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A RECIPE FOR YOUTH

Are you one of those people who think you're too old to do something you've desired to do all your life? Have you an ancient dream put away in cotton wool and have you slumped into an attitude of mourning over lost opportunity and retrospection on what you might have been and done, given a chance? Have you convinced yourself the world has lost its greatest this or that because you had no way to develop some gift in yourself?

If so, turn over in your mind what Mrs. Henry Marcellus of Humboldt, Iowa, has done.

Mrs. Marcellus is seventy-two. All her life she yearned to study music but her busy existence presented too many obstacles. Mrs. Marcellus, however, also cherished the idea that it was never too late to learn. So at seventy-two she has acquired a piano and started to work. She spends an hour and a half every day in practice and her instructor reports fine progress.

Possibly Mrs. Marcellus will never now make any of the modern pianists nervous about their laurels. And possibly she'll never attain the heights of musicianship she might have attained by beginning to study young. But the important thing is that she clung to her dream (and her belief in herself) until she could get around to it, and that she had the courage to tackle it when most women are counting the problematical years until all is over.

At all events she'll certainly be happier than if she had surrendered to what we've pleased to call the inevitable simply because we haven't the courage and back-bone to make it anything else.

TO-DAY and TO-MORROW in the Feminine World



Posed by Miss Betty Mar

Pajamas Steal a March On Frills of Feminine Finery

AS night-gowns grow shorter, more decorative, step-ins become longer if not more serious. The least to be reported is progress and that surely is always good news though the subject may be no less forcible than a whip of sheer crepe de chine, a yard of shimmering rayon crepe, or a handful of some satin weave.

France is particularly engaged with the shortest possible route to beauty. It would seem, Julie Morand of Paris, who is doing enviable things in undergarments and lingerie has recently sent to this country some night-gowns of sheer, rayon crepe heavily trimmed in appropriately supple lace. These gowns reach just to the knee.

Simultaneously we saw some gorgeous step-ins that reached at least two inches below the knees and were full and drapable. They served as an undergarment as well. One delicious bit of underwear was a knee length in the front of the panties dipping down almost to the ankles in back. It was destined, of course, for the wardrobe of some smart woman possessed of one of those delightful up-in-the-front and down-in-the-back evening gowns so popular at the moment.

Pajamas are certainly stealing a

Vacation Clothes That Won't Wrinkle

Pressing or mending clothes during a spring or summer vacation are two things most to be avoided if the weeks in the mountains, on the seashore or at some lake resort are to be pronounced a success. Think a writer on spring and summer fashions in Farm and Fireside.

For this purpose ensembles made of linen, cotton suiting, of crepe de chine or light weight wool are advised.

"For a happy vacation," says the magazine, "one must have the right wardrobe—not too large or too small. The things needed must depend to some extent on where one travels. But a lot of heavy

Home Decoration

By Jane Snedlicor.

This department on Home Decoration is for the benefit of all women who have household problems to solve. Queries pertaining to problems of this kind may be addressed to Miss Snedlicor, care of Women's Department of the Mail Tribune.

The beginning of wisdom in decorations is a just fear of the laws of composition. It matters less what one puts into a house than where one puts it.

"A well planned room has the perfection of a Japanese print. Taken as a whole it is an impeccable and complete composition, but it breaks up on analysis into many subordinate compositions, each no less perfect in itself.

But the room must also meet a demand not made upon the Japanese print, for each of its various groupings must be suited to the needs of those who pass some part of their hours within it. The occupations of these people, their fancies, for certain types of chair, for light from the left or the right, the hours of the day or the night at which they will use the rooms, all must be considered. The reconciliation of those needs with the laws of beauty is the rock upon which many a room comes to grief.

Query: Where did the use of lacquer originate? Mrs. T. S. T.

Answer: Probably with the Chinese long before the fifteenth century. Chinese lac is a natural product which is drawn from the lac trees only on warm summer nights.

Query: Is it very expensive to make a wall paper screen? Mrs. W.

Answer: Prices vary of course, but one should cost from \$35 up into the hundreds. A well and correctly made frame is the first important thing to be considered. Ordinary wall papers will not do, neither should it be hung by amateurs.

Again, the finish is a technical and professional process.

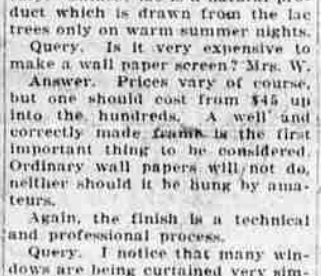
Query: I notice that many window blinds are being curtained very simply. Is this correct? Mrs. T. F. P.

Answer: Yes, even in expensive homes expensive materials are being made up and hung with great care, but there is an absence of shades, valances and glass curtains often times. But if the windows are subordinated and pushed back into the background, then one should make the most of the wall spaces. Use rich wall hangings, good wall papers, or plenty of good pictures.

Query: How can one tell a really good picture? Mrs. H. G.

Answer: Is the subject matter worth considering? Is the composition good? Is the color harmony pleasing? Is the technique well while? And lastly, is it the thing you can live with and enjoy like a close friendship?

SCREEN STAR WEDS SCENARIST



At 20, Fay Wray, above, has been married many times—on the screen. Recently, while on location at St. Michaels, Md., she went through a real ceremony with John Monk Saunders (inset), scenarist writer, the groom. Saunders was divorced from Avis Hughes Saunders, daughter of Rupert Hughes, the novelist.

HOME without a GARDEN

By James H. Burdett
Director of the National Garden Bureau.

In our small gardens, classifications tend to disappear. The orthodox types of garden design which older textbooks recognize become strangely mixed. The formal and the informal, the natural and architectural often mingle, and, strange to say, the effect may be delightful.

It should be said that the controlling purpose of modern garden design is to display the beauty of the flowers and plants which grow in the garden. There can be no beauty in a garden, greater than the beauty of its plants; and the design is good in proportion to its success in displaying at their best the natural grace, form and color of the garden's horticultural treasures.

In this trend toward simplicity of garden design, we are in harmony with dress design, interior decoration and other branches of the decorative arts. And like the others, the garden relies for much of its effect upon the studied use of color.

There are still to be found in our formal gardens geometrical beds and bi-symmetrical groupings of ornaments which might have been copied from mid-Victorian

BEAUTY in the HOME

Cheerful Window Shades

By Katherine Richmond Lee
Home Interior Stylist

LET'S talk about window shades for a moment. Oh, how I detest them as we have allowed them to dominate our rooms for scores of years. It has long been a source



of wonderment to me that people will put so much loving and often successful thought into the furnishings of a room, and display so much excellent taste and more ruin it all by hanging over the top half of the windows shades of dark tan or green, even that clash with the brighter window hangings or else are so cold and formal that they chill the entire room. And I do believe that those days are nearly gone. More and more I find in the homes of people with modern taste a better understanding of the window shade.

A window shade is something we just have to have. But the modern way of using it makes it an addition to the room rather than an unharmonious note. In the first place, the new way is to use a shade that is permanent. That is to say, it will not crinkle if the wind blows it out of the window and it will not be damaged if it is raised in the room rather than on the street, but colored on the inside. It is best suited for the particular room in which it is used.

This type of window shade, apparently following the increasing vogue for lacquered fabrics of all sorts, has been used for a number of years in the better hotels and in the homes of people of taste. Now it is coming into general use.

And there is another thing I like about them. They can be washed. And, with our industrial life getting to be what it is, it has become quite necessary that everything, walls, furniture, curtains, shades and floors be of materials that can be washed and that they be developed in color that will be the farthest removed from the pure white that is associated in our minds with bath-rooms.

And by the way the best of the modern bath rooms are being done in colors now, too.

Household Discoveries

A quart or pint milk bottle makes a sanitary and very useful potato masher for an emergency or regular use. The glass is much easier to wash than the old wooden masher, and cleaner.

Almost every one cooks macaroni on the stove before baking it, and it sticks dreadfully to the pan, but I grease the pan before cooking it and the macaroni never sticks. Mrs. T. W. H.

Split the required number of Boston crackers in halves and lay them in a shallow dish full of very cold water for five minutes. Remove them carefully with a pan cake turner, and put them on an inverted baking-tray with a dab of butter in the center of each. Place them in a very hot oven until they puff up and become crisp and slightly brown. Serve with jelly or jam. They are also delicious if covered with sugar and cinnamon before baking. E. C. A.

When making meringue-topped pies add one-half teaspoon cold water to the meringue just before putting on pies. This prevents meringue sticking to the knife when cutting. Mrs. S. N. B.

Add one-half teaspoon baking-powder to an egg-white after it is beaten. Stir in with sugar. The meringue will not separate but last as long as desired. Mrs. F. C. K.

Boll rice in the usual way, and at the same time stew some apples. When the apples are nearly done, butter a dish and put in a layer of rice, then a layer of apples, and put another layer of rice, and put them in the oven, just pushing them in out of sight. Put in the oven and cook until the raisins are cooked, then serve with cream. Mrs. A. L.

Using a good cookie recipe, I bake the first pan plain. Then I mix in some nuts and bake a panful; next I add some cocoa or grated chocolate and in the fourth pan I use both white and chocolate. Thus we do not tire of cookies and I can make one big

FINGER-PRINTS

By Zillah Cross Peck

Books—rainy days—finger-prints! What a strange combination. It was a rainy, grey day when I started cleaning my library, never once thinking of finger-prints, but it so happened that I started work on the shelf that held the children's books. Unconsciously, I drew from its resting place the favorite book. Soon spring cleaning was forgotten and I was busy memory cleaning; brushing up and dusting well the remembering calls that carried me back many years. Each page I turned showed delicate tracings of my children's finger-prints.

I wondered if finger-prints change with age.

I wondered if some little fellow didn't say to another little fellow, "Here, brother, is the best story. It's all about a gold cross." I can see finger-prints at the top and the bottom of the picture. They were trying, no doubt, to make sure. It is a tale with a very good moral; an old Greek legend teaching youngsters that good things happen to those who obey their parents, but disaster comes to those who disobey. See, no legal fingerprinting if all little tots would grow up good.

On the shelf above are little-girl books, with gold and silver bindings. As I turned the pages I saw faint tracings made by cookie-eating hands. It must have been read some Saturday, and the stone cookie jar would not have held all the sweet smelling sugary cookies if the folks had not rushed in every few minutes for "just two more, please." Then the tears I could see that it took four tiny fingers and a thumb to hold down the pages picturing Momotaro, the little peachling, dressed so gorgeously in her flowered Japanese robe. Warm, sweet cookie-eating fingers held the page a long time. A sure sign, or the delicate tracings would not have shown so plainly after all these years. Today that little grown-up girl is married and making sweet sugary cookies for her little boy, and he is fingerprinting I know, "Culliver's Travels" and "The enchanted Pig" and "The Frog Prince."

Hidden away, behind one row of books, are some so worn and tattered that they could not be placed out in the open—like heartaches and sorrows. Leaves are missing, pages are torn, some are turned down for a second reading. This must have been the special book. Merry me, when there are three reading children all about the same age, a mother's ears are trained to the sound, "It's my turn now. You've had it all morning."

But I have spotted all chances for identification of the precious finger-prints today, for tears—memory tears—would come so fast. Far away those little finger-printing folks live with little folks of their own.

Time flies—but finger-prints stay on for ages—for Mother's memory.

Vase Of Flowers Good Barometer, Says Engineer In Health Study

Denver, Colo., June 21—"If fresh flowers do not keep well in your home it is a direct indication that the air in the room does not contain enough moisture for proper breathing," says Dan J. McQuaid, an engineer who recently made a study of proper health conditions in the home.

In other words, a vase of flowers is a fine barometer.

"Statistics show that one-third of all deaths in the United States can be traced directly to diseases of the respiratory organs, such as tuberculosis, pneumonia and influenza," Mr. McQuaid said. "When dry air is breathed into the body, its tendency is to dry the surface of the membranes it passes on its way to the lungs, and in this manner to cause an irritation which becomes a hotbed for germs.

"The amount of moisture the air will hold depends on the temperature. A cubic foot of air at 100 degrees Fahrenheit (Fahrenheit) will hold about 20 grains of moisture; at 70 degrees about eight grains and at zero about one-half a grain.

"Dry air, of course, gathers moisture from everything with which it comes in contact. When flowers are placed in dry air, therefore, the evaporation from the leaves increases at such a rate that the stems are not able to absorb the water in the vase fast enough to keep the flowers from wilting. When this happens, it means there is not enough moisture for good health.

Cereal Ice Creams

By Jane Edlyton
Chicago Daily Tribune.

In grooming ourselves for the summer demand for ice cream recipes without cream, we tried out one sent us by one of the publicity people for a great food industry and were rather well pleased with some of the varieties we found it easy to make with this start.

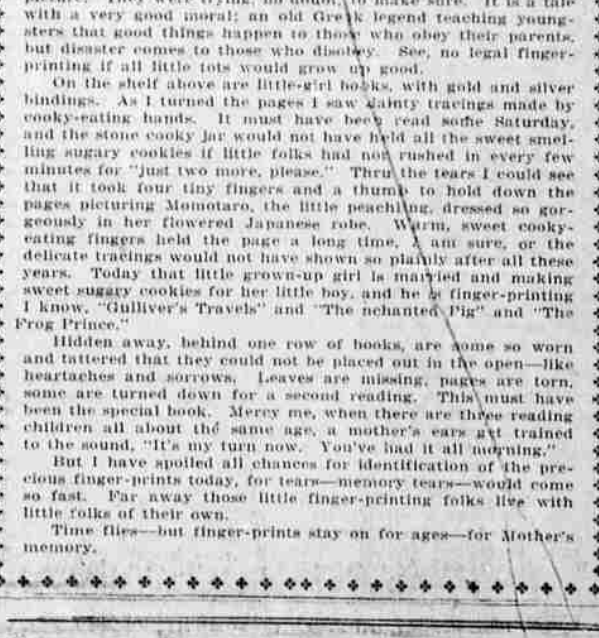
The introductory statement to the recipe was: "A simple, wholesome, and easily made dessert for the children, or for any delicate old person who cannot easily digest rich ice cream, is one made with any cooked cereal."

The recipe that we started from read thus: "Two cups sugar, two eggs well beaten, two cups cold boiled cereal, four cups of milk, one lemon, juice and grated rind. Beat sugar and eggs until light, add cereal and milk, add juice and grated rind of lemon. Freeze and serve. This makes about two quarts."

But see how easy it is to divide this recipe, and not too difficult to make it smaller yet, or for a small family a half of it may be made and one-half of that saved and used with some variation like the addition of cocoa to make a chocolate ice cream, etc. Always one may add a little cream and often just a bit makes a world of difference.

First, we used rolled oats long cooked in the top of the double boiler with the sugar added to it while it was warm. Because this cereal was cooked long enough to jelly, it almost lost its identity in the mixture, but the frozen product looked a little as though it contained chopped nuts. Because of the lemon we could say that it was like a lemon sherbet, but no sherbet ever stands up or is as stiff as this when frozen.

When cocoa was added—if added to the quantities above about half a cup would be required—it



Clean Dress Linings

Every two-piece dress has its lining, and this hidden part of the garment is by no means the least important. For the upper part of the lining, to which the skirt is attached, comes in direct contact with the skin and soils very quick-

Prize-Winning Alibi

A policeman was standing in front of a movie theater when he saw a blind beggar emerge from the darkened interior. The cop collared him.

"Hey, you!" he shouted. "What's he doin' in that pitcher show?"

Said the Beggar—*I—er—* just went in to listen to the subtitles, officer.

Plenty of Practice

Stage Manager (to old actor)—Could you do the landlord in our new play?

Old Actor (evidently)—Well, I should think I might. I have done a good many landlords in my time. —Stray Stories.

Sticks to Same Doorstep

"Who are you working for now?" asked the old friend.

"Same old wife and daughters," growled the other. —Cincinnati Enquirer.

Passing Observation

This is the season when the big canning factories start putting up our meals for next year. —Cincinnati Enquirer.

Treatment

Two friends who had not met for a long time sat in a restaurant talking.

"How is old Snaggs, the company promoter, getting on?" inquired one.

"Oh, he's not been feeling very well lately," was the reply. "He has to keep to a very strict diet—just a little of certain special food."

"What's wrong with him?" queried the other. "Indigestion? Insomnia?"

"No. In prison."

Foolish Advertising

Every household now gets so many letter and card advertisements in the course of a week that the head of the family is embarrassed. He can't explain why it is that he is on so many sucker lists.

One Exception

Higgs—I always say that nothing is ever lost through politeness.

Higgs—What about a man's seat in a crowded bus?

Safe Bet

Speakin' of signs—when two fool drivers meet on a narrow road usually is a sign the hospital is going to get two more patients.

Heard! Heard!

Who was it said the adoption of the eighteenth amendment would take the wet or dry issue out of politics?

Advice to motor-car-writers. Consider the pedestrian.