

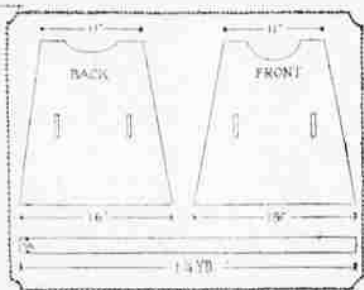


## For Women



Irene DeLosh, 325 South Holly St.—Phone 390-L or 75

### FOR MOTHER'S HELPER



in kerosene for a few hours, before washing in lukewarm water.

Nothing in a little boy's life quite corresponds to what a pinafore is in a little girl's. A clean "pinny" slipped on when she's dressed for best means she can play a little but not hard enough to muss the pretty frock underneath, while a pinafore put on after meal time signifies that she has grown up enough to be trusted with the important task of helping Mother wash the dinner things.

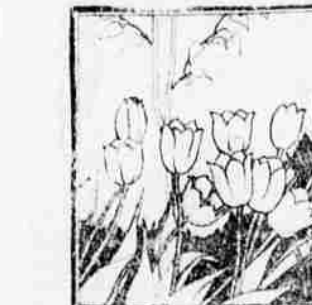
The pinafore is cut in two pieces, joined together only on the shoulder seams. The neck, sides and bottom are button-holed or boned with colored or checked sasham. It is a large, half-way down, front and back, are two two-inch slashes through which the sash is slipped. The sash may be of contrasting material or bound to match the sides.

### Guiding Your Child

By Mrs. Agnes Lane  
The truth, and nothing but the truth, is always right for the child; the whole truth is seldom meant for him.

There are other parents, misguided and conscientious, who try to give all the facts of any subject about which the child expresses casual curiosity. The child who asks a question which sounds profound is not necessarily looking for a profound and exhaustive reply. Indeed such a reply only confuses and bores him and is likely to dull the edge of his interest in the subject in the future.

### Plant Tulips in Sun or Shade



Tulips are most accommodating plants as they do equally well planted in sun or shade. There is some advantage to planting the late varieties in the shade as the color is better and does not fade as it often does in full sun. The bloom will be a little later than in full sun but it will last several days longer. An ideal situation is one where the bulbs have morning sun for a little while and are in the shade for the rest of the day.

Planting tulips in sun or shade depends on the variety. In pinks, Clara Butt and Flamingo are two of the fine ones. Clara Butt is one of the latest of the Darwin class to bloom and this fact should be taken account of in arranging color schemes. There is a variation of a week in the season of bloom between the early and late varieties in full sun and more than that in the shade where they develop more slowly.

### A Few Secrets of Cookery Success

Successful meat cooks follow certain invariable rules.  
1. The only cuts of meat which may be successfully broiled are tenderloin, porterhouse, sirloin, or rib-steaks; and lamb steaks or chops. Chopped beef patties may be broiled.

### Parent-Teachers' Associations

In the beginning our work for the year, the Parent-Teachers' association of Southern Oregon extended greetings to our readers and to the public in general. In the great work that has for its ultimate goal the welfare of the child, we feel that we need the sympathy of public opinion and a knowledge that can come only from and through a democratic people whose interest is every child and every home.

### Household Hints

Economical table pad—Ask at the dry goods store for the cardboard that dress goods are wrapped in. Lay them on your table and mark them to fit, then cut with a sharp knife. Cover the cardboard with unbleached muslin, dividing them so they will be in two or four sections, and sew down between each one. They will fold up nicely when not in use and are as good as asbestos pads.

### Helping the Homemaker

By Margaret Smith  
Living today means enjoying the blessings of God here and now. The present moment is the time to be happy. Today's life's living want you to claim them as your own—and there will be more for tomorrow, and many tomorrows.

### Art of Building the Menu Told

The person who builds menus day after day and year after year must be an artist and an engineer. As an engineer she must know the kinds of food from which the menu should be built—too much of one kind of food and too little of another means an unbalanced diet. So the menu builder must see that the structure of the diet is made up of the proper amounts of protein, energy-giving foods, minerals, vitamins and water.

### HOME EDUCATION

'The Child's First School Is the Family.'—Froebel  
Issued by the National Kindergarten Association, 8 West 40th Street, New York City. These articles are appearing each Sunday in the Mail Tribune.

### Children's Pleasure Column

Edited by Mary Ann  
This department is for our younger readers. We want you to write freely, telling of your experiences, adventures and of interesting happenings in your neighborhood. Tell of your favorite books or authors, favorite flowers, etc. Original poems and stories will also be appreciated.

### Special Recipes

- SUGGESTIVE MENUS FOR THE BRIDE  
Fruit Cocktail with Whipped Cream Tinted Pink  
Crab Meat Salad with Tinted Salad Dressing  
Hot Baking Powder Biscuits  
Butter Olives  
Buttered New Potatoes  
Strawberry Ice Cream  
Pink and White Cake  
Coffee  
Chicken and Mushrooms in Yellow Sauce in Timbale  
Cases  
Buttered Asparagus  
Garnished with Egg Yolks  
Olives  
Stuffed Peach Salad  
Rolls  
Cream Roll  
Coffee

### Humane Society

There seems to be a growing movement to more closely affiliate the two great organizations of the Boy Scouts of America and the humane societies—thus bringing about a more kindly treatment of birds and animals.

### Children's Pleasure Column

Your Child's Book Shelf  
The following books published during the last year are so very much worth while that we are suggesting them as suitable reading for your boy's or girl's book shelf.

### Children's Pleasure Column

What a fine example of such a reception was given the Medford Junior High school teachers on Wednesday, Oct. 10th at the Junior High school building. The strong features, educationally, of this reception were the well organized talks given by teachers who are heads of various departments, as English mathematics, science, and the lecture by Prof. Ralph Vining of Ashland, who for many years was president of the Oregon State chamber of Commerce. The talk by the teachers were so well organized and comprehensive that parents understood the school work of the child—the aims and scope.

### Children's Pleasure Column

For the children's party buy one pound of animal crackers, and one pound of graham crackers. Next make a frosting as follows: Use two cups of powdered sugar; add two tablespoons of butter and vanilla to taste. Then add enough water or milk to make a very stiff paste. Put a good tablespoon of this on each animal cracker. Then stand an animal cracker upright in the center. When dry, they are quite firm. They please the children very much.—S. L. M.