

# Miss Victoria Warner To Give Delicious Every-Day Recipes

## HOME CANNING IS MADE EASIER BY MODERN SCIENCE

The daily three—cooking, and serving and cleaning up—then nothing but memorized. But canning—shelving upon shelf of fruit jars and multi-colored glasses—peaches tinted with pink and gold, great purple plums, strawberries bathed in a crimson syrup—tomatoes glistening in a red sauce, pickles and chow-chow and sauces and jellies, tall bottles of fruit juices for toddlers and punch, meat stocks, for soups, hot white and brown slices of chicken meat—is it any wonder the good homemakers exhibit the pantry with pride? A beautiful cake or pie lasts but a few hours, but jars of delicious berries last months.

By the cold pack method is meant that method of canning in which the jar is filled with uncooked or balanced food and covered with some liquid as water, syrup or juice (meat, fruit or vegetable juice), after which the jar is then placed in a receptacle or oven, where it is surrounded by heat or steam for a definite length of time and sterilization takes place.

Its advantages are numerous. More canning can be accomplished. Our mothers considered two or three dozen jars a triumphant day's work, while fifty to 100 jars turn-out, using this method, leaves an energetic enough at the end of the day to see the latest musical comedy!

**Quick, Convenient**

This method is quick and convenient. It also retains the flavor, shape, and color of the food and more nearly preserves it in its natural state. It is more sure of killing germs and mold spores and is very successful with all the hard green vegetables which are usually a failure in the open kettle or hot-pack method.

The chief things to remember are not to mix instructions but to stick with one set of rules and follow the time tables.

Canning is a beautiful culinary art (as well as a science) and it is more than worth the time and labor, especially here in our grand old state, where there's no limit to the variety and abundance—for it saves money and food, as well as providing the homemaker with a greater opportunity for more various menus.

## COST ACCOUNTING PROVES ECONOMY OF EFFICIENT GAS

Accurate cost accounting has shown that gas is the most satisfactory, efficient and economical source of heat. It enables manufacturers to turn out their products at lower cost, or better products at the same cost, as before.

In some manufacturing processes such as enameling and carbonizing machine shafts, costs of production have been out more than one-half through the substitution of gas.

Although the industrial use of gas is in its infancy, it is already used in 60,000 ways. The future increase of gas for heating is beyond comprehension. For every day it is being realized that it is the cost of using fuel, not the price of raw fuel, which determines its ultimate cost.

## GAS OVEN PLAN IN CANNING POPULAR

The gas-oven method of canning or preserving is the latest development in the art of preserving food and is proving superior to the older open-kettle, cold-pack and steam-pressure cooking methods, according to Miss A. Deane Dowell, home service counselor of the American Gas Association.

In gas-oven canning, the fruits or vegetables are placed in the jars and the hot syrup poured in to within a half inch of the top. The rubbers are applied and the tops put on tightly.

The jars are then set in the oven on the rack and the temperature needed is maintained by the oven heat-control. After the cooking is done, all that remains is to tighten the jar tops and seal them.

Guesswork does not enter into this method, says Miss Dowell, since the oven maintains the proper temperature.

## NEW FORD SEDAN SHOWN IN CITY

From all parts of the Rogue River valley automotive enthusiasts are coming to Medford to see the attractive new Ford Fordor sedan which is now on display at the C. E. Gates Auto company.

This compact new model is the newest member of the Ford family and well deserving of a place along with the other models. It is low and roomy with graceful streamlines and wide doors. Wire wheels have been mounted in front and nickel-plated bumpers lend their part in the sporty yet dignified appearance of the Fordor.

A cordial invitation to visit the showrooms of the C. E. Gates Auto Company and see the new Ford Fordor sedan has been extended by George Gates. The new model will remain in this city all this week.

Clean rags wanted at the Mail Tribune office.

## FAMED HILL BOWS TO CHRYSLER '72

Another famous and severe test hill—Hall street in Portland, Oregon—has fallen before the motor car's progress. A Chrysler '72 sedan conquered it under newspaper supervision, using only high gear from a standing start at the bottom.

Hill street is famed the far west over, declares the Oregon Journal, adding that "many cars able to make outstanding records on such hills as Pike's Peak, have fallen down completely when put to the test on this stamina-dividing thoroughfare." Only five blocks long, it presents two difficulties that heretofore have resisted successfully all efforts of classed cars to conquer it in high gear. The first is a 14 per cent grade of two blocks, then one of 12 for several hundred feet, followed immediately by a hairpin turn of 20 feet radius, 24 feet width and 7 1/2 per cent grade. The hairpin is succeeded directly by a 15.7 per cent grade—representing a foot rise in elevation for every 5.73 feet traveled.

"The first two blocks were run with ease in high," continues the Journal, "the car gaining rapidly. As the grade sloped off to 13 per cent the '72' gained such high speed that the throttle had to be cut off before entering the hairpin was safe. M. J. Zedrick, the driver, took it around this nicely, hitting it at 28 miles an hour, but the short radius and steep grade in the turn itself took a heavy toll so that the Chrysler went into the last and steepest grade with practically no momentum. From the hairpin to the top is the 15.7 per cent grade, set at no time was the speed below 19 miles an hour, and then only for a short distance."

The car was from the stock of the Chase Garfield Motor Co., of Portland, Chrysler distributor for Oregon, and was taken immediately from a demonstration to a customer and put over the entire hill in high without so much as touching the clutch.

"The fact that the '72' sedan climbed Hall street in high with two passengers would not be significant if it were especially geared for climbing," said Mr. Garfield. "But when you consider that this identical stock model will actually travel 72 and more miles an hour, it becomes evident that Chrysler performance means exactly what the word itself means."

## TWO KILLED IN KANSAS TORNADO

ANTHONY, Kas., June 9.—(AP)—Two persons were reported killed and several injured in a tornado which swept northward through Harper county across the Oklahoma county line.

At Little Sandy, Okla., a pumping station keeper named Williams and his wife were reported killed when the twister picked up and demolished the boxcar in which they were living.

At Waldron, Kas., five persons were injured.

The Commercial hotel at Caldwell was unroofed and a jury the storm was heard roaring high above, but only scattered damage was reported.

## NEW AIR CLEANER ON GRAHAM-PAIGES

An entirely new type of air cleaner, depending on the adhesiveness of "oil-wetted" woven metal sponge for its effectiveness, is one of the advanced features of the new Graham-Paige car. The cleaner is said to be of unusually high efficiency, removing virtually all solid particles from the air.

In the Graham-Paige installation, the new type filter is mounted above the carburetor. The housing is of sheet metal, having openings top and bottom that are sealed for intake. Loosely packed in the housing are many yards of flat copper ribbon, matted into spongy mass. A large surface is thus exposed to the air, and over the entire surface is a film of heavy oil.

When the air is drawn through the cleaner, it goes through insurmountable restricted passages, with countless changes of direction. Any particles of solid material in the air must come in contact with the oil film of the metallic ribbon and be held there.

So great is the surface exposed to the air that it is not necessary to clean the filter more than two or three times a season, or about every 5000 miles. The cleaning operation is easily performed. The entire filter is detached by removing one knurled nut, and is then washed in gasoline. The filter element is re-oiled by dipping it in engine oil.

The efficiency of this new type cleaner remains high until the filter element has become laden with dust through the spongy mass. Even then, it does not restrict the flow of air to the carburetor. A moment's inspection will show when the cleaner should be washed. For dust then appears on the bottom surface of the filter element.

The great advantage of the new type filter is that it is equally efficient at low speeds as at high speeds, because it does not depend upon centrifugal force or inertia to separate the solid particles from the air.

Recent road tests show that at average speeds 25 grams of dust would pass into an unimproved carburetor in the course of 25 miles driving, following another car on ordinary gravel roads. Were it not for the air cleaner, this dust would enter the engine and become mixed with the lubricating oil, besides rapidly wearing the pistons, rings, and cylinder walls, would be carried by the oil to all the bearings and working parts of the engine.

Even on well-paved roads the dust menace exists. An engine breathes 10,000 gallons of air for every gallon of gasoline it consumes, and even in comparatively clear atmosphere, there is bound to be considerable dust in so large a quantity of air.

steam three times? These, and many other interesting questions concerning the working of mechanical units of everyday life are answered in an entertaining exhibit of models, which has just been prepared. The collection will be taken around the country for exhibit in many places.

A new nitrated steel, which is comparatively impervious to wear, is expected to prolong greatly the life of automobiles and other machines. Chrome and nickel steel, compared with the new product, are said to be like putty. An automobile cylinder of cast steel showed wear of forty per cent after the car had been driven 15,000 miles, while a cylinder of nitrated steel had worn but two per cent.

By the use of dummies of adults and children, scientists at the bureau of standards have performed a number of tests that show some of the hazards of night automobile driving and the difficulties of providing adequate lighting. One of the striking results of the experiments proved the importance of light-colored clothing at night as an additional protection to the pedestrian. When the dummy of the man was dressed in white it was seen twice as easily as when clothed in dark garb and appeared to be considerably larger.

In a few generations, almost all persons will have brown eyes, a London specialist predicts. He bases his theory on the fact that brown eyes are better adapted to

strong lights than blue. Nature will therefore produce brown-colored iris in the people who habitually frequent illumination of electric lights. Natives of the tropic dark eyes, he points out, are from the glare of the Popular Mechanics Magazine.

Business callers here included H. C. Bare of Calif., and New York, and Sutherland of Ashland.

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