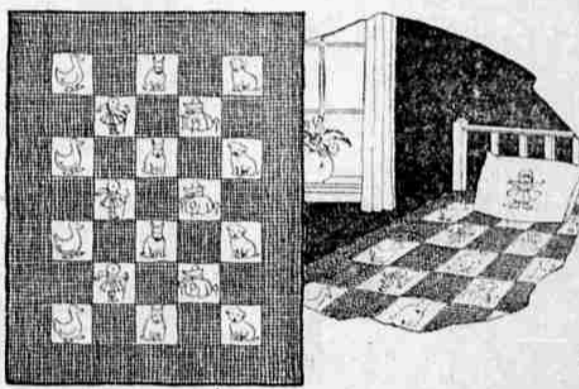
Ordinarily a healthy child comes hungrily to table. There ought to be no question of his eating a hearty meal.

Any normal child would rather go hungry than forego certain victory in a clash of wills, or miss these situations of which he is the center. The merest baby cannot fail to realize that simply by refusing his food he can make the world revolve around him.

It is therefore vital not only to serve the right food, but to serve it casually. Voice and manner must be free of the concern a mother always feels for her child's health. When food has stood before him for 15 or 20 minutes it should, without comment, be removed, though it has been but partly eaten or not even touched.

**Did You Ever Try?**  
Using a talcum powder can to distribute powdered insect poison on plants?  
Planting myrtle vine on a sloping part of the lawn where grass is hard to grow?  
Pruning currants and gooseberries at picking time by cutting the branches and carrying them in the shade to pick off the berries?  
Putting blossoms of white iris or white spirea in a solution of red ink and water to color the flowers a beautiful pink?  
Putting a few bottles of cut flowers in your window boxes to add a touch of color?  
Drying centaurea or cornflowers for winter bouquets?  
Should a task seem quite too hard? Try to do it, anyway.  
Every effort builds the will.  
Gives the mind a larger sway.  
Set about it now, this minute.  
Work's half done when you begin it!

## PRETTY, DURABLE BEDSPREAD



What little girl would not enjoy a bedspread all her own, with all kinds of squares of checked gingham and nursery motifs worked in outline stitch? Such a spread is effective far beyond the amount of work and cost involved. The materials required are two used flour bags, bought from some bakery for a few cents apiece, a yard and a half of gingham—perhaps a remnant or piece left over from making aprons—and a few skeins of mercerized embroidery cotton.

The first step is to remove the stamping from the flour bags. This is done by covering the inked spots with a hard or soaking them in kerosene and leaving it overnight. They can then be washed out easily in lukewarm water.

## Special Recipes

**Baked Apples With Dates**  
Peel and core apples, stuffed with sliced dates, are as good to eat as they are good to look at. All boys and girls like to see them on the table, and little cooks can easily prepare them. First, gather together the following ingredients:

- Six large red apples, 12 dates,
- 3-4 cupful of brown sugar, 1 1/2 cupfuls of water.

Core the apples as first on the program. I hope your mother has a corer you can use. If she hasn't, maybe she would welcome this tool for a Christmas gift.

Next, using a paring-knife, a thin strip of the red skin is cut off around the apple, like a belt. You see, steam forms in the baking, and this gives it a chance to escape without forcing its way thru the skin and bursting the fruit.

The apples are so much prettier when they keep their shape. Place the cored apples in a pan and stuff the holes with the dates, which have been pitted and cut in thin slices with scissors. Mix the sugar and water and pour this mixture around the apples. Bake in a hot oven (400 deg. on the oven control or thermometer) until tender, basting occasionally with the sirup in the pan. Serve hot or cold with either whipped or plain cream. If whipped cream is used, pile it in mountain-like mounds on top of the apples, and decorate with bits of brightly colored fruit jelly.

**American Plum Pudding**  
1 cupful of bread crumbs, 1 cupful of suet, chopped, 1 cupful of chopped apples, 1/2 cupful brown sugar, 1/2 cupful of sliced citron, 2 cupfuls of raisins, 1/2 cupful of chopped walnuts, 1/2 cupful of flour, 1/2 teaspoonful of nutmeg, 1/2 teaspoonful of cinnamon, 1/2 teaspoonful of cloves, 1/2 teaspoonful of salt, 2 eggs, beaten, 1/2 cupful of milk.

**Among the Boys and Girls**  
The Pigeon  
The pigeon is an interesting and lovable pet, provided they are obtained when young and tamed.  
There are various colors among the pigeons, even some are pure white.  
They like to have a roost to sleep on at night if they are kept in a house, or if allowed they will fly up on the rafters in the barn. Do not keep them shut up in a small cage. Of course they will have to be fed, and they will have to be kept in a wire cage until they get tame and know where home is, then turn them out and they will stay around the house or barn.  
Be sure to have good, cool, fresh water where they can find it, if you do not have chickens, they will drink with the other poultry if they can. In winter when all the water freezes up, be sure to put some out several times a day where they can find it.  
Pigeons like to eat corn, oats, bugs, weed seeds, in fact anything a chicken will eat, but the corn kernels must not be too large. Better to feed chopped corn.  
If you have your pigeons and raise each one, you can teach them to come to you when you call them. Treat them gently as you would any pet, and do not allow them to be frightened by anyone. They will make you an enjoyable pet and repay you many times for the care.  
Some pigeons are called carrier pigeons and are used to send messages from one place to another. They are taken in a box to some distance place and turned loose and find their way home.