

MEDFORD MAIL TRIBUNE

Daily, Sunday, Weekly... Published by the MEDFORD PRINTING CO. 11-17-19 N. Fir St. Phone 74

Entered as second class matter at Medford, Oregon, under Act of March 3, 1879.

Subscription Rates: Daily, with Sunday, year... \$7.00; Daily, with Sunday, month... \$1.75

MEMBER OF THE ASSOCIATED PRESS... Receiving Full Leased Wire Service

Official paper of the City of Medford, Official Office of Jackson County.

Advertising Representatives: M. MOGENSEN & COMPANY

Ye Smudge Pot

The Allgemeine Elektrizitaets Gesellschaft, the German general electric company, are to furnish the capital.

The Duffo football team was heroically frustrated as usual, Saturday by Stanford, and it is agreed that Oregon needs a punter.

The campaign stilettees are all sharpened for the foe. Look out for 11th hour canards showing up at 9:27 a. m.

If it rains election day, citizens who have been up to their hip-pockets in Rogue river all summer will be unable to go to the polls.

The women-folks are generally agreed that the woods look thrilling in their autumn colors.

Rally round the radio, and see the high school athletic fund shrink like a shirt collar that went to the laundry.

How-legged geese in golf pants should not sneaker at gibberish in short skirts.

Tell us in the political vineyards who have been accusing A. E. Smith of getting drunk, are being hailed into the South province to confess they lied.

Homebrew—The Vice of a Great Country. The hapless of the Moran boys is now a prominent part of the landscape to the northeast, with a 1929 Buick bulge in its sides.

No hunters of this section impersonated a deer, last week, and landed in the morgue or hospital.

Practically all of the oil octopuses are distributing gasoline colored like a lady had dropped her lipstick in it.

Republican saints and Democratic sinners, are all busy.

Ed Hanley of Seattle, Wash., who runs some of the salmon devoured in these parts, despite its preeminence as a fishing center, is in our midst.

Cheshire and Parmesan, Cheddar and Edam—Read their good titles, and weep as you read 'em!

Cheshire and Parmesan, Cheddar and Edam—(Spokane Spokesman-Review)

THE TARIFF AS A LOCAL ISSUE

In his acceptance speech Governor Smith endorsed the Underwood tariff bill, the supposition being that this bill represents what he means when he says he is for "tariff protection."

The Underwood tariff bill placed practically every product of the farm upon the free list. When the Republicans came into power this measure was repealed, and a new tariff measure enacted, which placed a protective upon practically all farm products, including Canadian and other foreign wheat.

Since then Governor Smith has repeatedly ridiculed Secretary Hoover's contention that increasing the tariff duties on farm products will help the farmer.

This is generally correct. Although no doubt Governor Smith would agree that if the tariff against Canadian wheat were removed more Canadian wheat would be shipped into this country, and increase the American surplus, rendering the domestic export problem more difficult rather than less so.

This contention, however, refers only to wheat, there being a long list of other products, where no surplus exists, and where the farmers want protection and need it.

The Republicans gave it to them. And until Governor Smith repudiates his endorsement of the Underwood tariff, it is only fair to assume that the Democratic candidate, if he is elected, would not give it to them.

And in that as a Tammany leader and a Big City man he would be perfectly consistent, for New York and Tammany oppose protection of food stuffs, because they maintain it would mean higher prices for the city dweller, who doesn't raise them, but must consume them.

So far, so good. But how we come to the farmer's viewpoint, not only in this state, but throughout the Western agricultural area.

Does the Western farmer, for example, accept the Democratic favorite catch slogan, that he "must buy in a protected market and sell in an unprotected one?"

We are indebted to a subscriber for a copy of the Pacific Rural Press and California Farmer of October 6, giving an account of a farm meeting in San Francisco week before last.

We quote as follows: Knox Bonde of Petaluma told of the need for protection against foreign eggs, particularly those antiques from China which find their way into American mayonnaise and noodles and candy and other products in competition with our good home-grown ones.

Specifically he wants to see the tariff on eggs in the shell increased from 8 cents to 14 cents, on frozen eggs from 6 cents to 15 cents a pound, and on dried eggs from 18 to 45 cents a pound.

William F. Just, Hayward cherry grower and member of the State Assembly (chairman of the agricultural committee at the last session), spoke up for cherries. A flood of small, poor-quality Italian cherries are brought in for maraschino purposes, easily hurdling a 3-cent-a-pound tariff and make it impossible for our fine western cherries to compete for the bottle, ice cream and candy trade.

Roy Hansen of the Cattlemen's Co-operative pointed out that hides are coming in free. He declares the cattle need a tariff of 5 to 10 cents a pound on hides in various forms.

Prenton McKinley of the California Cannery League said that we had no competition on canned fruits, but that Italian canned tomatoes were giving trouble to a sound and able American industry and that the industry is now asking the President to make a 50 per cent increase on the present low tariffs, but that if this were granted it would not be enough. A real tariff schedule is required. He expressed the belief that bananas are the biggest single competitor of the fruit industry. These come in duty free.

C. C. Teague, head of the successful citrus cooperative, told how tufa industry had saved itself by tariffs and by the use of by-products as outlets for large crops. Further protection is needed on peaches and citrus acid, he said.

He also spoke for walnuts, which have found the 4-cent tariff very helpful, but may need some additional protection on shelled nuts.

J. J. Hoey of the California Olive Association spoke up for ripe olives and olive oil.

Almonds were not represented in the conference, but the Almond Exchange has found tariff protection vital to its life, and the exchange is preparing to have a word with Congress when the matter is opened for discussion.

Sam Green predicted that this opening of the tariff would come in a special session of Congress next March. He intimated that he felt Hoover would approve such a plan.

Pigs were not directly represented, nor beans, but both deserve better protection, and surely will ask for real protection when the time is ripe.

Frank Sweet, speaker for the pear industry, said that pears are not imported, but that the pear industry wanted to see a general tariff on farm crops as a means of protecting pears against cheap foreign substitutes, not only for fruits, but for all sorts of foods. To some extent all foods are competitors.

He was one of several to wallow bananas, which come into this country in greater commercial value than our entire commercial apple crop.

Mr. Sweet is well known in Medford, where he has spoken several times, and the other witnesses are all known as progressive and practical farmers in California. The tariff problem in that state is identical with the tariff problem in this state.

Under the circumstances, what becomes of the familiar contention that the farmer "buys in a protected market and sells in an unprotected one?"

Also what becomes of the Democratic approval of a protective tariff which constitutes acceptance of the Underwood schedules, which placed all farm products on the free list?

Here certainly is a clear-cut issue if there ever was one. Under the circumstances no one can be surprised to learn that the farmers and fruit men of California are working as a unit for the success of the Republican party and the election of Herbert Hoover, for the very good and sufficient reason, they believe, the prosperity of their industry depends upon it.

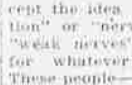
Personal Health Service

By WILLIAM BRADY, M. D.

Signed letters pertaining to personal health and hygiene, not to disease diagnosis or treatment, will be answered by Dr. Brady if a stamped, self-addressed envelope is enclosed. Letters should be brief and written in ink. Owing to the large number of letters received, only a few can be answered here. No reply can be made to queries not conforming to instructions. Address: Dr. William Brady, in care of this newspaper.

HO, HUM, WHY EXERCISE.

Everyone knows that energy is necessary for the working of a muscle, whether it be the muscle that you call your jaw or the muscle that you use to drag yourself away from the dinner table when you're fed up.



Some folks have a vague notion that the necessary energy somehow comes from the nervous system, and people with that notion readily accept the idea of "nervous exhaustion" or "nervous breakdown" or "weak nerves" as an explanation for whatever needs explaining.

These people—there are millions of 'em—are so complacent in their unwarranted belief that they think anybody should say when one means ignorance—that they just can't understand why anybody should get all hot up over the sad state of alleged physiology instruction in the schools. Knowing all that they want to know about their insides, the folks who think energy is produced or manufactured in the nervous system, regard the teachings of physiology as rather silly things anyway, except a few chapters, and these few chapters are mostly...

Well, it may be a shock, but the truth is that every iota of energy, muscular, vital, organic, functional, nervous, brain, call it what you will, is derived from the combination of fuel, the oxidation of food material or of tissue material, and this process is metabolism.

Every one knows that a fire dies down if there is too little oxygen present; close the draft and the fire slows down because the oxygen supply is diminished.

The quantity of oxygen absorbed in the body is not determined by the depth or rate of breathing, as too many victims of "physical culture" think. Deeper breathing exercises, a ridiculous pastime which should be left to those who like to be humbugged. Certainly anyone who carried an excess of oxygen into his blood by consciously deeper and slower inhalations for a minute or two; but no one can effect a permanent gain by that method, for immediately after the exercise comes inevitably a compensating period of under-breathing, a few moments during which one breathes not at all or takes only slow and shallow breaths, and presently the oxygen level in the blood returns to the normal just as though there had been no variation of the usual breathing. Of course the slight additional muscular "effort" involved in such exercises produces a trifling increase in the absorption of oxygen, but even that is probably wiped out by the compensating period of diminished breathing after the effort.

If you really want to absorb more oxygen than you are getting now—and that is precisely what millions of people need—you've got to work on your muscles, not the breathing muscles to get it. Fortunately one can employ other muscles for the purpose of supplying more oxygen for metabolism, and without any secondary compensating effect to wipe away the gain.

General exercise is the best means available for increasing the absorption of oxygen in the body, or slowing up metabolism. The form of exercise, work or play is of small consequence. It is the quantity and the frequency of dose that counts.

There are people who boast they never take any exercise. I'd venture a good deal that such a person could not pass a fair health examination by a fair expert who

has no knowledge of the exercise habits of the candidate.

QUESTIONS AND ANSWERS. Line in Front. Kindly tell me what fruits, etc., contain calcium. I am subject to bronchitis, having frequent attacks, and have been told that I lack calcium.—Mrs. S. L. A.

Answer.—If I correspondents would kindly refrain from bringing the Tolo along, either M. or Ben, when they come to consult me, I am sure we would understand each other better. If a physician finds that there is a calcium deficiency in your blood, that may have a bearing on the tendency toward bronchitis. But even in that case, it does not follow that there is not enough calcium in your food. Sometimes an individual has a faulty calcium metabolism, a low capacity to utilize calcium (fancy the fancy calcium in the food). We know of several ways to remedy such a faulty calcium metabolism. One is by sun bathing. Another is by ultraviolet lamp treatment. Another is by administering plain cod liver oil. Another is by administering the proper ductless gland hormone—only your physician can do that.

However, the following foods are rich in calcium: Prunes, dried; oranges, peanuts, walnuts, almonds, cabbage, turnips, carrots, beans, cheese, milk, yolk of egg.

Ice Water. Is ice water harmful to drink? If so, why do most office buildings supply it so cold that it is almost impossible to enjoy a drink?—H. H.

Answer.—It is harmful if it is as cold as that. The least water is all right to drink when it is not too cold for comfort. All Mothers-in-Law Are More or Less. I am engaged to a young man whose mother has been in an insane asylum on several occasions. She is nearly always out of her head, and for that reason I am asking you what I should do. I love him very much, but I am afraid to marry him.—L. H. A.

Answer.—On the face of it, daughter, I should say what I can to encourage that fear. But perhaps that would be quite fair. Can't you get advice from a good doctor who knows precisely the nature of the mental illness of the boy's mother? It might be something that could have no bearing on the boy's own future or his children's inheritance. (Copyright, John F. Dille Co.)

Communications

Why He Is for Smith. To the Editor. In your Sunday issue you take occasion to assure your readers that you have been fair in the publication of campaign matter relative to the two leading presidential candidates. You complain of the reluctance of Smith supporters to get into print, or cast straw ballots, or wear South buttons.

The fact is, while you and other publishers may have admitted the Smith campaign matter freely to your columns, the Smith supporters realize and feel that you Hoover supporters are unfair and unscrupulous in your campaigning. Such a spectacle has never before been witnessed in an American political campaign. Religious tolerance is utterly ignored and statements on a prohibition are warped and exaggerated to suit the occasion.

I put this question to a Hoover supporter the other day: "Suppose the Catholic clergy should

Ballot form for the November election. I intend to vote for... I am registered as a... Signed (Name)... Address... (Fill out and mail to Straw-Ballot-Contest-Editor, Mail-Tribune, Medford, Oregon).

come out and campaign the country like Bishop Lowe and Hoover are doing and denounce Mr. Hoover because he happens to be a Quaker? Many a Quaker had looked his religious scruples with the World War called to arms.

And there you are. What we Smith supporters really think is that you follow, with your incoherent political propaganda and your anxiety to get into print is some- what like the boy passing the grave yard at night, "whistling to keep your courage up." We think you unfair campaign, while it may sweep the families off their feet, will act as a "hoopla" and cause many a commercial American citizen to sympathize with the political party and vote for a product of the sidewalks of New York, admitted by such men as ex-Governor Hughes, Elihu Root, and many other good Republicans, to be one of the greatest executives of recent generations.

We want to remind you that "mill water runs deep," and the Smith forces will be in evidence at the polls, November 6.

In conclusion, I want to say that I am a Protestant and a confirmed prohibitionist, having never tasted intoxicating beverage since Oregon adopted the law, but Herbert Hoover has been a member of the cabinet for about eight years, and he has never lifted his voice against the disgraceful number of his employees, and in his speech of acceptance he merely pronounced it a "noble experiment." With the bribe-taking enforcement officials, commercializing the bootlegging business to the disgrace of the Republican party, and who completely disregarded the rights of prohibitionists who have looked in vain to the Republican officials for enforcement of the law are turning to the frank and open declarations of Governor Smith, who has distinctly promised that if elected he will enforce the law, amendment, and put a stop to the fit of Republican corruption in our national government.

These are the reasons why I am for Alfred E. Smith, the man who has done what he pledged himself to do for New York, and will not fail to carry out his promises to the American people, if elected president. E. F. PHIPPS, Medford, October 5.

Quill Points

It's vanity that makes you self-conscious. A man is at ease in general because he knows people aren't watching him.

The Kellogg plan is a good one. It has encouraged peace since a Nazarene suggested it 1900 years ago.

No matter who gets the colored vote in the South, there will be very little change in clothes-washing circles.

You can tell a moron by the joyous look on his face when he has succeeded in gliding the conversation with one foreign phrase he knows.

Of course helium is nice and safe around fire, but what we need is a gas that is safe to step on.

In the immortal words of Patrick Henry: "Gentlemen may cry, peace, peace, but there is no tax."

Well, the steadily increasing college enrollment is good news for the manufacturers of white collars.

Americanism: Kicking about high taxes; kicking because \$1500 of fees don't attract \$15,000 men.

The Literary Digest frankly caters to those who have telephones. People on party lines should enjoy a magazine that gives all sides of the story.

A happy medium must be something between loud mouthed oratory and a whispering campaign.

There isn't much wrong in a country where the winning candidate is elected merely because of his opponent's faults.

Mr. Ford appreciates quality production methods, and his experiments in that South American jungle will teach him a vast respect for the mosquito.

If a defeated candidate bears no malice he probably thinks the people are sufficiently punished by being denied his services.

Why don't good men run? Well, why endure the insults and ridicule of a campaign to win the privilege of serving thankless people for little pay?

Ballot form for the November election. I intend to vote for... I am registered as a... Signed (Name)... Address... (Fill out and mail to Straw-Ballot-Contest-Editor, Mail-Tribune, Medford, Oregon).

This is interesting and new; therefore, it's news. A Latin named Kirstein, convicted of murder, escaped death by consenting to experiments on his body with germs of leprosy. He will be infected with the dreadful disease; treated with all the resources of science, and, if he recovers, he will go free.

Long ago powerful men experimented with poisons on slaves, and some ancient doctors are supposed to have made experiments in vivisection on criminals. This voluntary leprosy arrangement is new.

Somewhere, name unknown, gives \$250,000 to build "cheap apartments for aged wage earners." A good start. To give an old man working for low wages a little room in which he can live without being disappointed, is kind.

When this earth is civilized, old men and women worn out, will live in apartments as good as any man's and won't pay any rent.

Real civilization will treat an old man or woman at least as well as a decent man treats a worn-out old horse.

Political Talks on Air Tonight

NEW YORK, Oct. 8.—(AP)—Presidential speakers on the radio today and tonight include:

- Democratic: 10:30 a. m.—Miss Annie Matthews over WJZ and NBC network of 23 stations. 10 p. m.—Louis B. Wedelbauer, New York commissioner of markets, over WEAZ, WHY and AGR. 8 p. m.—Representative Major T. Norton of New Jersey, over WPCB. 10 p. m.—Senator Claude A. Swanson, of Virginia, over WOP and Columbia network of 18 stations.

Republican.

- 4:20 p. m.—Miss Cora Talbot over WOV. 8 p. m.—Raymond Robbins over WEAZ and network of 32 stations, speaking from Chicago. Bi-Partisan: 7:45 p. m.—Mrs. Mella Brown, president of the Brooklyn Business and Professional Women's club, over WJNY on "get out the vote." 8:30 p. m.—Dr. John Bauer, Democrat, and Dr. Irving Fisher, Republican, will debate over WMCA on "the issues and personalities of the campaign."

Marshfield Editor Visits in Medford

Mr. and Mrs. F. J. Murray, of the Coos Bay Times of Marshfield, were in Medford Sunday enroute to Klamath Falls, where they have considerable property interests. They formerly owned and operated the Herald and other papers in Klamath Falls and are well known in newspaper circles of the state.

Both Mr. and Mrs. Murray will always be bonafide for southern Oregon and always enjoy their visits in Medford.

Keep Your Skin Looking Young

Protect your beauty in all kinds of weather with this new face powder—MELIOLA. Does not give the skin a dry feeling, does not clog the pores, is not affected so much by perspiration. Stays on longer. So nice and fine, MELIOLA is made by the best French Process. It's truly wonderful. Health's Drug Store.

Political Announcements

SHIRLEY I am the regular Republican nominee for sheriff of Jackson county. If elected, I will cooperate with all officials in the enforcement of all laws.

CHARLES D. STACY, Paid Adv. Route 4, Medford.

MUTT AND JEFF—Dirty Work by Mut

